

Since Organization In 1934

# DPCA Has Shown Steady Growth

Duplin Production Credit Association in County has steadily grown until in 1962 it has a membership of 2345. Loans in the year 1962 with 54 members in 1934 totaled \$64,900 while in 1962 \$39,065,316. in 31,671 loans.

they totaled \$3,791,487; with peak volume loans outstanding in 1962, \$4,982,751. DPCA which is completely farmer owned has paid dividends of \$31,284.60 since its organization. Patronage refunds paid since organization are \$166,266.36, and total volume loans since organization have been \$39,065,316. in 31,671 loans. Stock now owned by members of this organization amounts to \$631,090 with accumulated earnings amounting to \$12,724. The net worth of organization is \$1,047,535.

Directors of the organization are elected from the membership, and three of the present directors have served since its organization. They are L. P. Wells, Eugene R. Carlton, President, and M. W. Sutton. The other two directors are Arthur Kennedy, Vice-president, and Woodrow

W. Maready. Garland P. King is secretary of the organization. King has been its secretary since its organization 29 years ago. He has steadily grown with the organization which started with one assistant in the loan season to a full time force of 6 office employees. King probably knows more farmers by name than any man in Duplin County.

DPCA makes loans to farmers from one to seven years for the following purposes: Automobile, building, clearing land, drainage, education loans, fertilizer, F. F. A. loans, grain bins, home appliances, hospital, expense and labor. Other loans are for land purchases, livestock living expense, medical expense, poultry, pasture development, refinancing, repairs, tractors, truck and 4-H Loans.

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### 4-H Negro Camping Dates Set June 10-16 Other 4-H Activity Dates Announced

4-H Negro Camping 2 col 28  
The 4-H camping date for Duplin County Negro 4-Hers has been set for June 10-16 according to the schedule sent out by the state 4-H Club leader W. C. Cooper. The camping activity, a highlight in the 4-H program will be held at Camp J. W. Mitchell.

A fun packed schedule has been set for the entire camping season. Any boy or girl 9 to 20 years of age and belonging to the 4-H club is eligible to attend.

Boys and girls wishing to attend camp are urged to make reservations with the community 4-H leader or the Extension Agents.

Other 4-H club activities of wide importance that are scheduled for the next few months are:  
May 23 County Council, Kenansville,

N. C.  
June 3, Livestock Judging-Raleigh, N. C.

June 6, District Demonstration Day, Kenansville, N. C.

June 10-15, Camping - Camp J. W. Mitchell Swansboro, N. C.

June 28, District 4 - HPicnic-Jone's Lake

June 17-22, State 4-H Club Week-A. & T. College-Greensboro, North Carolina.

June 18, State Demonstration Day-A. & T. College-Greensboro, North Carolina.

June 20, State 4-H Alumni Meeting-A. & T. College-Greensboro, North Carolina

### A Back-ward Look

(From Duplin County TB Association)

That old "aching back" may be responsible for more widespread human misery than any other condition except the common cold.

In earlier times, most backaches diagnosed as "lumbago." It covered the subject (the word means "aching back"), but didn't add much to enlightenment.

Back pain can signal a wide variety of conditions, including arthritis, tuberculosis, nervous disorders, or diseases of the pelvic organs. But back troubles more often than not originate in the spine itself. Strained back muscles, for example, can result in that separate the five lambar vertebrae at the lower end of the spine.

When the back muscles are weakened, these disks may become herniated or ruptured, with small blobs of the disk material squeezing out from between vertebrae and pressing on nerves of the spine. This condition, virtually guaranteed bring outraged yells of pain from the victim, is commonly (though not quite accurately) known as "slipped disk."

How to avoid excessive back strains? One way is to lift weights correctly and with caution. Most women should avoid lifting more than 25 pounds; a man should never lift more than half his weight. In lifting, place your feet close to the base of the object, bend your knees outward, and then push up with your legs. Use your legs as levers - not your back.

Regular exercise, sleeping on a firm mattress, and avoidance of sudden stresses or strains will help, too. If you have a hitdown job, get up and take a relaxing walk every now and then.

ROBERT M. JONES

GREAT LAKES, ILL. - Robert M. Jones, 17, son of Mrs. Marie B. Jones of Route 1, Chinquapin, N. C., is undergoing nine weeks of basic recruit training at the Naval Training Center, Great Lakes, Ill.

The indoctrination to Navy life began on March 27. It consists of physical fitness drills, military drills, seamanship, basic military law, customs and etiquette of the naval service, swimming and survival, and first aid.

During the training, recruits receive tests and interviews which determine future training and assignments in the Navy.

Fed cattle prices in 1963 are expected to run slightly above 1962 prices until midwinter and then fall below 1962 prices until early summer.

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# PEACE CORPS PLACEMENT TEST

(NON-COMPETITIVE)

APRIL 27, 1963--8:30 A.M.

Goldsboro, N. C.  
Main Post Office

More than 4,000 Peace Corps Volunteers are needed to meet urgent requests from developing nations in South America, Africa and Asia. To be considered for training programs beginning in June, July and August, you should take the non-competitive placement test April 27. Either send a completed application to the Peace Corps before the test, or fill one out and submit it at the time you take the test. For an application, or more information, write the Peace Corps, or see your local Postmaster.

# PEACE CORPS

Washington 25, D. C.



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# Kinston Tobacco Market

Eck Wall, Sales Supervisor

Kinston, N. C.