



of special interest to women



Fisher - Sheffield United in Marriage

Miss Marian Leigh Sheffield of Warsaw, and Kenneth Thomas Fisher, Jr. of Rocky Mount were married on Saturday, June 23, 1979, at half after three o'clock in the Warsaw Presbyterian Church. Officiating at the double-ring ceremony was the Rev. Lauren Sharpe of Kenansville.

The bride is the daughter of Mr. and Mrs. Charles J. Sheffield, Sr. of Warsaw. Mr. and Mrs. Kenneth T. Fisher, Sr. of Rocky Mount are the parents of the groom.

Given in marriage by her parents, the bride wore a gown of candlelight voile crinkle knit featuring a deep Victorian neckline and a deep triangular yoke of French net. Fitted at the waist and bound by a wide ivory satin sash, the A-line skirt flowed into a deep lace flounce that extended into a chapel-length train. The full bishop sleeves were banded by deep lace cuffs ending in points over the wrists. Oval medallions of Venise and Cluny lace edged the flounce, and one was centered in the yoke, where the bride wore an antique cameo brooch, a gift of her paternal grandmother, the late Mrs. B.C. Sheffield, Sr. of Warsaw.

The bridal veil was an elbow-length mantilla of French net trimmed in a double row of matching Venise lace. The bride carried a cascade bouquet of coral day lilies, gardenias, and roses interspersed with gypsophila.

Miss Lynne Sheffield of Warsaw acted as maid of honor to her sister. She wore a formal gown of champagne knit giana, gathered at the waist and tied with a sash extending to the deep flounce edging the gown. The oval neckline featured an attached elbow-length cape. In her hair she wore Queen

Anne's lace and carried a basket of mixed summer flowers featuring pink roses, wild daisies, larkspur and zinnias interspersed with snow-on-the-mountain.

Mrs. Nina Fisher of Rocky Mount, sister of the groom; Miss Mary Best Johnson of Warsaw, and Miss Kathy Mascorro of Port Royal, S.C., served as bridesmaids. Their floral print gowns of knit qiana were designed identically to that of the honor attendant, and they wore Queen Anne's lace in their hair. They carried baskets of mixed summer flowers gathered from the gardens of friends and the bride's home.

The groom chose his father to serve as best man. Groomsmen were Ted Forbes of Greensboro, chief usher; Vic Sheffield of Warsaw, youngest brother of the bride; Tom Pairof of Farmville, Va., and Johnny Warren of Rocky Mount. All wore formal cutaways and rose boutonnières.

The mother of the bride wore an aqua seafoam gown of knit chiffon. The empire bodice featured a V-neckline and angel sleeves. Venise lace decorated with pearls encircled the waist, and the softly gathered skirt flowed to floor-length.

The groom's mother chose a gown of aqua floral chiffon touched with marguerite daisies. It featured a boat neckline and softly gathered waist. The dress was accented by floating elbow-length sleeves and a full skirt. Both mothers wore white gardenias.

Mrs. T.O. Edwards,

grandmother of the groom, wore a peach crepe de chine gown and yellow roses.

Preceding the nuptials, a program of organ music was presented by Mrs. Nell B. Middleton, the bride's former piano teacher, and by Ben Temple, classical guitarist from Roanoke, Va., friend of the couple. Mrs. Temple played "Jesu, Joy of Man's Desiring" by Bach. The traditional wedding marches were used for the ceremony.

During the ceremony, the bridal party stood before an altar holding a massive arrangement of mixed garden flowers interspersed with wild grapevine and huckleberry. Burning tapers entwined with asparagus fern stood on either side. At the foot of the altar, directly behind the satin kneeling bench, stood an ivory pedestal holding the Trinity candles.

After the couple were pronounced husband and wife, the groom's father stepped forward to pronounce a marriage blessing. The couple joined hands and lighted the Trinity candle, symbol of their spiritual union, while the congregation joined in singing the hymn, "Seal Us O Holy Spirit."

The wedding was directed by Mrs. Joeleate Cameron Jones of Warsaw.

The bride is a graduate of James Kenan High School and of Appalachian State University. For the past year she has taught exceptional children, grades K-12.

The groom graduated from Rocky Mount High School and North Carolina State University. He is presently employed at Watson's Seed Farms at Whitakers.

For their wedding trip, the couple visited the Virginia mountains. They will be at home at Route 1, Box 26, Whitakers, N.C.

Reception

Following the Fisher-Sheffield wedding, guests were entertained by the bride's parents at a reception held in the Ladies Parlor at the Church. Out-of-town guests and relatives attended, along with friends and neighbors.

After-Rehearsal Party

After the rehearsal on Friday evening, Mr. and Mrs. Fisher, parents of the groom, entertained the members of the Fisher-Sheffield wedding party at a dinner in the banquet room of Bland's Restaurant.

