

Carve History on Totem Pole

Indian Chief Engraving Tribal Records on Skyscraping Cedar Pole.

HAS ENTHUSIASM OF ARTIST

When Work is Completed the Pole Will Stand in Front of the School for the Tribe to Keep Fresh Legendary History.

Portland, Ore.—In these days of profiteering and wild scrambles for the almighty dollar, it is a consolation to find one man in the world who is not money mad and who is working and has been working assiduously for the last five years all for an ideal and with no ulterior thought of pecuniary gain spurring him on. The remarkable part of it is that this artist, for he is an artist of the highest type, is a full-blooded American Indian chief. He answers to the name of William Shelton, and when not busy perfecting his life work, a monstrous and skyscraping totem pole upon which is inscribed the history of the Snohomish tribe, he supervises the running of the Indian reservation school at Tulalip.

Although Shelton is well educated and thoroughly familiar with the world of business, he prefers to devote his time and attention toward the fulfillment of an ideal. Generations ago Indians lost the art of totem carving, and he is the only known totem pole maker in the world today.

Five Years Consumed.

To date Shelton has worked during his spare time more than five years on the gigantic post. This work has been accomplished aside from his duties as head of the reservation school. Early every morning before he begins the duties of directing the functions of the schools he is at work on his historic pole. At the close of the school session each day finds him again hard at work with chisel and mallet. It can be seen therefore that all of the many hours he has devoted to his project might be termed overtime.

When finished the pole will stand more than 100 feet in height and will measure nearly seven feet in diameter. It has been seen that from the greatest of the trees which grow on the reservation. When the work is completed the pole will stand in the tribe where

The principal reasons for my devoting so many years to the making of this "giant history pole," said Shelton recently, "is to shatter the persistent belief among so many Americans as well as others that the totem pole originally had for its purpose mainly the idea of worship. I'll make a wager that two out of every three white persons who view totem poles in parks, or who go to visit the gigantic pole at Seattle, Wash., have the idea

that the pole at one time was worshipped by some Indian tribe.

Pole Only Historical.

"Such is not the case. The totem pole is nothing more nor less than a history done in wood carving. Those persons who are writing or who will write the history of the recent great conflict in Europe are, in the eyes of many Indians, in reality totem pole makers. In short, a totem pole maker is a historian. The historians of the future will for years keep alive for future generations the story of the rise and fall of the much-despised Kaiser, of the rape of Belgium, of the coming of the Yanks, of the battles of the Marne, the Somme, the Argonne and of the armistice and the peace table. For centuries to come people will read about those great twentieth century

Italians Are Eager to Return to U. S.

Men Who Served Under Pershing and Returned to Native Land Disillusioned.

WIVES ALSO DISSATISFIED

Lower Wages and Lack of Modern Dwellings Bring Longing for America—Food in Country Districts Higher Than in Cities.

Rome.—All over Italy, in villages and towns, there are hundreds of Italo-American ex-soldiers longing to get back to the United States, and only waiting until the vendemmia, or harvesting of the grapes, is over. How they came to return to their native land when they loved America. American cities and American ways is through one of the mistaken ideas of many ex-soldiers, who imagined that once war was over they would be happy in Italy, although they had fought in France under General Pershing and had lived and made good money in America for many years.

When they returned to their native Italy, they found that the wages were lower than in the United States, and that the food was more expensive. They also found that the dwellings were not as comfortable as they had been in America.

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Impulsively they sent for their families, who very often had to sell all they owned in order to pay for the

events from the printed pages of many books. Totem poles are in reality Indian books, and the marks and curious carvings upon them take the place of the printed words in the white man's books and are quite as readily translated by the Indians of the tribe to which the pole belongs.

Shelton is filled with enthusiasm about his work, the enthusiasm of a real artist. His face lights up at the opportunity to talk of his work, and his black eyes flash. He is about forty-five years old and in full Indian regalia he looks as if he might have just stepped from the printed pages of wild western fiction. In his store clothes, however, although he would not be mistaken for other than a red-skin, he resembles an acute business man of today. During the war, although he was too old for active service, he showed an amount of patriotism that won him commendation from the government. At that particular time he proved himself to be a "really" American. Appearing in full Indian regalia he was a great aid at swelling subscriptions to all of the Liberty loans, and also played a conspicuous part in other war work.

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LAST NIGHT'S DREAMS

—WHAT THEY MEAN

(Copyright.)

DID YOU DREAM ABOUT SHEEP?

