S WOMAN ELIEVED FROM SUFFERING

dia E. Pinkham's Vegetable pound. A Remarkable Story

er, Del.—"I wish every woman take your wonderful medicine as it has done so much good to me. I had cramps and faint spells and very bad pains. One day I was over to my neighbor's house and she told me I ought to take Lydia E. Pinkham's Vegetable Compound. So I went to the store on my way home and got a bottle, and took the first dose before sup-

I have been taking it ever since, can hardly believe how different I had just wanted to lie in bed time, and when I started to brush would give out in about ten min- So you know how badly I felt. I to go to bed at eight and get up at still tired. Now I can work all stay up until eleven, and feel all the time. My housework is in summer, but in winter I work tory. I have told a good many friends, and I have had three to me and tell me they wouldn't about the Vegetable Compound." SAMUEL MURPHY, 219 Cecil St., Delaware.

SPOHN'S DISTEMPER COMPOUND

make chances of your horses or mules hold up with Distemper, Influenza, Lungs, Laryngitis, Heaves, Coughs or Give "SPOHN'S" to both the sick the well ones. The standard remedy years. Give "SPOHN'S" for Dog Dis- 50 cents and $1.20 at drug stores. N MEDICAL CO. GOSHEN, IND.

Head Noises and Deafness

frequently go together. Some people only suffer from Head Noises. LEONARD EAR OIL relieves both Deafness and Head Noises. Just rub it back of the ears, in drop in nostrils and follow directions of Dr. J. B. Bergeson for "Care of Hearing," enclosed in each package. Leonard Ear Oil is for sale everywhere. Interesting descriptive folder sent upon request. A. L. Leonard, Inc., 70 5th Ave., New York

Britain Speeds Mail

il from America recently was the 226 miles from Plymouth to in three hours and fifteen the train attaining a speed miles an hour at times.

ssionally a girl of the period a fast young man to a full stop.

re fire: If people don't laugh, ke isn't good.

"CASCARETS" FOR LIVER AND BOWELS—10c A BOX

t Stay Dizzy, Bilious, Headachy, Sick or Constipated.

Feel fine! Let "Cascarets" clean your bowels and stimulate your liver. No griping or overacting. Millions of men, women, and children take this harmless laxative-cathartic. It sicken you like pills, oils, calo- and salts. Tastes nice—acts wonderful. Sold at drug stores.

CROUP! Relief Begins in Three Minutes

Mother! Don't be frantic with fear when your child wakes up at night choking with croup.

Just give a pleasant tasting spoonful or two of Cheney's, as millions of mothers have done. See how thankful you will be when that labored breathing stops and in a few minutes the little one is sleeping peacefully again. Mothers who once use this quick, dependable remedy always keep an inexpensive bottle on hand.

for Coughs, Croup, Colds CHENEY'S EXPECTORANT Quick and Dependable

Teamster's Life Saved

"Peterson Ointment Co., Inc. I had a very severe sore on my leg for years. I am a teamster. I tried all medicines and salves, but without success. I tried doctors, but they failed to cure me. I couldn't sleep for many nights from pain. Doctors said I could not live for more than two years. Finally Peterson's Ointment was recommended to me and by its use the sore was entirely healed. Thankfully yours, William Haase, West Park, Ohio, March 22, 1915, care P. G. Reitz, Box 199." Peterson says: "I am proud of the above letter and have hundreds of others that tell of wonderful cures of Eczema, Piles and Skin Diseases." Peterson's Ointment is 35 cents a box. Mail orders filled by Peterson Ointment Co., Buffalo.

A COLD TODAY—DON'T DELAY

HILL'S CASCARA QUININE

Cures Colds in 24 Hours La Grippe in 3 Days

HILL CO., DETROIT.