The tables were thrown en suite with red-checked cloths and decorative red napkins and lighted tapers. Arrangements of mixed summer flowers graced the tables.

The bride and groom chose this time to present gifts to the members of the wedding party.

Houston Attends Conference

Roy A. Houston, president of PCPA of Kenansville, Burgaw and Shallotte, has returned after participating in a 4-state conference of Federal Land Bank Association and Production Credit Association officials held in Atlanta, Ga. June 17-19.

Houston said that over 600 farmer-directors, presidents and guests of the 46 LBA's and 58 PCA's of North Carolina, South Carolina, Georgia and Florida attended the business sessions. Principal speakers included Earl Butz, former secretary of agriculture; Marshall Loeb of Time Magazine; B.B. Everett, Jr., N.C. peanut, tobacco and soybean farmer; and C.W.S. Horne, president of FLB and FIMCB of Columbia, SC.

Also attending were Arthur Kennedy, chairman of the board of directors. Edwin L. Clemmons and wife, Albert D. Cox, Jr. and wife, Woodrow W. Maready, Charles C. Highsmith, Eugene R. Carlton, Taft Herring and wife, and J. Ralph Britt and wife.

Faison News

Mrs. Rudy Oates and children spent several days last week with Mr. and Mrs. Ronald Oates. Elizabeth Oates remained with her grandparents for a longer visit.

Mr. and Mrs. Joe Kennedy of Raeford visited his mother, Mrs. Susan Kennedy Sunday afternoon.

Mrs. Luther Taylor, Jr. spent Sunday in Wilmington with her father, F.M. Tucker, who is recuperating from cataract surgery. Mr. Tucker is at the home of another daughter, Mrs. Harry Payne in Wilmington.

Mrs. Ruby Kennerly of Charlotte and Mrs. Jean Segars spent Saturday afternoon in Wilson with Mr. and Mrs. Pleasant Harrell and Brenda.

Mrs. John Robert Crow, Mrs. Lila Mae Smith and Miss Luanne Cottle of Richmond, Va. and Trey Clanton of Chester, Va. shopped in Clinton Monday afternoon.

Rev. Clarence A. Lingle and John Robert Crow attended the Wilmington Presbytery meeting in Ivanhoe last Friday.

Mrs. James E. Faison and Jane spent Sunday in Wilmington with the George Ficks. They enjoyed the day on Wrightsville Beach.

Mrs. A.P. Cates was a recent hostess to her sewing club.

Mrs. Doris Phaup Moore of New Hope, Pa., is visiting her sister, Mrs. George Cates. Mrs. Cates returned home Monday after surgery in Wayne Memorial Hospital in Goldsboro.

Mr. and Mrs. Gilbert Brown of Goldsboro and Mr. and Mrs. Walter Lloyd of Roanoke Rapids visited their mother, Mrs. J.W. Blalock during the weekend.

Mr. and Mrs. Jimmy Hurst and children of Southport spent the weekend with his father, William Hurst.

Mrs. Rachel Stroud is recuperating nicely after surgery in Wayne Memorial Hospital in Goldsboro.

Mr. and Mrs. Chris Garrigus of Charlotte spent several days last week with Mr. and Mrs. Francis McColman.

Luncheon guests of Mrs. James E. Faison and Jane on Monday were: Mrs. K.W. Safrif of Beaufort, Mrs. Tom Thompson of Atlanta, Ga., Mrs. Dick Sandborn and Cynthia of Jacksonville, Fla., and Mrs. George Fick of Wilmington.

Mrs. Margaret Wright of Kinston is visiting Mr. and Mrs. Dewey Bailey.

Mrs. Dorothy Tyndall has returned after spending two weeks in Baltimore, Md. with Mr. and Mrs. A.P. Tyndall and Tommy. The Tyndalls returned with Dorothy for a visit.

Mrs. Mamie Sawyer of Elizabeth City visited Mr. and Mrs. Frank Casteen last Tuesday.

Mrs. James E. Faison was hostess to her bridge club last Thursday afternoon. Mrs. Durwood Clifton was an additional guest. Mrs. Mosley C. Bowden was remembered with a gift for holding high score. Mrs. Faison served a dessert upon the arrival of her guests.

Headley Hatcher has returned home after surgery in Duke Hospital in Durham. He is reportedly recuperating nicely.

Mr. and Mrs. Hank Davis attended her class reunion at the Country Club in Goldsboro Saturday night. Mrs. Davis was a member of the Southern Wayne High School class of 1969.

Mr. and Mrs. Gene Sasser attended the Miss North

Carolina pageant in Raleigh Saturday night.

