

News From Liberty

Convention News - In

Uncle Pete From Chittlin Switch

OUR COUNTRY KITCHEN

When one steps from the main part of Liberty Hall into the kitchen, he seems to enter a different world. The room smells of old spices, vegetables, and country ham. One can easily visualize the cook bending over the crackling fire amid a large array of pots and pans. One can almost hear the laughter of children as they skipped to and fro or the whimper of the baby as his cradle rocked back and forth.

On display in the kitchen are many items necessary in an early American home. Visitors at Liberty Hall are always interested in the pots and pans that adorn the fireplace. These are numerous and varied. Perhaps the most unusual is the triangular shaped toaster. The toaster has prongs on which the bread was placed. When the fire was placed near the fire the bread was easily toasted. Of course, the kitchen would not be complete without the coffee

mill, butter churn, and candle mould. The corn shuck mops are a unique feature in the kitchen. The kitchen at Liberty Hall is a window through which we can view the past and also a mirror through which we can see the advantages of our many modern conveniences.

RECIPES FROM ANNIE D. KENAN'S RECIPE BOOK 1864-1890

LEMON SANDWICHES
Beat into a teaspoonful of nice butter, slightly softened, the raw yolk of one egg and a teaspoonful of French mustard; rub smooth the yolks of two eggs which have been boiled three-quarters of an hour and cooled, and rub into them one-fourth of the butter, then a teaspoonful of lemon juice and a scant half-teaspoonful salt, add another fourth of the butter, rubbing it well, another teaspoonful of lemon juice, and so on until all the butter and two table-

spoonfuls of lemon juice are added, rubbing each thoroughly in. Spread evenly and thinly on very thin slices of bread, lay two together, cut in triangles and serve.

CROKONOLE PATTIES
Make a very stiff mush of Indian Meal, and when cool enough to handle mix in the following: To each pint of mush have one teaspoonful of ham, one of finely chopped cabbage, and half a cupful each of minced onions and finely chopped pickles-cucumbers are best with red pepper and salt to taste. Mix thoroughly, and roll into balls slightly flattened with the hand, dip in egg and roll in cracker, not bread crumbs as the bread does not give it the crispness that the crackers do. Fry them in hot lard, and place on paper for a few minutes before serving. These are excellent hot, and nice for cold tea, lunch for school children.

Selfishness

When I think of Me
I think of nothing else,
For when I think of me
There's nothing else I see.

My thoughts are off' of me,
I know that's selfish, true,
Myself and I are the others,
Me thinks of them some too.

Sometimes Me, Myself and I,
Just the three of us,
Don't agree on particulars,
Then there's an ugly fuss.

Me gets more attention
Than either Myself or I,
That, of course, is partially,
Myself and I just sigh!

Myself doesn't know how to cope with this,
Neither does I;
For Myself and I are two against one,
And Me is such a little guy!

-Bernice Wood Batts



Help keep our forests green and growing!



The Minister's Desk

By: D.E. Parkerson; Carrboro, North Carolina.

The country and the world has made more progress in the twentieth century than in the preceding two centuries. Man's knowledge doubles every few years. Encyclopedias that were the latest thing in the accumulation of facts ten years ago are pitifully out of date today.

Man has always been a curious animal. He has always pushed at the horizons. He has always sought to go a little beyond the point reached by those before him. He is always questioning to do things a little better than they have been done before, and he seeks to do them in a smaller amount of time. There is something within him that makes him want to push ahead. That something is called progress.

But some things that are called progressive are not. A few years ago one make of automobile came out on the market with a car which had four-wheeled brakes. Now instead of running over a victim, you could stop squarely on top of him.

Twenty-five years ago \$5,000 bought a lot of house. Today it just buys a lot--if that much! The average man is making more money than ever before. But he is probably enjoying it less. The reason for this is that in America we equate the good life with the acquisition of things. It is not progress when we have raised our standard of living but in the process have lowered our quality

of life. Life should be measured in quality and not in quantity. Yet most of us are working as though the world's problems would be solved if everyone had two chickens in every pot, two cars in every garage, and two million in the bank. Jesus said it right when He said, "What would it profit a man if he lost his own soul in the process?"

