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The Mayor's Column

The new administration of Burnsville, consisting of Pete Coletta and B. R. Penland as aldermen, and myself as mayor, has now been in office nearly two weeks. We are all new to the job. We have already discovered that running the town is a bigger, more complicated, more time-consuming job than we had supposed. We have discovered this despite the fact we had all been warned. Previous town officials had told us "You have never dreamed of the variety of problems that will arise."

We feel that we are learning rapidly, and we have already made a number of decisions. One of our first has been that we will make a special effort to share with the citizens of the town information about the town's affairs. This column is one means of sharing this information. It will appear in the Yancey Record every week for the next few issues, and thereafter from time to time as the town is faced with problems of interest to its citizens.

We will inform you in this column regarding such things as the town debt, and the interest and principal payments we are obliged to make. We will discuss tax collections, the water rates and revenues, the spending of money on paving and street maintenance, the collection and disposal of garbage, and the very major problem facing Burnsville of providing a sewerage disposal plant.

We plan also, as a means of keeping you informed, to have occasional town meetings, open to all of you who may want to ask questions, make suggestions, or vent your criticisms on the town board.

We hope and believe that giving publicity to the town's affairs will serve useful purposes. First, our citizens have every right to know anything they wish about their town's affairs. Furthermore, by sharing the town's problems we hold the high hope that we may encourage a better spirit of cooperation in our efforts to improve the town. Our highest hope is that we may foster the spirit in our local affairs that President Kennedy so eloquently expressed when he requested that citizens not ask what the government can do for them, but what they can do for the government.

I close this first Mayor's Column with two items of information. The town budget for the next year is posted in the town office for any of you to inspect. And last, by paying your town taxes this month, you will not only help the treasury, but will get one per cent discount.

Bob Helmle Mayor of Burnsville

Says Today's Bread Is Better

Cleveland, O.—Grandmother's crusty bread was far behind today's enriched white bread in nutrients needed by individuals, according to Dr. Henry Borsook, nationally-known nutritionist.

Because of enrichment, "bread became far more nutritious than bread had ever been before," Dr. Borsook said. He is from the California Institute of Technology, Pasadena.

Enrichment is the addition of the B vitamins of niacin, thiamine and riboflavin and the mineral iron to white bread and flour.

Dr. Borsook spoke at a special dinner held in connection with the annual convention in Cleveland of the American Home Economics Association. The dinner was held to observe the 20th anniversary year of the enrichment program for white bread and flour. The enrichment program began in 1941.

Dr. Borsook said that grandmother's bread rated high in nostalgia but not in nutrition. Today's enriched white bread is greatly superior in its contributions of the B vitamins, iron and calcium.

He noted that enrichment is credited with definitely helping the general level of health in the United States as well as helping to all but wipe out certain vitamin deficiency diseases.

"Before the bread enrichment program, our white bread, as a result of the milling process, was on the low side in iron and in Vitamin B1 (thiamine)," Dr. Borsook explained.

"It didn't have much Vitamin B2 (riboflavin) to start with anyhow, and it was on the low side in niacin. Since it is immaterial what the source of an essential nutrient is, we recommended adding certain essential nutrients and now enriched white bread is a very nutritious food."

Dr. Borsook

Brownies Make News



SOMETHING NEW HAS BEEN ADDED to America's favorite brownies—and it's potato chips, of all things!

Potato chip brownies are something pretty special. They're made with unsweetened chocolate, of course, chopped nuts... and then, for intriguing flavor and texture... a half cup of finely crumbled potato chips. Next time you bake brownies try this recipe and see if anyone can guess what makes them just a little bit different—and so very good.

POTATO CHIP BROWNIES

4 squares Baker's Unsweetened Chocolate
3/4 cup shortening
2 cups sugar
4 eggs, well beaten
1/2 teaspoon salt
1 teaspoon vanilla
1 cup flour
1/2 cup finely crumbled potato chips
1/2 cup chopped nuts

Melt chocolate and shortening over hot water. Cool. Add sugar gradually to beaten eggs. Beat until well blended. Then add the cooled chocolate, salt, and vanilla. Stir in flour, potato chips, and chopped nuts. Pour into a greased 13x9x2-inch pan. Bake in moderate oven (350° F.) for 35 to 40 minutes. Cool in pan. Cut into squares. Makes about 30 brownies.

