# **4-H Members Tell Stories Of Their Projects**

# **Dress Making Finalist Recalls** Start, Rise As A Seamstress

BY RAMONA BOWDITCH | winning a ribbon , because this T entered the Junior Dress Revue I began 4 Club work in the was my first dress. I remember with the same anticipation I fad fall of 1959. I selected sewing as how careful I was to measure the year before. Again I placed my main project. I was very in-leach seam and how hard I tried second.

terested and eager to complete to make this dress perfect. this project. I completed the re- The day of the revue came. I grow. Of course I could not give quirements in my unit, which in- was very scared. I remember up sewing as a project. Each garcluded the making of a pin, how excited I was when I found ment I minde I trued to make it cushion, an apron and other small cut I had won second place in perfect. I wouldn't give up that articles. That year I also learned the junior division. I really hope. how to use the sewing machine couldn't believe it. My prize was In the summer of 1962, Dress

and a few attachments. material for another dress. In 1960 I entered my first 4-H | I continued sewing. Each time ed as soon as possible. This time Dress Revue. I had no idea of becoming more interested. Again I was the Juctor winner! The

year.

working.

than others.

every time we have it.



#### **BOBBY DALE STYLES**

'SPUD JUNGLE'-No. Bobby Dale Styles of Banks' Creek isn't hacking his way tthrough the wilderness. He's merely waist deep into an inspection of his banner potato crop. He's the son of Mr. and Mrs. Bobby C. Styles.

### THE HOME

### BY SARAH C. WILSON

My 4-H project has helped me realize how much better a neat room looks and how much space can be saved by simply knowing how to arrange things.

I spent one whole Saturday

My interest in sewing grew and

Revue time came again. I enterprize was a free trip to Junior

At Cast I Had accomplished my

COOKING

goal. I had never entered another BY DONNA LEE ATKINS dress revue except 4-H. In the I enjoyed my 4-H project in fall of 1962, Mrs. Alice Hopson (of in cooking very much. I learned the County Extension Office) ina lot about cooking in the past formed me of a Make-It-With-Several levenings I cooked sup- in the sub-deb division.

1-H Camp.

per-alone while my mother was I bought my material and started to work. I Harely got my

I have learned to make corn- dress finished before the day of bread. My mother says, that I the district contest which was can make better combread than held at Mooresville, N. C. Mrs. she. She wants me to make it Hopson accompanied me. I was really surprised when I was I also learned how to make named as one of the three finalcakes. I usually make a yellow ists in my division to go to Rale-

me. The contest at Raleigh was ville Elementary School. E. L. North Carolina State College. This Chairman, spoke on the new com- tric hand mixer. . . time I didn't win anything but, munity 4-H Club concept. Differ-

I shall never forget it. sewing. If it had not been for 4-H I could never have shared in the

lifetime - that is, nothing grows had. 4-H has been an outlet to by itself unless it is weeds; Bugs many things for n.e. I have a and insects come free and in lot to learn yet, but I know 4-H droves; never put off until to- and its leaders will guide and

morrow what you can do today; teach me. and tomorrow is too late. I stanted with a problem. My,

garden was on a loose hillside, was fenced in and it couldn't be plow-

d with a tractor.



UNMCDERN, BUT IT WORKS-Sometimes 4-H'ers aren't able to use dad's up-to-date equipment. The old ways, as demonstrated here by Glern Presnell of Double Island, aren't always the best cred by Southern Bell Telephone but they work. Glenn's the son of Mr. Jaud Mrs. Vernon Presnell.

## formed me of a Make-It-With-Wool contest. I decided to enter in the sub-deb division. For 4-H'ers In 1962

Yancey County 4-H Highlights | Island represented Yancey County monstration was on the control of JANUARY

held at Fontana Village. . . The year was started by having the 4-H Achievement Night for

bon grouping. Two Yancey 4-H'ers ville and they will be happy to larger. were elected to district offices. get a club started. Mary Sue Grindstaff as reporter and Oscar Fender as historian. . Thirty-four 4-H'ers attended Camp Schaub from July 11-16.

# **State Champ Explains** How He Won Honor

RV RASH. McDOUGALD Since much land in Yancey County is covered with trees. there should be a deep forestry. I or one, am very interested in fores'ry. Through 4-H I have leaned very much about the importance of forestry in Yancey County.

L' started iny 4-H' fourestry project six years ago. Since then I have taken every major forestry project offered in 4-H. My first project was Tree Planting. After that, Tree Identification, Forest Protection and Timber Stand Improvement.

The Forestry program is sponsand Telegraph Company. They also sponsor Forestry Camp. to which one boy from each county gets a free trip.

Through 4-H forestry I have won a trip to Forestry Camp and a trip to 4-H Club Week in Raleigh. The trip to club week was winning the forestry demenstration program. My de-

at the Regional Resource Deve- hardwoods. It could not have been lopment Conference which was completed without the help of Charles Steelman, Assistant Coun-Eighteen girls participated in ty Agricultural Agent.

