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Some of you sweet corn growers may be looking forward to the satisfaction of sinking your teeth in the first tender ears. Perhaps the corn ear worms are also looking forward to that time—and they usually get there first.

However, they can be effectively controlled with very little trouble. For small gardens it is probably sufficient and easiest to dust the silks of the corn with 5 per cent DDT dust. The dust should be applied directly to the silks when about three-fourths of the silks are showing and again when a few of them begin to turn brown.

For large plantings use a power sprayer and a DDT mineral oil emulsion. With the advent of hot, dry weather expect to have trouble with red mites, commonly called "red spiders". If the leaves of tomatoes, beans, dahlias or other garden plants turn a brownish yellow color they should be closely examined for red mites, which are very difficult to control. Malathion has been found to be effective but is toxic to human beings and should be used with care and strictly according to manufacturers' directions.

And don't forget the ever present Mexican bean beetle. As soon as you see some of the beetles—they are large brown or yellow lady bird beetles with sixteen spots on their wing covers—or as soon as you notice that some of the bean leaves have been eaten so that they resemble a piece of lace, get busy. The best control in the home garden is a 1 per cent rotenone dust.

Apply the dust to the undersides of the leaves. Rotenone is not toxic to humans and therefore may be used without danger even after the bean pods have formed.

Older people generally prefer to retire to smaller communities rather than to the larger cities. Exceptions to this rule are Los Angeles, San Diego, Seattle, Dallas, Houston, Memphis, Atlanta, Miami and Jacksonville.

NEW LEAFLET STRESSES CIVIL DEFENSE ROLE OF FARMER AND HIS FAMILY

The civil defense role of the farmer and his family is described in a new leaflet being distributed by the Federal Civil Defense Administration.

The publication—"RFD—Rural Family Defense"—is being distributed throughout the nation to point up the importance of rural residents in forging national preparedness.

A five-point rural civil defense program is outlined in the pamphlet:

1. Take Care of your Family yourself—"A mass enemy attack on America will disrupt much of the transportation, communications, business and conveniences on which rural families depend. You and your neighbors will need to 'live off the land.'" There are two very real and direct dangers to rural areas. The first is fallout. A potato, cellar, cyclone cellar or any storage cellar covered by earth is a good shelter (from radioactive fallout). The second danger is chemical and germ weapons. "You should know something of the effect of such weapons—the symptoms of the diseases or sickness they can cause in plants and animals. You should know what preliminary steps can be taken to counteract the effects of typical germ and chemical weapons."

2. Keep Your Farm in Production—Estimates show that a successful attack on all U. S. critical target cities would make survivors totally dependent on food stored in rural areas within two weeks.

3. Be Ready To Market Your Production—"You should know what plans have been made by your county for marketing farm products—most important, WHERE they will be needed. You must be ready to haul your products to these markets. You will need to know county plans for gasoline prior-

ities, and have a good knowledge of the highway system in your area."

4. Be Ready To Take In Evacuees—"You, your family and your neighbors should make plans now to shelter and feed evacuees if it becomes necessary. The Federal Civil Defense law provides that you will be paid for anything that is properly requisitioned."

5. Plan To Help Others—"Rural families may be asked to help the people in attacked areas." Your help will be most effective if you are trained to work on civil defense units such as rescue teams, first aid teams, wardens and auxiliary police. "If you are not in civil defense, ask your local or county civil defense agency how you may join a training class. If there is none in your area, help to get one started."

"The principles of civil defense are not new to rural people," the pamphlet emphasizes. "You have been taking care of your own, helping your neighbors, and ready to help other—in peacetime emergencies—for a long time. But the problems and dangers posed by possible enemy attack can be met and answered only by organization. Civil defense is that organization."

In addition to the distribution being made by FCDA, copies of the leaflet are available at five cents each from the Superintendent of Documents, U. S. Government Printing Office, Washington 25, D.C.

FOR YOUR HEALTH'S SAKE

By DR. WILLIAM L. BELL, D. O.

"Watch Your Step At Home" Is Chiropractic Drive Slogan

Be careful when you drive, be careful after you park your car, be careful at work—but, above all, be careful about everything you do at home. This is the advice of Chiropractors who are conducting a nationwide campaign to promote home safety.

Because we are spinal specialists and see the end result of home

accidents in our offices every day, we are urging people everywhere to avoid accidents which could injure the spine. The Chiropractor is specially trained to locate and correct deviations in the spinal

column which cause nerve pressure. If people understood the working of the human nervous system and how each organ of the body depends on nerve supply for proper function, they would exercise the greatest care to protect their spine from possible injury.

The spine may be likened to the main superstructure of the distributing system at an electric power plant. It supports the nerve cables which run from the brain to every organ of the body. Since these nerve trunks emerge from openings between the segments of the spine, the slightest vertebral misalignment can cause a pressure on the nerves and retard the flow of nerve energy.

By means of the X-ray and other forms of scientific analysis the Chiropractor can pin-point the location of nerve interference in the spine. Manipulation, or adjustments, of the vertebrae is then employed to correct the misalignment and remove the pressure.



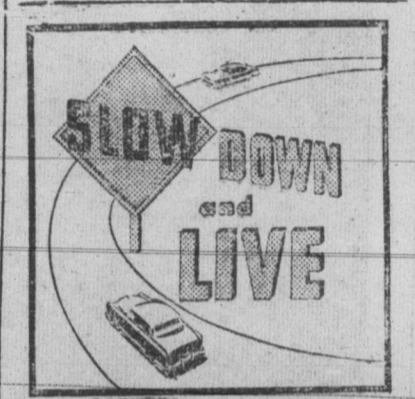
accidents in our offices every day, we are urging people everywhere to avoid accidents which could injure the spine. The Chiropractor is specially trained to locate and correct deviations in the spinal

Vic Vet says

WORLD WAR II VETS WITH FIVE-YEAR TERM GI INSURANCE WILL PAY HIGHER PREMIUMS AND RECEIVE LOWER DIVIDENDS FOR EVERY RENEWAL. IT'S TIME TO CONSIDER CONVERSION TO PERMANENT PLANS OF GI INSURANCE.



For full information contact your nearest VETERANS ADMINISTRATION office



Q—Who is credited with the idea of the Soil Bank Plan?
A—Henry Wallace, when he was Secretary of Agriculture is credited with the idea of the plan, which is taking crop land out of production for conservation purposes. Except for an appropriation and for authority for long term contracts, the law has been on the books for many years.

Q—Is it true that the \$500,000,000 "prepayment" to farmers under the soil bank as proposed by President Eisenhower would be taken out of the 1957 income of farmers who agreed to come under the soil bank plan?
A—Yes. The President asked that \$500,000,000 be appropriated for payments to farmers this year who agreed to adopt the plan this year, although too late to take their land out of production, the amount to be deducted from their 1957 payments. The House killed this feature of the bill, although providing for payments to farmers who could still meet soil bank contracts this year.

Q—Must the Secretary of Defense be a civilian?
A—Yes, the law so provides that he be named from civil life by the President subject to approval by the Senate.

Q—Is silver regarded as a money standard?
A—No. It is regarded as a commodity which has had a wide range in price value ranging from 24 cents to \$1.38 an ounce. For many years it has been more or less stabilized at a price of about 71 cents an ounce.

Q—What is the duty of the Comptroller General of the United States?
A—His duty is to approve all expenditures of money after the Congress has made money available for expenditure. He heads the General Accounting Office, an independent agency, which is the auditor of all the books of the government.

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When you make that thrifty purchase of a 10 or 25 lb. bag of CHESTERFIELD flour you get an attractive dish towel or pillow case Free! It's the bag this wholesome Quality flour is packed in. From the fabric you can make napkins, mats, curtains, dresses or skirts. Get CHESTERFIELD flour—always!

EARLE-CHESTERFIELD MILL CO.
Asheville, N. C.

Clean Rest Rooms Ahead!



Clean rest rooms help make Phillips 66 Stations the favorite stopping places of increasing thousands of motorists.

To Phillips 66 Dealers, "Hospitality on the Highway" means more than just filling your car's gas tank or checking the oil. Along with clean rest rooms, it means having your car brushed out, getting the windows cleaned . . . and special attention to your battery, tires and radiator. It means friendliness, courtesy, the desire to please you.

Your Phillips 66 Dealer believes that in the service he gives, as well as in the products he sells, "It's Performance that Counts." Drive in to his station soon.

It's Performance that Counts!



IMPORTANT OCTANE BOOSTS
in BOTH Phillips 66 Gasoline and **Flite-Fuel**

Quality-controlled Phillips 66 Gasolines keep pace with today's high compression engines. Enjoy the higher octane rating specially blended with the extra clean-burning qualities and famous controlled volatility of Phillips 66 Gasoline and FLITE-FUEL. Treat your car to a truly fine motor fuel at your Phillips 66 Dealer's, and you treat yourself to top performance every mile.

PHILLIPS PETROLEUM COMPANY

PHILLIPS 66 Products are distributed in BURNSVILLE and vicinity by **D. O. BLEVINS SONS, Spruce Pine, North Carolina**

A New, Wonderful Mayonnaise with an Old Dependable Name!

JFG MAYONNAISE

**IT'S NEW!
IT'S DELICIOUS!
IT'S WONDERFUL!**

IF THE LABEL SAYS "JFG" ...IT'S FINEST QUALITY.

Just try it with this favorite salad

SHRIMP SALAD ROLLS (Serves 6 to 8)

1 pound frozen or fresh shrimp, cooked and cleaned	1/2 teaspoon grated onion
1/2 cup fine quality JFG Mayonnaise or JFG Salad Dressing	1 teaspoon salt
1 cup finely chopped celery	1/2 teaspoon pepper
1/2 cup finely chopped green pepper	6 to 8 soft or crusty dinner rolls
	crisp lettuce

Cut shrimp into small pieces. In a bowl, combine shrimp, JFG Mayonnaise or JFG Salad Dressing, celery, green pepper, onion, salt and pepper; mix lightly but thoroughly. Slit rolls lengthwise, almost through. Put a lettuce leaf in each and some of the shrimp salad.

WITH THE NEW RED AND BLUE LABEL