

From Coal to Electricity



Fifteen rail cars of coal head into Carolina Power and Light company's Cape Fear steam-electric generating plant near Moncure, N. C. This shipment, about 1,350 tons, will supply the plant for eight hours. Inset, a bulldozer and coal cars are dwarfed by the gigantic 115,000-ton coal reserve at the Cape Fear plant. Here coal is converted into electricity — "coal by wire" — to serve CP&L customers in the two Carolinas.

Home Demonstration News

Gifts from Kitchen Can Be Frozen Beforehand

By FLOY G. GARNER
Home Economics Agent

I am sure that all of you who have freezers are familiar with the use of aluminum foil (heavy duty) in packing foods for freezing. Why not try freezing gift foods ahead. Gifts of holiday foods, specialties of your kitchen, are appreciated more than anything else you give to friends and relatives during the holidays. Plan to make them in advance, wrap in foil and freeze. Good foods to freeze are cookies, cakes, fancy breads and rolls, mince and pumpkin pies, chiffon pies.

Several hours before giving, remove the packaged gift foods from freezer and defrost, leaving the wrappings in place. If moisture accumulates on foil during defrosting, pat dry with a towel; then tie with gay ribbons.

Here are recipes for two excellent "Prepare Ahead and Freeze" gift foods:

Ground Hazel Nut Loaf Cake
1½ cups sifted cake flour
1 teaspoon baking powder
½ teaspoon salt
½ cup butter or margarine
¾ cup sugar
2 eggs
1/3 cup milk
½ cup ground hazel nuts, hickory nuts or pecans

Sift flour and measure; add baking powder and salt and sift again. Cream shortening until soft; then add sugar gradually and beat until light and fluffy. Add eggs and beat well. Add milk alternately with flour. Add ground nuts and fold in thoroughly.

Pour into a loaf pan 8" x 4" x 3" that has been lined with aluminum foil. Bake in a slow oven (325 de-

the touch. Cool 10 minutes; then remove from pan. Cool thoroughly; then wrap in aluminum foil and freeze.

Holiday Fruit Pudding

1 cup milk
3 cups soft bread crumbs
½ cup butter or margarine
½ cup molasses
1 cup sifted flour

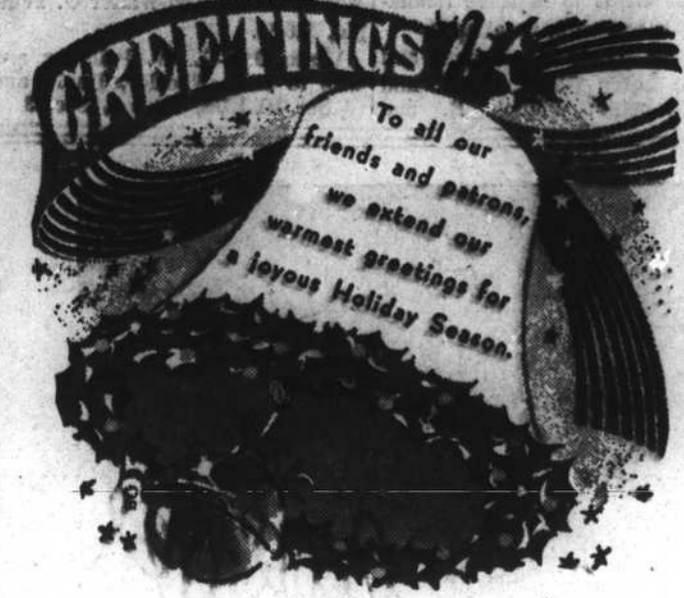
See GIFTS, Page 5, Section 3



A Prayer FOR CHRISTMAS

"Peace on earth, good will to all men" is our heartfelt prayer at this holy Christmas season.

Machine and Supply Co.
Beaufort-Morehead Causeway



Beasley's Radio & TV Service

PA6-4791

827 Arendell St.

Morehead City, N. C.



Blessings

To our many friends our wishes for a Christmas that will be rich in joy and good health.

Wilis Auto Supply Co.

Morehead City, N. C.



to all our good friends

Hardesty Motors

YOUR MERCURY-COMET DEALER

Sales and Service

Arendell St.

Morehead City

Thoughts at Christmas Time

By MYRTLE SMITH
Route 1 Havelock

As I sit in the quietness of the night I am alone with my thoughts and it is during such periods that we meditate. I like to think of things past, things present, and then things that are to come.

Tonight my thoughts are especially centered around our Saviour's birth, and again I wonder at the great miracle. As in years past I relive the Christmas story, a story that never grows old, a story that tells how He brought love into our world, where there was hate. Each time I read it I somehow feel a part in the events of that day.

On that day when the shepherds were guided by a bright star in the tiny village of Bethlehem I like to think of them having receptive minds for if they had not listened they would not have found the babe. They did, however, follow the guiding light so it became a shining symbol of hope for all mankind.

