

try, or the eagle that mourns his dead

On the other hand, from the dawn

THE QUESTIONER.

W HEN Shakespeare wanted to ex-press the tragedy involved in So fidelity and gratitude are not con-W press the life of his most fined to the lords of gratitude are not con-Mand went contrary generily. the snuffing out of the life of his most fined to the lords of creation. intellectual character, he did it by these words, "The rest is silence." that the beasts of the jungle that hese words, He might have put it in another have their hunting laws, or the ants He might hat Hamlet would ask that lay up their store for winter, or weg by saying the for that was his the bees that know practical geomemost disconcerting habit.

Keeping silence before a puzzling wife forever, or the hen that protects world, and a puzzling universe, is her chickens, or the bear that is fearsomething that man has never done. less of rifles, or the raccoon that is The human being who just asked faithful to his master, ever asked any the reason for the first nightfall and questions about the why and wherethe first appearance of the stars fore of things. stood on the threshold of all modern scientific investigation.

so, if it were necessary to find a the riddle of the universe. This too definition of man which would differ- in spite of the fact that, even in the But never simultan'ously, entiate him from all the rest of crea- beginning of things he felt that he They went through life, and kicked tures, it would be sufficient to say of would never be able to solve it. him: "He is the animal that asks questions."

Rudyard Kipling in a striking line children. He invented mathematics in talked of "the law of the jungle." The writers of fables have not stars. pulled the long bow in attributing to the beasts the sense of justice, even if they were making fun of society if doing so. So the lion stands for he knows perfectly well that in spite the maker of rules, and the monkey for him, who evades them.

dren of Adam.

The animals know political econemy. "Go to the ant thou sluggard." said King Solomon.

This little creature shows what can be done through the organized efforts of thousands of insects, whose operations could be stopped in a moment by the foot of a passing giant in the shape of a mischievous boy.

\$0 business organization is not ex

LYRICS OF LIFE By DOUGLAS MALLOCH

THE POLK COUNTY NEWS

GEE AND HAW.

FELLAH had a pair of mules and petted him had been sent to the That knew no laws and knew no hospital. The animal would not take

But geed for haw and hawed for gee But there is no reason to believe

The darnedest mules you ever see.

If both had geed when it was haw, While that ain't just exactly law, It would of worked out purty good, If once the thing was understood And they done what you thought they would.

But not these two. If old July, When you yelled "gee," to gee would try,

Old January, 'tother one, Observin' what July had done, Would start to hawin' on the run.

of history, we find man worrying over So gee and haw and haw and gee,

more dirt

So he invented language to convey And done less work and done more his questions to his neighbors and hurt alphabets to write them down for his Than two hyenies, I assert.

order to compute the motions of the And I've seen folks just like them mules.

By all his questioning he has suc-Who wed, but never read the rules. ceeded in pushing back the curtain Who didn't know you had to wear that hangs around his universe. Yet The marriage collar fair and square And pull together everywhere.

of all that his Newtons, Darwins, Ein-One can't have haw and one have gee: steins and Curies may do, what Her- To gee or haw you must agree So law is not peculiar to the chil- bert Spencer called "the unknowable" And then go forward, gee or haw, Accordingly, without no jaw-

will always elude him. But as long as he follows the gleam And that's good sense, and that's good he will be man, as God made him. law. (Copyright).

(Copyright).





Dine well and wisely and the cures of life will slip from you; its vexations and annoyances will dwindle into nithingness."

HEALTH VALUE OF FRUITS AND VEGETABLES.

Vegetarian schools have great faith in tomatoes as a medicine for bilious-

> in large quantities which 'is found in that

Rhutarb or pie plant, when properly cooked, is a good laxative, while its agreeable acid is cooling and stimulating. The tender green leaves, combined with other greens, ari especially good served as greens. Lettuce is considered a sure reinedy

for nervousness and insomnia. Even Shakespeare has one of his characters remark: "Did I eat any lettuce to supper last night that I and so sleepy?"

And of water cress, "a cheag but wholesome salad from the brook." Containing so much sulphur, this dainty little green tends to purify the blood. This sulphur, in vegetable form, is all ready to be assimilated, while the form we buy is not.

Dandelion greens carry a high percentage of iron, while the tender young leaves make a fine salad. Mixed with potato, it improves both kinds. Spinach, which is called the broom

of the blood, stands at the head of vegetables in percentage of iron. This vegetable has a most healthful action on both bowels and kidneys.