J. Edgar Hoover tells this story of a con man who thought he knew all the angles. After laboring ceaselessly to perfect the signature of a society leader, the swindler successfully passed off a forged check on a local merchant. Inspired by his initial success, he went back to cash a second check, only to be apprehended. The first check had been returned with the notation, "Insufficient Funds." That is the way it is when you have no higher ambition than chasing dollars--you get short changed!

We have made so much progress in America that many can get together over \$7, steaks and talk about hard times. But some Americans can't afford rice. And even if every American could afford steaks twice a day would that be progress? Inner progress is what we need, progress toward a stronger faith in God, toward involvement with mankind, toward service, toward peace.

In this regard many of us are extremely backward about going forward. Forward march!

YOUR VOICE CAN HELP RUN AMERICA

Are you one of the millions of U. S. Citizens who has strong convictions about public issues... but has failed to make them heard where it counts?

Think your voice is too weak or insignificant to carry weight



with government officials. You're wrong. Reports from federal, state and local leaders reveal that their decisions are heavily influenced by the hundreds--and often thousands--of letters and telegrams they receive daily from constituents.

Did you ever stop to think how important these messages are to the democratic process? Nearly 300 years ago, Thomas Jefferson stated: "The Basis of our government being the opinion of the people, the very first object should be to keep that right."

Since "the people" means our next time you're in a fighting mood... about Vietnam--pro or con--the Presidential elections, crime, civil rights... don't pull your punches; put them into words and send them along to the government official concerned.

To make this as easy and economical as possible, Western Union offers a special service for your personal opinion messages called "POM" wires. For only 80 cents you can file a 15 word message at any Western Union office directly to the President, your Governor, your Senator, Congressman or State Legislator. Your signature and address will be carried free.

And, just in case you're a little busy about who's who in government, your local Western Union office keeps a complete

up-to-date list of legislators on file.

If you need more than 15 words you can send a fast telegram or a Night Letter which allows 50 words to start, can be charged to your phone bill and will be delivered the next morning.

In 1967, the public sent more than a million and a half official wires. Western Union officials predict a much higher number will be sent during this exciting election year.

Will one of them come from you?

DEAR MRS. WHITE: Rained my white dress with perfume. Stain is brown. UNHAPPY.

DEAR UNHAPPY: Try mixing 1 teaspoon sodium perborate to 1 pint peroxide and sponge the stain. Rinse with plain water (for white material only). Next time apply perfume to skin, not clothing.

DEAR MRS. WHITE: Spandex. Love's girdles are turning

SENATOR SAM ERVIN SAYS

WASHINGTON -- Water pollution has brought us problems that have confronted no other generation. In the last four years, Congress has recognized this and has enacted a major program to attempt to control it.

On July 10th, the Senate approved an amendment to the Clean Water Act of 1966 (PL 89-763) to clarify certain provisions of that statute and to help keep the momentum of the anti-pollution efforts under way. The measure is now in the House Public Works Committee. It is expected that the Committee and the House will take action on this legislation in the near future.

Water pollution control on a national scale had its real beginning in the Federal Water Pollution Act of 1965. Up to that time, control of pollution suffered because of the lack of effective standards over large areas and insufficient financing to stop the flow of wastes from flowing into our streams and lakes. Among the worst offenders were hundreds of sewer systems which deposited huge amounts of raw sewage into our waterways. Industries needed standards, too, to cope with the problem. In building a civilization, we found that we were destroying one of our vital resources -- water.

So the Control Act of 1965 initiated a clean-up campaign of our water supplies by setting standards and penalties strong enough to help. The Act also alerted the country to the importance of adequate supplies of clean water if our civilization is to survive. The old conservation battles have now moved to water resources and keeping them clean.

