

Homemakers

Notebook

KATHERYN SMITH

Many homemakers are learning what a great asset the steam iron or the steam and spray iron can be in caring for their families' clothes. Especially with the season for woolen clothes approaching will they find how useful this appliance can be.

Many homemakers tend to take the steam iron for granted until it begins to give trouble by sputtering or leaking or until it stops steaming altogether.

The major cause for trouble with a steam iron is the use of the wrong type of water in the iron. Regular tap water contains chemicals which may leave harmful deposits on the steam mechanism of the iron and which can even clog the steam holes. Some manufacturers say that you can use regular tap water, but unless the instructions with your iron say this, you are treading on dangerous ground when you fill your iron straight from the faucet.

It is best to avoid use of rain-water, water from refrigerator defrost, or boiled water as well, because these also contain harmful chemicals and possible particles of dust and trash.

At least two, and possibly more, leading manufacturers recommend the use of distilled or de-ionized water in their steam irons. Occasional use of tap water is not harmful to these irons, but it is strongly suggested that you use this only in an emergency.

There is a very helpful device on the market now to demineralize tap water as it is poured into the iron. This handy kit, containing a plastic bottle and a filter costs only one dollar and can be purchased at most hardware stores and housewares departments. A small investment such as this can prove to be very worthwhile. It will prolong the life of your steam iron by preventing harmful clogging and scaling.

Once your iron has become clogged it is best that you do not try to clean it yourself with any of the steam iron cleaners that are on the market. For best results you should carry it to a steam-iron service center.

Here are a few tips which may give you more satisfaction from the use of your steam iron.

1. When filling the iron, use no more water than is recommended by the manufacturer.
2. Let the iron heat at least two minutes before setting it on "steam"
3. Keep the control set in the "steam" area for steam ironing.
4. Empty the iron after each use.
5. Always store your steam iron on its heel rest never in the carton.

Seashore Park Planned At Cape Lookout

A bill to provide for the establishment of the Cape Lookout National Seashore Park was introduced today in the House of Representatives by Congressman David N. Henderson and in the Senate jointly by Senators B. Everett Jordan and Sam J. Ervin, Jr.

The lawmakers praised the North Carolina Outer Banks Seashore Park Commission and its chairman, Woodrow Price, for "excellent cooperative effort in coordinating the matter with the North Carolina General Assembly. The North Carolina Department of Conservation and Development and with citizens in the areas most directly affected."

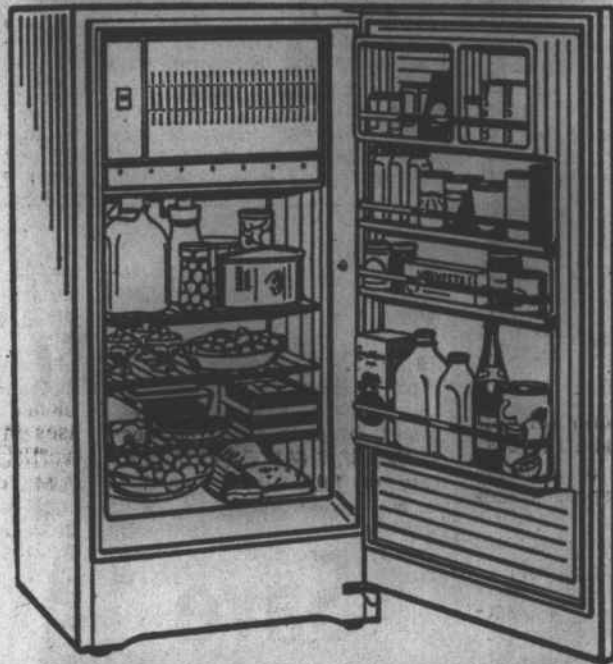
They were unanimous in the view that this legislation would pass both the House and Senate and thereby provide authority for appropriation of federal funds for stabilizing a considerable portion of the Outer Banks.



COME A'RUNNING FOR THESE APPLIANCE BARGAINS

ONLY \$5.00 DOWN ON ANY OF THESE MAJOR APPLIANCES

Hotpoint Compact Refrigerator



Compact Styling (Only 28" Wide)

10 Cu. Ft. Capacity
Deep Door Shelves
Full Width Freezing Compartment
And Chilling Tray
Magna-Seal Door Gasket

\$154⁹⁵

Hotpoint REFRIGERATOR-FREEZER

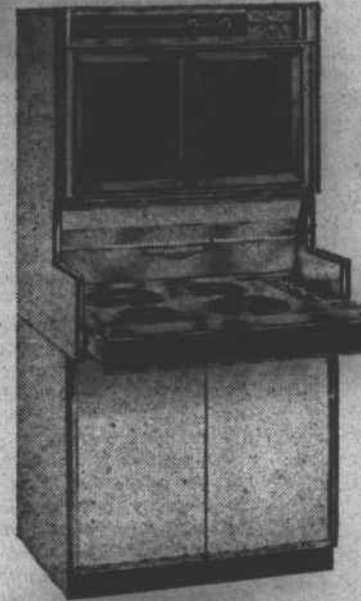


ONLY 28 IN. WIDE!