Again Mrs. Hopson accompanied 1961 on January 31, 1962 at Burns- test. Winner Phyllis McMahan trict Forestry Demonstration, 1 held in the textile building of Dillingham, County Extension up Connie Randolph won an elec- at the State Demonstrations during 4-H Club Week at Raleigh. 1

Sixty 4-H Club members, par won in the state. This could not ents and leaders attended Dis- have been possible without the trict Demonstration Day. Includ- training that 4-H had given me. ing talent numbers, eleven de- 4-H has been a great experience monstration contests were entered. for me. I would like to urge every Sue Grindstaff was alternate boy and girl in Yancey Coun Dress Revue winner. Oscar Fen-i ty that is not enrolled in 4-H at In February and March, 4-H der was district winner in poul- this time to join a Comhunity Club members sold first-aid kits try barbecue demonstration and 4-H Club d there is one in their to promote the 4-H Develop. Basil McDougald won in forestry community. If there is not a club demonstration. Two talent num- in your community contact the inty Extension Office in Burns-

### GROOMING



BASIL McDOUGALD

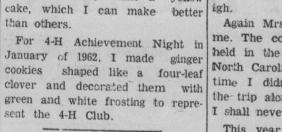
### GARDENING

BY GARY BENNETT . Writing how I grew my vegetable garden as a 4-H project last spring, summer and fall is simply adding a chapter to a continued story because I have had gardening for my project the past four VARTS.

I planned and prepared the same garden plot in 1962 that I used the previous three years for these reasons :- an - excellent location, soil tested, good type soil for the variety of seeds and plants to be planted, the kind of ferdlizer to be used for the best yield, and time saved from trying to locate a new garden spot.

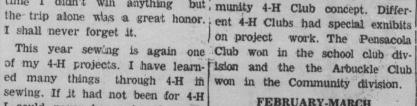
When time came for gardening I was interested in getting a new start as I had a new garden plow. so I felt that I had good help to start with. I then plowed my garden more often and used my hoe very little. My plants grew faster and it seems my yield was much

A great deal of my time was spent in my garden after school in order to get ready for early planting when the soil had been



### GARDENING

BY ARNOLD BALL In 1962 I learned a lesson of a



Many wonderful experiences I've ment Fund. They raised \$300.

washing	walls	and	cleaning	out	1
			find the		
of shoos	I was	nt mor	e easily.		1

for my room. I also added two desk lamp) and a rug.

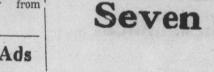
In looking at my room I realized I was losing a lot of space in corners, so I re-arranged the furniture. I also cleaned out the drawers in mr closet.

My color scheme is blue. The rug, bed spread and walls are blue. My bed, desk, dresser, chest and table are maple.

I had to do all of my plowing with a garden tiller. I borrowed My grandmother gave me a my father's tiller, plowed up the dresser, bed spread and curtains hill and dragged it back down because it couldn't be piswed down lamps (one bed lamp and one the loose hill. I made the rows by tying strings to small posts and pulling a hoe alongside the string. The planting was easy because the ground was very loose. Obtaining plants and seeds was easy because I live on a farm and I use the spares left over from home use.

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ones we jould ihoose from were!

### **Conference Molds 4-H Leaders** BY RAMONA BOWDITCH

The Seventh Western District 4-H Leadership Conference was held at Swannanoa on August 13-17, 1962. This theme was "Your Challenge-Leadership for Tomorrow."

Leadership Conference is planned to provide for 4-H members Loving," and Communications. fourteen and over a chance to secure a broader vision of the opportunities in 4-H Club work and to time record book, plus other secure training that will enable things that make it interesting. them to be more effective junior leaders.

I was chosen as one of the games and dances. We were also young people from Yancey County to go to 4-H Leadership Conference the group in these. in 1952. I gained a lot of knowledge and experience that has, everyone's attention with its title. and will continue to help me in It was to show us how to underworking with younger 4-H mem- stand people that are older, youngbers. finger and

Each morning and evening we how to make yourself understood. had a banquet and then a Recogsh'p and Group Effectiveness," copy and how to act when on a "You O 4-H Junior Leader," "The radio program. Community 4-H Club," "Opportunities in Leadership," and teen room. At a certain time each

how to work togener effectively which we were to check out books memories. I'm sure each person ribbon and my mother was, too. three winners in the sub-deb as a group, how not to become and spend that time studying and left with a better understanding irritated with younger people, concentrating.

how your appearance makes a big impression, how to organize and itnerests groups. In these we se- leader.

and what to consider in choosing spent that time working on it. The Club members. careers for the future.

We were divided into four groups. Each morning one group would have worship! There were four of these workshops. They creation leadership, "I Need Your

In record keeping we learned the correct way to fill out a long-Recreation leadership was a period when we were taught new

different service was presested and each pointed out something. given a chance at trying to lead "I Need Your Lovin," caught

lenged another cabin in some feat. Club Week. . . We all had a very good time. er, and the same age as you and and boys looked their best. We

crafts

had sessions in which state and In communications we learned nition Ball. L. R. Harrill, State district 4-H leaders talked to us on different pointers in writing more 4-H Club Leader, and his wife such subjects a "Youth Leader- effectively, ways to prepare radio were present. Ther e were no outstandnging leadership awards pre-

learned in recreation.

without vespers. Each night

sented as each person attending am nine years old. I male an contest at State Fair. We had a "library" in a can- had leadership qualities.

rack on it.