those who would be ultra fine. Molds





The onion, too often snubbed by THE flapper and her younger sister of organdle set in the front of the I never look better than in the bodice with a wide hemstitched tuck a high place as a flavor vegetable, days of summertime, when simple dot- across it. The girdle is also made of stimulating, laxating and generally ted swiss, printed voiles and sprightly organdie and there are small bows of organdies clothe them in the fine organdie at each side of it. sheer cottons so well suited to youth. skirt hem is hemstitched. Everybody, from the little lady of Printed voile is shown in so many three to her grandmother, is wearing beautiful color combinations that these materials, and they are univer- every young girl may find the tint that sally becoming; but youth is at its pleases her most; printed dots or prettiest in them. They are very sim- squares on a white ground are popuply made for the younger girls, and lar and make up well with sither this simplicity accounts for a great white or colored organdie. The dress part of their charm, but sheer fabrics pictured is in lavender and white, with are lovely color mediums, and all the wide sash of white organdie. The flowerlike tints and tones we love ap- vestee of organdie has insertions of pear in this year's cottons. narrow val lace set in stripes, and the At the left of the picture above, the elbow sleeves are finished with a band little girl of eight or so appears in a of it. But the special glory and diglight blue dotted swiss. It has a nity of this frock is revealed in the baby waist with square neck opening wide shawl collar of organdie which finished withe a frill of blue organdie. makes the difference between the dress and three-quarter sleeves finished with of a young girl and that of her small a double frill of it. There is a panel sister.

ness and all forms of .liver trouble; this is because of the vegetable calomel

fruit.

dusively human.

It is impossible to look at the combs of a beehive without realizing that the creatures who made it know geomerry and architecture.

The cells are so constructed as to give the maximum of strength with the minimum of expenditure in the way of material.

So the Brooklyn bridge, or the dome of St. Peter's, is not a proof of human superiority.

There is a solitary eagle to be seen every day, soaring over a lake in westen Ontario. Once he had a mate. But she disappeared one winter. Since then the widower has never married. The natives say that it is the habit of these birds to be perpetually true to their first and only love.

Se constancy is not the exclusive virtue of our race.

When Christ wanted to express his affection for Jerusalem, he could think of nothing better to say than that he would have gathered its people about him, as a hen gathers her chickens under her wings. This timid bird will face any peril if she thinks that her young are in danger.

In the same way the bear of the North woods, which will fly before man under ordinary circumstances. will fight to the death if she thinks her cubs are threatened.

So family affection and devotion do not set mankind apart from the rest of the animal kingdom.

Only the other day a raccoon at the Bronx zoological gardens in New York, was in danger of starving to death because the gatekeeper who had tamed

THE GIRL ON THE JOB How to Succeed-How to Get Ahead-How to Make Good By JESSIE ROBERTS Sanata and a state of the state AN AVERAGE JOB.

A average job, which can be filled by any girl, or do you want a career? If the latter, you must recognize the importance of sound training.



Mother's Cook Book THE ROMANCE OF WORDS The wisest pilgrim is the one who goes Along the highway, hour by hour con-HE number of slang words tent

To take the rain or shine the skies have sent: Who counts his riches in each budded rose; Each song the thrush through vernal branches throws; Each marvel of the sunrise; each dusk Of mystery and fragrant sacrament;

Each star that in the heaven burns and glows

PALATABLE DISHES.

HANDFUL of green onions, a A cupful of cooked rice, a cupful of RE you going to be content with an thick white sauce, a cold hard-cooked egg and a little cheese may make a very palatable luncheon dish. Cook the tender young onions until well done; drain. Butter a small baking Take two girls. Both determine that dish and put in the rice, cover with stenography is the opening they will the drained onions, add a sprinkling seek. One takes the usual course and of grated cheese the white sauce and enters an office at the ordinary salary. bake until bubbling hot. Serve from She can do the average thing, and that the dish. The rice should be well seapurifying the whole system. Beets are a nerve tonic, make new blood; the Greeks held the beet ideal

for brain workers. Cucumbers are rich in potassium and phosphorous; even in anzient times they were used for the complexion, internally as well as externally. Carrots rank still higher in these days with the beauty specialist; when eaten raw, one a day, they are a sure cure for a muddy complexion.

Grapes are one of the favorite fruits and are usually taken by all with cleansing and tonic effect.

All art starts from simplicity; and the higher the art rises the greater the simplicity .- William Morris. How can any one start the day pioperly if he wakes in a room where the paint and wall-paper are constantly making faces at the furniture?

DAINTY COMPANY DISHES.

A dish of baked bananas to perve with broiled steak is a most appelizing

dish and is prepared hus: Remove the peeling from a half dozen farge bananas, scrape to remove all the coarse threads and lay in a wellbuttered glass

baking dish. Grate the rind of an orange and one-half a lemon and add the juice of each with one-half cipful of sugar. Pour over the bananas, adding two tablespoonfuls of bitter. Baste during the baking, about tventy minutes.

Sour Cream Pic.-Beat the yolks of four eggs until light and creamy add a cupful of sugar, the same of chepped raisins and sour cream, with onefourth teaspoonful of cloves. Place in a double boiler and cook until sriooth and thick. Line a pie plate with rich pastry and bake the crust. Fill with the mixture, cover with a meringue, using the whites of the eggs mixed with four tablespoonfuls of sugar. Heap roughly over the top and place is the oven to brown lightly.

Pear Salad .- Take halves of reeled very ripe pears, or the canned veriety may be used if drained. Sprinkle with a teaspoonful of lemon juice and fill the center with a ball of cream cheese. Place on lettuce leaves and cover with a dressing made with the pear juice, if canned fruit is used, or with a little pineapple juice, olive oil, catsup, lemon juice and paprika, with dash of salt, and sugar if fresh

SASH FOR SUMMER WEAR IS NARROW TO SUIT OCCASION



THE sash is one of those items of | picture calls to mind Spanish com



"BLIGHTY."

