

Library Summer Reading Program

"Imagine... Just Imagine" is the theme for the Kinston - Lenoir County Public Library's 1985 summer reading program. Children 3-12 are invited to join their friends in reading anything that catches their imaginations on Tuesdays between 2 and 2:45 p.m. Registration will begin on June 1 and the program will start June 24th and continue through August 2nd.

Video Theatre -
Thursdays at 4 p.m. at the Pink Hill Library

June 6 - Woody Woodpecker and his Friends (approx. 80 mins.); June 13th - Mickey Mouse and Donald Duck, Vol. I (approx. 41 min.); June 20th - Mickey Mouse & Donald Duck, Vol. II (approx. 41 min.); June 27th - Winnie the Pooh (approx. 74 min.)

Invitation

As the flowers fill our world with beauty, so our love fills our hearts with joy. Come celebrate our joy as we, Kay Kennedy Blizzard and Larry William Joyner, begin our new life together, Sunday, the ninth of June, nineteen hundred and eighty-five at three o'clock in the afternoon at the Pink Hill Church of God. A reception will follow the ceremony in the church fellowship hall.

Birth

Announcement

Mr. and Mrs. Roger Brown and son Jason of Kinston announce the birth of a son and brother, Zachary Ryan, on May 29th at Lenoir Memorial Hospital.

The maternal grandparents are Mr. and Mrs. Curtis Stanley of Deep Run and the paternal grandparents are Mr. and Mrs. Robert Brown of Kinston.

Extension Home Economics News

On the Prowl

It's late. You should be in bed, but instead you find yourself in the kitchen raiding the refrigerator or cupboards.

You eat, but you don't enjoy it. Why? You have a weight control problem called prowling.

Prowling is a condition of trying to meet some emotional needs by eating. You feel restless and irritable. But, unfortunately, eating doesn't take away the psychological arousal that comes from lack of reward or accomplishment.

When prowling strikes, try to do something soothing, such as muscle relaxation, exercises or meditation. This may be more satisfactory than eating.

Better still, try to tackle the problem that led you to prowling.

Make Baby's Toys Safe Toys

Beware of what you put into a crib with a baby. Because there are certain things that should never go into that crib.

One is a pillow. There are pillows on the market advertised for babies. But it might be too easy for a baby to suffocate with these pillows.

The same holds true for large, soft stuffed animals. A baby could get his nose and mouth buried in these, too.

If there are older children in the family, you should be particularly concerned with toys that may be given to the baby.

An older child may not understand that a baby is not to play with any toy that has small removable parts. A baby could get these lodged in his mouth.

A toy that could shatter and break is never to be given to a baby, either.

Of course, a baby does need interesting and colorful objects to hold and chew and look at while in the crib. But it's a good idea for a parent, baby sitter or other adult to look at these objects first.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES



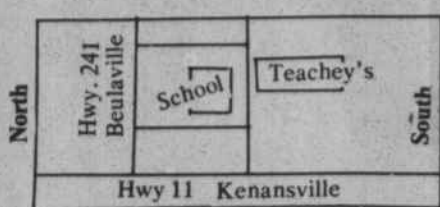
WHERE YOUR FOOD STAMPS GO FURTHER

TEACHEY'S \$50.00 WINNERS



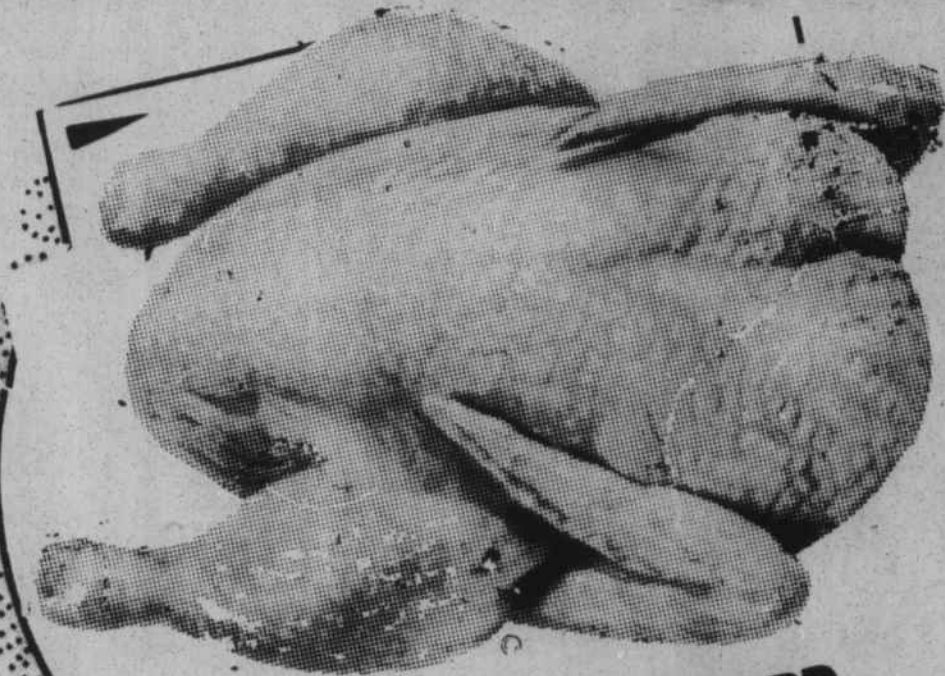
ALMETA TURNER
DEEP RUN

WE NOW HAVE TWO LOCATIONS TO BETTER SERVE YOU:



