

Home Canning Of Meat

By: Virginia Cox, Ass't Home Agt.

HOME CANNING ON MEAT.

Now is the time of year when most rural people are killing beef and pork. One of the methods of keeping this pork, beef or other meat is by canning. Beef, mutton, lamb, veal, pork and rabbit are all successfully canned at home. Also various kinds of poultry may be canned. Can only meat from healthy animals that have been slaughtered in a sanitary way. After killing, chill meat at once and keep it chilled until canning time. Chilling requires temperatures at 40 degrees F. or lower.

Two main ways of packing meats for home canning are the hot pack and the raw pack heated in open containers before processing.

It is usually best not to fry meat before canning it.

For safe canning, meat must be heated through and through in a canner. The only practical way to get the high temperature needed is by using a steam canner. Meat should be processed at 240 degrees F. temperature and this can only be done in a steam-pressure canner. Meat canned in boiling water bath only reaches 212 degrees F. If meat is not properly processed, it may spoil or even lead to serious food poisoning. In this area where the elevation is over 2000 feet above sea level, an extra pound of steam

pressure should be added to reach the 240 degrees F. The rule is: for each 2000 feet above sea level, add 1 pound of pressure. At sea level 10 lbs. pressure gives a temperature of 240 degrees.

In canning beef, veal, pork or lamb, the hot pack or raw pack may be used. The processing time in the steam-pressure canner for both raw pack and hot pack are the same. The processing time in the pressure canner at 11 pounds pressure for this area is pint jars 75 min. and quart jars 90 min. Jars larger than quarts should not be used for canning meat because the temperature inside the jar will not reach 240 degrees if half gallon jars are used, without over-cooking the meat. Also there may be "cold spots" in the jar. In these "cold spots" spoilage bacteria may survive.

For further information concerning the home meat supply, contact the County Extension Office and watch for the paper for articles on freezing and other methods of keeping meats.

Of known United States coal reserves of 950 billion tons, 40 per cent is bituminous, 34 per cent lignite, and 2 per cent anthracite.

In the eye, the light regulator or the "shutter" is the pupil. This automatic regulator is the black-appearing spot surrounded by colored pigment called the iris. The cornea is the transparent tissue covering the front of the eye.

TRUE CHRISTMAS GIFTS

What is the true value of Christmas gifts?

"Christmas gifts and trimmings can be a burden or a lot of fun," points out Mrs. Corrine J. Grimsley, family relations specialist for the N. C. Agricultural Extension Service.

More and more families are making their gifts. Sometimes these projects are to help the budget—sometimes not—but the resulting joy of creative activity is a very definite reward.

Berry and foliage plants to decorate a card made by a friend? If so, then you know how you appreciated the trouble and thought that had been spent to send that greeting.

Many families enjoy making tree ornaments and other house decorations.

It is the feeling of togetherness that results from the family group participation that measures the meaning of Christmas gifts.

FIRST POWERED FLIGHT JUST 55 YEARS AGO

KITTY HAWK, N. C.—Man is reaching for the moon barely half a century after he first succeeded in getting off the ground in powered flight.

The first flight by the Wright brothers was only 120 feet long and lasted only 12 seconds, but it ushered in a new era.

The 55th anniversary of the first flight on December 17, 1903, was observed here with U. S. Senator A. S. (Mike) Monroney of Oklahoma, chairman of the Senate's aviation subcommittee, as speaker.

A jet flyover, arranged by the Air Force Association, featured the celebration at Kill Devil Hills, now the site of the impressive National Memorial honoring Orville and Wilbur Wright, who came to the Outer Banks of North Carolina to test the flying machine they built in their machine shop in Dayton, Ohio.

The anniversary exercises began at the Wright monument at 10:30 a. m. with a concert by the Elizabeth City High School Band, which traditionally plays for the celebration, and conducted with a Dutch luncheon at the Dare County Shrine Club at 12:30 p. m.

PRESIDENT F. PIERCE PUTS UP CHRISTMAS TREE IN THE WHITE HOUSE IN THE 1890'S

Today Roosevelt almost rode roughshod over the Christmas tree in his drive to conserve the nation's forests. But two little boys put the Christmas spirit—and the tree—back in the White House.

The Christmas tree was well-established in the United States when TR became president.

Research experts with The World Book Encyclopedia say a Harvard professor named Charles Follen set up one of the first known trees in America in 1832.

President Franklin Pierce put up a tree in the White House in the 1850's to entertain the Sunday school of the New York Avenue Presbyterian Church. And President Benjamin Harrison continued the custom in the 1890's.

But some modern-day Scrooges convinced Roosevelt that the cutting of Christmas trees would soon deplete the nation's forests. TR promptly banned the tradition at the White House.

However, the old Roughrider forgot to consult his young sons. Archie and Quentin cared little about presidential edicts—and less about conservation. They smuggled a tree into the mansion on Pennsylvania Avenue and set it up in Archie's room.

The president relented, and ever since, the White House has had an indoor Christmas tree.

TR's concession also sent the Christmas tree industry soaring beyond the dreams of one of its founders—a Catskill farmer who brought his trees to market in New York City in 1851. And it helped pave the way for a new custom—the community Christmas tree.

In 1924, a Norway spruce was planted near the White House and later dedicated as "a national living Christmas tree."

Two years later, a giant California redwood in King's Canyon national park, named General Grant after the Civil War hero, was dedicated at the "Nation's Christmas Tree".

Reaching 267 feet into the sky from a base 40 feet thick, the tree is the second largest in the world.

Every year, nearby townspeople and visitors join in a holiday service and sing carols at the base of the sequoia, which was growing on the mountain slope when Christ was born in Bethlehem.