A and phrases which have

slipped into the language by rea-

son of the Babel which resulted

when men of many nations gath-

ered in the great melting pot of

the allied army is a long one,

but one of the most typical is

"blighty"-the English collo-

Prior to the commencement

of the recent great World war

the majority of the British army

was stationed in India and

much of their slang consisted

of words and phrases adapted

from the language of the na-

tives. "Belait" is a common In-

dian name for England, and, as

if to add another parent to the

ancestral tree of "blighty," the

inhabitants of Hindustan speak

of "home" as "bhilati." The

similarity of the two expres-

quial equivalent for "home."

tent with the average job. (Convright) (a 1921; Western Newspaper Union.)	The other girl isn't satisfied with such a future. She takes Spanish and Prench, and studies English, both com- mercial and cultivated. She studies he requirements of a big position, and works for it. She puts in an extra year of work before accepting a posi- tion and once at work she continues her studies. She will be one of the few thorough- by equipped women for the position she has in mind. She will get that po- sition in time. And she will be mak- hig two or three times what her friend is at the end of ten years, and have, nent position and real recognition. Be- cause the thoroughly trained person is rare, and the firm who secures her won't let her go if it can help itself. A girl can specialize in bank work, in technical work, secretarial work or the one line of stenography. There each the trained and ambitions worker	g. h. hanas, press small box of eserving part er lightly and reve in glass am to which served straw- cold. er the simple rts appeal to dishes, when hways accept- e. et. vo cupfuls of ch milk. Mix juice, add a en stir in the ll curdle but oth and very bet glasses. British soldier, and it was not obsolved, and as an adjective when he wanted to express something connected with his return. A "blighty wound," therefore, meant an injury se- rious enough to necessitate be- ing sent back home to England. While the word failed to gain great popularity among the American soldiers, it appeared with considerable frequency in stories and reports from the front and will doubtless be used far more widely than before. (Copyright.) Potentially Genuine. "Waiter, I ordered chicken soup." "That's it, sir—young chicken soup."	ripe peeled peaches through a sieve, add a cupful or less depending upon the sweetness of the fruit and the taste of the family. Beat the v hites of three eggs until stiff, then feld in the peaches and cream. Pous into a well-buttered baking dish and bake in water until firm. Serve with whipped cream. Vegetable Dish.—This is the season to cook young onions, carrots and peas together, adding a bit of browne i salt pork cut in bits, a cupful of mil and seasonings, just as it is ready to serve. Cut the carrots and onions in thin slices. Potato Souffle.—Boil and mash ten potatoes, press through a sieve add two onions chopped fine, three slices of bacon, chopped, the yolks of four eggs well beaten; two tablespoinfuls	ornamental. We have it with us this summer in many developments, from narrow girdles with floating ends that are mere finishing touches of color, to gorgeous affairs made of brilliant brocaded ribbons, that dominate the costume. The dress becomes a back- ground for these pretentious acces- sories when they are made of such splendid stuff. On midsummer dresses of sheer materials sashes are often made of the same fabric as the dress, and oc- casionally, narrow ribbon is used with these fabric sashes. Girdles of fabric finished with bows and long ends of narrow ribbon make a happy combina- tion, but the handsomest and dressiest sashes remain, as they always have been, of ribbons. Three of them are illustrated here, found among the sim- pler designs, for sashes have been much elaborated by combining ribbons of different colors in them and by rib- bon flowers and ornaments. The broad Egyptian sash, tied in front and held	and knotted at the side. A short hang- ing loop and two diagonal ends spread themselves over the skirt, finished off with a rich knotted fringe. Such sashes are usually in one of two col- ors used in the dress. A handsome brocaded ribbon makes the gorgeous sash finished with very long-knotted fringe across its straight ends. A sash of this kind is usually tied in a knot or looped over, and is worn with dresses of fine material, simply made, and in a dark color. These dresses feature the sash-abd these sashes "make" the dress. The generous sash of light-colored satin ribbon at the top of the picture is very wide and is ornamented at each side with ribbon flowers. It is draped loosely about the waist and has short full loops and long ends at the left side. It is meant for lace and the handsomest of lingerie frocks.
	In technical work, secretarial work or for hig business. And this is only in the one line of stenography. There are hundreds of other lines, and in each the trained and ambitious worker will be at a premium. Don't be con- tent with the average job.	nen stir in, the in curdle but both and very bet glasses.	eggs well beaten; two tablespoinfuls of chopped parsley. Add a cup ul of milk, mix and fold in the stiffly teaten whites. Bake in a buttered dish until puffed and brown. Serve at once.	plef designs, for sashes have been much elaborated by combining ribbons of different colors in them and by rib- bon flowers and ornaments. The broad Egyptian sash, tied in front and held by some sort of jewelry, is seen on some of the smart imported models.	has short full loops and long ends at the left side. It is meant for lace and the handsomest of lingerie frocks. Julia Bottomley