In 1966, Congress amended

the 1965 Act with the Clean Water Restoration Act. This measure sought to aid communities with financial assistance for the building of waste treatment plants over a five year period. Funds authorized for fiscal 1969 under this measure are \$700 million. The Senate has approved \$225 million for the fiscal 1969 program in the current appropriation.

While the 1966 Act permitted the Federal Government to share, through grants-in-aid the costs of constructing municipal water treatment facilities, its permissive authority sometimes has made it difficult for communities to contract for treatment facilities. It is felt that the present Act does not always offer firm assurance to states and localities that Federal grants will be made once a project is underway. So the 1968 Act seeks to clarify existing authority to assist communities in the grants-in-aid program to build these pollution control facilities.

Anti-pollution control has a high Congressional priority mainly because it seeks to deal with a recognized need. Anyone who has observed the ravages of pollution to a once-clean stream or lake understands the magnitude of the problem that goes beyond the boundaries of a single state or region. Industries and the people share in the responsibility to maintain an adequate supply of clean water, but this is one of those areas where the Federal Government can aid materially.

This is the urgency of the pollution legislation, and this is why Congress continues to give it a high priority. I have supported clean water legislation, because I deem it essential to the well-being of the people and our country.

DEAR MISTER EDITOR:

Some of the fallers at the country store Saturday night was of the opinion one of the troubles with this nation today was that we wouldn't recognize our problems and face up to the situation.

Ed Doolittle, for instant, said our pretending that them folks on Formosa was the legal Government of China was the granddaddy of hopeless causes.

Ed, Mister Editor, knows as much about foreign policy as a Jersey bull knows about the New Testament but ignorance ain't no drawback to Ed. He'll discuss anything. At least once.

Zeks Grubb said he didn't know nothing about them Chinese problems but he was agreed that folks as well as Government has to face up to and recognize their bad situations. For a long time, he said, them television networks wouldn't admit the others was there. Final, they started calling one another "the other network," and then some NBC announcer slipped up one night and said "CBS" right on the air. After the shock was over, the flood gates was open and now even the butter people will admit in public they was such a thing as margarine. It used to be, said Zeks, that a car manufacturer would compare their car to riding on air, or maybe setting in a easy chair, then they got to talking about other cars "in the same price range," then they referred to them as "Car A" and

"Car B" and now they come right out and call their competition by name.

Clem Webster said he reckoned the idea was not to do your competition no favors by telling folks about them, but he was agreed with Zeks that it was better to recognize a problem and try to deal with it. Some people don't recognize poison ivy, Clem allowed, but they break out in a rash just the same. Them that don't recognize the difference between lead stools and mushrooms better let somebody else do the picking, was Clem's words.

The fallers was general agreed with Zeks and Clem and they all listed the things they was going to recognize. Bug Hoskins said he was going home and recognize a broke board in his porch that had thrown him a dozen times in the past two year, and Josh Clodhopper confessed he had better recognize them thin tires on his pickup truck.

Ed closed the session by saying it was a puzzle to him why the U. S. wouldn't recognize a outfit as big and mean as Red China but recognizes the Communist Party and let's them run a candidate for President alongside the Democrat and Republican Party.

That's the first time, Mister Editor, Ed ever recognized the Democrat Party.

Yours truly
Uncle Pete

Well! Well! Wells!!!!

By: Ruth Wells

A new doctor was in town recently. In an attempt to enter the office of the Duplin Times the party went one door-to-far-down into the local Justice of the Peace office. The J.P. was introduced to the Doctor as Judge

who said, "Doctor I surely hope I don't have know you any better." Where upon the doctor replied "And the same to you sir."

