

## Down Main Street

Mr. and Mrs. D. R. Fouts, Jr. of Havana, Cuba were the guests of Mr. Fouts' parents, Mr. and Mrs. D. R. Fouts, here this week. After a visit to Pittsburgh and Peoria, Ill., they will return to Burnsville for a few days.

Mr. and Mrs. Otis Proffitt have returned to Detroit, Mich. after a visit here with relatives.

Mr. R. V. Angel, who has been a patient in Moore General Hospital for the past several weeks, is home again and able to be out.

Vance Silver of the Jacks Creek section is a patient at The Baptist Hospital in Winston-Salem, where he is undergoing treatment.

Mr. and Mrs. James Ramsey and son, Jimmy, of Rockville, Md. spent last week end visiting relatives here.

Jack Bailey, who is now with the U. S. Air Force is now visiting friends and relatives in Burnsville.

Ray Penland, who has been employed in Aiken, S. C., has returned to his home here.

Mrs. John English and Mrs. Elmo Edwards plan to leave by plane on May 31 to join their husbands who are employed in Alaska.

Mrs. Roy Hensley and son of Washington, D. C. are here to spend the summer months with Mrs. Hensley's parents, Mr. and Mrs. Milt Higgins.

Mr. and Mrs. E. Y. Fox and daughter of Charlotte were the guests of Mrs. J. G. Fox last week end.

Mrs. Fred Maiwurm of Asheville was the guest of Mr. and Mrs. L. V. Pollard, last week end.

Mrs. Swink has returned to the home of her daughter, Mrs. Torey Tyner here, after a 10-day visit with her son in New York.

Margaret Silver, daughter of Mr. and Mrs. R. N. Silver of Micaville, and Llewellyn Ray, daughter of Mr. and Mrs. Troy Ray of Burnsville, are home from Appalachian State Teachers College, Boone, for the summer vacation.

A 3c Reuben B. Higgins, son of Mr. and Mrs. Robert L. Higgins of Rt. 1, Burnsville, of the U. S. Air Force is now stationed at Francis E. Warren Air Force Base, Cheyenne, Wyoming, where he is taking advanced schooling in auto mechanic.

Several members of the Burnsville Home Demonstration Club attended the District Convention at Biltmore Estate in Asheville Wednesday.

Intermediate boys and girls from the Baptist churches in the Yancey Association will leave for a week's retreat at Fruitland, N. C. on June 2 and will be there through June 6.

### ROBINSON-WOFFORD

Miss Mildred Eloise Robinson, daughter of Mr. and Mrs. Arthur Robinson of Hamrick, and Richard Llewellyn Wofford, son of Mrs. J. L. Wofford and the late Mr. Wofford of Danville, Va., were married Thursday afternoon at 4:00 o'clock in the chapel of the Myers Park Presbyterian Church in Charlotte. The Rev. Hal Malmberg officiated at the double-ring ceremony.

Jerry Pence was best man, and Miss Carolyn Smith was maid of honor. They were the only attendants.

The bride wore a dress of seafoam blue silk shantung with navy accessories. She carried an old-fashioned bouquet of gardenias and sweet-peas.

Mrs. Wofford attended Asheville Teacher's College and is employed by the Wachovia Bank and Trust Co. in Charlotte.

Mr. Wofford attended the University of North Carolina and served for three years in the United States Army. He is now employed by Fruehauf Trailers in Charlotte.

### EDWARDS-SHANKLE

Miss Velma Carolyn Edwards and Rev. Jack Norman Shankle were united in marriage in St. Paul's Methodist Church in Asheville on May 5. The Rev. J. R. Bogle officiated.

Mrs. Shankle is the daughter of Mr. and Mrs. E. C. Edwards of Bee Log. The groom is the son of Rev. and Mrs. Byron Shankle of Level Cross, N. C.

The couple will reside in the Methodist parsonage at Bald Creek.

### Youngs Visit Son In Newport News

Mr. and Mrs. Will Young of Newdale have returned home from 10-day visit with their son, Harry L. Young, and family at Newport News, Va. Harry is employed in the Engineering Research Department of Newport News Shipbuilding and Dry Dock Co.

While in Newport News, Mr. and Mrs. Young attended the launching ceremony of the luxury liner The United States. The United States is the largest liner ever built in this country.

Harry will be aboard the luxury passenger ship on a cruise to Cuba in June.

### MARTIN'S CHAPEL BIBLE SCHOOL

Vacation Bible School at Martin's Chapel Methodist Church will begin Monday, May 26 at 9:30 a. m. There will be no kindergarten class this year, but children who will enter the first grade in the fall may attend the primary class. Mrs. Cartha Young, Miss Doris Young, Miss Margaret Calbeck, and several mothers will be the teachers and assistants. The younger children will be studying a New Testament course, "Jesus, the Friend". The older boys and girls will study the Old Testament. Sessions will close at 11:30 each morning.

Micaville High School seniors held graduation exercises in the high school auditorium Tuesday night with about 42 students graduating. Sabra Sparks, daughter of Mr. and Mrs. Clarence Sparks was valedictorian and Richard Young, son of Mr. and Mrs. Shell Young was salutatorian of the class. Mr. W. B. Harrill delivered the address.