YULETIDE BRINGS PRETTY TRIFLES

Christmas Pillows

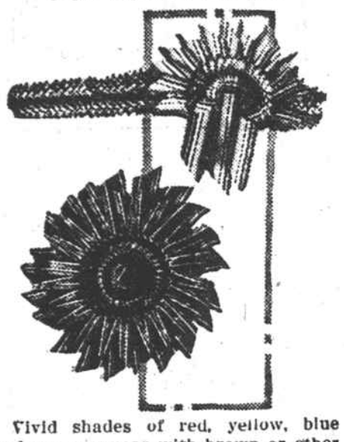
Handsome and comfort-giving cushions are among the Christmas gifts that always delight either men or women. These cushions are very practical when made of black satin or sateen and decorated with a band of wide figured ribbon.

These black cushions are decorated on one side, sometimes with bow knots or other motifs made of narrow gold ribbon and small silk flowers, stitched down at the edges.

Novel Shopping Bag

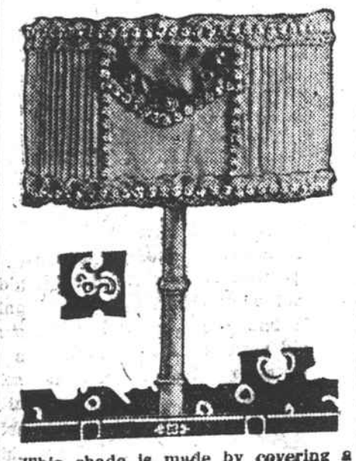
A novelty in shopping bags is added to the list of these always-welcome gifts this year. It is about ten inches long and is made of light brown and white suede leather or of suede velours or duvetine and lined with silk. The pipings, pointed insets and fringe are in white. When other fabrics than suede leather are used the fringe may be of ribbon or silk.

New Ribbon Girdles



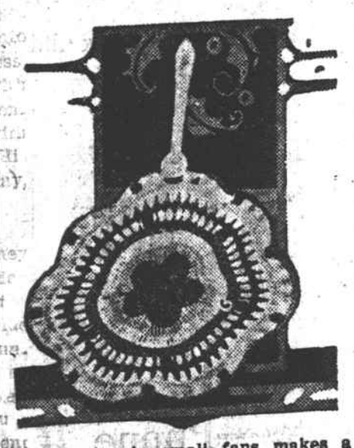
Vivid shades of red, yellow, blue and green appear with brown or other dark colors in fashionable new ribbons, and often the glint of gold is added. These ribbons are liked for girdles and rosettes to brighten up the quiet and simple frocks that good taste approves. They are worked up in many ingenious ways and women are enthusiastic about them for Christmas gifts; a girdle and a corsage ornament are shown here. Short lengths with bias ends and braided strands are used.

Shade for Table Lamp



This shade is made by covering a wire frame with fine crepe paper in rose color and placing over this another color in plain and plaited panels. Ruchings of the crepe paper with tiny roses set in them finish the edges and decorate the plain panels.

Crocheted Fan



A novelty in small fans makes a pretty gift, and this year brings one covered with plaques, crocheted with silk floss in bright colors. A little palm leaf, or Japanese, fan will provide a foundation. Edges of the plaques are sewed together and the handle may be wound with narrow ribbon and finished with a bow.

ORCHARD GLEANINGS

TO BE SUCCESSFUL IN SPRAYING FRUIT TREE

The manner in which spray materials are applied is all-important, observes a Clemson college writer. The first essential is that every fruit and leaf on the tree or vine should be covered with a thin film of spray; and to do this the spray must be applied with sufficient force to produce a fine mist which covers and adheres to the fruit and leaves. The nozzle on the end of the spray rod should be set at an angle of about twenty-five degrees. This will enable the operator by turning the rod to force the spray upward as well as downward in order that both sides of the fruit may be covered.

The foliage and fruit on the branches near the center of the tree should be thoroughly covered with the spray by thrusting the spray rod through the opening in the branches from at least three or four positions. In applying the spray it is necessary to take advantage of the wind. Otherwise the spray will be driven away from the tree rather than toward it. With a little experience in handling the spray rod, one will soon understand how this is done.

While every portion of the fruit and foliage should be covered with spray, the nozzle should not be held in one position long enough to drench the foliage, but should be moved slowly to prevent loss of spray by dripping from the foliage.

