

# Inspecting New Sheets Benefits Buyer

By DOROTHY GRAHAM  
CP&L Home Economist

The January White Sales are now underway and the wise housewife will take advantage of these to replenish her sheet supply. The following information may help you to make wiser selections. Remember good selections mean more money for you.

Every reputable manufacturer of sheets affixes a label for your protection. Read it.

You need to look for the weave. This should be firm, close and uniform. It is wise to hold the sheet in the light to see that it is woven uniformly. The selvaige should be firm and neat with no loose threads.

The amount of sizing in the sheet will also affect its wearing qualities. Sizing is the term used for the starch that is added to the yarns to give them body for weaving. In the proper amounts you get a good product, but in excessive amounts you get a low grade one. Before you buy, rub parts of the sheet together over the counter top. If a white powdery substance comes out, the sheet may contain too much sizing and may be limp when washed.

You want to watch the sheet measurements to get sheets wide and long enough to fit the bed. When a manufacturer tells you the length of a sheet, he means the length before hemming.

Hemming usually shortens a sheet 10 inches. The width given on the label is the actual width. If you want plenty of tuck-in for the lower sheet and coverage for the top, buy the 108-inch length and one that is 24 inches wider than the mattress.

# Toweling Makes Kitchen Bright

Dish Toweling Adds Color—Dish towels can be a delightful and colorful addition to the kitchen. Toweling can be used with striking effect for curtains, tablecloths, place mats, aprons, as well as for drying dishes. When you buy dish towels, look for quality in the material—it will give you maximum service and satisfaction.

Read the label, examine the material before you buy—fiber content, colorfastness, and other washing instructions should be found on the label. Before investing in a large supply of one particular color or of towel, purchase one or two and test them in your washer.

Choose a firm, rough textured fabric that is not too thin. Kitchen "crash" is the term used to describe toweling that has a hard texture to reduce linting. The hard texture of crash also makes towels more absorbent.

A world of fun can be had in decorating your kitchen and dining area with kitchen toweling. The only limit is that of your imagination!

Cleaning Piano Keys—Water and not enough sunlight will turn ivory piano keys yellow. To clean these yellowed keys, use a soft flannel dampened with wood or denatured alcohol. Then be sure that your piano keyboard is uncovered part of the time. On some new pianos, plastic keys are being used. These may be cleaned with a damp cloth.

# Neighbor Rescues Fire Chief from Porch Roof

Jacksonville, N. C. (AP)—It wouldn't have been quite so embarrassing if it had happened to anybody but a fire chief.

R. O. Wrenn, in charge of the firefighters at the nearby Camp Lejeune Marine Base, was putting up screens at his home here. Standing on the porch roof, he snapped the last screen firmly into place.

Then he realized he couldn't get back into the house, and the ground was a long jump down.

A neighbor—a woman, at that—came to the rescue with a ladder.



**GREAT OAK**

Austin Nichols  
\$2.00 pint  
\$3.20 8 1/2 oz.

86 proof, 70% Grain Neutral Spirits  
Austin Nichols  
COLUMBIA, S.C.



**a Vaccine will mean Victory!**

Join the **MARCH OF DIMES**  
January 2 to 31

IT WILL TAKE MORE IN '54!

# How to Cook Root Vegetables

By RUTH CURRENT  
State Home Demonstration Agent

Root vegetables are in season the year round. Strictly speaking, not all vegetables that grow underground are roots—white potatoes are tubers; onions are bulbs. But for cooking purposes we'll call them all roots.

Scrub root vegetables well before cooking. Start them in boiling salted water—about 1 teaspoon of salt to a quart of water. Young, tender roots need only enough water to prevent them from sticking to the pan. For older roots, have enough boiling water to cover.

To keep the flavor of onions and turnips mild, leave the kettle uncovered. To speed the cooking of others, put on the lid.

Boil root vegetables whole in their skin unless too strong or too tough. Nature grew this jacket to hold in food value and flavor. If you must, make the peelings thin or scrape no more than skin deep.

To keep beets from losing their bright red color, leave on the long tap root and an inch or two of stems. A quick dip into cold water loosens the jacket on a cooked beet so it slips off like a glove.

A good way to use left-over lamb or beef is in a meat pie. Partially cook vegetables. Then place the vegetables and meat, cut in cubes, in a baking dish. Top with baking powder biscuit crust or left-over mash potatoes whipped up with a little milk and used as a top. If potato topping is used, do not use potatoes in the pie.

Since 1850, the western part of the United States has been growing faster than the east.

# New Fabrics Need Careful Laundering

It is difficult to know where to begin or to end when giving instructions for laundering the wide variety of new fabrics now on the market. The rapid changes in the uses of the new synthetic fibers, the many blends like, orlon-wool, orlon-cotton, and the construction of the garment make it difficult to give specific instructions for every garment you may have.

