

SLOW DOWN AND LIVE!

Raleigh—That's the keynote of a Nationwide Education-plus-enforcement safety campaign this summer which began on the eve of Memorial Day and will continue through Labor Day.

Governor Luther Hodges has joined with the governors of all the 48 states in approving the program, and has included the Slow Down and Live campaign as part of the Governor's Traffic Safety Council's Action program for North Carolina traffic safety.

Speaking of the forthcoming Slow Down campaign, motor vehicles commissioner Ed Scheidt, who is also chairman of the Council's of Slow Down and Live comprise official division, said, "The 97 days that period of our annual driving which has the highest volume of traffic and perhaps the greatest exposure to danger. The period includes three of our important Holidays which have a peak of traffic volume—Memorial Day, the fourth of July and Labor Day. Everyone who has driven on Tar Heel highways during the rush of fishing or vacation trips knows what we mean by peak traffic volume at these times."

Scheidt said that last year's Slow Down and Live campaign was something less than successful. He reminded Tar Heels that 302 persons died in traffic during the emphasis period from Memorial Day through Labor Day, 1955. Despite sharper enforcement of the traffic laws and constant, publicity efforts, accidental death took no holiday, he said.

"This year the summertime safety program again offers every person the opportunity to prevent accidents by paying attention to the need for extra caution during the heavy travel months ahead."

He called the traffic problem during these months a "problem of the open road" when vacations, resorts outdoor dramas, beaches and the mountains provide pleasant lures for families.

"We urge everyone to take part in the Slow Down and Live Program," the safety official said, "to help make Tar Heel Highways safe for tourists and visitors to North Carolina."

The campaign has a big job to do in 1956. It must make a drastic cut in traffic fatalities to better last year's record, he said.

FOUR BEE LOG GRADUATES JOIN ARMY UNDER BUDDY PLAN

Four members of the 1956 graduating class at the Bee Log High School have enlisted in the Regular Army under the Buddy Plan. The four graduates are Donald R. Clontz, the son of Mrs. Pearl Clontz of Rt. 3, Burnsville, Carl and Luther Bailey, the sons of Mr. Hiram L. Bailey of Erwin Tenn. and Gary Cooper, the son of John W. Cooper of Rt. 3, Burnsville.

Under the "Buddy Plan" offered by the Army the four men will remain together during training at Fort Jackson, S. C. where they are scheduled to take eight weeks of Basic Training prior to being assigned to the field they have chosen. All four of the graduates picked the Army Ordnance Corps for advanced schooling and training after Basic Training. The Ordnance Corps offers many interesting Technical Schools such as Auto Mechanics, Welding, Garage Foreman Course, Machinist and many other job skills that are valuable both in the Army and civilian life.

CIVILIAN CAREER POSITIONS IN NAVY

Typists and stenographers for civilian career positions in Navy Headquarters in Washington, D. C. are now being interviewed in Asheville by Mrs. R. E. Moore, recruiting representative from the executive office of the Secretary of the Navy.

Salaries for the positions available range from \$264 to \$284 a month with yearly automatic increases. Benefits include a five-day week, liberal paid vacations and sick leave, group hospitalization, low-cost government life insurance and retirement rights.

The Navy housing office makes a 7-day room reservation for new appointees at reduced rates in a modern hotel and assists them in finding low-cost permanent housing.

Special opportunities for advancement are given to Navy civilians who enroll for advanced study courses at any of the four leading universities or many schools for special study in the District of Columbia, according to Mrs. Moore. The Navy Department sponsors numerous recreational and social programs for its employees and, through its Employee Relations counselors, puts them in touch with programs of the cultural and religious organizations in the District.

Mrs. Moore conducts the civilian clerical tests which demand a minimum typing speed of 40 words a minute and a shorthand speed of 80 words a minute. For the next three weeks she will receive applicants on Mondays through Fridays and on Saturday mornings at the Asheville Navy Recruiting Station, Room 29, Post Office Building. Special appointments may be made by calling her at Asheville 3-1931.

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DALE CARNEGIE

AUTHOR OF "HOW TO STOP WORRYING AND START LIVING"

TWELVE years ago while in the Navy Howard H. Green, P. O. Box 456, Union Springs, Alabama, was stricken with what the Naval doctors diagnosed as a perforated stomach ulcer and recommended immediate surgery. When they slit his stomach open they found that the ulcer had not perforated, but had formed a sack in the tube leading from the stomach to the small intestine, and they thought it best to leave it as it was and treat him with medicines and special diet. After several weeks they gave him a medical discharge and sent him home.



CARNEGIE

For nine years he stayed on a strict diet and took all the latest medicines without any improvement. Three years ago he went to a hospital where they removed seventy-five per cent of his stomach. Before they let him come home they told him that he would be forced to take a good bit of rest and take it easy for at least two years, but that he would be able to eat anything he wanted. This care has created such improvement in his condition that he believes if he had followed it the preceding nine years he probably would not have had to have the operation, but he gives even greater credit to his improvement to books and articles he has read on how to conquer worry. He believes that had he concentrated on this subject twelve years ago he could have saved himself untold hours of misery, not to count several hundred dollars in money, for he says he has found out that it was not what he was eating, but what was eating him that caused his trouble.



DEAD HEAT . . . Iris Waller, (left) and Hena Nelson won "Miss England" contest in the U. S. Hena will enter "Miss Europe" contest in Stockholm, and Iris will go to U. S. for "Miss Universe" pageant.



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