

Four County Cage Teams Will Play This Weekend

Smyrna, Beaufort to Meet In Only County Contest

Four county hoop teams will swing back into action this weekend after the long holiday lay-off. Smyrna will invade Beaufort and Morehead City will travel to Wallace Friday night. Newport will visit Swansboro Saturday, with the Beaufort and Swansboro jayvees playing the first game of a triple header.

The Atlantic Pirates will see their first action Tuesday night when they will play host to Beaufort's Seadogs.

Most observers see the battle for the county championship a three or four-way fight this year. Beaufort, Morehead City and Newport are riding high right now with Atlantic still in the picture as a dark-horse.

By tournament time the Smyrna Blue Devils may have developed into a threat. This is Smyrna's year for the county tournament, so the Blue Devils will have the advantage of playing on their home court.

Smyrna Girls Favored
In the girls division, the Smyrna Lassies seem to be the class of the county. They have won seven straight games this season after winning the county championship last year. They have the tallest team in the county.

The Newport and Morehead City girls teams hold perfect records in the county. Newport holds two victories over Atlantic and one at the expense of Beaufort. Morehead City has one victory over Atlantic. Beaufort has played only one game in county competition, losing to Newport.

Llewellyn Phillips, Morehead City, is leading the county in scoring average. He has racked up 112 points in five games for an average of 22.4 points per game.

Top Scorer
Roger Harris of Atlantic is tops in the total points scored by a county player. He has hit for 137 points in seven games for an average of 19.6 points per game.

Other players in the county averaging 10 points a game or better follow: Johnny Mason, Newport, 19; Butch Hassell, Beaufort, 18.8; Stevie Mason, Atlantic, 16; Glenn Willis, Smyrna, 14; Larry Wallace, Newport, 13.8; Reuben Lilly, Newport, 13.2; Bobby Nelson, Atlantic, 13.1; Darden Eure, Morehead City, 11.8; and John Phillips, Morehead City, 11.

Former Queen Street Pupil Makes Headlines

William Henry George, former Queen Street High School student, made the headlines on the sports page of the Elizabeth Daily Journal, Elizabeth, N. J., recently. The first paragraph of the story follows:

"A spectacular 90-yard touchdown run by William George on a pass interception in the third period proved the deciding factor as Jefferson High's football team conquered the favored Cranford High eleven, 20-13, yesterday before 5,000 sun-bathed fans at Williams field."

Wins Shotgun

Dalton Willis, Morehead City, won the shotgun given away by the Beaufort Jaycees Christmas Eve. Mr. Willis became eligible for the drawing when he donated a dollar to the Jaycee Christmas fund.

Winners—And A Loser

Columbus, Ohio (AP) — Vice squadmen who played the horses for a week to get evidence against a bookie did pretty well. Patrolmen Francis T. Nolan and Robert Wolvertson picked three winners. However, their winnings had to be turned in — along with the bookie.



Happy New Year

For your kind patronage in 1957, many thanks. And for the coming year all the best of fortune, health and happiness to you and yours.

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Doctor Explains Strokes, Effect, Their Treatment

Chapel Hill, N. C.—Strokes do not always incapacitate a person, nor are they confined to older people, according to Dr. John Hickam of Duke, president of the North Carolina Heart Association.

"Prompt treatment hastens the recovery of a stroke victim of any age," said Dr. Hickam, "and of those seriously affected, 90 per cent can be taught to walk again and 30 per cent can be taught to do gainful work."

Physicians refer to strokes as "cerebral vascular accidents," Dr. Hickam explained. Such accidents occur when an artery to a portion of the brain ruptures or is closed suddenly. There are several ways in which this can happen: through hemorrhage; through the formation of a clot in an artery of the brain or through a clot formed elsewhere in the body being pumped to the brain and becoming lodged in an artery there; through pressure of swollen brain tissue; or through a spasm of one of the arteries in the brain.

Among the causes of these accidents are congenital defects of brain arteries, physical injury, infections of the blood vessels or general infections, blood diseases, heart diseases, hardening of the arteries and high blood pressure.

Strokes in young people are most frequently caused by rupture of a defective blood vessel which developed before birth. Also, young people who have had rheumatic heart disease or a bacterial infection of the lining of the heart may form small clots in their hearts, which are pumped into a blood vessel in the brain, causing blockage.