The effectiveness of the spray will depend to some extent on the weather conditions. Frequently rain will prevent the spray being applied at the proper time, and it is during this moist period that the fungous diseases develop most rapidly. When heavy rains occur immediately after the spray has been applied and before it has had time to dry, a second application should be applied as soon as possible.

Must Spray While Fruit Trees Are Still Dormant

Those orchard owners who have not already sprayed for San Jose scale are reminded by the college horticulturists and entomologists that this work, to be effective and free from injury to trees, must be done while the trees are still dormant.

The presence of San Jose scale in an orchard may be recognized, says Prof. A. F. Conradi, entomologist, Clemson college, by a grayish incrustation on the bark. This is caused by the insects completely covering it. Rubbing the bark with a knife handle or the thumb nail will cause an exudation of a yellowish liquid caused by the crushing of thousands of these orange-colored insects. On the fruit it may be recognized by reddish spots. When the bark is cut it shows a reddish color, and trees heavily infested are dying back.

One of the approved winter sprays should be given without delay. These sprays cannot be given in the summer when the trees are in foliage and should be applied before the buds start.

The two sprays most effective are lime-sulphur spray or oil emulsion. The lime-sulphur spray may be purchased in the market or it may be made at home either by steam or in an ordinary kettle, as directed in Information Card No. 31, which may be had upon application. The oil emulsions may be purchased in the market or they may be made at home according to directions furnished upon application.

Should Spray Back Yard Trees in Proper Season

Back yard fruit trees should be sprayed in proper season to insure good fruit and freedom from disease. For oyster-shell, scurfy and San Jose scale on apple or pear trees, spray when trees are dormant, using two quarts of lime sulphur to five gallons of water. Cover the trees thoroughly. For apple scab, curculio, spring canker-worm or green fruit worm, spray when the blossom buds have separated but before individual blossoms have opened, using one quart of lime sulphur to five gallons of water, or bordeaux mixture to which two and one-half ounces dry arsenate of lead is added. The second application should be made when 95 per cent of the blossom petals have fallen, using one pint lime sulphur, one and one-half ounces dry lead arsenate to five gallons of water. This should catch the codling moth in addition to the pests mentioned for the first application. Another application should be given two or three weeks after the petals have fallen, to make a clean job of it.

Horticultural Notes

Grape pruning should be done before extensive growth is under way in the spring.

* * *

Clean up and burn all dead and dying limbs in the orchard to prevent shot hole borer.

* * *

The farm orchard needs spraying just as badly as the commercial orchard. Today a commercial orchard owner wouldn't think of growing fruit without spraying.

* * *

When received, have nursery stock unpacked at once and heeled in the ground until ready for planting, being careful at all times not to expose the roots unnecessarily.

* * *

A grape grower of California accidentally discovered a method which will prevent sulphur fumes from hurting the eyes while fumigating with that material. He bathes the eyes in water in which sugar has been dissolved. It is said there is no inflammation or soreness when sweetened water is used.

The Kitchen Cabinet

(©, 1924, Western Newspaper Union.)

If you wish to appear agreeable in society you must consent to be taught many things which you know already.

TAPIOCA DISHES

Tapioca is a dessert which may safely be served to the children. It is especially inviting when combined with fruit. Take one cupful of sugar, one-half cupful of quick cooking tapioca, one-half teaspoonful of salt and three cupfuls of boiling water. Cook until the tapioca is transparent, then pour it into a well-greased baking dish and cover the top with peeled and quartered apples. Bake until the apples are done. Serve hot or cold with sugar and cream.

Maple Tapioca.—One may use one and one-fourth cupfuls of brown sugar with a half teaspoonful of maple flavoring if the maple sirup or sugar is not at hand; add one-half teaspoonful of salt and three cupfuls of boiling water to one-half cupful of tapioca. Cook in a double boiler after the first ten minutes of cooking and serve cold with cream.

