

## Cover-Up Salmon is Good Recipe for Summer Months



Salmon quickie takes no time at all to prepare.

By CECILY BROWNSTONE  
Associated Press Food Editor

Keep this recipe in mind for those dog days when you don't want to heat up your kitchen for any length of time, but still want to give your family at least one hot dish for lunch or supper. We call it Cover-up Salmon. It's quickly put together, then broiled in a matter of minutes.

When we tried this entree, Alice we know — was helping us test recipes. Alice immediately went to work on a variation of our salmon recipe, and we are giving you her version because it has a delightful added touch.

This dish is frankly fancy looking, but don't let appearances mislead you. It is filling enough for the heartiest male appetite. Under the mask of mayonnaise there is a generous serving of the salmon.

There are so many appropriate accompaniments to Cover-up Salmon. Here are four of them that are particularly suitable in warm weather.

1. Bundles of whole green beans (home-cooked or canned) marinated in a vinaigrette sauce. To make the sauce just mix olive or other salad oil, vinegar, a suspicion of dry mustard, salt and freshly ground pepper. The beans should be cold, of course, and at serving time may be topped with thin rings of onions.

2. A relish of whole - kernel corn, finely diced celery and sweet red or green pepper in an old-fashioned dressing of vinegar, sugar, salt, and freshly ground pepper.

3. Drained bundles of canned or frozen cooked asparagus "tied" with strips of canned pimiento.

4. Thin slices of fluted cucumber and sprigs of water cress.

### Cover-Up Salmon

Ingredients: One 1 - pound can red salmon, 4 slices bread, 1 tablespoon lemon or lime juice, 1/2 cup mayonnaise.

Method: Open salmon can at one end; carefully turn out salmon in one piece. Cut salmon crosswise, into 4 slices. Use empty salmon can to cut each slice of bread into rounds. Place bread rounds on broiler rack to toast lightly on one side. Place salmon slices, using wide spatula, on untoasted side of bread rounds; sprinkle with lemon juice. Place on broiler rack with surface of food about 3 inches below heat. Broil 5 to 8 minutes, or until salmon is heated through. Watch so as not to scorch and adjust rack or heat if necessary. Cover top and sides of salmon with mayonnaise; broil 2 to 3 minutes longer. Serve at once. Makes 4 servings.

Alice's Variation: Place a thin round of onion on top of salmon

before putting under broiler. Sprinkle mayonnaise with paprika before putting under broiler. When salmon rounds are ready, garnish center top with capers. Serve for lunch or supper on a dinner plate; place tomato slice on each side of salmon round; top each tomato slice with half a hard-cooked egg and surround with shredded lettuce.

For dessert with Cover-up Salmon, we suggest a refreshing fresh fruit course. You might serve cantaloupe rings filled with fresh blueberries or blackberries. Or sliced fresh peach halves sprinkled with a little finely diced preserved (syrup-packed) ginger. Or just offer big slices of plain icy-cold watermelon.



July 20 — Warden Lewis, USCG ret., visited relatives and friends in our community this weekend. Mr. and Mrs. Lester Gaskill drove to New Bern Sunday afternoon.

Mr. Henry Taylor, Mrs. Lula Mason and Mr. and Mrs. Colon Taylor went to Coates to a Primitive Baptist Association Thursday. They also visited the mountains of western North Carolina.

Sherwood Smith of East Carolina College, Greenville, is home for the weekend with his parents, the Rev. and Mrs. T. C. Smith.

Miss Etta Gaskill spent Sunday with her sister, Mrs. Umont Rose.

Mr. David Willett, USAF, who has been stationed in Alaska, is here visiting his wife. They are planning to move to Arizona where he will be stationed.

Mrs. William Duke and two children of Wilmington are visiting her mother, Mrs. Clyde Rose.

The men of the Methodist Church held their fellowship meeting at the church Saturday night.

Weekend guests at the Sea Level Inn were A. Lincoln Hollowell and family, Oak Ridge, Tenn.; Mr. and Mrs. C. A. Lilly, Farmville; A. H. Grigsby, West Palm Beach, Fla.; J. Edward Pooh, Sanford; Mr. and Mrs. J. K. Tucky, Richmond; J. Larry Daur and L. J. M. Davis, Norfolk.

Mr. and Mrs. D. D. Dawson, Raleigh; R. E. Williams, Greensboro; Mr. and Mrs. Dallas Pigott, Southport; Hub Appengellen and family, Murfreesboro; A. L. Hollowell, Oak Ridge, Tenn.

Some of the speedier whales can swim circles around a ship traveling at 30 knots.