MOST dreams of rural life and country scenes appear to be regarded by the authorities of Dreamland as favorable omens. To dream of seeing a flock of sheep, for instance, is a very good indication for the future. To be surrounded by them increases the good luck and a flock of lambs foretells even more good luck than a flock of sheep. But just to gaze upon a flock of sheep feeding in the pastures of your dreams means that you will have success in life.

If you are unmarried and dream that you are watching the little lambs skip about, your sweetheart is faithful and of a good disposition. Also, if you are a man, the lady of your choice is inclined to say "Yes," if you will but pop the question. If you are married and see sheep or lambs in the visions of your slumbers you will have children who will acquire riches and be a great comfort to you. If you pick up a lamb and

carry it in your dreams you will be a lucky person indeed.

If a sailor dreams of sheep it means great luck and a safe and prosperous voyage to him. If you see yourself shearing sheep it is an indication that you will shortly make money by a business enterprise, though, according to some of the wisecracks, it means that you will have to struggle hard for this success. But it isn't good to see the sheep running away from you, for that indicates that some of your pretended friends are really trying to injure you. It is a warning to be on your guard. Also it is a bad sign to hear the lambs baa or to see them killed. If you see your flock of dream sheep lean and scraggy look out for your investments carefully if you would profit by them.

With the few exceptions noted the lambs and muttons of Dreamland are much to be desired and come far cheaper than in the markets of the world of actualities, the food profiteer not as yet having obtained a foothold in the realm of shadows.

two cupsful of molasses and two-thirds of a cupful of sugar. Stir until the sugar is dissolved. Boil until the mixture is brittle when dropped in cold water. Pour over six quarts of popped corn. Butter the fingers and shape into balls before it gets too cool.

Peanut Brittle.

Melt a cupful or more of sugar in a smooth frying pan stirring until a good brown; pour over a pan of peanuts and put to cool.

Nellie Maxwell
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THE WOODS

BY DOUGLAS MALLOCH

THE MYSTERY.

Heard a rustle in the brush Only yesternight; Heard a rustle in the hush, Somethin' out of sight— Jest a footfall on the ground, Shakin' of a tree; But we argued all around What the thing could be.

Jack, the stable-boy, he said Likely 'twas a colt— Farmer's colt that got its head, Broke its halter bolt. Bill, the cookhouse flunkey, swore 'Twas a bear er cub Huntin' round the cookhouse door Fer a snack of grub.

Pete, who likes to hunt when fall Comes around each year, Said it wasn't that at all— That it was a deer. Frank, who drives the two-ox pair, Said they made him laff, Said their colt er deer er bear Simply was a caff.

So they set an' argued What the thing could be; Ev'ry fellah took a side, Had a theory. Jack he chinned 'it with the chaps, Bill with all the boys; Mac, who's deaf, he said perhaps There wasn't any noise.

What the rustle was about, No one ever knew; But one fact I figgered out From that gabby crew: People look with different eyes, Hear with different ears; That what closest to them lies Ev'rything appears.

Ev'ry nation is the best To the man from there, Ev'ry state is the best When you compare. Do you wonder a lot Of relig'us feds?— Each a special God has got Fer his special needs.

Harp an' music fer the gay, Huntin' fer the red; Athelists expect to stay Permanently dead; Streets of sapphire fer the Jew; Fer the weary, rest— Each, accordin' to his view, Thinks his heaven best.

An' I'm puzzled, I admit, Puzzled at the maze— Heaven, you kin figger it Forty-seven ways: Heaven with a street of gold; With a Jasper gate; Heaven where the very old Still must sit an' wait.

If there are so many there, There beyond the blue, Heavens round an' heavens square, Gentle, Injun, Jew— All that I can do is trust. Since they can't agree, When I lay me "dust to dust" There'll be one fer me. (Copyright.)

THE ROMANCE OF WORDS

"CIGAR."

A NUMBER of prominent etymologists, among them Littré, have endeavored to prove the word "cigar" is derived from the Spanish cigarra, meaning grasshopper, and that it was applied to the rolled leaves of tobacco by reason of their similarity in shape to the body of this insect. This explanation, while ingenious, hardly fits the facts in the case, for when tobacco was first introduced into Spain from Cuba, it was grown in gardens or cigarrales as the Spanish call them.

The weather Spaniards had a fad of raising tobacco in their cigarrales and making their own cigars, which they would proffer with the explanation "Es de mi cigarra!" ("It is from my garden") as proof that the tobacco was wholesome and home-grown. Before long the expression changed to "Este cigarro es de mi cigarra," which might be literally translated, "This garden product from my garden," and it was from this that the word "cigar" originated. However, in the final analysis, the grasshopper does have something to do with it—for the Spanish "cigarra" or "garden" is so-called because it is the place where the grasshopper ("cigarra") resides. (Copyright.)

