

# SERIES—WEEKLY CONTEST

PRICES EFFECTIVE AUGUST 5-11

We Accept  
Gov't Food  
Stamps

**NORTHERN PRIDE  
WHOLE  
FRYERS**  
(LIMIT 2 WITH \$10.00 ORDER)

**39¢**  
LB.

**FRESH  
PORK  
NECKBONES**

**39¢**  
LB.

**THIS WEEK'S  
JACKPOT  
WINNERS:**

**KENANSVILLE STORE—  
JERRY SMITH \$100.00  
BEULAVILLE STORE—  
MAMIE SHEPARD \$100.00  
PINK HILL STORE—  
DARRELL MILLER \$200.00**



**1 LB. PKG.  
BLUE  
BONNET  
MARGARINE**

**49¢**



(LIMIT 1 WITH  
\$10.00 OR MORE  
FOOD ORDER)

**32 OZ.  
HUNT'S  
KETCHUP**

**99¢**



**4 ROLL  
PKG.  
NORTHERN  
TISSUE**

**99¢**

(LIMIT 1 WITH \$10.00  
OR MORE ORDER)

**SAV-MOR  
BLEACH  
1/2 GAL.**

**39¢**

- GA ICE CREAM 1/2 GAL. \$1.29**
- NETRITZ CREAM PIES 14 OZ. 79¢**
- REALTEST COTTAGE CHEESE 12 OZ. 2/85¢**
- IGHT & LIVELY COTTAGE CHEESE 24 OZ. 2/\$1.59**
- IGHT & LIVELY COTTAGE CHEESE 12 OZ. 2/85¢**
- FRUIT DRINK 1 GAL. 89¢**
- ABLERITE SLICED SINGLES CHEESE 16 OZ. \$1.69**
- SUNSHINE SUGAR WAFERS 12 OZ. 99¢**
- MOON PIES PKG. OF 12 79¢**
- HEINZ 57 SAUCE 10 OZ. \$1.49**
- KAUER'S PURE MUSTARD 2 LB. 49¢**
- AV-MOR PEANUT BUTTER 18 OZ. 99¢**
- CHEF BOY-AR-DEE CORONI WITH MEAT 15 OZ. 69¢**
- CHEF BOY-AR-DEE ABC & 123 WITH MEAT 15 OZ. 69¢**

- CHEF BOY-AR-DEE MINI BITES 15 OZ. 69¢**
- CHEF BOY-AR-DEE ROLLER COASTERS 15 OZ. 69¢**
- DEL MONTE LITE FRUIT COCKTAIL 16 OZ. 69¢**
- DEL MONTE LITE PEACH HALVES 16 OZ. 69¢**
- DEL MONTE LITE PEAR HALVES 16 OZ. 69¢**
- SHASTA DRINKS 12 OZ. CAN 4/\$1.00**
- PILLSBURY CAKE MIXES 18 OZ. 69¢**
- 16 1/2 OZ. PILLSBURY READY TO SPREAD FROSTING \$1.29**
- WESSON OIL 48 OZ. \$1.99**
- ROYAL GUEST SHORTENING 42 OZ. \$1.39**
- KELLOGG'S SUGAR SMACKS 18 OZ. \$1.49**
- HI-DRI TOWELS BIG ROLL 59¢**
- BOLD DETERGENT GT. SIZE \$1.89**
- SUN LIGHT LIQUID DETERGENT 12 OZ. 49¢**

**the fresh approach**

**JUMBO WATERMELONS \$2.49**

- US NO. 1 ROUND WHITE POTATOES 69¢**
- BANANAS 3 LBS. \$1.00**
- MEDIUM YELLOW ONIONS 3 LB. BAG 99¢**
- MUSHROOMS FRESH 8 OZ. 99¢**
- CELLO CARROTS 1 LB. PKG. 29¢**
- LIMES FRESH 3/49¢**
- SALAD TOPPINGS 2.5 OZ. 49¢**
- CELLO CARTON TOMATOES 10 OZ. 49¢**
- NECTARINES LB. 69¢**
- PINEAPPLE FRESH \$1.59**
- BLUEBERRIES PT. \$1.29**

**PORK CHOPS HAWAIIAN**

- 6 lean loin pork chops
- 1/4 cup soy sauce
- 3 medium boiled sweetpotatoes
- 6 fresh pineapple slices
- 1/4 cup hot water
- 3 bananas
- 1 tablespoon brown sugar
- 1 tablespoon butter or margarine

Trim excess fat from pork chops and marinate in soy sauce 20 minutes. Brown on both sides in fat trimmed from meat. Place in 9 x 9 x 2-inch baking pan. Remove skins from sweetpotatoes. Cut in half lengthwise and place over the chops. Top with pineapple slices. Add hot water to pan drippings and pour over the top. Cover and bake in a preheated moderate oven (350° F) 30 minutes. Peel bananas, cut in half lengthwise and then cut in half crosswise. Arrange over potatoes. Sprinkle with brown sugar and dot with butter or margarine. Place under broiler to brown 3 to 5 minutes. Makes 6 servings.

**Fresh 'n. easy banana poundcake**

- 1 package (18-1/2 ounces) yellow cake mix
- 4 eggs, at room temperature
- 1/3 cup salad oil
- 1/2 cup water
- 1-1/3 cups mashed bananas (4 medium)
- 1 package (3-3/4 ounces) instant vanilla pudding mix
- 1/2 teaspoon cinnamon
- 1/2 teaspoon nutmeg

Combine all ingredients in large bowl. Mix until blended, then beat at medium speed for 4 minutes. Turn batter into greased and lightly floured 10-inch tube pan. Bake in 350°F oven for 1 hour or until cake tester inserted in cake comes out clean. Cool in pan 10 minutes, then turn out onto rack and cool completely. If desired, dust with confectioners sugar before serving. Makes 16 servings.