MERRY CHRISTMAS

It is a pleasure to express our heartfelt thanks for the honor of serving you during the past year...



May you have a Christmas of beautiful happiness.

French Broad Electric Membership Corporation

Merry Christmas and a Happy New Year

Anglin - Westall



SAFE AS AMERICA

U.S. SAVINGS BONDS



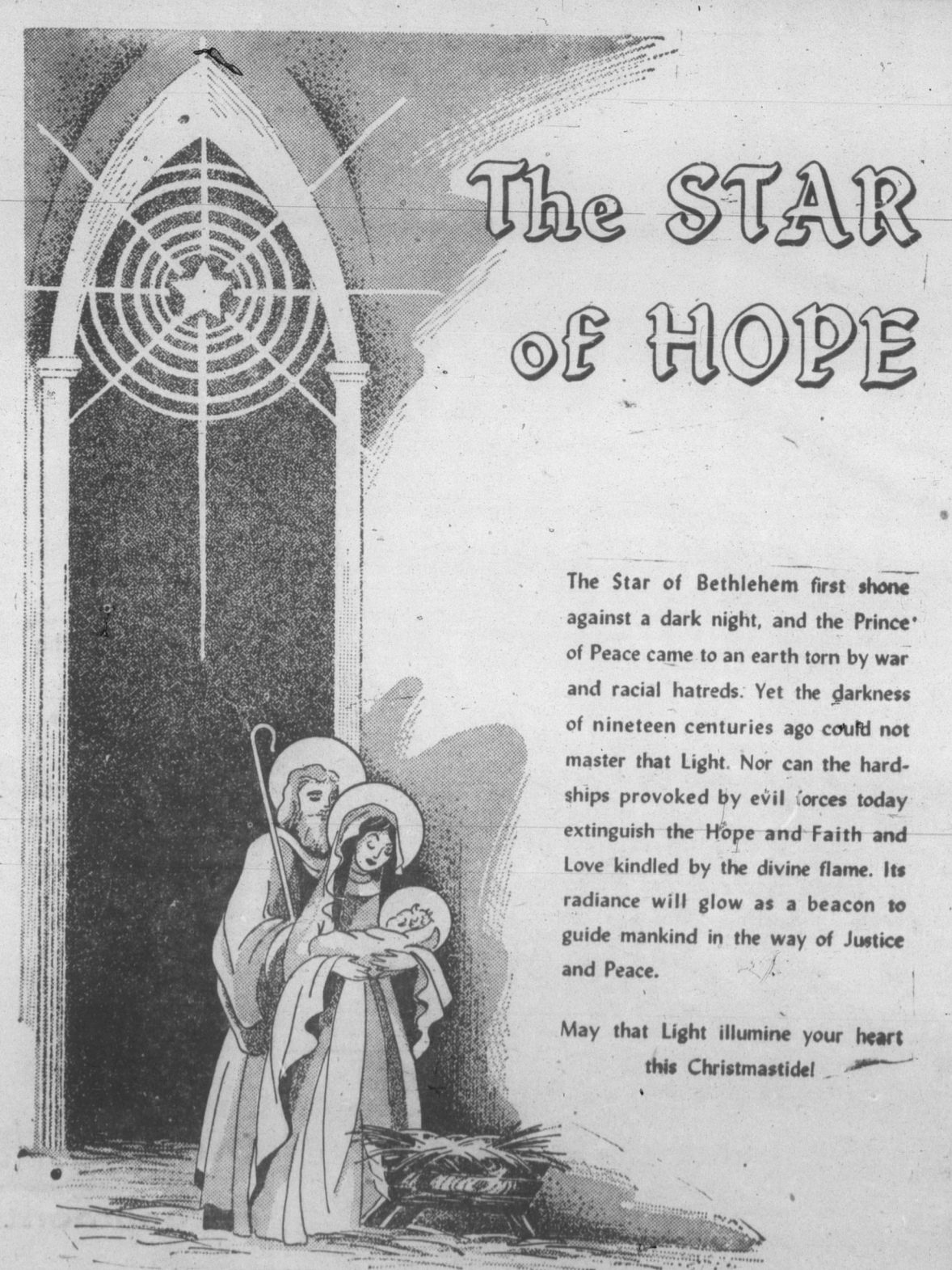
Christmas
May we extend the wish that yours will be gladdened a little by our appreciation and good wishes.

Burnsville Rest Home

EXECUTRIX NOTICE
Having qualified as Executrix of the Estate of J. Thomas Melton, deceased, late of Yancey County, this is to notify all persons having claims against the Decedent to exhibit the same to the undersigned Administratrix at her home at Pensacola, N. C., on or before the 11th day of December, 1959, or this notice will be pleaded in bar of their recovery.
All persons owing the Estate will please make immediate payment.
This 6th day of December, 1958.
Mary Ruth Melton, Administratrix of the Estate of J. Thomas Melton, Deceased.
Dec. 11-18-25, Jan. 1-8-15

Hope you're all set for a Happy HOLIDAY SEASON!

Ben Franklin Store



The STAR of HOPE

The Star of Bethlehem first shone against a dark night, and the Prince of Peace came to an earth torn by war and racial hatreds. Yet the darkness of nineteen centuries ago could not master that Light. Nor can the hardships provoked by evil forces today extinguish the Hope and Faith and Love kindled by the divine flame. Its radiance will glow as a beacon to guide mankind in the way of Justice and Peace.

May that Light illumine your heart this Christmastide!

THE NORTHWESTERN BANK Member Federal Deposit Insurance Corporation BURNSVILLE, N. C.