SCHOOL DAYS



THE GIRL ON THE JOB

How to Succeed—How to Get Ahead—How to Make Good

By JESSIE ROBERTS

JOB AND YOUR HEALTH

IS A WOMAN as strong as a man? Given the same stature and weight, can she do equally hard work and not suffer for it?

Among many other matters that the war proved or disproved, this seems also to be settled—and settled in the negative. She can't! Woman can do the same work, given a like training. But she breaks down under it where the man remains uninjured.

In France and England women for five years did the work of men. They have not stood up under the strain as men do. In England, physicians' reports show that of two thousand five hundred women examined in one industry, 42 per cent were found to be suffering from severe physical exhaustion or actual ill health, brought on by overwork. Yet men stood up under the same work without difficulty.

We are none of us likely to go into munition factories or to undertake heavy labor. But there is more in this than the fact that a woman ought not to attempt such feats. A girl who is looking about for a job ought to think of it in regard to herself—in regard to her health. The nervous and high-strung girl should not take up telephoning, for instance, nor should she go into a large and noisy office. She won't stand the strain.

A girl I knew who made a success of a small tea and lunch room got ambitious and took the whole house. She rented rooms and served a dinner as well as breakfast and lunch. She

gave good meals and good service, had a large force of assistants to manage, and in six months she broke down and had to go to a sanitarium.

What's the use? Your health is priceless. And once shaken, it isn't easy to get into good shape again. Look after your health as part of your capital, and conserve it. Never let your job borrow from that capital. There are times when you cannot control the thing, and when you do you must do the best you can and hope to get through with it. But most of us are just careless. It doesn't pay.

(Copyright.)

Mother's Cook Book

The common things of life are all so dear; The moon's soft rays that through the leaves doth shine, The morning's sun on glistening waves so clear, The clouds of gorgeous hue, are mine and thine. —Edith I. Farrell.

HOLIDAY GOOD THINGS.

As Christmas draws near we turn to the good old fashioned cakes and candies.

Gala Cake.

Cream one-half cupful of shortening, add one cupful of granulated sugar. Beat two egg yolks until light, add to them one-half cupful of sugar. Beat the egg and sugar mixture into the butter and sugar, and when thoroughly blended add one cupful of milk alternately with three cupfuls of flour, sifted with four teaspoonfuls of baking powder and one-half teaspoonful of salt. Beat well and fold in the stiffly beaten whites and pour into a single loaf cake pan, buttered and papered and bake thirty minutes. When cool, spread with

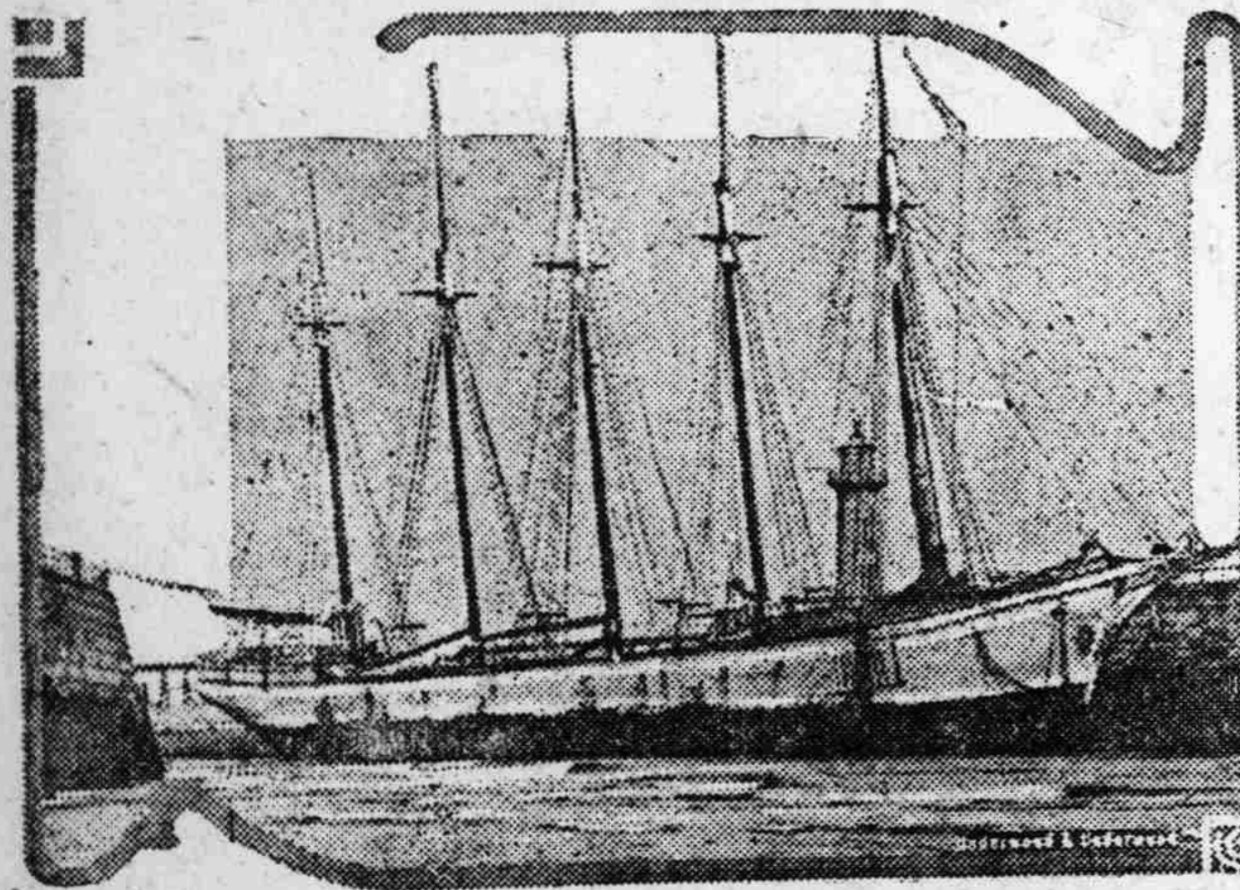
A Christmas Bowl.

