

Home Demonstration News

Health Chairman Attends Recent Raleigh Conference

(Editor's Note: Guest columnist today for Mrs. Floy Garner, home agent, is Mrs. G. T. Spivey, Beaufort, Home Demonstration health chairman.)

Mrs. Leota Hammer and I attended the Eighth Annual Rural Health Conference at the Sir Walter Hotel in Raleigh Thursday, Oct. 6.

This meeting was divided into two parts, the morning session being on farm and home accidents. During the morning session, we heard speeches by Dr. Charles M. Cameron Jr., director of accident prevention section, N. C. State Board of Health, who gave a summary of a three-county non-fatal accident survey; Mr. Maynard Coe, director of farm safety division, National Safety Council, Chicago; Mrs. J. C. Ferguson, farm safety specialist, agriculture extension service, N. C. State College; Dr. Edgar T. Beddingfield, practicing physician of Stantonsburg, N. C.; Mrs. L. M. Massey, rural health committee, N. C. Dental Society, Zebulon, N. C. and several others.

The afternoon program was our chief interest, since it was on mental illness. Not only was I not prepared for this program for I had expected a different kind. I was probably like many of you who hear of someone having a mental illness.

I think of a person who is not accountable for his or her actions, or even the fighting, wall-climbing type of illness. Well, if any of this type was mentioned, I didn't catch it at all, for everyone of the speakers talked directly to the people who make up our country, our state, our county and our towns.

They were speaking to you and me. Their concern is the country as a whole and they seemed to be in complete agreement with an article which I have read in one of this month's magazines written by Leo Cherne and his Research Institute experts who write that within 10 short years, there will be many changes in our living conditions.

Most of these look good but there are some that are so alarming and even if we do have a lot better life such as better homes, more money, live longer, etc., all of these things will not be worthwhile if we are mentally ill. He tells us that by 1965 there will be 188 million people in our U. S. He says that we will be physically more healthy, but we will be subject to greater suffering from nervous tension of 1965's faster and more complicated pace.

This will produce more psychosomatic ills such as asthma, allergies, ulcer, heart trouble and stomach difficulties. In 10 years, one child in every 10 can be expected to spend some time in a mental institution. Although the children will be better educated, there will be a steady increase in juvenile delinquency and one marriage out of three will end in divorce.

Mental illness is this nation's No. 1 problem. Life is so complicated, there are so many demands upon each of us—continued stresses and strains. Is it any wonder that so many Americans find themselves on the road to mental illness?

There are about nine million persons in our country who have serious mental disorders. Did you know that in 1937 there were 110,000 first admissions to mental hospitals and 198,000 in 1940 which is an increase of 85,000 in the short period of 12 years? Now that is just first admissions, remember, and not all mentally ill people become hospitalized.

There is little that we of Carteret County can do in relieving the national situation, but there is a great deal that could be done here at home. Dr. Lloyd Thompson says that "we should regard mental health as a community problem and responsibility."

The children in our county need the support of every single adult to make this county what it should be, a safe place for the children to grow up in, not only physically but mentally. I believe the people of this county are becoming more and more conscious of what is right and wrong, and what is best for our county, and most of the time they will go to bat and rule out the things they know are destroying our youth of today.

Our mental authorities say that each of us must stay on our toes, speak when we should, and fight if we must against the things we know are detrimental to our youth. It is easier to prevent mental illness than it is to cure it.

In Proverbs 23:7, we find "For as he thinketh in his heart, so is he," and if all of us, as individuals, who love this county, who love our children and the American way of life, will think seriously about these things and count the cost if possible, we can take Carteret County's problems that bring on mental illness, and do something about them. The solution lies in our hands. There is the question also in your heart and mine, as to what you are going to do about it.

It is agreed among our best learned men that mental ill health begins at home, because patterns

for future attitudes are formed early in life, on the basis of family relationships. That places a great responsibility upon all of us as parents and citizens. Mental ill health reveals itself in many ways and the troubled individual can be spotted and helped at many points along the way.

It has been said many times, "A family that prays together, stays together."