The Wise Men came and offered gifts to the newborn King and worshiped Him, and the angels sang "Glory to God in the Highest, Peace on earth, goodwill to men."

In our day we sing Christmas carols and present gifts but I cannot help but wonder if we have the peace in our hearts as they had in that day.

Do we sing only from the lips and do we, when we present our gifts present ourselves with each one, or do we just give because we expect something in return?

I was rather amused Saturday when a girl came in the store (a store in Morehead City where I try to help out during the Christmas rush) and asked to see several pieces of merchandise. It seemed that she had drawn someone's name and so she felt obligated to give something.

She made it very clear that she wanted something cheap because

the person she was to give it to was someone she didn't like at all. This brought a smile, but I also thought that in our world we may have many people like that. Maybe they wouldn't speak out so freely but the thought would be there, nevertheless.

Soon after she left the store another was helped. This lady came in on crutches. Her leg was in a cast but she had a radiant smile. I had to wonder if I could have the courage she had. A chair was brought forward and she was made comfortable and then she proceeded with her long list.

I am sure each gift was purchased with love for the one it was to be presented Christmas day. I do not know this lady and her husband who accompanied her, but I am sure they will have a nice Christmas.

It gave us much pleasure to help her and three of us helped take the packages out front to the car. They both thanked us and I remember her saying as she made herself comfortable in the car, "Well, it could be much worse." She was not complaining but she was thankful.

Every Christmas some people are sad where others are happy, for sadness and gladness must come to everyone.

I am reminded of a little girl that I read about only last week. She is suffering from cancer. It is all over her little body. Recently they had to amputate one of her legs, hoping maybe they could stay the dreaded disease.

In discussing this with her she said that if her leg was gone she could never ride her bicycle. Then she decided she would be strong, if this would only make her well again. So she consented to the operation not knowing she would never recover from this illness.

Then my thoughts go to the air-men who are imprisoned by the Russians. They will not see their loved ones for Christmas and they may never return. There will be tortured dreams, empty longings, and a child's question unanswered.

Surely a mother cannot answer her child's question "When is Daddy coming home?"

There are seven of these men imprisoned in the Soviet Union, missing or dead. For them there is little hope, yet their families are striving to recapture the Spirit of the Holiday. They write and send

gifts but they do not know whether they are received.

I am thinking too, of this wonderful friend who only last week lost her precious mother. I think how lonely she will be this Christmas for there will be a vacant chair.

I am thinking of the sadness that was caused when they had that terrible plane wreck right in the heart of the city of New York. We have had many of these and many lives are lost.

I have thought of the terrible fire in Beaufort (Standard Products Co.) and the loss to the owners and to the employees. They will be out of work for some time and when some are out of work, it affects many.

I think of a mother who had to give up her three children, and of their not being together for Christmas. They will be separated from now on. One will be adopted and the others will be put in an orphanage.

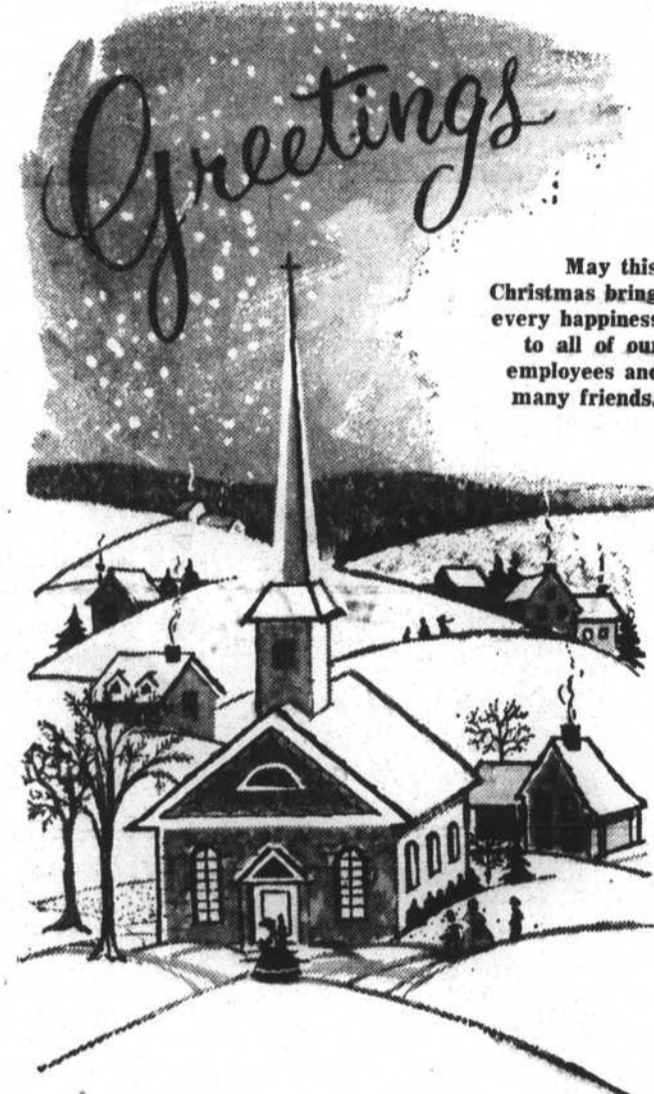
The children in this case will suffer for their mother's wrongdoing and this is a tragedy indeed. I cannot help but feel sorry for the mother and I am sorry she wasn't given another chance. She may have changed, I like to think so.