SPORTS

BY GARY MURDOCK

STOCK CAR RACES



Saturday night at the Asheville-Weaverville Speedway Junior Honeycutt received the checkered flag twice. The first flag was the winning of the first Heat race, which gave him pole position in the 30 lap amateur main event. The second was the winning of the 30 lap race. Honeycutt is the first Yancey County driver ever to win a NASCAR sanctioned race.

This is Juniors second season at racing. He began racing last year and made a fine showing, but was unable to win a race. This year he began driving a different car and was having some trouble finishing a race due to mechanical failures. This car owned and built by Junior Honeycutt and Kermit Banks would usually be in the lead and have some mechanical failure. The trouble was overcome and the car made a good showing. Junior was leading about one lap at the end of the race Saturday night. He got the lead at the beginning of the race and did not lose the lead the entire race. No car came close to giving Junior any competition.

There were two other Yancey County drivers in the Amateur race. Perry Norton lost a wheel and was unable to finish. Gerald Honeycutt did a fine job driving. He came in 8th and this was only his second race. The first race was last Saturday and he finished 11th. Gerald looks to be ready to make a good showing in the future races.

One week from Sunday, July 30, the big "Volunteer 500" will be held at the Bristol International Speedway. This will be a big race for Fords, Chevrolets, Pontiacs, and Chryslers. There will be big drivers like "Buck" Baker, Marvin Porter and "Fireball" Roberts.

Two weeks later, August 13, the Asheville-Weaverville Speedway, July 29 the AMERICAN CANCER CLASSIC race will be held there. This will be a 50 lap limited Sportsman division with some local drivers.

FRESHMEN 'PRE-REGISTER' AT UNIVERSITY OF N. C.

CHAPEL HILL — James W. Young and Ben L. Howell, of Newdale pre-registered this week in the General College Pre-Registration Program at the University of North Carolina here.

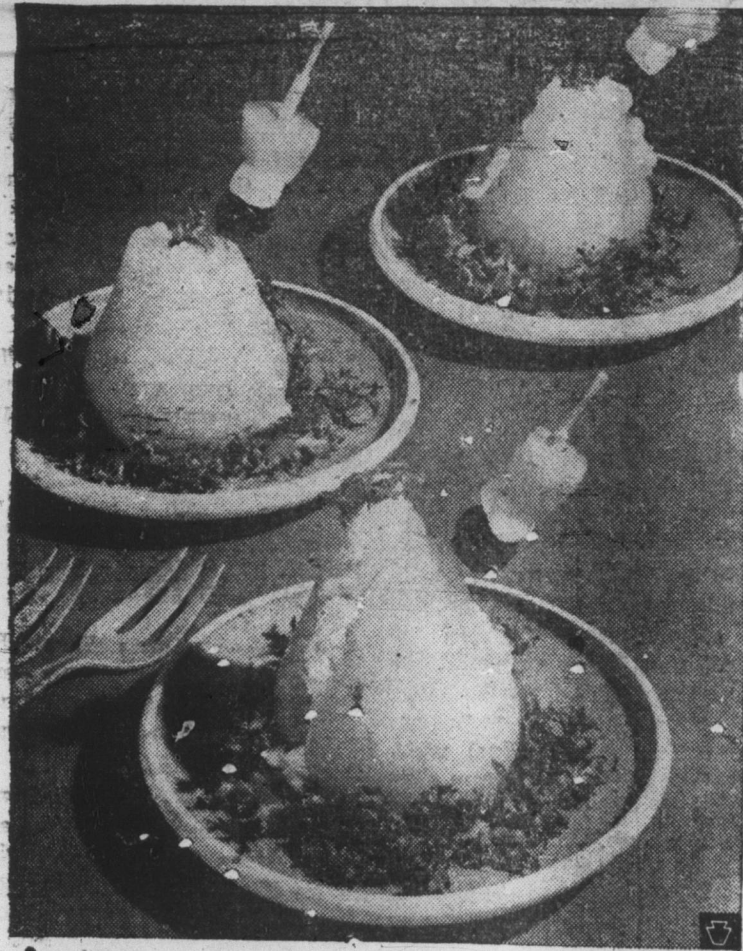
Young is the son of Mr. and Mrs. Jack L. Young of Newdale, N. C., and Howell is the son of Mr. and Mrs. Woodrow Howell of Newdale.