Strokes vary
"Strokes may be mild or quite severe," Dr. Hickam pointed out. "Effects may range from slight paralysis and difficulty in speaking to unconsciousness and death. When the damage is slight, symptoms can clear up rather quickly. In most cases, the patient does not die, and if he survives the initial attack and has no recurrences, his life expectancy is often as great as that of persons of the same age who have not had strokes."

In past years, there was little that doctors could do for patients who had strokes, but today there are several methods of treatment which can be used to help patients immediately after a stroke. Not the least important, according to Dr. Hickam, is an encouraging and hopeful attitude on the part of the physician and family.

For the seriously stricken, good nursing care is necessary. If possible, the family should help with the patient's physical needs, always encouraging him to do as much as he comfortably can for himself. Where paralysis of an arm or leg has occurred, massage and assisted movements of the limb are a part of modern treatment.

Speech Training
Gradually, the patient is encouraged to sit up, then to stand, and finally to walk. Where speech is affected, the services of a speech therapist may be required to help retrain the patient and this is very important, for the patient who cannot communicate with others is apt to feel particularly helpless and depressed about his condition.

"It is never too late to attempt rehabilitation," said Dr. Hickam. "Even patients who have been disabled for months or years as a result of strokes can often be helped—at least to get about and care for most of their physical needs. Some can even be taught to do gainful work."

"Modern medicine is constantly developing new techniques to treat diseases of the heart and blood vessels as well as to help people get over the effects of these diseases. We still don't know what causes strokes and other cardiovascular disorders, but research is finding out more about these great killers, and we know that we're getting closer to the answers all the time."

Dr. Hickam pointed out that everyone has the opportunity to contribute to heart and blood vessel research through the Heart Fund, whose annual drive takes place in February.

"The North Carolina Heart Association and its local chapters are making available to the public a pamphlet called 'Strokes,' published by the U. S. Department of Health, Education and Welfare," said Dr. Hickam.

"This pamphlet contains helpful information for families of stroke victims. Single copies are available free of charge from local Heart Associations or from the North Carolina Heart Association, Miller Hall, Chapel Hill, N. C.," he concluded.

You can pare apples before baking them if you like.



New Discovery to Play Opposite Errol Flynn

New York (AP)—Jan Brooks, a 21-year-old English actress who has never appeared on the London stage has been picked to be Errol Flynn's leading lady in 'The Master of Thornfield' on Broadway.

The play, an adaptation of Charlotte Bronte's 'Jane Eyre,' is planned by producer Huntington Hartford for arrival in March. Hartford discovered Miss Brooks at a small suburban London theatre where she has been acting for a year and a half.

What 'Soil pH' Means

By M. E. GARDNER

The question is frequently asked: what do we mean when we speak of soil pH? Simply stated, it refers to the relative acidity (sourness) or alkalinity (sweetness) of the soil. The pH of the soil directly affects the growth of all plants and this is the reason lime is needed for some and not for others.

If we apply a set of values to the pH range, from 4 to 10, we can state the ranges as follows: 4 to 5.5, strongly acid; 5.5 to 6.5, slightly acid; 6.5 to 7.5 neutral; and above 7.5 alkaline.

It is common knowledge that the azalea and the camellia require acid soils with the azalea being more tolerant of acid conditions than the camellia. Applying the scale already given, the azalea would fall in the range between 4.8 and 5.7 and the camellia between 5.0 and 6.0. This is getting a little technical, but it illustrates my point.

Since the ranges are not significantly different, both plants are usually grown in the same general area.

On the other side of the picture

Cargill, Grain Firm, Sees Record Volume During '57

Minneapolis—Record volume and coast-to-coast expansion of handling, processing and warehousing facilities marked the 1957 activities of Cargill, Incorporated, pioneer grain firm with headquarters here.

During the year, the 93-year-old firm, which operates a grain-loading unit at the Morehead City port, reported an all-time high of over a billion dollars in sales and more than 14,000,000 tons of agricultural commodities handled.

"Cargill's profit margin," said Cargill MacMillan, president, "was within the one per cent level we believe to be best for the success of our program of better service to agriculture through greater volume and lower margins."