Tapioca Custard.—Soak two-thirds of a cupful of tapioca one hour in cold water, drain, then add to four cupfuls of scalded milk and cook in a double boiler for half an hour. Beat three eggs slightly, add one-half cupful of sugar, one teaspoonful of salt, and pour on gradually the hot mixture. Turn into a buttered baking dish, add one tablespoonful of butter and bake thirty minutes in a slow oven.

Tapioca Rabbit.—Cut fine one cupful of rich cheese, add it to a pint of milk, one-half teaspoonful of salt, one level teaspoonful of mustard, red pepper to taste, and two level tablespoonfuls of quick-cooking tapioca. Cook until thick in a double boiler or chafing dish and just before serving add a well-beaten egg. Serve on toast or crackers.

Peach Tapioca.—Drain a can of peaches, sprinkle with powdered sugar and let stand one hour. To one cupful of tapioca, add three cupfuls of boiling water, one-half cupful of sugar and one-half teaspoonful of salt. Cook until the tapioca is transparent. The peach juice from the can may be used, adding enough water to make the three cupfuls of liquid. Line a mold with the peaches, fill in the tapioca and bake thirty minutes. Serve with cream.

When I was one-and-twenty
I heard a wise man say,
Give crowns and pounds and guineas,
But not your heart away;
Give pearls away and rubies,
But keep your fancy free.
But I was one-and-twenty,
No use to talk to me.
—A. E. Housman.

GOOD THINGS IN SEASON

A drink which will keep and may be used in hot weather can be prepared now from cranberries.

Cranberry Juice.—Take five quarts of cranberries, scald them until their skins crack, then strain through a fine cloth. Make a sirup of two pounds of sugar and one quart of water, then mix all together to make four quarts. Bottle and seal and when used, fill the glass with crushed ice and pour in the juice to fill the glass.

Pineapple Cake Dessert.—In an iron spider put one cupful of brown sugar and one-half cupful of butter. When melted lay in as many slices of pineapple as the spider will hold and cook gently for ten minutes, then pour over the following mixture: Cream one-fourth of a cupful of butter, add one cupful of sugar, two eggs, yolks and whites beaten separately, one and one-half cupfuls of flour, two teaspoonfuls of baking powder, one-half cupful of milk and one teaspoonful of vanilla. Cook on top of the stove for one minute, then put into a hot oven for forty minutes. Turn out on a platter, cool and serve with whipped cream.

Carrot Marmalade.—Wash and scrape enough carrots when put through the meat chopper to make three cupfuls. Boil or steam until tender. Wash and peel two oranges, putting the peeling from one orange through the meat grinder and cutting the other in fine strips. Place these in water and boil until tender. To the hot carrots add four cupfuls of sugar, the juice of three lemons and orange pulp cut into bits, one cupful of water, using the water in which the orange peel was cooked. Cook all together until the sirup is thick and the fruit is clear. Three slices of pineapple may be added in place of the orange, making a different flavored marmalade.

Fruit Salad.—Cut in halves and remove the seeds from Tokay grapes. Slice into small bits celery and firm juicy apple, combine equal parts and mix all together with French dressing. Arrange on leaves of lettuce, mixing a few broken leaves of iceberg lettuce with the other ingredients of the salad.

Do not add the pepper to a French dressing until ready to serve it, as it has a tendency to separate the dressing.

Nellie Maxwell

Famous Trotting Horse

Goldsmith Maid, the famous bay trotting mare, held the one mile trotting record from 1871 to 1874, taking it from Dexter in 2:17 and losing it to Rarus in 2:13¼. She lowered the record to 2:14 before losing it.

Mum's the Word

She had just been kissed.

"You'll pay for this!" she stormed. "I'll tell my father and he'll—"

"But, dear"—he started to object.

"Sh! Here he comes now."

POULTRY

BREEDING MALE IS OF BIG IMPORTANCE

With poultry, as with everything else, like produces like. Poultrymen, realizing the truth of this, are now making the final selection of their breeders for the coming spring, ever bearing in mind that what they select now will be multiplied in numbers next year.

