

Health Department Releases County Sanitation Ratings

The County Health Department today released ratings for county restaurants, hotels, hospitals, and other institutions for the period ending July 31, 1954. The ratings were given by A. D. Fulford, county sanitation officer.

A score of 90 to 100 gives a rating of A; 80 to 89 of B; 70 to 79 of C. Dr. Luther Fulcher, county health officer, suggests that patrons, for their own health protection, observe the rating card. State law requires that the rating card be put up on the wall in a conspicuous place.

Atlantic: Sea Level Inn, 98.5; Sea Level Community Hospital, 96; Cedar Island Beach Concession, 91.5; Wayne's Restaurant, 90.

Atlantic Beach: Fleming's Motel, 95; Frontier Village, 95; Ocean King Hotel, 94.5; Moore's Motor Court, 92; Triple Ess Lunch Bar, 92.

Beachcomer Motel, 91.5; Atlantic Beach Motel, 91; Atlantic Beach Hotel Restaurant, 91; Dom El's, 91; Edgewater Lodge Hotel, 91.

Edgewater Restaurant, 91; Idle Hour Concession No. 1, 90.5; Villa Queen Hotel, 90.5; Fleming's Restaurant, 90; Villa Queen Tea Room, 90.

THAT BACKBONE OF YOURS

By Dr. R. O. Barnum
Morehead City, N. C.

Excerpting from an article by George Matthew Adams under the title, "That backbone of yours," in a recent issue of the Toledo, Ohio, Blade, we find: "The backbone is undoubtedly the most wonderful human highway, in all this world! It holds up the man, culminating its most important office by helping him to keep his head on straight."

"Break this bony structure and it's often fatal. Even a bad injury is most serious. But what a noble piece of architecture it is in health. It is tragic that some men abuse it as they do, and women as well. Keep it upstanding and half the battle is won in advance. Upon it is perched the noblest creation of the great Creator man's head, within which destinies of nations often are pivoted. And here are centered all the mighty elements of the mind."

Study the structure of this remarkable example of engineering on the part of the Creator. Note how each section of its entire length has an office to perform. Nerves, fibrous tissue, and bony structure, as well as its canal of precious fluid have an effect upon the entire body that is little realized. But just let any part of its make-up get out of order and it is noticed plenty."

What a gift you have in that backbone of yours. Keep it well in order. You can never get another.

(One of a series of articles published in the public interest to explain and illustrate the practice of Chiropractic).

Duck's Burger Palace, 85.5; Surf Bar, 85.5; Atlantic Beach Grocery Lunch, 82.5; Clark Bro. Snack Bar, 82.5; Ocean View Concession No. 1, 82.5.

Reggie's Grill, 82.5; Ocean View Concession No. 2, 81.5; Idle Hour Concession No. 2, 81; Pop Smith's Oyster Bar, 81; Beach View Cafe, 80.5; Davis Beachhead, 80.5.

Ocean King Restaurant, 80; Pete Nelson's Lunch, 80; Sonny's Fishing Station, permit issued; Capt. Bill's, permit issued; Rex Bar, permit issued.

Beaufort and RFD: Duke Marine Lab Restaurant, 94.5; Beaufort Bar, 92.5; The Spot, 92; Jan's Luncheonette, 91; Inlet Inn Dining Room, 91.

Guthrie-Jones Fountain Lunch, 91; East Drive-In Theatre Lunch, 91; Brady's Grill, 90.5; Joe House Fountain Lunch, 90.5; Holden's Restaurant, 90; Snack Grill, 90; The Griddle, 90.

The Coffee Shop, 90; Fred's Barbecue, 90; Inlet Inn Hotel, 90; Beaufort Summer School Restaurant, 82; Carrie's Snack Bar, 81; The Davis Place, 80.5; Sun-Set Bar, 80.

Morehead City and RFD: Perry Park Motel, 97; Sanitary Market Restaurant, 95; White's Milk Co., Dairy Bar, 93; Morehead City Hospital, 93; Carteret Fountain Lunch, 92.5; Copeland's Edgewater Court, 92.5.

Camp Morehead, 92; Blue Ribbon Club, 92; Mrs. Russell Willis Barbecue, 92; Morehead City Fountain Lunch, 92; Capt. Bill's Waterfront Restaurant, 91.5; Mrs. Dave Lewis Lunch Counter, 91.

Pine Tree Inn, 91; Sonny's Galley, 90.5; Phillips' Drive Inn, 90.5; Busy Bee Cafe, 90.5; Jefferson Coffee Shop, 90.5.

Lummie's Drive Inn, 90; Rex Restaurant, 90; Jefferson Hotel, 90; Bayside Grill, 90; Broadway Cafe, 90; Jones' Barbecue, 90; Amy's Grill, 90.

Westbrook Food Store, 88; Willis Inn, 85.5; Airport Grill, 84.5; Pizza Queen, 84.5; Dudley's Cozy Nook,

84.5; Airport Grill, 84.5; Mack's Pool Room, 84.

Henry's Place, 84; Garment Lunch, 83; Fort Macon Hotel, 82.5; Busy Bee Pool Room, 82; Sailfish Cafe, 82.

The Curve Inn, 81; Dom's Sandwich Shop, 80.5; Ocean Grill, 80.5; Fisher St. Lunch, 80.5; Edgewater Club, 80; The Hush Puppy, 73.

Newport and RFD: Friendly Diner, 96; Carteret Drive-Inn Theatre Lunch, 92; Mann's Place, 91; Hibb's Fountain Lunch, 90; Smokies Tavern, 84; South Seas Restaurant, 80.