"Cargill's grain volume for the crop year ending May 31 may well exceed half a billion bushels," MacMillan said. "We and other grain firms can do a much bigger and better job, however, only if the government's Commodity Credit Corporation will take the long-needed steps to permit more freedom and competition among the private trade."

Expansion Reported

Expansion by the company's grain division, which now includes 45 terminal and sub-terminal elevators on all coasts and in the interior, and 55 country elevators in the mid-West and South, was reported as follows:

Completion of a 2,100,000-bushel export elevator at Norfolk, Va.; completion, at Sacramento, California's largest grain storage tanks raising that installation's total capacity to 875,000 bushels; completion of a 1,300,000-bushel addition to present facilities at Maumee, Ohio; leasing of a 1,000,000-bushel elevator at Plainview, Tex., in the center of the nation's leading grain sorghum producing area; leasing of a 320,000-bushel elevator in Perry, Ga., to serve North Georgia's growing poultry industry and start of construction on an all-steel grain storage unit to hold 1,500,000 bushels at Fort Worth, Tex.

Cargill's oil division, now the nation's largest vegetable oil processor, completed and began operation of an ultra-modern soybean oil and meal plant at Memphis, Tenn. The company's ninth, it increased total production capacity 30 per cent and helped enable Cargill this year to consume 35,000,000 bushels of soybeans and flaxseed providing a market for roughly 2.5 million acres of farmers' crops.

Land Purchase

Nutrena Mills, Inc., the company's animal feeds division, purchased land for an 840-acre research farm near Elk River, Minn. Construction of initial buildings is nearing completion and final plans include provision for touring educational groups to view feeding experiments on poultry, swine, cattle, sheep and other animals.

Cargill's research department, serving all divisions of the company, completed and occupied a new research and engineering building adjacent to the firm's suburban headquarters office.

Most significant of the new products derived from the company's stepped-up research program is Polyurethane 102, a paint and varnish vehicle providing extreme hardness, flexibility and impact resistance on wood, metal and other surfaces. Based on a combination of resin and vegetable oil, it is the latest of Cargill's output of "creatively processed" farm products.

The test will not only determine the pH but also organic matter content and the essential available nutrient elements such as nitrogen, phosphorus, and potash.

Your county agent, vocational teacher or the Soil Conservation Service in your county will be glad to help you. Some of them can run a quick test for pH, but for complete analysis, the samples should be properly collected and sent to the Soil Testing Laboratory, State Department of Agriculture, Raleigh, N. C. Sample boxes are available in the county agent's office with complete instructions for collecting and mailing.



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No Driver to Get New Car License Without Insurance

New requirements for license plates in North Carolina will go into effect, beginning January 1958.

Drivers will be required to submit along with their applications, a certificate (Form FS-1) showing that they have automobile liability insurance or are in compliance with the 1957 Vehicle Financial Responsibility Act.

North Carolinians are also required by law to pay a driver's education fee of \$1 towards the high school driving program. Likewise, applicants must specify the county in which their vehicle is subject to tax.

Under a law passed by the 1957 General Assembly, car owners will not receive license plates unless they can show Form FS-1.

All insurance companies in North Carolina will mail these certificates to policy holders prior to Jan. 1, 1958.

Required is an owner's policy of automobile liability insurance. This provides insurance for damages to persons or property caused by the

subject's motor vehicle.

It is not sufficient to have collision and comprehensive insurance which only covers damage to one's own vehicle.

The minimum amount is \$5,000; \$10,000 bodily injury liability and \$5,000 property damage liability. This insurance can be obtained through insurance companies or a licensed North Carolina insurance agent.

If an individual allows his insurance to lapse, the law states that he must immediately surrender his license plates to the Dept. of Motor Vehicles.

Vehicles may not be operated after Feb. 15, 1958, without the '58 plates attached.

According to the law anyone who operates a motor vehicle or permits anyone else to drive it without the prescribed insurance will be subject to prosecution in court.

The law also declares that falsification of any documents in connection with this law, subjects one to severe penalties.



Our wish for the New Year

May the coming year bring a host of good things your way and may the season's joy brighten all your days.

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