Common sense is the key to good care, for we have found these garments of new synthetics are a delight to own because they launder so easily. We can give some general recommendations for this laundering.

First, check very carefully the garment construction. Are the seams generous? Is the fabric or the trim the same as that of the garment?

Secondly, buy garments of blended fibers which have synthetic fiber content greater than the natural fiber content. For example, one where the orlon fiber is in larger portion than the wool fiber.

Next we shall probably drip dry many of our garments of these newer fabrics. To drip-dry means exactly what it says—drip until dry. The weight of the water does the pressing and ironing for us.

We need to remember to use well shaped wooden coat and skirt hangers for this type of drying. If the shoulders are broad, pad the hanger with wash cloths to prevent creases caused by drying and drooping.



# News from NORTH RIVER

Jan. 11—Mr. Cedric Beachem spent last weekend in Raleigh visiting friends.

Miss Emma Perry visited friends in Florida last week.

Mrs. Lucy Willis of Morehead City visited her sister, Mrs. Polly Fulcher last Sunday.

Mrs. M. C. Mitchell and grandchildren, Carol and Lloyd Walker of Manteo visited her daughter-in-law, Mrs. Morris Mitchell and grandchildren at the home of Mr. and Mrs. Nelson Arthur.

Mr. and Mrs. Carl Pridgen visited his parents, Mr. and Mrs. M. D. Pridgen during the holidays.

Mrs. Nellie Fulcher returned home from Morehead City Hospital last Wednesday.

The Visitation Committee met last Friday evening at the home of Mr. and Mrs. W. J. Dail. Mr. Pouk was in charge of the meeting. He assigned each member a number of inactive church members to visit during this month.

Mrs. Lottie Collins visited Mrs. Nellie Pridgen last Wednesday.

Mr. and Mrs. Lloyd Smith and children have not yet returned from New Jersey.

Mrs. J. S. Fulcher returned home from Bladen County Saturday, where she was called last week due to the serious illness of her brother.

Mr. and Mrs. David E. Hudson Jr. of Richmond, Va., visited her parents, Mr. and Mrs. W. J. Dail over the New Year weekend.

Lt. and Mrs. Clyde Moore had

their baby christened at the Webb Memorial Presbyterian Church in Morehead City last Sunday.

Mrs. Clyde Moore and son, Clyde Jr., arrived here yesterday from Harrison, Va. She will be here

for the next two weeks with her mother, Mrs. Lottie Collins, while her husband is in New Mexico.

Mrs. Morris Mitchell received a phone call Saturday from her husband who is in San Diego, Calif.

He had just arrived from Hawaii where he was stationed for a year. He is in the Coast Guard.

Only a few Eskimos know how to build snow houses.

Whales' stomachs often contain the beaks of octopuses and ambergris is thought to be the protective coating secreted in the whale's digestive organs to cover such hard objects.

YOU SAVE AN EXTRA 5¢ ON THE DOLLAR... BECAUSE...

# DOLLAR DAYS ARE 95¢

at



|                           |                     |   |                |     |
|---------------------------|---------------------|---|----------------|-----|
| Iona Or Packers Label     | PITTED PIE CHERRIES | 4 | No. 2 Cans     | 95c |
| Del Monte Or Libby's      | FRUIT COCKTAIL      | 4 | No. 303 Cans   | 95c |
| Iona California Halves Or | SLICED PEACHES      | 4 | No. 2 1/4 Cans | 95c |
| A&P Fancy                 | CRUSHED PINEAPPLE   | 4 | No. 2 Cans     | 95c |
| Packers Label             | ORANGE JUICE        | 4 | 46-Oz. Cans    | 95c |
| Pick Of Carolina Whole    | SWEET PICKLES       | 4 | 16-Oz. Jars    | 95c |

|                          |           |                |     |
|--------------------------|-----------|----------------|-----|
| Chicken of the Sea—White | Tuna      | 7-Oz. Can      | 39c |
| Chicken of the Sea—Bites | Tuna      | 3 1/2-Oz. Cans | 20c |
| Jiffy                    | Pie Crust | 9-Oz. Pkg.     | 15c |
| Toilet Soap              | Lux       | Bath Bar       | 11c |