Bake six greenings and three Baldwins without removing the skins or cores. When tender add four quarts of boiling water, the thin yellow rind of three lemons and four oranges and two bay leaves. Let simmer twenty minutes then strain through a bag, pressing out the juice. Boil three cupfuls of sugar with a pint of water 20 minutes. Add to the liquid with one cupful of black tea infusion and set aside to become cold. Then add the fruit juices and a small bottle of maraschino cherries with the syrup. Let stand several hours before serving.

Corn Balls.

Put three tablespoonfuls of butter into a saucepan and when melted add

Yankee Ship, Long Aground, Is Floated



The five-masted American auxiliary-powered sailing ship Cappelos, which went ashore at Robin Hood's bay on the Yorkshire coast October 24, 1919, and which has just been floated and towed into Whitby harbor.

TEACH CHILD EARLY

Plan Legislative Activity in Favor of Kindergarten Work.

National Association Reports Many States as Taking an Interest in the Subject.

Washington.—A wave of interest in early education is sweeping over the country, according to the National Kindergarten association of New York, which says that plans for legislative activity have been reported from Colorado, Connecticut, Georgia, Illinois, Indiana, Kansas, Missouri, New Mexico, South Dakota, Tennessee, Wisconsin and New York.

Porto Rico is also going to work for a favorable kindergarten law. The latest figures compiled by the bureau of education at Washington show that this country contains 4,000,000 children between four and six

years of age for whom no educational provision has been made, though all are entitled to receive kindergarten training.

The kindergarten has long since demonstrated its value as a means of making sturdier bodies, more alert minds, and a finer sense of integrity and morality. Its friends feel that it is quite time that a kindergarten should be in every one of our public schools, and are working to that end.

The people of California have demonstrated that the most effective way to secure this advantage for our children is by legislation. They secured a law in 1913 under which their kindergartens have increased from 149 to over 700.

The law provides that when the parents of 25 children of kindergarten age present a petition for a kindergarten, it should be established.

In speaking of the need for kindergarten training for our children, Com-

missioner Claxton of the United States bureau of education has said:

"The kindergarten is a vital factor in American education, both for its direct work with young children in the kindergarten and for its influence on the care of children in the home and on methods of teaching in the schools. It ought to become a part of the public system of every city, town and village in the country."

Seven Killed on Subway in 16 Years.

New York.—Only seven passengers have been killed by subway in New York City in 16 years, according to a statement made public by Frank Hedley, president and general manager. During that time 4,301,000,000 passengers were carried.

Married Four Times, But Two Wives.

Little Rock, Ark.—Four times married and three times divorced, Dr. R. L. Maxwell, has had but two wives. Through divorce and remarriage his first wife became his third wife, and by the same process his second wife is now his fourth wife.

MILITANT MARY

They say that business is the salt of life, well—that's all RIGHT But there is such a thing as OVER-SEASONING A MITE!

