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 Regular Size
 2 Pkgs. 35c
 Cartons \$1.69

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GROUND BEEF LB. 39c
 Fresh Native Loin End
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 Economy
T-BONE STEAKS Lb. 61c
 Good for Broiling
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 Always Tender
JIFFY STEAKS, Choice ... Lb. 93c
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Potted Meat
4 for 29c | Armour's Clover Bloom
MILK
Large Can
3 for 35c | Pillsbury - Ballards - Borden
Canned Biscuits
2 for 21c |
| Armour's Star
Corned Beef
Can 47c | Park Place
Toilet Tissue
3 for 25c | Duke's
Mayonnaise
Pt. 37c |
| Wesson Oil
Qt. 69c | Ajax Cleanser
2 for 25c
7 1/2 oz. Pkg. FAB FREE | Famo Flour
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2 LBS. FREE |

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- Cauliflower, 10 oz. pkg. - 2 for 44c
 Mixed Vegetables, 10 oz. pkg. - 19c
 Blue Berries, 10 oz. pkg. - 33c
 Lesliue Brand
 Baby Limas, 10 oz. pkg. - 19c

SPECIAL
 Luter's Smoked
PICNICS
 Halves Only
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BACON LB. SLICED TRAY PACKED **49¢**

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- | | |
|------------------------------------|---|
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3 Lbs. 93c |
| Camay Soap
3 Regular
25c | Personal Size
Ivory Soap
12 Bars
69c |
| TIDE
Large Size
30c | FAB
Large Size
30c |

JUST BROWN and SERVE
NEW SWANSON
 QUICK FROZEN
BEEF PIE
 Lots of lean tender beef... delicious gravy and peas... in a crisp, flaky crust. Try some today. 39c

NO WORK TURKEY
 Just Brown 'n Serve
Swanson Quick Frozen **Turkey Pies**
 Full half pound individual serving
 Loaded with turkey in rich, real gravy... with the famous Swanson crispy crust. No sticky fillings. No thawing needed. 39c

JUST BROWN AND SERVE!
 Delicious **SWANSON** Quick-Frozen **CHICKEN** **PIE**
 rich with tender chicken... buttery gravy and peas... in a tempting crisp, flaky crust. 39c

Better Tea Preparation Gives More Uniform Flavor



Four iced tea flavors, lemon, lime, orange, mint.

By CECILY BROWNSTONE
 Associated Press Food Editor

It's hard to get a good glass of iced tea — if you like real tea flavor and not just amber-colored water. Usually the brew is not strong enough and it is diluted with too much ice; or if the brew is strong enough, it is still over-diluted.

Here is our own favorite method of making iced tea. We like it because it is quick and gives uniform flavor.

We use three level teaspoons of a fine grade of black tea and two cups of water for every two 16-ounce-glass servings. Yes, we like a really tall drink! First we put the required amount of water on to boil; as soon as the water boils, we pour it over the tea leaves in a teapot and let it brew exactly five minutes by the clock. Then we stir the tea leaves once and strain the tea into the glasses. If your glasses aren't heavy, put a teaspoon in the glass before you pour. Next we put ice cubes in each glass—leaving room for dilution—give the tea and ice a whirl with a long-handled spoon, and serve at once. If the tea stands a bit and clouds, add a tablespoon of boiling water for each serving and it will clear. But honestly, we think there is too much fuss about tea clouding —

especially since we learned that fine teas are more likely to cloud than poorer grades!

Because the members of our family and many of our friends like their iced tea sweetened and flavored with lemon or lime, in summer we often make up a batch of lemon or lime tea syrup and keep it in the refrigerator. At serving time, we add syrup to taste to each glass of tea, or let people help themselves. You can make other flavors of tea syrup, too — orange or mint, for instance.

Lemon or Lime Tea Syrup
 Ingredients: 1 cup sugar, 1/4 cup water, lemon or lime rind, 1/4 cup lemon or lime juice.
Method: Put sugar and water in a small saucepan. Cut rind thinly away from one-half a lemon or lime so it is membrane-free; slice into very thin even strips. Add rind to saucepan with lemon or lime juice. Stir over low heat until sugar dissolves. Bring quickly to a boil; boil 5 minutes without stirring. Cool and refrigerate in tightly covered jar. Makes about 1 1/4 cups. In serving, garnish syrup with thin slice of lemon or lime.
Orange syrup: Use 1 cup sugar, 1/2 cup water, thin strips of membrane-free orange rind from one-half of an orange, 1/2 cup orange juice. Skim off any bits of foam. Makes about 1 1/4 cups. In serving, garnish syrup with thin slice of orange.
Mint Syrup: Use 1 cup sugar, 1 cup water and 3 tablespoons chopped fresh mint. Chill and strain. Makes about 1 cup. In serving, garnish syrup with mint sprig.