Northern Toilet

# TISSUE

12 Rolls For 95¢

No. 303 Cans Iona Cut  
**GREEN BEANS**

No. 303 Iona Sweet  
**CREAM STYLE CORN**

No. 303 Iona  
**GREEN PEAS**

12-Oz. Can V-8  
**VEGETABLE COCKTAIL**

8 Cans Your Choice 95c

No. 303 Packers Label  
**TURNIP GREENS**

No. 303 Packers Label  
**MUSTARD GREENS**

80 Count Package Marcal  
**PAPER NAPKINS**

10 1/2 Oz. Can Ann Page Fancy  
**TOMATO SOUP**

No. 303 Cans  
**IONA CUT BEETS**

12 Cans Your Choice 95c

10 For 95c

A & P's Fine "Super-Right" Meats

Heavy Western Beef — Chuck Blade

# POT ROAST

Lb. 45c

Heavy Western Beef — Boneless

# ROUND STEAK

Lb. 85c

Heavy Western Beef — Lean Boneless

# STEW BEEF

Lb. 59c

Heavy Western Beef — Bone In

# PLATE STEW

Lb. 19c

Morrell Pride No. 10 Fancy  
**SLICED BACON** ... 1-Lb. Pkg. 69c

"Super-Right" Freshly  
**GROUND BEEF** ... Lb. 35c

"Super-Right" All-Meat  
**SLICED BOLOGNA** ... Lb. 45c

By the Piece—Streak Of Lean  
**SALT MEAT** ... Lb. 39c

Sultana Flaked Light Meat

# TUNA FISH

4 6 1/2-Oz. Cans 95c

Jane Parker  
**Bakery Favorites**

White Bread - 1-Lb. Loaf 14c

Cinnamon  
Coffee Cake - Ea. 19c

Golden  
Plain Donuts - Pkg. of 12 22c

**SPANISH BAR CAKE**

Each 29c

Swan Soap

3 Med. Bars 23c

Swan Soap

2 Lge. Bars 25c

Lux Flakes

Lge. Pkg. 28c

Toilet Soap  
**Lifebuoy**

3 Reg. Bars 25c

Toilet Soap  
**Lifebuoy**

2 Bath Bars 25c

Breeze

Gt. Pkg. 30c Lge. Pkg. 60c

Spry

1-Lb. Tin 33c 3-Lb. Tin 89c

Fruits & Vegetables  
Fresh Golden Crisp  
**CARROTS**

Bag 10c

**GRAPEFRUIT** 5 1/2's - 6's 4 For 25c

**BANANAS** - - - 2 Lbs. 25c

**TEMPLE ORANGES** - Lb. 10c

**APPLES** Virginia Winesap - - - 4 Lbs. 53c

**CELERY**, 2 1/2's - - - Lb. 14c

Nabisco Premium Crackers - - 2 1-Lb. Pkgs. 47c

Wesson Oil Ft. Bot. 35c Qt. Bot. 67c

Snowdrift 1-Lb. Tin 33c 3-Lb. Tin 89c

Herb-Ox Bouillon Cubes - - - Per Pkg. 8c

Kleenex Facial Tissues - - - 300 Sheet Pkg. 21c

Rinso - - - Lge. Pkg. 28c Gt. Pkg. 55c

Surf - - - Lge. Pkg. 29c Gt. Pkg. 59c

Silverdust Lge. Pkg. 29c Gt. Pkg. 57c

These Prices Apply to Stores in Beaufort - Morehead

## CONDENSED STATEMENT

# FIRST-CITIZENS BANK & TRUST CO.

Close of Business December 31, 1953

|               |                           |              |              |
|---------------|---------------------------|--------------|--------------|
| MOREHEAD CITY | BEAUFORT                  | GARNER       | NEWPORT      |
| SMYTHFIELD    | RALEIGH                   | ANGIER       | JACKSONVILLE |
| NEW BERN      | West Side Branch, Raleigh | KINSTON      | FAVETTEVILLE |
| BURGAW        | CLINTON                   | LOUISBURG    | FRANKLINTON  |
| DUNN          | BENSON                    | ROSEBORO     | SPRING HOPE  |
| GRIFFON       | CLAYTON                   | FORT BRAGG   | RICHLANDS    |
| COATS         | CAMP LEJEUNE              | PINK HILL    | CHERRY POINT |
|               |                           | NEWTON GROVE | MAYSVILLE    |

### RESOURCES

|   |                  |
|---|------------------|
| Cash in Vaults and Due from Banks                               | \$ 44,525,589.93 |
| U. S. Government Securities                                     | \$49,264,742.99  |
| Obligations of Federal Agencies and Other Marketable Securities | 27,086,259.76    |
| State Bonds   | 10,734,232.52    |
| Municipal Bonds   | 15,697,751.32    |
| Accrued Interest  | 520,670.59       |
| Loans and Discounts   | 74,990,942.12    |
| Banking Houses, Furniture, Equipment and Real Estate            | 1,621,222.90     |
|   | \$224,441,411.43 |

### LIABILITIES

|  |                  |
|--|------------------|
| Capital Stock  | \$ 1,250,000.00  |
| Surplus  | 7,500,000.00     |
| Undivided Profits  | 1,001,342.83     |
| Reserve Account—Accrued and Unearned Interest, Insurance, Taxes and Other Reserves | 7,545,807.86     |
| Inter-Branch Clearings   | 4,904,026.08     |
| DEPOSITS:  | 202,240,235.16   |
|  | \$224,441,411.43 |

Every Courtesy, Attention and Service Consistent With Good Banking Are The Facilities Offered by This Institution

MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION