

## Club Women Undertake Rewarding County Program

MRS. HUGH PAKE  
Bettie Club

The past year has been a busy and rewarding one for Home Demonstration Club women. Better rural living is the challenge that faces all rural people in Carteret County.

With the cooperation of all agricultural agencies, farm, business and civic groups, improvement is being made on the farm, in the homes, and in rural communities. Through capable and energetic leadership of the Carteret County Home Demonstration Clubs and their home agent, Mrs. Floy Garner, members have helped organize and have taken part in a number of community programs.

Activities in our county have been many and varied. Some of the more outstanding are...

**Leadership**—Leaders have given demonstrations in their clubs, have assisted in 4-H programs, have given reports in their various fields and encouraged members to participate. In cooperation with the Challenge Program, the Gloucester Community was organized and a very effective community program is in progress.

**Curb Market** leaders assisted with surplus commodities distribution for three months. Club leaders arranged three exhibits at the county fair.

Three church grounds have been beautified by two clubs. Needy families have been helped. County leaders participated in county and district planning meetings. The district chairman attended the two-day meeting of the State Executive Board in Raleigh.

All clubs participated in making the meeting of the 20th District of Home Demonstration Clubs, which was held at Morehead City, a big success. Mrs. Hugh Pake, district chairman, attended the National Home Demonstration Council meeting in Chicago, and reported on this meeting at Achievement Day.

This report appeared in the local paper and a copy of the detailed report was sent to each county in the 20th district, and by request, to Miss Ruth Current, state home demonstration agent.

**Citizenship**—The Civil Defense chairman was contacted and services of Home Demonstration women offered. One club has an emergency chest project. Mrs. R. L. Searle, county citizenship chairman has taken the initiative in an effort to interpret citizenship duties.

Special emphasis has been given

to voting and citizenship responsibilities by leaders in their clubs. Leaders have had radio programs and have written news articles.

**Education**—A list of recommended books has been given to each club and this list was also given to the librarian on the County Bookmobile. Women have been encouraged to read more good books. Reading certificates were presented to those women who had read the required number of books.

Club members subscribe to the Home Demonstration news (state newspaper); National Notes (National H.D. Newspaper) and Country Woman (Newspaper of the Associated Country Women of the World).

**International Relations**—Mrs. R. L. Searle, international relations leader, was our delegate to the United Nations last fall. Delegates of previous years were Mrs. G. T. Spivey and Mrs. D. R. Arnold. These women have given radio reports, written news articles, spoken at the Achievement Day Programs, supervised UN Fair Exhibits and UN store window displays.

These delegates have also shared their UN experiences and information through talks at schools, churches and local clubs.

Twelve Carteret club women are participating in the "Letter Friends" program.

By purchasing UNESCO Stamps, the club women have participated in the UNESCO program for an education center in Ceylon, where the triennial meeting of the Associated Country Women of the World will be held this year.

**Music**—Music leaders are responsible for music at all club meetings. Eleven Carteret Club women and the Home Agent attended the Rural Church Music Training school held in Jacksonville this winter.

**Health and Safety**—Club women have helped with clinics (polio, etc.), publicized health department facilities and encouraged people to take advantage of the services offered by the department. Mrs. Louise Spivey, county health leader, attended the mental health meeting in Raleigh and reported on this meeting.

Safety tips have been given and the women have been urged to make a safety check in their homes, with emphasis on the medicine cabinet, slippery floors, anchoring slippery rugs, overloading electrical outlets, etc.

**Community Activities**—Each club planned a family recreation program for the month of August.

## Home Demonstration Creed

Keep us, oh God from pettiness; let us be large in thought, in word, in deed.

Let us be done with fault-finding and leave off self-seeking. May we put away all pretense and meet each other face to face—without self-pity and without prejudice.

May we never be hasty in judgment and always generous. Let us take time for all things; make us to grow calm, serene, gentle. Teach us to put into action our better impulses, straightforward and unafraid.

Grant that we may realize it is the little things that create differences, that in the big things of life we are at one. And may we strive to touch and to know the great, common human heart of us all, and oh Lord, let us forget not to be kind!

These included picnics, fish-fries, etc.

All clubs have improved their home grounds and several have improved church grounds.

The community club at Gloucester has been working on community and highway beautification. A clean-up program has been carried out. They have also planted over 200 crepe myrtles along the roadside.

**4-H Clubs (Girls' Program)**—There are 4-H adult leaders in Home Demonstration Clubs. These leaders have assisted the girls with their project work, particularly in clothing and food preparation. Training schools for these 4-H leaders have been conducted by the home agent.

Health Improvement, Home Improvement, and Family Life Education have been given specific attention, too.

The aim of our new program of work is the same basic idea as in past years, "Better Family Living."

Home Demonstration work is not spectacular. It works quietly, affecting each differently, by advocating a little better use of food here, better care of a child's life there, a touch of beauty, an added comfort, or a saving of labor.

It has been said, "When you teach a man, you teach an individual. When you teach a woman, you teach a family." Are we doing our part in training our families and others with whom we come in contact in order to further the Home Demonstration program in Carteret County?

"All have a share in the beauty. All have a part in the plan. What does it matter what duty falls to the lot of man? Someone has blended the plaster, And someone has carried the stone, Neither the man nor the master Ever has builded alone. Making a roof from the weather, Or building a house for the King.

Only by working together Have men accomplished a thing."

## Clubs Nurture Leadership

By MRS. J. L. SEAMON  
Crab Point Club

Many pages could be written on the achievements and accomplishments of Home Demonstration Club Work in Carteret County. It is hard to say what is the most important phase because there are so many phases.

But, one to me, stands out very noticeably in our county, and that is the leadership program which is being developed among our members. In addition to conducting and presiding over regularly scheduled meetings with grace and poise, club members often organize and conduct whatever activities are necessary to accomplish their objectives.

In Carteret County, due to the lack of personnel in the home agent's office, it is often necessary for club members to assume demonstration responsibilities in addition to the regular leader training program. I have seen this phase of our work in action over a period of years and think that we have developed and are developing many capable leaders.

Before giving a demonstration to our club members, the leaders are trained by the home agent or a Specialist from State College, at a special meeting. The last such meeting, which we had in March, was one of the best we have ever had.

Club members have found that they too, can present information and materials to their fellow members and that in so doing, they learn more themselves.

Leaders in the various areas have played a big part in the overall program in our county during the past year. The program was carried on almost entirely by leaders during the time a change was being made in home agents.

Trained leaders who are not dismayed by large jobs and at the same time, are not too proud to

## These Are the Objectives Of Demonstration Program

By MRS. R. L. SEARLE  
Wire Grass Club

National Home Demonstration Week is being observed this week, April 29—May 5. This is the eleventh annual observance.

In connection with it, I would like to cite some of the primary objectives of this extensive Home Demonstration program.

We want to acquaint the general public, especially young homemakers with the extension service and its educational programs for homemakers. This is a form of public relations, and public relations consists of first, doing a good job; and second, telling folks of the job.

Extension work has an educa-

do the small worthwhile things are valuable assets to any community.

"Today's Home Builds Tomorrow's World" is just as true today as it ever was, and the members of our organization will continue striving to build better homes and communities in which to live and hope that "tomorrow's world" will be a better place because of our efforts today.

tional program an income production and community development as well as in homemaking. Very few farm people are taking advantage of this educational assistance.

In our homemaking program we learn better methods of food preparation, food conservation—canning and freezing, preserving, etc.; planning meals for better family health, with an eye to economy.

Through this same program, we are given help with re-decorating our home, selection of household equipment to suit our needs, landscaping our grounds and general home improvement practices.

Clothing is another field in which we learn new and better methods of construction, thereby giving a professional look to our home-made clothing and saving money on the clothing budget at the same time.

I know of no other one source of so much educational assistance, available without cost to the homemaker.

### Loan Fund

Not only are we interested in educating ourselves, but we also have a loan fund in North Carolina, to help young people (fu-

ture homemakers) go to college to pursue their studies in home economics or any other field of their choice. There are 27 girls attending college this year who have been granted loans through this fund. I know of one girl from Carteret County who is taking advantage of this opportunity.

We would like to strengthen local planning and local participation in extension programs.

"Plan your work and work your plan" has long been a motto which has paid off. I don't feel that we, the women of Carteret County work as hard as we should to make a success of our Home Demonstration Clubs.

When I went on the United Nations tour last fall with women from other counties in our state, it was a little embarrassing to hear the others talking of what they were doing in their counties, as compared to what we were accomplishing here. We are improving, doing more, but we still are just not doing enough.

We haven't the excuse, "There's no one to give the demonstrations when the agent can't be with us." We have leader training meetings held by the agent for this purpose, and we do have an efficient agent to guide and help us with all of our programs and problems. So, let's all work harder, get things done in Carteret County, push the

Home Demonstration program and use it to the fullest.

Then, maybe this year when the UN delegate from this county goes on tour with women from other counties, she will be justified in doing a little boasting too.

### Research Important

Let's tell homemakers about research which relates to the home and family, and the importance of their putting it into practice. Industrial giants which have brought so many good things to the people of America were among the first to recognize the value of research. Agriculture and home demonstration work needs to intensify its research and translate this research into everyday living.

Home Demonstration Club work is simply an educational program, designed to carry the findings of research to the home and the farm family. This interpretation of research for practical use is the educational responsibility of extension work. We, as club members, can benefit from this research, only through regular attendance at our Home Demonstration Club meetings.

Extension work assists families in understanding broad problems of agriculture and their relation to local, national, and world affairs. Greatly enlarged communication.

See OBJECTIVES, Page 2, Sec. 2



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## Who Will Be Mother-of-the-Year?

NOMINATE YOUR MOM FOR TOP HONORS AND A WEALTH OF VALUABLE FREE GIFTS AS CARTERET COUNTY'S "MOTHER-OF-THE-YEAR"

The Winning Mom  
Will Receive All  
These Valuable  
**GIFTS**

### Rules For "Mother-of-the-Year" Competition

1. Any mother in Carteret County is eligible for the competition.
2. Any relative or friend may submit nominations. There is no limit to the number of nominations that may be submitted for any mother. Extra ballots may be obtained at THE NEWS-TIMES office or from the sponsors.
3. On your ballot give your reasons, in 25 words or less, why the mother you nominate should be the "Mother-of-the-Year."
4. Selections of the winning Mother will be made by the judges on the basis of reasons given on the nominating ballots as verified. The judges' decision shall be final.
5. Ballots must be deposited in the ballot box at THE NEWS-TIMES office not later than 10 a.m. on Wednesday, May 9, or mailed to the office of this newspaper by that date.
6. Employees of this newspaper and participating stores are not eligible for this competition.

### OFFICIAL ENTRY BLANK

I Nominate \_\_\_\_\_

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For

"Mother-Of-The-Year"

BECAUSE \_\_\_\_\_

Use 25 Words or Less

Entry Submitted by \_\_\_\_\_

Address \_\_\_\_\_

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## CARTERET COUNTY NEWS-TIMES