Tourists Like New Facilities

New parks, roadside tables, and improved highways in North Carolina are bringing appreciative responses from tourists.

Director Ben E. Douglas of the Department of Conservation and Development says the volume of "thank you" notes received from travellers is increasing. He released the following letter, from Mrs. F. M. Tench Jr., of Oak Ridge, Tenn., as typical of letters being received by the State Advertising Division, which has charge of tourist promotion:

"We had the pleasure of driving practically the full width — West to East of your State over the 4th of July weekend. We spent the weekend camping at Cape Hatteras National Seashore Area.

"Our impressions of North Carolina are nothing but the best and we felt we should pass the word along.

"Your roadside tables were numerous and always well kept. We had occasion to stop at a roadside park near Statesville and were equally impressed by its facilities and cleanliness. You surely must have your native residents well trained and impressed by their resources in order to keep them in such good conditions.

"We were amazed at your good highway system and the general feeling of well-being throughout the State. Everything looked prosperous.

"We plan to again return to North Carolina and take advantage of your parks and those of the National Park Service, and hope we shall continue to be so impressed."

William Penn
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WITH the 4-H'ERS

MARTHA BARNETT
 Home Agent

ALVIN C. NEWSOME
 Ass't. County Agent

July 19-24 was National Farm Safety Week, so why not start a safety project now? Here are some suggestions for participating in this project!

Make an accident and fire hazard study of your home and grounds, and list the hazards found. Do something about these. Make a record of what you did. Include before and after pictures in your record. Keep a record of all the accidents that occur on your farm or with members of your family for a full year and include a statement of how each accident could have been prevented.

Study these records and make a written report of safety precautions you took as a result.

Select one or more important hazards around your home and plan a year's improvement program. Make an exhibit or give a demonstration on safety.

Additional information concerning this project can be obtained from the farm or home agent's office. Start this project today. Tomorrow may be too late.

Bill Turpin and Cecil Gillikin have just returned from 4-H Club

Week in Raleigh where they participated in the week long exercises. Bill was the county 4-H Health King and he participated in the State 4-H Health Pageant. Cecil was the district winner in the Soil and Water Conservation demonstration and he participated in the state contest in Raleigh. Reports from Raleigh indicate both did a nice job in representing the county.

Saturday, July 24, James Garner of Newport received a registered Hampshire gilt through the 4-H pig chain. This gilt came from a litter of eight raised by Willie B. Lewis of Bettie.

James will feed this pig out until she is about 8 1/2 months old when she will be bred to a pure-bred Hampshire boar. When the pigs are born he will pass a gilt pig on to another 4-H Club member interested in raising hogs. James will be glad for anyone interested to come by and see his pig. He lives in the Little Deep Creek neighborhood near Newport.

Six of Shakespeare's signatures still are extant.

Judge Hopes He Sees Hip Pocket Elimination

Darlington, S. C. — (AP) — To Circuit Judge J. Henry Johnson, the murder defendant's story was just like scores of others he had heard. The other fellow looked like he was reaching for a gun, the defendant testified.

"I hope," Johnson remarked, "I will live to see the day when manufacturers no longer put hip pockets in men's trousers."

Many farmers refuse to kill skunks because they are valuable in killing insects.

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Boys Get Stamps From Soviets

Sequim, Wash. (AP)—Two boys wanted Russian stamps for their collection and wrote direct to Premier G. M. Malenkov. Back came the stamps — 120 of them. Bill Keller, 14, and Eldon Spady, 14, also got a letter from a man in the Russian export department, polite but formal saying the stamps were being sent gratis.

"Since you are interested in collecting Soviet postage stamps," he added, "we wish to recommend that in future you obtain our stamps through the medium of philatelic firms in your country.

"The literature of the Soviet Union (1 copy) will be sent you under separate cover." The literature hasn't arrived. The boys say they think postal authorities may have stopped the second letter as propaganda.



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