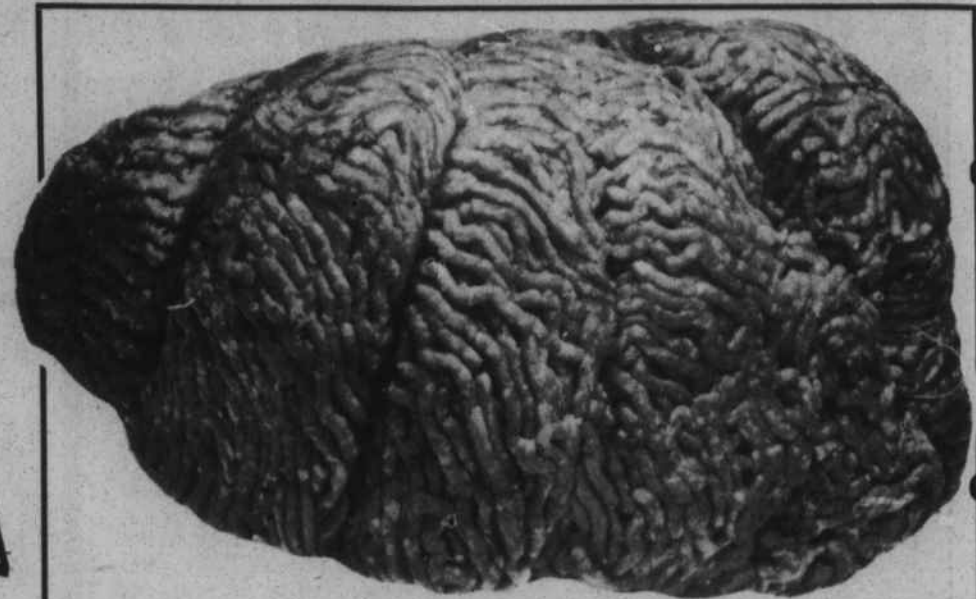
STORE NO. 1
PINK HILL
8 til 9

STORE NO. 2
DEEP RUN
8 til 9
WE STILL HAVE WHOLE PIGS



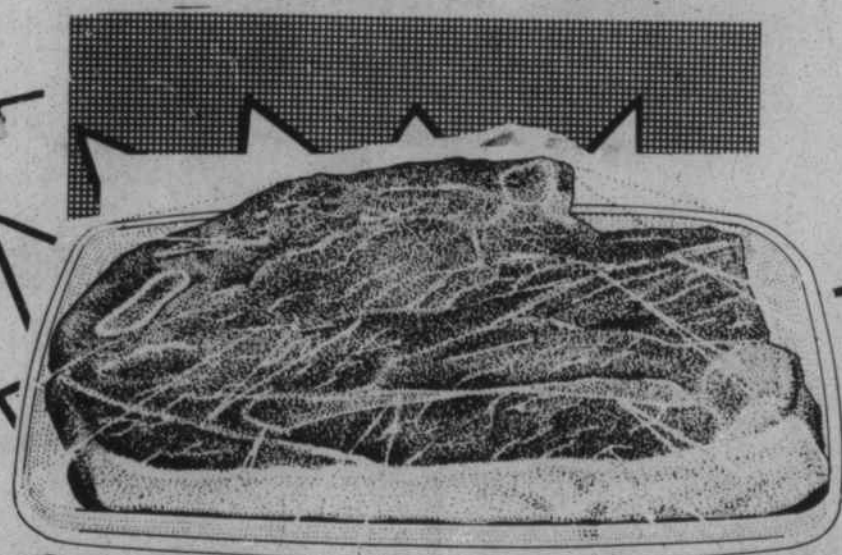
HOUSE OF RAEFORD

**WHOLE
FRYERS**
LIMIT 2 WITH \$10.00
FOOD ORDER
OR MORE
**49¢
LB.**



HAMBURGER
5-LB. PACKAGES

**89¢
LB.**



CHUCK ROAST

**\$1.35
LB.**

POT

ROAST LB. \$1.25

GROUND

CHUCK LB. \$1.59

FRESH LEAN

NECKBONES LB. 29¢

MINUTE

STEAKS \$1.79

STEW

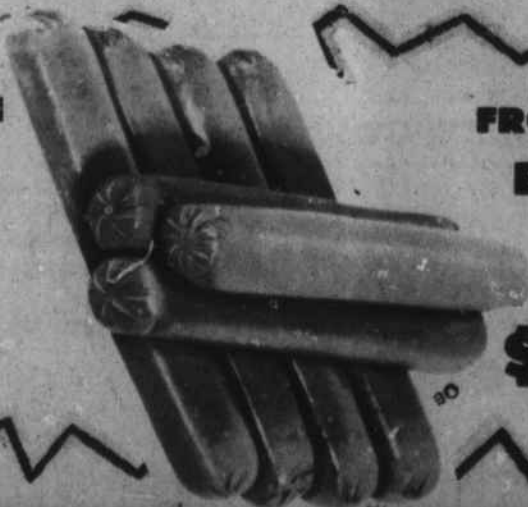
BEEF LB. \$1.89

FROSTY MORN

FRANKS

12 OZ.

75¢



FROSTY MORN

BOLOGNA

LB.

\$1.29

WHOLE

PIGS

LB.

89¢



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Main St. 566-4193, Pink Hill.
Open 8:30 - 8, M-F, Sat. 8:30-5