large specimen of cantaloups. Grown in his field, the largest weighed a little over 27 pounds. Shown with the big fruits are Taylor's children, front, 1-r, Frankie and Julie, Back, Jeff and Robbie.

Warsaw Youth Attends Insurance Course

Stephen A. Draughon, son of Mr. and Mrs. Allen Draughon Jr. of Warsaw, N.C., has successfully completed the introductory course in general insurance at UNC Chapel Hill.

Steve Draughon

This one week school is car-ried out by the Independent In-surance Agents of N.C. Inc. in conjunction with the Uni-

Diets Need

Some Items

RALEIGH -- Zinc,

manganese, chromium, cobalt and selenium are words that may soon become familiar to you,

even if you've never had a chemistry course. Scientists are finding

that these trace elements are needed nutrients,

mportant in your diet,

extension food specialist, orth Carolina State

Diane Fistori,

Traces Of

versity of North Carolina, Steve was sponsored by the Aubrey Cavenaugh Insurance Agency of Warsaw which is owned by his parents.

Steve is a 1972 graduate of Hargrave Military Academy. He has attended Elon College and is now enrolled at James Sprunt Institute in their School of Business. Steve is looking forward to entering the insur-ance business with his parent upon completion of his formal education during the next two years.

SUMMER SQUASH

be satisfactorily canned or frozen. One-and-onefourth pounds will yield one pint of canned or frozen squash, says Mrs. Ruby Uzzle, extension mer marketing lina State University.

BIG BUSINESS

home sewing industry has grown 66 percent in the past three years. Of the \$1,900 million spent on fabric alone in 1972, more than half was for women's apparel. Expenditures for men's and boys' nts and for house furnishings, while still minor, are expanding.



Classroom iavorite.

The Buster Brown saddle. It's made to take your daughter through classtime studies and recess fun. Plus, each pair is backed by our expert fit.

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University.

By choosing foods from the Four Food groups, you can be reaonably sure of getting dequate amounts of these elements, the spe-cialist says. Green leafy regotables, fresh fruits, whole grains and organ and lean meats all contain generous amounts. With a well-balanced diet, the risk of deficiency is alight.

However, all the trace elements are known to cause injury at high levels of intake, Miss Pistori cautions. Don't take food supplements to ply any of these ments without the emmendation of a

SOFT COLORS

Softness in the key to

Tick Season Is Here; Bite Can Be Serious

It'll pay you to know low to avoid and protect purself from ticks, heir bites can cause prious illness and even

eath from rocky moun-in spotted fever.

"A few precautions build remove most of the danger and help ake summertime out-E. Scott, North Caro-ina State University attention entomologist.

already caused consider-able grief for some Tar Heels this summer. Some 74 cases of rocky mountain spotted fever were reported to the N. C. State Board of Health

through mid-July.

Although there were no confirmed fatalities, three deaths were sucpected to have been

caused by the fever. Thomas N. Hunt, NCSU extension survey entomologist, said cases of the fever have been reported from 27 counties. Numbers of cases have reached highs of 13 in Guilford and nine each in Cabarrus and Rowan. Other counties re-

porting cases include Alamance, Alexander,

Catawba, Columbus, Davidson Cumberland, Forsyth, Gaston, Mecklenburg, Moore, Orange, Pitt, Polk, Randolph, Rutherford, Richmond, Union, Wake and Warren.

Dr. Scott explained that the two most common ticks in North Carolina and the brown dog tick. The American tick is picked up by man or animal from twigs of low-growing plants and grass. It attaches itself to the most and begins o feed of blood by iting into the skin. The brown tick usual-

ly stays close to houses, barns, and other buildings. It frequently is a pest in homes.

The American dog tick transmits spotted fever. The brown tick is only a suspected vector at this time.

Avoiding ticks com-pletely would mean ig areas the inhabit, such as the American dog tick's favorite haunts around

ponds or streams.

If the areas can't be avoided, mow and prune

the grass and plants to help remove tick hiding places, Application of sprays containing Gar-dona, Diazinon, Sevin (carbaryl), Rabon over lawns or weedy or bushy areas will control them, Dr. Scott said. He cau-

inside the home, Malathion, Baygon or

Even with all these tick. What then? First of all, don't make the mistake that is often made and pull the tick off. This may leave the nbedded in the skin.

Instead, apply a drop camphor-alcohol or ntine on the tick to turpentine on the tick to make him turn loose, remove the tick and treat the bite with a mild antiseptic.

Speaks At 4-H Congress

By Goldie Smith Success is yours when you achieve your goals. Remember goals are those things which you want to do or to ger because you feel they are important to live--and achieving them will make you happy. Happiness yelids success and success gives happiness. How can you achieve your goals? Plan and use your time in the most profitable manner.

Time is a gift of life. It is a tool which you can use or

a tool which you can use or waste. Each day has 24 hours. How you use it is up to you. You have two choices: I, to use time for things important or 2, to waste time on things that have no worth. You must remember that time is with minute passes, it is gone for-ever, and a new one takes it

You can spend time wisely by dividing it among work or school activities, home tasks, studying, personal and leisure activities, sleeping, eating, dressing, sporting, watching TV, or any other activity at hand. Your activities will include time for yourself, your family and home, and friends and community. One can easily play the game of "Time and Win.