What are we in Carteret County going to do about mental illness, the No. 1 health problem of the state and nation?

Swansboro

Oct. 12—The Nettie Merritt Circle of the Woman's Society of Christian Service will meet with Mrs. D. Redfern next Tuesday evening, Oct. 18.

All day Saturday, Oct. 22, there will be a Bake and Rummage Sale in the Bogue community. Sponsored by the Woman's Society of Christian Service, Bethlehem Methodist Church, Bogue, the sale is for the benefit of the organ fund. The public is cordially invited.

Mrs. John Sparrow, Jacksonville, was a recent visitor of her daughter, Mrs. J. F. Winberry. Spending a few days with her sister, Mrs. J. C. Vinson, are Mrs. A. J. Hollomon and four children, J. W., Fulton, George and Bert, of Princeton.

James Latham returned home from McGuire Veteran's Hospital, Richmond, Va. Mrs. Wilda Wethington and daughter, Linda, spent the past weekend visiting friends in Wilmington.

Weekend guests of the Effiorn Smiths were their daughter, Polly Ann Spurling, Norfolk, and Mr. and Mrs. T. R. Watson, and son, Teddy, Durham.

Mr. and Mrs. Roddy Redfern, Greenville, have returned home after spending the summer months with Mr. Redfern's parents, Mr. and Mrs. David Redfern.

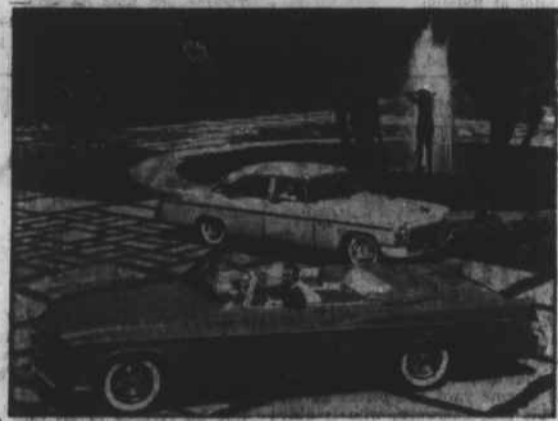
Agriculture Council Meets on Thursday

Six agriculture council members attended the council's monthly meeting Thursday in the home agent's office, Beaufort.

Agriculture agencies' participation in the "county fair" was discussed but no final action was taken.

Attending the meeting were Al Newsome, assistant farm agent; Mrs. David Beveridge, Mrs. Margaret Gibson and Mrs. Delfido Cordova, home economics teachers; W. J. Owens, Smyrna agriculture teacher; Howard Garner of the Soil Conservation Service; and Mrs. Floy Garner, home agent.

1956 Chryslers Offer More Power, New Styling



The 1956 Chrysler Windsor convertible, foreground, and the 1956 Chrysler New Yorker six-passenger sedan demonstrate the beautiful new forward look. Both have new Lifeguard door latches.

The completely new 1956 Chrysler, featuring such innovations as push-button shifting, high fidelity record player, Lifeguard door latches and instant-heat aircraft-type heater, were announced today. They will be shown Oct. 21 at Port City Motors, Morehead City.

"The youthful spirit and vigor of Chrysler Corporation's Forward Look is accentuated still further in the 1956 Chrysler lines by the use of completely original flight-swept rear fenders," said E. M. Braden, general sales manager, Chrysler Corp. "For 1956, the 'powerstyle' Chrysler Windsor and 'powerstyle' Chrysler New Yorker models feature the latest engineering advances—exclusive new push-button powerlift drive, new 12-volt electrical system and new center-plane brakes of unprecedented efficiency and long wear."

Two new V-8 engines—a more powerful 250-horsepower Firepower V-8 in the Chrysler New Yorker line and a 235-horsepower Spitfire V-8 in the Chrysler Windsor line, offer outstanding performance and increased economy. A new high-efficiency power modification available on Windors boosts Spitfire

Conducts Revival



The Rev. U. N. Freeman, pastor of the Pilgrim Holiness Church of Asheboro, is conducting a revival at the Free Grace Church on Harkers Island. It will end Oct. 23. The Rev. Kermit Farlow, pastor, invites the public to the services.