They were among 100 students participating in the University's pre-registration program this week. The purpose of the pre-registration program is to enable students entering the University to take required placement tests in advance, to select his subjects for the fall, and to have the opportunity to consult officials of the University regarding loans, scholarships, jobs, housing, and ROTC opportunities.

The three year old program is sponsored by the General College, the Admissions Office, the Office of Student Affairs, and the University Testing Service. Over 500 pre-registered in June.

Dates for further pre-registration are July 8, 12, 18, 22, 28; and August 5, 8, 11, 16, 19. On these days, new freshmen electing to participate in the program assemble at 9 a. m. in Gerrard Hall on the University's campus for a general conference. The schedule for the remainder of the day includes: 9:30 a. m., English placement tests; 11:15 a. m., mathematics placement tests; 1 p. m., lunch; 2 p. m., foreign language placement tests; 3-5 p. m., pre-registration conference with the Dean of the General College.

Sky-High Salads



Zoom into summertime salads with zest by launching up-to-the-minute Paradise I Salad... sweet, saucy and simple. Serve tender juicy pear halves, filled with cottage cheese, jauntily speared by a cherry, marshmallow and pineapple chunk for extra special company fare.

Table-ready canned Bartlett pears are grown in the Pacific Coast States. Here the rich volcanic soil, warm climate and cultivation techniques are ideal for quality fruit growing. These pears are canned at the proper stage of maturity and distributed throughout the nation, throughout the year.



Smiley Burnette, film cowboy comic, musician, composer and one-man show, gets a "hands-up" reception as he visits Tweetsie Railroad at Blowing Rock, N. C. Man with the gun is Fred Kirby, Charlotte TV star and Marshal of Tweetsie, who guards the Wells Fargo "gold shipment" on the tourist attraction. Smiley visited Tweetsie to entertain the "little cowpokes" — and their parents.

CARD OF THANKS

We wish to express our thanks and appreciation to all our friends and neighbors for their many acts of kindness and sympathy shown during the death of our Father, Sam J. Mathis. The Children of Sam J. Mathis

CARD OF THANKS

We wish to thank the friends and neighbors for their contributions and courtesy during the death of Mrs. Anna Benedict. Also we wish to thank the pallbearers. The Family Of Mrs. Anna Benedict.



Little People Like To Help



This six year old's mother is a busy and very wise young woman. She understands the joy, the sense of importance and the feeling of being loved that come to a small girl when permitted to do simple, useful chores. She also knows that a teen age daughter may suddenly acquire an uncanny ability to sense, and to tiptoe out of sight and hearing, when the words kitchen, canning and cooking are about to be spoken. But at twenty, she'll be right back in the kitchen, feeling at ease because she will recall much of what she learned and observed when helping was fun.

Just what can a six year old do other than get in the way? Many things! Shell peas, snap beans, roll cookies, squeeze grapes to separate skins from pulp, and run fruit for sauce or butter through a colander or food mill.

When she is three or four years older, she will take pride in doing the whole butter making job on her own. This simple, but flavorful recipe will be one she'll cherish in those future years.

Peach Butter

A wholesome, delicious, inexpensive and easy-to-make spread for toast and other hot breads.
8 cups peach pulp
6 cups light brown sugar
1/2 teaspoon salt
1 teaspoon pure vanilla

Wash, scald, drain, pit and peel ripe peaches. Put peaches into kettle with 2 or 3 cracked pits; if needed to start cooking, add about 1/4 cup water. Cook peaches until soft; put them through colander or food mill. Measure peach pulp, add sugar and salt and boil until thick. Add vanilla. Pour boiling hot butter to within 1/4 inch of top of pint or half pint fruit jars. Put lid on jar; screw band tight.

25th Anniversary

July 27th

The 25th anniversary edition of The Yancey Record is coming soon. Lots of pictures and special features. Send in your items for this special edition soon.

SPECIAL

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