Mr. and Mrs. Kermit Williamson of Clinton and Miss Rossie Waters of Mary Ann Nursing Home in Clinton spent Sunday with Mrs. Ralph Precythe.

Mr. and Mrs. Jimmy Hurst and children of Southport visited Mrs. Janie Bell Bass Saturday night.

Mr. and Mrs. Perry Hatcher and Quinn of High Point visited Mr. and Mrs. Ned Cottle Friday afternoon.

Mrs. Ruby Kennerly of Charlotte visited Mrs. Lila Mae Smith and Jean Segars last Friday.

Miss Tina Brewer, daughter of Mr. and Mrs. Louis Brewer of Faison, was a contestant in the Miss North Carolina Pageant in Raleigh Saturday night. Miss Brewer was one of the top ten contestants, an honor for Faison and Duplin County. She was sponsored by the Warsaw and Calypso Jaycees.

Rev. W. T. Perkins of Raleigh visited Mrs. Norma Cates and Mrs. Rachel Stroud in Wayne Memorial Hospital in Goldsboro last Friday. He was a supper guest of Mr. and Mrs. Jim Taylor.

Mrs. Bill Marche' of Upper Marlboro, Md. spent several days last week with her parents, Mr. and Mrs. Henry Lewis.

Mrs. J.W. Blalock has returned home after spending three weeks in Winston-Salem with her daughter and family, Mr. and Mrs. Carl Yates.

Dinner guests of Mr. and Mrs. Jim Taylor Sunday were: Mr. and Mrs. Graham Lewis and son, Jeff, of Fort Worth, Texas, Mrs. Tom Taylor, Mr. and Mrs. Joe Taylor, Mr. and Mrs. Tommy Taylor, Mr. and Mrs. Henry Lewis, Mr. and Mrs. J.W. Jackson and children, and Ceness Taylor.

Mr. and Mrs. Stanley Kelly, Jr. attended the Miss North Carolina Pageant in Raleigh Saturday night.

Mr. and Mrs. Louis Brewer attended the Miss North Carolina Pageant in Raleigh Saturday night. Their daughter was a contestant.

Picturpages Program At Duplin County Library

The Right to Read program of the U.S. Office of Education has funded a project to distribute Picturpages booklets through the Duplin County Library Services.

Picturpages is a daily feature on CBS's Emmy Award-winning program, Captain Kangaroo. A limited supply of Picturpages booklets is available in the Rose Hill Memorial Library, Phillip Leff Memorial Library in Beulaville, the Warsaw Public Library, and the main library in Kenansville. There will also be copies on the Bookmobile.

The booklets will be available each week. The Duplin County - Dorothy Wightman Library hopes patrons will enjoy the Picturpages and play the game each day.

Extension Homemakers News

Treat Fruits and Vegetables Right

Colorful fruits and vegetables look good, retain their nutritive value, and offer variety to meals if you prepare them right. Crisp raw fruits and vegetables make excellent salads, appetizers, snacks, relishes or desserts. When you serve them raw, fruits and vegetables usually provide the greatest number of nutrients and the lowest number of calories.

Cooked fruits and vegetables can be delicious and nutritious if you prepare them right. For example, many vegetables retain most of their nutrients, color and shape if you will cook them in a small amount of water for the shortest time possible to make them edible. This principle of cooking is important since some vitamins are soluble in water and easily destroyed by heat.

Another change that might occur from overcooking is dulling of color, especially in bright green vegetables. There might be a breakdown of texture, so it is no wonder a short cooking time is recommended for most fruits and vegetables.

When you plan family meals, allow for four or more servings of fruits and vegetables each day. Include green leafy and deep yellow vegetables often. Serve them raw or cook as little as possible.

Sports Should Be Fun

Are competitive sports really good for children? That depends a lot on the attitudes and pressure of parents and coaches. Zealous parents can put a lot of emphasis on success. It can take the fun out of a sport when a youngster comes home to questions like, "How many hits did you get?" rather than "Did you have a good time?"

Sports can be important to children for their immediate play value, not just to win or meet their parents' expectations.

Physical considerations are important. Children need time to rest — even in competitive play. Adult supervisors need to be aware of children's physical development and strength. There may be many months difference between two ten-year-olds.

Many injuries suffered in competitive sports can be avoided. It is important for coaches to regulate competition by matching opponents according to strength and ability. Matching team heights in basketball or weights in football is one way this might be done.

Some children just aren't suited for structured competition and shouldn't be forced into it. Competition can be healthy for children who take on the challenge by choice, but they should also have an alternative — a way to get out without losing face. This might be an activity that can be performed individually without letting down the team.

So take a look at your views on competitive sports for children. Sports can be a fun-learning experience with the right attitudes and knowledge or physical abilities.

Helping the Troubled Family

The divorce rate keeps rising, the number of run-away children keeps multiplying, and there are more cases of child abuse than ever before. It appears that

the American family is in trouble.