We should stop and think of our postal employees and how busy they are sorting our mail regardless of how much comes in. They must feel weary at the close of the day. A mail carrier on our route could receive a note of thanks or a small gift to show our appreciation. It wouldn't cost much and I am sure he would appreciate it.

I think of other people, especially those that serve and I think how easy it would be to say "Thank You." Some do this and I am sure it makes them happier, however others do not think or just neglect saying kind words.

I so much enjoy seeing the happy faces of little children on Christmas morning and I usually try to see as many as I can for this brings to me so much joy. We can turn, though, from these bright faces and find others that are cold and hungry and do not have a Christmas like these just mentioned, however in the Spirit of the Christ Child we can do our best to help make some happy, and when we do this our joy will exceed anything we have ever experienced before.

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Greetings

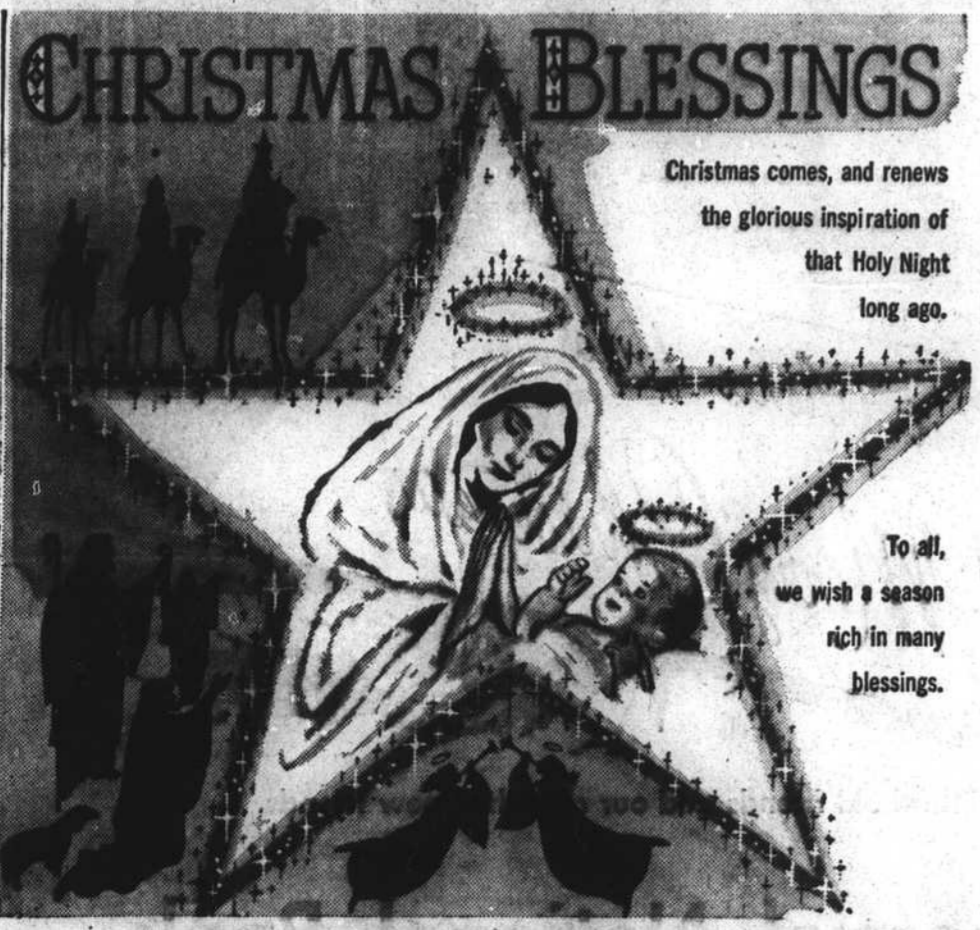
May this Christmas bring every happiness to all of our employees and many friends.



May this Yuletide impart New Joy and Happiness into your heart

Eighth Street Service Station
Corner 8th and Evans
Morehead City, N. C.

Morehead City Garment Co., Inc.
Morehead City, N. C.



CHRISTMAS BLESSINGS

Christmas comes, and renews the glorious inspiration of that Holy Night long ago.

To all, we wish a season rich in many blessings.



May all the joys of the Yuletide season be yours in great abundance!

Morehead Block and Tile Co., Inc.
Phone PA6-3976 — Morehead City, N. C.

Carteret-Craven Electric Membership Corporation
Morehead City, N. C.

To read this Christmas greeting, hold the paper almost level with your eyes and look toward the top of the page.