

## International Breads

ITALIAN HEROS



This fool-proof recipe from Fleischmann's Yeast Test Kitchen will produce fresh, moist rolls for a delightful and hearty sandwich.

### ITALIAN BREAD

Makes 2 loaves or 6 hero rolls

- 5 to 5 1/2 cups unsifted flour
- 1 tablespoon sugar
- 1 tablespoon salt
- 2 packages Fleischmann's Active Dry Yeast
- 1 tablespoon Fleischmann's Margarine, softened
- 3/4 cups very hot tap water (120°F. to 130°F.)
- Cornmeal
- Planters Peanut Oil
- 1 egg white
- 1 tablespoon cold water

In a large bowl thoroughly mix 1 1/2 cups flour, sugar, salt and undissolved yeast. Add softened margarine.

Gradually add hot tap water to dry ingredients and beat 2 minutes at medium speed of electric mixer, scraping bowl occasionally. Add 3/4 cup flour and beat at high speed 2 minutes, scraping bowl occasionally. Stir in enough additional flour to make a stiff dough. Turn out onto lightly floured board and knead until smooth and elastic, about 8 to 10 minutes. Cover; let rest for 20 minutes.

To make loaves: Divide dough in half. Roll each half into an oblong 15 x 10 inches. Beginning at wide side, roll up tightly; pinch seam to seal. Taper ends by rolling gently back and forth.

To make rolls: Divide dough into 6 equal pieces. Roll each piece into an oblong, 8 x 5 inches. Beginning at wide side, roll up tightly; pinch seam to seal. Taper ends.

Place on greased baking sheets sprinkled with cornmeal. Brush dough with peanut oil. Cover loosely with wax paper, then top with plastic wrap. Refrigerate 2 to 4 hours.

When ready to bake, remove from refrigerator. Uncover dough carefully. Let stand at room temperature 10 minutes. Make 3 or 4 diagonal cuts on tops with razor blade or sharp knife.

Bake at 425°F. 15 minutes for rolls, 20 minutes for loaves. Remove from oven and brush with egg white mixed with cold water. Return to oven; bake 5 to 10 minutes longer, until golden brown.



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### Reaching Budget Agreement

The optimism I expressed in my last newsletter concerning possible resolution of the budget impasse proved to be unfounded. The differences between the President and the Congressional leadership turned out to be too wide to lend themselves to a negotiated settlement. I do not believe, however, that this means that there will be or should be no budget approved this year.

I am urging the chairman and members of the House Budget Committee to bring the President's recommendation to the House floor for consideration, amendment and ultimate resolution. Last year we passed essentially what the President recommended. Obviously some changes must be made.

#### "The Best Package"

If the President and congressional leadership cannot agree on the specifics of these changes, the congress must still move quickly to hammer out the best package we can which is designed to avoid huge deficits that will keep interest rates high and the economy stagnant. The public has a right to expect this of us.

Note: The date for the North Carolina primary has now been established for June 10 and the law prohibits volume mailings by members of Congress for a specified period before any contested election. I will continue sending a letter and news releases to the news media in order that you may be informed of my position on current issues, but the personal, mailed newsletters will be discontinued until after the primary.

## Liquid Feeding Good Idea for House Plant

Don't forget to give your house plants proper care during the warm outside gardening months. You'll want them green and healthy next winter when they will be the center of attention again.

The best method of feeding your house plants is to use liquid fertilizer, suggest Agricultural Extension Service specialists at North Carolina State University.

If a soluble fertilizer is used, be sure to follow the manufacturer's instructions. If a dry garden type fertilizer is used, dissolve one teaspoonful in a quart of warm water. Stir well and let stand overnight before using. Then use enough of the solution around well established plants to wet the soil well.

If some of the plants have outgrown the containers and become root-bound, repot into a larger container.

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