It is true there are many troubled families, but we are often too busy pointing the blaming finger at the families themselves to take a look at what we can do to help.

We're too quick to say the cause of delinquent children is working mothers or the cause of so many divorces is selfish people. The real cause of these problems is not that simple.

Families are too often left on their own to cope with all the pressures of today's society. What we need to do is provide more support for families. We can do this at the community level by supporting organizations and agencies that work with troubled families. We can do this individually in the way we treat others.

For example, if we see a young mother whose children are too much for her at times, perhaps we could offer to care for one or more of them for an afternoon to give her a break. Or if we know a lonely person who might appreciate a family meal and companionship, we could invite that person over. After all, we would appreciate someone being kind to one of our family under the same circumstances.

So, rather than shrugging our shoulders and stating someone else is the cause of society's problems, we should look around and see where we fit in.

Easy Pots and Pans Cleaning

Scrubbing pots and pans is no easy or fun chore. In fact, it is downright discouraging to scrub and scrub and still have a black pot or pan. A little know-how will provide magical results.

You will need the following supplies and equipment: (1) Several pots and pans with burned-on grease build-up (metal or glass). (2) Absorbent material, such as terry cloth or paper toweling. (3) A plastic bag large enough to hold pot or pan. (4) Household ammonia (either sudsing or non-sudsing). (5) Steel wool or scrub pad.

Cover bottom of pot or pan to be cleaned (this is usually where the black grease build-up occurs) with towels. Pour ammonia over towel until it is well saturated. Place pot wrapped with ammonia-soaked towel in the plastic bag and twist end to close to hold in all fumes. Let this set overnight. Remove the next day and scrub with a scrub pad. The build-up should come off with a minimum amount of effort. Should grease build-up be extra heavy, a second treatment may be necessary. A word of caution: The directions on the ammonia bottle give a warning not to use on aluminum. This is because some pitting or discoloration may occur. Your choice may be discoloration or a dirty black pan. Experiment on an old cookie sheet or other dis-

carded aluminum ware to determine if the results are acceptable to you.

Window Cleaning Magic

An efficient job of cleaning windows involves more than buying the newest cleaning product or the most expensive. Many times "old timey" remedies are good, effective and inexpensive. For the possibility of adding a jingle to your cleaning budget, you may like to try our homemade window cleaner. You will need one-gallon plastic or glass container. Put in the container 2 tablespoons of non-sudsy ammonia, 1 teaspoon of automatic dishwashing detergent, 1 pint of rubbing alcohol and four drops of blue food coloring (optional). Then fill the container with water and you have a gallon of window cleaner for approximately 35 to 40 cents. Put the cleaner in an empty spray bottle, and you are ready to clean windows. In order for you not to be disappointed, be sure to follow the recipe accurately. It is essential that non-sudsy ammonia be used.

Put Safety First in Lawn Mowing

Each time you clip the grass, you and everyone around you is face-to-face with a lethal weapon — the lawn mower. Every year about fifty thousand adults and children get hurt in lawn mower-related accidents, the U.S. Consumer Product Safety Commission reports.

Put safety first this summer when mowing the lawn. Remember, it's an adult task. It takes a mature person to know the hazards and make quick decisions in case of an accident. It takes someone who is not easily distracted by passers-by and who knows the rules for safe lawn mower use.

Here are a few of those rules: take time to clean the yard of rocks, sticks and toys. Get children and pets out of the yard. Wear slacks, shirt and closed-toed shoes. Sandals and shorts won't do. Avoid pulling the mower toward you, and never leave the mower running unattended. Putting safety first when you mow could prevent an accident.

Kim Kelly Attends Scholar Program

Eleven high school women have recently completed the first session of the Meredith College summer scholars program, June 10-29 on the women's college campus. Open to rising high school seniors of above average and superior academic standing, participants take courses offered in the regular Meredith summer school program.

Kim Kelly, daughter of Mr. and Mrs. J.T. Kelly of Rose Hill, and a student at Harrells Christian Academy in Harrells, participated as a summer scholar.

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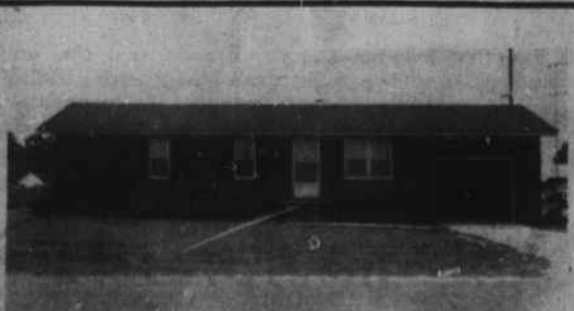
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