Outstanding Club Member To be Honored Friday Night

"The Farm Bureau has a definite platform and sticks to it," Mr. Stroud continued. "The bureau is dedicated to preserving our freedoms, telling the farmers' story, promoting rural development, protecting the rights of states, asking for economy in government, expanding foreign trade, improving rural health services and setting rural health services and getting adequate educational facilities."

Mr. Stroud concluded, "Orr program is based on the idea that free thinking individuals, when given the facts and after discussing them together, will reach decisions in the best interest of all.

"This is how farmers, through an organized grass roots plan, get results on the county, state and national levels. The thinking of organized farmers is needed in America more today than ever be-fore to protect and preserve our freedom;

Historical Society Will Meet Saturday, Beaufort

The fall meeting of the County Historical Society will be held Sat-urday at 2:30 p.m. in the Methodist educational building, Beaufort.

The annual election of officers will take place. The program will be in charge of Miss Ethel Whitehurst. Persons interested in the work of the society are welcome, announces the president, F. C. Salisbury.

Economical

DELIVERIES



J. M. DAVIS **Texago Products**

Rotarians Hear Report on Port

Bill Davies spoke to the More-

new grain facility at the port Thursday night.

One of the major complaints of the ship companies using the port, said Mr. Davies, was that only one cargo, tobacco, could be picked up here, but with the present grain facility, although there is small storage capacity at Morehead City, more ships will find it desirable to make Morehead s port of call. Grain is being brought to the terminal by both rail and truck and there are more ships booked for grain cargo now than for tobacco at any time past, he said. Grain is a commodity wanted in foreign countries.

Every person should be vitally interested in the port operation, said Mr. Davies, as it affects the economy of the whole community. Visiting Rotarians were Lloyd Wygant, Ashland, Ohio, and Jack R. Sharp, Blowing Rock. Jim Sanders bad Allen Knott, Kinston, as his guest.

Coast Guard Ups Limit in Active **Duty Program**

Norfolk—Rear Adm. Harold C. Moore, commander of the Fifth Coast Guard District, announced today that openings in the Coast Guard Reserve's six-month active duty program have been doubled for the months of October and November.

Under this plan, men between the ages of 17 and 21 will go on active duty for six months and then train in a reserve unit in their hometown. High school senlors may defer this active service until graduation if they prefer.

Further information on this program is available at the Coast Guard Recruiting Station in the postoffice building, Morehead City.

Night in Morehead City
for six minutes shortly before 10
p.m. Sunday.

Carolina Power and Light Co. reported that a pole was leaning on lines at Fry Roofing. To get the pole out of the lines, the power flow was cut. The county was swept all day Sunday and most of yesterday by northeast winds and rain.

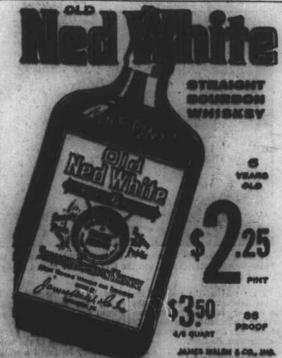
Guardsmen Can Pick Up

Sform Duty Checks Now
National Guardsmen of the Morehead City unit can pick up checks now at the armory for their duty during Heiene. Sgt. Dennis Goodwin, administrator, said the men

Toastmasters Club Sets Meeting for Tomorrow

The county Toastmasters Club will meet at Radio Station WMBL at 7:30 p.m. temorrew. Dr. Russell Gutlaw will be toastmaster and O. N. Allred will be topic master. Prepared speakers will be David Willis, P. D. Bray, W. C. Wilkins and Jasper Bell. Their critics will be Dr. W. L. Woodard, Lecil Smith, John Baptist and P. H. Geer Jr.

The bottom of oceans are often rugged rather than flat. There are enormous sunken mountain ranges such as the gigantic Mid-atlantic Bildse



Farm Bureau (Continued from Page 1) tener. Mr. Creech has been a member of the Farm Bureau since 1952. The Mome Demonstration Clubs woman of the year will be named at the achievement program Friday night at the American Legion building, Beaufort The meeting will atart with a family night sovered dish supper at 8:30. The speaker will be H. L. Joelyn

Since Mr. Creech was already "said" on the Farm Bureau, Mr. Stroud had no trouble writing up the membership and collecting the samual dues. Like most hureau salicitors, Mr. Stroud reviewed the advantages of membership in the Farm Bureau to show Mr. Creech that his money was well spent.

"The Farm Bureau provides income tax service for farmers, gasoline tax refund service, no lary service, hospital care and hospital saving associations, a mutual insurance company for auto, farm, fire and life insurance and a strong organization that can get things done on a state and national level," he said.