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## DALE CARNEGIE

AUTHOR OF "HOW TO STOP WORRYING AND START LIVING"

### Some People Never Die

WHEN GEORGE SCHMIDT, Minneapolis, received word that his father had died, he traveled home on an airplane. Looking down through the window he saw some houses through a hole in clouds, and noticed one particularly, a little white house, bathed in sunshine.

Then he thought of another white house in Jersey which he used to visit. A little old Swedish lady lived in that house, and it was a place to go if you had any problems on your mind. The door always opened wide when you knocked and there was Mrs. Evander with a big smile on her face. She had a heart as big as the world, and she loved everyone. If she heard someone was sick, she would prepare some tasty dish. She sent flowers from her garden to all the shut-ins she knew about, and she had a smile and a cheerful word for everybody.

George remembered that when this little lady died a host of friends came to bid her farewell. He thought then that some people can never really die; they leave too much of themselves in this world; all the good, kind things become a part of everyone they have contacted, and though they may leave this world, they live on in the hearts of all who knew them.

Suddenly he felt very peaceful, because his father had been that kind of a man, a grand guy, who loved to laugh and to make other people laugh with him. He remembered his own happy childhood, and all the kind words and the understanding his father had given him. He knew he would never see his father alive again, but he knew, too, that he wasn't dead—he could never die. He left too much of himself with his son, and with all the people he had ever known.

Although sadness remained, the terrible despondency, the crushing grief was gone. He understood then how one may really achieve eternal life, and he found peace in that understanding.



Carnegie

### PRESBYTERIAN NEWS

By Rev. Charles Moffatt

The Sunday School Picnic will be this Friday, May 23 at Carolina Hemlock at 6 o'clock. Newdale and Micaville are to meet at their respective churches at 5:15 in order that all who desire to go will have a ride to Hemlock. Each family is asked to pack its own lunch, except that the Estatoa Sunday School will be the guest of Micaville and Newdale. If the weather is bad on Friday afternoon, we will have the picnic the following day, Saturday, May 24 at the same time and place.

Please note the schedule for preaching for this Sunday, May 25. Some changes have been necessary, as follows: 10:00 Estatoa, 11:00 Newdale, 7:30 Micaville.

Please check your paper to see that the dates and time (especially of the picnic) are accurate, else there may be some confusion.



IT'S TRUE that vegetables have generous amounts of vitamins and minerals in them, but unfortunately it's also true that appealing amounts of these can be destroyed by poor preparation and handling. Check yourself on some of the following points to make certain you're getting the most from vegetables.

Bruising causes a rapid loss of vitamins. It's best not to handle vegetables any more than absolutely necessary. Be quick; be gentle.

The skin on vegetables is a protection of vitamin loss to a certain degree. When cut, vegetables lose vitamin content, being exposed to air. It's smart to cut or prepare the vegetables just before cooking or before mixing to serve in a salad.

Valuable nutrients lie right underneath the skin of many vegetables like potatoes, carrots and other root vegetables. Pare thin; or better still, scrape. Cook in jackets, if possible, too.

### RECIPE OF THE WEEK

Coconut Apricot Candy (Makes 2 dozen)

- 3/4 cup dried apricots
  - 3/4 cup shredded coconut
  - 1/2 teaspoon grated orange rind
  - 1/2 teaspoon grated lemon rind
  - 1 tablespoon orange juice
- Wash apricots, cover with boiling water, let stand 5 minutes; drain. Put apricots and coconut through food chopper. Add orange and lemon rinds and orange juice. Knead mixture until blended. If candy is dry, add additional orange juice to moisten. If too moist, work in a small amount of confectioners' sugar. Shape into 1-inch balls. Roll in granulated sugar, additional coconut or finely chopped walnut meats.

Soaking dissolves minerals and water-soluble vitamins. Keep the vegetables from standing in water. Wash quickly under a running spray of water.

You can start cooking frozen vegetables while they're still frozen. In fact, it's better to do this than thaw them first as vitamin C is rapidly destroyed during the thawing.

Swish vegetables in the refrigerator as soon as they come from garden or market, particularly green vegetables. They won't wilt as easily.

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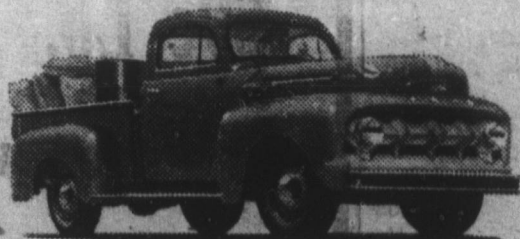
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## JACK AND JILL NURSERY SCHOOL

Announcing the Opening, June 2nd, of a Nursery School in the Dr. Robertson House. Caring for Children, Ages 2 to 6 years, Monday through Friday, 7:30 A. M. to 5:30 P. M.

Children Supervised at all times.

For Further Information call, Burnsville 18 any Monday, Wednesday, Friday or Saturday between 10 A. M. and 6 P. M., or write:

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