Woodmen Give Water Cooler To FWB Church

On Sunday morning members of Camp 188, Woodmen of the World and members of the Free Will Baptist Church, Morehead City assembled in the Sunday School for the presentation of a water cooler by Camp 188.

Al McElmon introduced Clifford Faglie, field representative for the WOW, who gave a short address. He outlined the history and scope of the WOW Fraternity in Action program.

This program aids local camps in fraternal, civic and patriotic projects such as the presentation of American flags, flagpoles, water coolers, historical markers and American History proficiency awards.

For example tomorrow night the Newport Camp of the WOW will present a Scott-Airpack to the Newport Fire Department as one of their Fraternity in Action projects.

Mr. Faglie introduced E. B. Thompson, consul commander of Camp 188, who presented the water cooler to the church on behalf of his camp. In his presentation address Mr. Thompson gave a report on the results of the Fraternity in Action program for 1954.

He also gave a brief history of the Woodmen of the World. The Rev. Noah Brown, pastor, accepted the water cooler on behalf of the church. Jesse Kirkman gave the benediction.

Members of the WOW present included Willie W. Moore, David F. Jones, Gerald V. Phillips, R. Lester Turnage, Peter Block, Mr. Kirkman, Mr. Faglie and Mr. Thompson.

AAUW Members Hear Discussion on Education

The need of proper teacher training, additions to the curricula of Beaufort and Morehead City schools, and comments on parental assistance were discussed before the American Association of University Women's local branch Friday night at the Civic Center, Morehead City.

Miss Gladys Chadwick, Beaufort, and Mrs. J. C. Harvell, Morehead City, representing the teacher viewpoint, joined the panel discussion with Mrs. F. W. Safrit Jr. of Beaufort and Mrs. Gus Davis of Morehead City, who spoke from the parental angle.

"Teachers are being trained in methods of teaching, rather than in the actual material students should receive," commented Miss Chadwick. "As a result, scholarship itself is being sadly neglected, and students are losing the confidence in their teachers so important to correct education."

Mrs. Harvell's comment that the present educational system pushed students into college who otherwise would not aim for a higher education, led to the question of whether better minds were being neglected to concentrate on the larger number of average students.

"Standards are being raised yearly in our local schools," said Mrs. Safrit, "but speaking as a parent, I feel the strong need for homework since minds must develop like muscles, which improve only with constant usage."

Mrs. Harvell cited the need for science courses at Morehead City School, and Mrs. Davis added her request for a high school commercial course, as well as an extra-curricular advisory group to aid students. Additional language courses to give students a choice for college preparatory work were also thought necessary.

The panel agreed that one of the pressing problems in schools everywhere was clerical help to

relieve the teachers and principals of unnecessary paper work, leaving them time to devote to actual teaching and planning.

Mrs. W. L. Woodard, Beaufort, branch education chairman, moderated the discussion, and announced that next month's meeting will feature a talk by H. L. Joslyn, county superintendent of schools.

Mrs. George McNeill and Mrs. Walter Chipman were named by Mrs. Ralph Albares, branch president, to submit names of several local qualified women to a state AAUW committee, for possible future use by the governor in appointing women to state boards.

Mrs. Albares gave a synopsis of the May workshop held in Raleigh, dealing with "The Crisis in Public School Education...Where We Stand Today."

Mrs. M. E. McNeill, Quantico, Va., and panel members were welcomed as guests. Members attending included Mrs. Jack Barnes, Mrs. G. B. Talbot, Mrs. Clarence Guthrie, Mrs. Calvin Allyn, Mrs. John Costlow, Mrs. Thomas Noe, Miss Georgie Hughes, Mrs. Woodard, Mrs. Chipman and Mrs. Albares, all of Beaufort.

Mrs. Milton Roush, Mrs. Pam Miller, both of Newport; Mrs. Edgar L. Smith, Mrs. T. B. Rice, Mrs. Tom B. Scott, Mrs. George McNeill and Mrs. Leland Day, all of Morehead City.