Visiting my mother in Fayetteville over the week, I took her to watermelon. Feeling quite up to par, she declined the melon and I didn't take it out of the boot of the car. Until - - I started home Sunday P.M. in traveling, evidently the melon was broken - all the juice drained out and was standing up to 4 inches deep in the boot of the car. And the rind had almost completely disintegrated. Had it not been on an old bed spread under the melon, it would really have been a problem to

get it out. Well after much work with the water hose and mop all visible signs were removed. But the odor! Whee - it is awful - you may believe me I said a fervent prayer of Thanks that I got home without being stopped by a cop. Then I started spraying the car with deodorants, I tried every thing! My friend Graham Chestnut has solved the problem, I hope. They have something at the Sheriff's department they use to spray after hauling drunks and worse.

Take my word for it, don't ever leave a watermelon in your car overnight without checking first to be sure it is O.K.

Heart patients traveling to higher climates can help their bodies adjust to the oxygen-poor "thin" air by making the ascent gradually says the North Carolina Heart Association. If this is not feasible, rest before, during and after the trip may help you avoid high altitude discomfort.

Sportsword Puzzle

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ACROSS

1. Fish caught off Louisiana coast.
7. Excellent.
13. One-trasted fish.
14. Lack of red blood.
15. Fly-fishing device that has spring retrieving setup (2 words).
17. Part of a honey-comb.
18. Round.
19. Extreme degree.
20. Part of fish roe.
22. Chesapeake Bay.
27. Any smooth.

DOWN

1. Fine river fish.
2. No time at all, when fishing.
3. Picture section.
4. Russian image.
5. Keenly.
6. This makes you an expert.
7. Boat canvas.
8. Our partner Sam.
9. For each.
10. A time to keep you busy about you.
11. Nothing in French.
12. Kind of eagle.
16. Capital of Iran.
21. Fuel.
22. Static-free radios.
23. Weighted string on ginnets.
24. Improvised.
25. Names.
26. A fixed light.
28. Fish egg.
29. Be in debt.
34. Sault.
37. French article.
38. Parrot.
40. Fairly open.
43. Broken-down ship.
45. Eye the girls.
46. Position of foot ball.

DEAR MRS. M. S.: Presoak in hot water (160°) 1/2 hour adding 1/4 cup Super Cleaner, 1/4 cup NON-chlorine bleach, 1/2 cup liquid dishwashing detergent. Squeeze solution thru. Rinse thoroughly; roll garments in towel to remove excess water. Dry in shade outdoors or on rack indoors.

DEAR MRS. WHITE: Why are permanent press materials difficult to clean? I GIVE UP.

DEAR GIVE UP: Wear these garments once and launder with in 2 days. Difficult to clean as they repel water. Presoak 25 min in water (145°) adding 1/4 cup Super Cleaner, 1/4 cup to 1/2 cup NON-chlorine bleach, 1/2 cup detergent. Run thru normal cycle.

Get a free stain removal chart. Write V. W. Miracle White Company, 1741 West Fullerton Avenue, Chicago, Illinois 60614.

TELL ME

WHAT WAS THE ORIGINAL MEANING OF THE WORD "PLATE"?

WHICH IS THE SMALLEST OF ALL ANIMALS?

HAVE ORANGE SEEDS COMMERCIAL VALUE?

HOW CAN ONE TELL THAT THE EARTH IS REVOLVING?

PLATE FORMERLY MEANT "SILVER" AND DENOTED "THE MATERIAL FROM WHICH A DISH WAS MADE... NOT THE SHAPE!"

THE AMERICAN ONE-CALLED CREATURE THAT RESEMBLES JULY, IT IS THE TINIEST AND SIMPLEST OF ANY ANIMAL! USUALLY, IT CRAWLS ALONG THE UNDERSIDE OF A WATER-LILY LEAF!

YES, PROCESSIONS EXTRACT OIL FROM ANY

BY OBSERVING "SUNRISE"! ACTUALLY, IT IS THE STRAIGHT HORIZON THAT IS TIPPING DOWNWARD AS THE EARTH TURNS! THE SUN ONLY SEEMS TO BE MOVING UPWARD!