Cedar Point: Yacht Basin Drive Inn, 91; Cedar Lane Drive Inn, 90.5; Cedar Point Beach Lunch, 86.5; Riviera Restaurant, 85; Cedar Point Drive Inn Lunch, 83.5; Camp Presbyterian, 83.5; Club Thetti, permit issued.

Harkers Island: Anglers' Motel, 90; Willis Restaurant, 86.5; Coastal Grill, 83.5; Harkers Lodge, 81; Lewis' Lunch, permit issued; Island Drive Inn, permit issued.

Otway: Leo's Lunch, 90; Smyrna: Willis Drive Inn, 92.5; Williston: Mason's Grill, 84.5; Davis: Glennhaven Grill, 71.

State Checks Used Car Deals

Raleigh — The Motor Vehicles Department today issued a directive to its field agents to be on the lookout for cars and trucks being offered for sale with concealed or altered identification numbers.

Motor Vehicles Commissioner Edward Scheidt took steps to stop the practice of concealing identification numbers which some persons and firms are reported to be doing.

The practice stems from what has been called "car bootlegging," Scheidt said. Some firms reported selling used cars and representing them as new cars are allegedly concealing the numbers to prevent identification.

Scheidt indicated the Department of Motor Vehicles had no interest in the so-called bootlegging other than the wilful altering or concealing of identification numbers.

He said the law clearly covers his action in ordering the practice stopped. The Motor Vehicle Manual states in part that it is "unlawful to alter, cover, remove or conceal the identification numbers of a motor vehicle or to be in possession of or offer for sale any motor vehicle with the identification numbers altered, removed, covered or concealed."

Scheidt also said that some firms were not giving purchasers title papers with the seller as owner of the vehicle. He pointed out this too is a violation of registration laws.

Scheidt has instructed motor vehicle agents to be particularly watchful of persons and firms suspected of such practices.

Survey Party Seeks New Site for Arctic Town

Ottawa (AP) — A 10-man survey party is seeking a new site for the remote arctic community of Aklavik on the MacKenzie River delta 70 miles south of the Arctic Ocean.

The 42-year-old settlement, largest in the Canadian arctic, is in danger of sinking through melting permafrost. Summer heat, ground warmth created by buildings and excavations and roads turn the present permafrost terrain into a quagmire.

Lack of an adequate year-round water supply and sewage disposal system has created a serious health problem for the 400 whites, 250 Eskimos and 125 Indians who live in the community.

Crossword Puzzle

- ACROSS**
- Cushion
 - Palm cocktail
 - Sack
 - Poem
 - Having the bones removed
 - Literary fragments
 - Deadened
 - Drinks in honor of
 - Knack
 - Striped animal
 - European rabbit
 - Near
 - Feminine name
 - Long used
 - Fiber plant
 - Volcano
 - Six
 - Laments
 - Exist
 - Always
- DOWN**
- Continent
 - Devoured
 - Furnish a crew again
 - At home
 - Was indebted
 - Misfortunes
 - Cravat
 - Placid
 - Regal
 - residence
 - Poultry product
 - Come in
 - Score at baseball
 - Misery
 - Cooks in water
 - Affirmative
- DOWN**
- Legume
 - Mountain in Alaska
 - Claim as due
 - Encourage



Solution to Tuesday's Puzzle

- Measure of length
- Article
- Nerve network
- Sun-dried brick
- Kind of rock
- Insect
- Aeriform fluid
- Move with a lever
- Money given to bind a bargain
- Scotch
- Fermentation
- Lid
- Fatty fruit
- Ancient Greek measure
- Related through the mother
- Entitled
- Pronoun
- Suffering
- Courageous
- Symbol for sodium
- Come out into view
- Tired; poetic seat
- Baseball teams
- Lubricant
- Gave for temporary use
- Sailors
- Stitch
- Self
- Church seat
- Billiard stick
- Existence
- Symbol for tellurium

Mulches Retain Moisture, Keep Down Garden Weeds

By ROBERT SCHMIDT

Are you getting tired of running the cultivator and wielding the hoe in your garden in a losing battle with weeds and grass? Why not use a mulch?

regular mulching paper in my own garden with good results. It even smothered out bermuda and nut grass.

Many vegetables, flowers, small fruits and shrubs are good subjects for mulching. Tomatoes, peppers, eggplants, and cucumbers may be mulched with straw, leaves or paper. Azaleas, camellias, and blueberries, which desire an acid soil may be mulched with sawdust.

It is surprising how few gardens make use of mulches as an aid in the conservation of moisture and the control of weeds. A mulch may be any material such as hay, straw, straw manure, leaves, leafmold, peat, sawdust, pine straw, or paper, which is put down on the ground around plants for the purpose of conserving moisture during the hot, dry summer weather.

At the same time a mulch will keep down most of the weeds. It has been reported that one enterprising gardener collected all the cardboard boxes he could get at the store, flattened them out, and put them on the ground around his plants as a mulch — and the results were excellent. I have used

leafmold or peat. Red raspberries, dewberries, and grapes may be mulched with straw or straw manure.

In all cases the mulch should be applied after the soil has been well moistened by rain or irrigation. If fertilizer is necessary it also should be applied before the mulch is laid down.

You will find that in small gardens a mulch will help solve many of your cultural problems.

The United States had 66,500,000 tons of corn, oats and barley stored in April, 1954, nearly 10 per cent above the previous year's record.

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