AAUW meetings, held the second Friday of each month, are open to all women graduates of accredited colleges or universities.

Still Missing

The body of Don Willis, 20, Atlantic, has not yet been found. Willis, well-known county sports star, drowned last Monday off the New Jersey coast. He was knocked from a menhaden boat from which he and his father, Grover, were fishing.

Ports Authority Hears Report On Bond Legality

Both Wake County Superior Court and the State Supreme Court have ruled legal the issuance of bonds to finance the building of a grain loading device at Morehead City port.

This report was made at a meeting of the State Ports Authority at Charlotte Friday.

The grain loading equipment was built last year with port funds but final approval on borrowing money for the erection was deferred until the matter was used as a test case to determine whether the process was legal under the act creating the State Ports Authority.

Col. Richard S. Marr, executive director, told the directors that 19 1/2 million dollars worth of business was done by Morehead City and Wilmington ports during the first part of this year as compared with about 10 1/2 million dollars during the same period last year.

Colonel Marr also said measures should be taken to safeguard ports from hurricanes, but said that damage to port facilities during the storms this year was slight. He said it should be determined whether the state is liable for damage to goods which may be destroyed while a vessel is in port or while goods are stored in warehouses.

Edwin Pate, Laurinburg, SPA chairman, presided at the meeting.

Subdistrict to Meet

The Morehead City subdistrict of the Woman's Society of Christian Service will observe "A Day Apart" Thursday at the Core Creek Methodist Church from 10 a. m. to 2 p. m. Mrs. J. C. Burnwell, WSCS conference spiritual life leader, will be present.

S. W. Smith Starts County Credit Bureau

S. W. Smith, owner and manager of Smith's TV, announces formation of the County Credit Bureau with offices at 610 Arendell St., Morehead City. Mr. Smith will direct the bureau activities.

"A credit bureau has long been needed by merchants and professional men and women of Carteret County," Mr. Smith said. "The functions of the County

Credit Bureau will be to provide a central location for credit information and to assist individuals to obtain credit relations with merchants through local channels," he explained.

Further information may be had by contacting him.

Any Takers? Charlotte, N. C. (AP) — This classified ad appeared in a Charlotte newspaper: "Old drunk, 43, wants easy job."

SEE THE GREAT NEW 1956 AUTOS NOW ON DISPLAY AT YOUR DEALERS' SHOWROOMS...

— THEN —

VISIT OUR BANK AND LET US EXPLAIN OUR AUTO FINANCING TO YOU!

Commercial National Bank MOREHEAD CITY • SEA LEVEL MEMBER FEDERAL RESERVE SYSTEM FEDERAL DEPOSIT INSURANCE CORPORATION

In the '56 FORD Everything says "FINE CAR" except the price!

NEW THUNDERBIRD STYLING

No matter how fine a car you are accustomed to you'll feel right at home in any one of the 18 new Thunderbird-inspired '56 Ford models. You'll thrill to the long, low lines, the broad sweeping hood, the exciting silhouette. And you'll be delighted with the fresh new body colors and new color-keyed Luxury Lounge interiors.



NEW LIFEGUARD DESIGN

The '56 Ford has a definite plus for you... something no other car in its field can match... Lifeguard Design... a new concept in car safety! Ford Lifeguard Design means greater protection for you and yours. It's a whole family of safety features. Ford's Lifeguard deep-center steering wheel, Lifeguard double-grip door latches, Lifeguard safety rear view mirror, optional Lifeguard padding for control panel and sun visors and optional seat belts... are all designed to give added protection against injury in the event of accident.



NEW THUNDERBIRD Y-8 POWER

Only Ford has the power of the Thunderbird—the Thunderbird Y-8 engine that delivers "go" as smooth as silk, as quiet as a whisper. Here's surging fun at the touch of your toe... power to flatten the hills... instant power for passing when instants count. Here's response so agile you gain a new feeling of confidence in every driving situation.



You'll be safer '56 FORD in a Test Drive it today!



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