# A&P STAGES A GREAT SUMMER SHOW OF SUPER SAVINGS!



Delicious With Chicken  
OCEAN SPRAY CRANBERRY  
**SAUCE**  
16-Oz. Can **19c**

- Peter Pan Peanut Butter 12-Oz. Glass **37c**
- Peter Pan Salted Peanut 7 1/4 Oz. Glass **33c**
- Swift's Premium Hamburgers 10-Oz. Can **43c**
- Swift's Pure Pork Sausage 10-Oz. Can **49c**
- Swift's Beef Sandwich Steaks 13-Oz. Can **50c**
- Luncheon Meat Swift's Prem 12-Oz. Can **45c**
- Kleenex Facial Tissues 300 Sheets **21c**
- Dinty Moore's Beef Stew 24-Oz. Can **41c**
- Rich and Flavorful Nectar Tea 4-Oz. Pkg. **31c**

- Spry 1-Lb. Tin **34c** 3-Lb. Tin **93c**
- Dog Food Red Heart 2 1-Lb. Cans **29c**
- Herb-Ox Boullion Cubes Each Tin **8c**
- Breeze Lge. Pkg. **31c** Giant Pkg. **62c**
- Silver Dust Lge. Pkg. **31c** Giant Pkg. **62c**
- Surf Lge. Pkg. **30c** Giant Pkg. **61c**
- 20 Mule Team Boraxo 8-Oz. Tin **19c**
- Borax 1-Lb. Pkg. **19c**
- Baby Foods Clapp's 3 3/4-Oz. Jars **25c**

- Featuring Hot Weather **FOOD FAVORITES!**
- Del Monte Fancy Hawaiian Pineapple Juice 46-Oz. Can **33c**
  - Hearty and Vigorous Blend Our Own Tea 8-Oz. Pkg. **43c** 1-Lb. Pkg. **83c**
  - Gambill's Spoon Bread Mix 8-Oz. Pkg. **35c**
  - A&P Fresh Purple Prune Plums No. 2 1/2 30-Oz. Can **29c**
  - Campbell's With Pork and Tomato Sauce Baked Beans 2 1-Lb. Cans **29c**
  - Lang's Sweet Mix Pickles Quart Jar **35c**
  - White House Apple Butter 28-Oz. Jar **25c**
  - Skinner's Cereal Raisin Bran 10-Oz. Pkg. **19c**
  - A&P Fancy Hawaiian Sliced Pineapple 2 9-Oz. Cans **29c**
  - Kraft's Macaroni Dinners Pkg. **15c**
  - Nutritious and Economical A&P Sauerkraut, 2 No. 2 1/2 Cans **27c**
  - Domestic Mustard Sardines 2 3/4-Oz. Cans **19c**
  - Spam Luncheon Meat 12-Oz. Can **47c**
  - A&P's Own Pure Vegetable dexo Shortening 3-Lb. Tin **79c**
  - 8 O'Clock — Bokar or Red Circle Coffee 1 Lb. Pkg. **\$1.19**

- Farm Fresh Dairy Buys!
- Mel-O-Bit Processed Pasteurized Cheese Slices 8-Oz. Pkg. **29c**
  - Borden's Eagle Brand Cream Cheese 3-Oz. Pkg. **15c**
  - Borden's Cheese Sauce 8-Oz. Pkg. **31c**
  - Kraft Cheese Spread Cheese & Bacon 5-Oz. Jar **29c**
  - Sunnyfield—In 1/4-Lb. Prints Creamery BUTTER 1-Lb. Ctn. **67c**
  - Ann Page Solad DRESSING Quart Jar **45c** Pint Jar **25c**
  - Ann Page Pure Concord Grape Jelly 12-Oz. Glass **19c**
  - Ann Page Pure Fruit — Peach Preserves 2-Lb. Jar **49c**
  - Ann Page Assorted Flavors Sparkle Gelatin 3 1/4-Oz. Pkg. **25c**
  - Ann Page Creamy or Krunchy Peanut Butter 12-Oz. Glass **33c**
  - Ann Page Fresh—Flavorful Mustard Relish 2 9 1/2-Oz. Jars **35c**

- Dial Soap 2 Bath Bars **35c**
- Dial Soap 2 Reg. Bars **25c**

Jane Parker **ANGEL FOOD CAKE** SPECIAL **49c** LARGE SIZE REGULARLY 59c

**PEACH PIES** - - Each **49c**

**COFFEE CAKE** Date and Pkg. **29c**

O&C Fordhook Lima **Beans** 2 No. 303 16-Oz. Cans **33c**

- MARCAL PAPER PRODUCTS**
- Paper Napkins 80-Ct. Pkg. **10c**
  - Toilet Tissues Roll **10c**
  - Dinner Napkins 40-Ct. Pkg. **15c**
  - Cocktail Napkins 3 Pkgs. **25c**
  - Sandwich Bags Pkg. **10c**
  - Waxed Paper Roll **21c**

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- Fillet of God Fish Lb. **33c**
- Perch Lb. **33c**
- Headless & Dressed Whiting Lb. **15c**
- Nice Thick Salt Fat Back Lb. **19c**
- Heavy Western Beef — Boneless Rib **STEAK** 7-inch Cut Lb. **89c**
- "Super-Right" Freshly Ground **BEEF** Lb. **35c**
- "Super-Right" Store Sliced—All Meat **BOLOGNA** Lb. **39c**
- Wilson's Corn King Sliced **BACON** 1-Lb. Pkg. **55c**

Sansiena Corned **Beef** 12-Oz. Can **37c**

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- Tasty Cardinal **RED GRAPES** - - - Lb. **23c**
- Golden Ripe **FIRM BANANAS** - - - Lb. **14c**
- Crisp Golden **CARROTS** - - - - 2 Pkgs. **25c**
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