First of all, says R. E. Cray, assistant specialist in poultry husbandry of the New York State Agricultural college, remember that the male is more than half the flock. The cheapest male is the one with a pedigree record, stamina, and body conformation; the most expensive male is the scrub which you usually get when exchanging with a neighbor. Remember that egg production must be bred in, in order to be fed out.

The good producer has body type of capacity measured by its length, depth, and width of body, a lean face free from wrinkles, and a large, prominent eye. The head should be well balanced, broad and deep, with every line denoting strength. The skin should be soft and pliable and the shanks smooth and flat. Above all, the breeder should show no signs of sickness, but its personality should denote health, vigor and interested activity.

Only use those birds for breeders which have completed at least one year's production and which were culled vigorously during the period. Remember that you culled to eliminate the poor producers so that you would not breed from them, and then decide how many poor birds you would produce if you were to breed from the pullets which you now have.

The comparative number of males and females varies with the breeds, as follows:

Leghorns	1 male to 15 females
Anconas	1 male to 15 females
Rocks	1 male to 10 females
Reds	1 male to 10 females
Wyandottes	1 male to 10 females

Give the breeders plenty of exercise, allowing them out in the yards when the weather permits. Keep the litter dry and deep and the house well supplied with fresh air.

High fertility and stronger chicks will result if the breeders are not forced. It is best to keep them below 50 per cent production; 12 per cent animal protein in the mash is sufficient.

Scaly Leg in Fowls Is Very Easy to Eradicate

Scales on the legs of fowl are caused by a small parasite which burrows under the small scale-like covering of the legs and once safely imbedded, multiplies rapidly, thus causing the upraising and enlarging of the scales until they become unsightly and, if allowed to progress undisturbed, will result in lameness and irritation.

Treatment for scaly leg is very simple and once thoroughly eradicated, there is little fear of a return provided the quarters are kept clean. First clean the houses well and burn all trash. Give roost poles a thorough cleaning with any sort of crude oil or with common kerosene, being sure that every part is reached. Now catch all fowls infected and dip their legs into a vessel filled half-full of a mixture of lard and kerosene, equal parts. Hold in mixture five minutes.

One treatment usually effects a cure. If not, the treatment may be repeated in four or five days. Sometimes it is necessary to rub the mixture in with a soft brush, or with the fingers; the main point being to see that the oil reaches all parts of the scales. This destroys the parasites, after which the scales drop off and the legs become smooth and natural.

Early Hatches Favored

A late hatched chick will never develop as rapidly, economically, or reach maturity in as short a time as earlier hatches. Most of the late stock will always appear rather immature, never attain sufficient size, and will not start laying early enough to hit the market of high egg prices. With late hatched birds a proper feeding method will help but cannot work the miracle of making something worth while out of nothing.

Good Egg-Laying Mash

A good laying mash can be made of 100 pounds each of ground oats, ground corn, middlings, bran and meat scrap. If you have plenty of sour milk to feed the hens, reduce the meat scrap one-half. Equal parts of cracked corn and wheat makes an ideal fall scratch grain ration. You can obtain a very practical bulletin on poultry feeding by addressing the Michigan Agricultural college experiment station, East Lansing.

Few Pullets Too Fat

In order to properly produce, a pullet should be in prime condition. The fear of having hens too fat has been drilled into all of us so long that we are beginning to feel about the same in regard to pullets. There are more pullets that are poor producers because of improper condition than there are those that are too fat in the fall. Sometimes it seems that one could be safe in stating that a pullet going into winter quarters cannot be too fat.

No Perfect Breed

There is no perfect breed of chickens and no breed that cannot be improved. Individuals of nearly all breeds have been developed, which come very near to perfection both as to type and ability to produce. The Buff Orpingtons deserve their popularity, for they are excellent utility birds. As mothers they are simply unexcelled and for this very reason seem to be a little over-inclined to broodiness. They are good layers and do well with ordinary care.

Genuine BAYER ASPIRIN

SAY "BAYER ASPIRIN" and INSIST!

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians 24 years for

Colds	Headache
Pain	Neuralgia
Toothache	Lumbago
Neuritis	Rheumatism

Accept only "Bayer" package which contains proven directions.

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

Lest We Forget

Belgian Consul C. J. Simon said at a dinner in San Francisco:

"Let us be just to the Germans—and justice commands us to forget their atrocities.

"One day in Belgium, before your country had entered the war, a Chicago correspondent with a camera said to a German officer:

"'Captain, will you permit me to take a few of these chateaux around here?'

"'Why, certainly, my boy, if you can do it,' said the captain, and he gave the Chicago correspondent a look full of admiration. 'You Americans do beat the devil for efficiency. I've taken a couple of grand pianos and eight grandfather's clocks and five life-size marble statues myself. But chateaux! Well, go ahead, my boy, if you can do it.'"

Green's August Flower

The remedy with a record of fifty-eight years of surpassing excellence. All who suffer with nervous dyspepsia, sour stomach, constipation, indigestion, torpid liver, dizziness, headaches, coming-up of food, wind on stomach, palpitation and other indications of digestive disorder, will find GREEN'S AUGUST FLOWER an effective and efficient remedy. For fifty-eight years this medicine has been successfully used in millions of households all over the civilized world. Because of its merit and popularity GREEN'S AUGUST FLOWER is found today wherever medicines are sold. 30 and 90 cent bottles.—Adv.

India Likes U. S. Hose

India is taking to hosiery made in this country, and is buying cheap cotton, silk, artificial silk and lisle stockings manufactured here.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription.

Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once.

However, if you wish first to test this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing, be sure and mention this paper.—Advertisement.

His Quest

Doorkeeper of Movie Theater—"So you want to see a boy inside, eh? Who is it?" Boy (confidentially)—"Me!"

Hanford's Balsam of Myrrh

should be in every home. Unexcelled for Cuts, Burns, Wounds and Sores. Heals quickly. Three sizes; all stores.—Adv.

Called Back

"Have your neighbors called yet?"

"No. I guess they heard what we called them, first."

Dr. Peery's "Dead Shot" not only expels Worms or Tapeworm but cleans out the mucus in which they breed and tones up the digestion. One dose does it. Adv.

Take your troubles to your minister, your doctor or your banker; all three are great helpers.

Proposes Again

"But I gave you the mitten last week."

"That is why I came back," said the young man. "I might as well have a pair."—Louisville Courier-Journal.

How's Your Liver?

Ogretta, N. C.—"I contracted malarial fever, while in Oklahoma, and all at once my whole system began to decline. There seemed to be almost everything wrong with me, especially indigestion and bad liver trouble. I tried several doctors, but none seemed to give me any relief. Finally I came back to North Carolina. Then, I began taking Dr. Pierce's Golden Medical Discovery, took it about one month, and I have never had chills since. The terrible liver trouble and indigestion which I had are gone and I am enjoying good health."—Walter R. Martin.

All dealers Tablets or liquid.

The Household Necessity

For cuts, burns, blisters, rashes, wounds, or skin troubles of any kind. Soothing and healing. Keep it always in the house. In tubes or bottles. Look for the trademark "Vaseline" on every package. It is your protection.

Chesebrough Mfg. Co. (Cons'd) State Street New York

Vaseline

PETROLEUM JELLY

MUNYON'S PAW PAW PILLS for Constipation

A mild, effective laxative. Quickly relieves ills and discomforts resulting from sluggish liver and bowels. Munyon's Paw Paw Tonic makes you well, keeps you young. "There is Hope" AT ALL DRUGGISTS. Satisfaction guaranteed or money refunded. MUNYON'S • Scranton, Pa.

RESINOL

Soothing and Healing For Skin and Scalp Troubles

It is an inefficient man who, in order to get along, wants to take the world into business partnership.

To improve your memory do something that you would be glad to forget.

CHILDREN CRY FOR

Fletcher's CASTORIA

MOTHER:— Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of Chas. H. Fletcher. Proven directions on each package. Physicians everywhere recommend it.