FARM INCOME

Farmers receive more for the products but their costs have gone up too. They still rank far behind most income groups. Their per capita disposable income is only three-fourths as much as that of non-farm people. according to the U. S. Department of Agriculture.

PAGE 8 THE DUPLIN TIMES-PROGRESS SENTINEL, AUGUST 10, 1970 THIS REPURT TO BE RETURNED TO RENANSVILLE TOWN MAS
USED ITS REVENUE SHARING PAYMENT POR
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CAPITAL EXPEN % % % % % Dimon S. Hall, Mayor 8 5555.19 Duplin Times - Progress Sentinel 8-16-73 where 2 5555.19 Depth Times - Progress Sentinel 8-16-73

THIS PERSET TO BE FETU . THE GOVERNMENT OF DEPARTMENT OF THE TREASURY OFFICE OF REVENUE SHAPING 1800 PENNSYLVANIA AVE. N.W. WASHINGTON, D.C. 20225 KENANSVILLE TOWN PLANS TO EXPEND ITS REVENUE SHARING ALLOCATION IN DESCUTIVE PROPOSAL Cheek this block if this ofan is besenfun JUL 1, 1973 JUN 30, 1974 (LS DEST How will the evaluability of revenue thorng funds affect the IN THE FOLLOWING MANNER BASED UPON AN NO EFFECT LESSEN DEBY INCREASE X TOO SOON TO PREDICT SPECT 34 2 031 004 owing manners is it expected that the see Sharing Funds will affect the tax ion? Check as many as apply, KENANSVILLE TOWN MAYOR KENANSVILLE N C 28349 WALL ENABLE REDUCING RATE OF A MAJOR TAX X TOO SOON TO PREDICT SPEET CAPITAL EXPENDITURES PERCENT PLANNED FOR PLANNED EXPENDITURES

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Duplin Times-Progress Sentinel August 16, 1973 be used for construction of Storage' 873 This emont \$5451,00 & Earned Interest of \$104.19 to

Casual

Equipment Building, costing approx. \$15,000.00.

Back To School

We Have The Latest Styles In Back To School Shoes Now In Stock Competitive Prices On Name Brand Shoes

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Clogs One Rack Of \$288 Wellco Keds Charm Step Hush Pupples Insperations

Dingo Boots

Jarman

Rand

Marriage Licenses Issued for July

Aerriage Licenses Issued by drs. Christine Davis, Regis-er of Deeds for the month of

July , 1973: Dennis Wayne Henderson , Kenansville, N.C. and Judy Ann Casteen, War-saw, N.C.

Benjamin Franklin Hicks, Bowden, N.C., and Edna Rae Carlton, Bowden, N.C. Jon Sikes, Castle Hayne, N. and Marilyn Jeanette

Stokes, Wallace, N.C. Thurman Emanuel Pickett, Chinquapin, N.C. and Christ-ine Buckram, Albertson, N.C.

Jackie Wayne Holmes, Mt. Olive, N.C. and Barbara Carol Jones, Pink Hill, N.C. Albert Ross Howard, Jr., Rose Hill, N.C. and Bonnie Lou Hope, Rose Hill, N.C.

Sandy Randolph Flinnroy, Richlands, N.C. and Eva Jean Humphrey, Beulaville, N.C. Jimmy Kissner, Rose Hill, N.C. and Wanda Sherrill Torrans, Warsaw, N.C. Marvin Davis Guthrie, Jr.,

Chase, Va. and Peggy Ann Herring, Rose Hill, N.C. Adin Ashley Powell , III, Warsaw, N. C. and Cecilia

Cottle, Wallace, N.C. Bonner Glynn Dixon, Mt.

Olive, N.C. and Charlotte Ann Stroud, Albertson, N.C. Andre Thomas, Rose Hill, N.C. and Kathy Carolyn Lee,

Rose Hill, N.C. James Henry Gantt, Liberty, N.C. and Nancy Sue Miller, Wallace, N.C. Archie Horace Kennedy, Jr.

Beulaville, N.C. and Angelina Fussell, Beulaville, N.C. Kenneth Ray Sutton, Faison, N.C. and Janie Mae Craddock, Faison, N.C.

Raymond Lee Usher, Teachey, N.C. and Judy Ann Frederick, Rose Hill, N.C. Roger Harper Johnson, Wallace, N. C., and Nannie Florence Newton Carr, Wallace, N.

Leon Edward Hall, Pilladelphia, Pa and Melessa Rojean Wallace, Philadelphia,

Selby Elijah Corbett, Goldsboro, N.C. and Dilys Mary Stepleton Carignan, Wallace,

Alfred Wayne Brown, Rose Hill, N.C. and Mary Lou Moss, Warsaw, N.C.

Glen Haven, Fla. and Nola Mae Pickett, Beulaville, N.C.



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Taylor's Shoes