"The Farm Bureau has a def-

President E. C. Watson read a letter from the state highway commission acknowledging the petition sent by the Lions concerning the establishment of a car ferry from Ocracoke to Cedar Island.

The club secretary was instructed to send \$50 to the county welfare office to help pay for glasses. The Lions give \$300 per year for this cause.

Next Monday night members of head City Rotary Club about the new grain facility at the port the Morehead City club will be at the Inlet Inn, Beaufort, to discuss the formation of a Lions Club in

Friday, Mrs. Versia Reels and daughter, Beaufort. Saturday, Mr. John Curry, Che-raw, S. C.

Power Goes Off Sunday Night in Morehead City

National Guardsmen of the More-bead City unit can pick up checks now at the armory for their duty during Helene. Sgt. Dennis Good-win, administrator, said the men must pick their checks up in per-

Total pay for the Guardsmen from 4:30 p.m. Saturday, Sept. 27, to 12:55 p.m. Sunday, Sept. 28, amounted to \$545.68.



Dodge Delivers the Best

'No words of praise are too high for the 1959 Dodge," says Halsey Paul, left, of Paul Motor Co. Beaufort. For the delight of any day, drive a Dodge, he declares. The new Dodge is on display now at Paul Motor Co., Front Street.

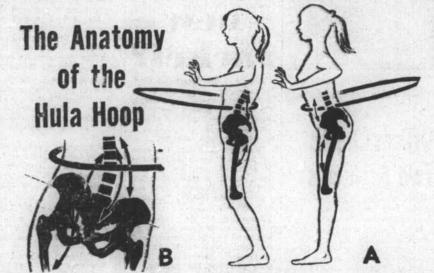


Figure A shows how a child keeps a hoop in rotary motion by rapid reciprocating movement of the pelvis. All flexors and extensors of the vertebral column, the pelvis, and the thigh are used (arrows). Figure B shows how rapid tilting of the pelvis is synchronized with sagittal flexion-extension. Muscle groups act singly and then in concert to produce gyratery motion. The muscles involved (shown by arrows) are iliacus, psoas, quadratus, lumborum and erector spinae.

Cartoon below shows an adult who thought there was nothing to it.

Put down that hula hoop, Pop, unless

lumbo-sacral joint went into lazy adult retirement years ago.

For the benefit of those puzzled parents who wonder what mysterious power is employed to keep a hoop gaily spinning around juvenile hips, Scope Weekly — a medical newspaper published for doctors by the Upjohn Co. - took hula hooping in for a clinical examination. Here's the

Hula hooping is an excellent form of exercise for youngsters, but can cause disastrous consequences in an adult. This is because it involves muscles that the average adult doesn't ordinarily use.







School Lunch Menus Listed

Korean Visits Air Base



Marine Corps (left) is welcomed upon arrival at Cherry Point Friday by Brig. Gen. E. C. Dyer, commanding general, Marine Corps Air Station. General Kim is touring several east coast Marine Corps bases to study Marine Corps organization and training methods.

Port Calendar Morehead City State Port

Erlangen-Docked Saturday to load tobacco for Europe and sailed Sunday.

Chastine Maersk-Docked Sat-urday to load tobacco for Bangkok and sailed Sunday. Esso New Orleans - Docked

Saturday to unload petroleum products for Standard Oil and sailed yesterday. Trinity-Docked last week and is still waiting for a load of grain

for Europe. Kinderdyk-Due Wednesday to load tobacco for Europe.

Essen-Due next Wednesday to

Eastern Prince — Due next Thursday to load tobacco for

gels have been indexed. A direc-lory of show investors has been compiled by Steve Keegan. Covering theatrical productions of the last decade, it itemizes those who invested a total of more than 25 million dollars.

James C. Steed, outside salesman for Sears, Roebuck and Company in Carteret County, yesterday as sumed new duties as manager of million dollars.

Patrol Looks For Hit-and-Run Car

A 1957 Ford driven by Otis Earl Lewis, route 1 Beaufort, was side-swiped by a hit-and-run driver at 10:30 Saturday night on the West Beaufort Road. Patrolman W. J. Smith Jr. said

ratroman w. J. Smith 37. Said that Lewis was headed east when a car turned west on to the West Beaufort Road from highway 101. It was going at a high rate of speed and hit Lewis's car on the left side and continued on.

The hit-and-run car is believed

to be a green and white 1956 Ford. A headlight rim from the unidentified car was found on the road. If anyone knows of such a car with a missing headlight rim, or knows any other helpful informa-tion about it, they are asked to call the highway patrol, PA \$-3772.

Receives Promotion

SAME AND AND THE He's the picture of kealth because he romps on WARM FLOORS! iealen OIL HOME HEATER GUARANTEES MORE AND HEAT OVER YOUR FLOORS

> ALLEN & BELL HARDWARE CO. Newport, N. C.