MODEL CKF 55-C **\$199⁹⁵**

- Rolls Off For Easy Cleaning
- 89 Lb. Freezer
- Vegetable Bin
- Door Shelves
- Magnet Door Gaskets

FOR THAT BUILT-IN LOOK 30" CHARM ELECTRIC EYE LEVEL RANGE



- In Gleaming White
- Slide Out Cook Top
- Reach Easy Oven
- Modern Styling
- Clock & Timer
- Broiler Pan
- Oven "On" Indicator Light
- Porcelain Enamel Finish

Only **\$229⁹⁵**

Base Extra Also Available in Beautiful Color



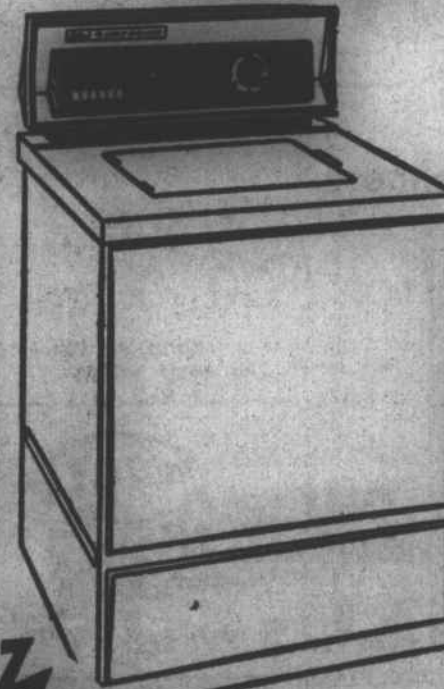
Hotpoint PUSHBUTTON ELECTRIC RANGE With Fast Heating Calrod Units.

- Lift Off Oven Door For Easy Cleaning
- Enormous Oven Capacity

\$149⁹⁵

ONE YEAR FREE SERVICE ON ALL MAJOR APPLIANCES PURCHASED FROM VARINA BUILDERS SUPPLY

Hotpoint Silhouette AUTOMATIC WASHER



Modern Styling A MUST FOR YOUR HOME

All-Porcelain inside & out for lasting protection against rust. Pushbutton selection of agitation and spin speeds. Pushbutton selection of wash & rinse water temp. Choice of 3 wash cycles for proper wash time. Partial-load control to save water, detergent, bleach.

\$169⁹⁵

With The Farm Women

By Mairred Morris

UNITED NATIONS DAY

Homemakers in North Carolina have just observed United Nations Week. Mrs. Louise - Kearns Denton, Rt. 3, says Randolph County Home Demonstration Club members worked with various county organizations to celebrate United Nations Day.

Miss Rose Badgett home economics agent, says one of the main features of the week was the tree planting ceremony. Club members who have been on the annual tour of the United Nations headquarters usually take the active part in planning the annual observance.

MORE WAYS TO SERVE MEATS

Since homemakers in Lenoir County spend much of their food dollar for meat, Miss Marie Penuel, home economics agent, has been stressing the correct methods of cooking meat.

"When they see a standing rib roast emerge from the oven, a rib steak and beef patties from the broiler and calf liver pan broiled they decide to cook their meat other ways than just frying," declares Miss Penuel.

OPEN HOUSE

Jones County Home Demonstration Club women are getting ready for an open house in December. Mrs. Fayette Gray, home economics agent, says the ladies are already planning for the "Christmas Idea" open house Dec. 4.

Each club will have an exhibit on Christmas ideas. Mrs. Vance Griffin and Mrs. Thurman DeBruhl, co-chairman of the event, says they will have exhibits on mantle, door, window, table and outdoor decorations plus many others.

BUYING READY MADE "I never knew that there was so much to consider when buying a ready made dress," said one homemaker after attending a demonstration on buying ready made clothes.

Miss Margaret Tyson, assistant home economics agent, says they are urging Home Demonstration Club members to look for the label to learn about the fabric's hidden service; look for good workmanship; check the over-all fit of the garment; and coordinate the color with the rest of your wardrobe.

TOUR OF NEW HOMES

A tour of six homes in the Hayesville area revealed fea-

tures which were distinctive in style, arrangement and materials. Mrs. Justine Rozier, home economics agent, says the Clay County homes were built by plans which could be modified to meet the individual needs of the family.

Tour guests were interested in seeing how efficiently the space in the homes had been used for living and sleeping, plus space for storage areas.

PLANNED HOME VISITS

Which floor covering will be best for the different rooms in my home? How long should a valance be? These are questions which Miss Verna Belle Lowery often has to answer since she is home economics agent in New Hanover County.

She reports that it helps when homemakers plan their questions so they can get a lot of assistance at one time. On a recent home visit with Mrs. J. B. Justice, Miss Lowery felt her time was well spent since Mrs. Justice had a list of questions already prepared that she wanted answered regarding the furnishings in her home.

DEEP WELL DRILLING

WATER GUARANTEED

"20 YEARS EXPERIENCE"

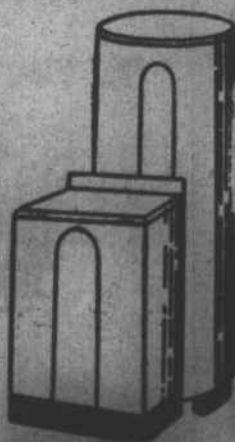
C. W. BRINKLEY

PHONE 285-3723
TECHEY, N.C.

Glass Lined WATER HEATERS

Several Models To Choose From
30 GALLON ELECTRIC

\$39⁹⁵



BUILDING MATERIAL SPECIALISTS

Varina Builders Supply has the largest and most complete stock of building materials in the Carolinas and Virginia. Come in and see for yourself the quality merchandise or let our salesman call on you without obligation. FREE ESTIMATE. Over 4,000 items to choose from.

VARINA Builders Supply

CLINTON

Elizabeth St.

Phone LY 2-4116