400. Flacing first was the Bee Log Senior 4-H Club with a skit called "Shortenin" Bread." Second place went to the Clearmont Clappers, a square-dance team. Ramona Bowditch from South Toe School won third place with a piano solo-"Black Hawk Waltz." Other numbers which placed were "Wildwood Flower," a guitar number by Billy Gouge

APRIL

On April 27 the sixth annual

4-H. Talent Show was held in

the Burnsville School gymsasium.

Over a hunndred 4-H'ers partici-

pated. Attendance was approx.

of 1962:

and "The Minuet" by the Bald Creek Junior 4-H Club. MAY

In May Yancey County 4-H Clubs observed 4-H Church Sunday by helping with church services in varicus ways; On May 29, five boys and girls were selected to receive registered gilts through the 4-H clubs and Sears.

JUNE-JULY

keep a community 4-H Club going, lected a project we liked and then busiest months of all for the 4-H and seven red r'bbons were pre-June and July are probably the Dairy Show. Twelve blue ribbons The County 4-H Dress Revue fitting context and Soundra Dunreireation leadership, long-time re- and Health. Pageant was held can won the showmanship cords, rocks and minerals, photo- June 8. There were three divisions test. . .

graphy, and crafts (aluminum of the Dress Revue. Anita Hall copper tooling, and broom mak- won in the sub-junior division, were long-time record keeping, re- ing). I chose copper tooling in Ramona Bowditch in the junior Jersey Division. Saundra Duncan division and Mary Sue Grindstaff showed the senior grand champ-

At night, after sessions, we re- in the senior division. A' total of ceived some of the things we had 20 girls participated. . .

Fifteen Kings and Queens Of course no day was complete Health, selected from various clubs, participated in the Health Pageant: Junior winners Shelia Pate and Gary Bennett won free Thursday night we had a picnic trips to camp and senior winners raised. . . and "stunt ngiht." Each cabin Virtinia McMahan and Oscar presented a stunt and also chal- Fender won scholarships to 4-H

Joan Gortney from Brush Creek Community 4-H Club received a On Friday evening both girls and Glenn Presnell from Double registered calf each. . .

### SEWING

BY CATHY MARROW

apron and I was in the Apron

Five boys and girls attended State 4-H Club Week.Basil Mcrunner-up in poultry barbecue de- destred amount of weight. monstration. . .

Week, Yancey County 4-H'ers were in charge of vesper service. "Faith" was the vesper theme. AUGUST

Eight boys and girls

4-H Leadership Conference Swannanca August 13-18. August 12-13. . . Jay Lee Whitson attended the

Millstone August 13-18. A total, of 19 animals were

shown in the Yancey. County

sented. Mildred Presnell won the con

In the District Dairy Show, Yancey County took top honors in the ion of the Jerseys. Saunira also

won the Jersey fitting and showmanship contest.

SEPTEMBER

In September the Burnsville Lions Club presented Roger and Sammy Grindstaff the registration papers on the heifers that they

Jimmy Robinson of Brush Creek Community 4-H Club and admit I threw my clothes EAST sential and nutritious vegetables. Phyllis McMahan of Arbuckle

Oscar Fender. Jr. gave his poultry barbecue demonstration at the State Fair. Billy Randolph, Toumy Adkins, Richard Bailey and Eddie Ed-My name is Cathy Morrow. I wards entered the tobacco judging

Ramona Bowditch entered the Saturday morning we said our Revue. I got a white ribbon for "Make-Li-Yourself-With-Wool" conothers. Through them we learned day we ad a reading period in farewells and departed with many my apron. I was proud of the test and was selected as one of My 4-H leader told me to keep division of the Western N. C. Conof other people and had learned my apron, so I am. Ity apron is test. She also . competed in the Every evening we ad special how to be a more effective junior red with white spots and rick- state contest which was held in

BY CLAUDETTE WILSON One of the most important Dougald won the state champion- things my Good Grooming proship in the forestry demonstrat- ject has helped me to do is to ion contest and Oscar Fender was control my weight. I have lost a

I didn't miss out on eating. I On Wednesday evening of Club simply cut out most of my the vegetables when they were between-meal-snacks and cut down on the amout of bread I ate. I also took daily exercise.

I find it very hard to keep my attended at and I use a nail brush when Dilda Fender attended Congress needed. I use lotion daily.

should).

I brush my hair daily. I shampoo at least chce a week. I use a very soft hair spray which ing health and growth. holds my hair in place without making it hard and stiff. I recently had it cut and styled.

I went for a dental check-up this year. Then I had to go regularly for several weeks. It will be six months in January since my last visit to the dentist. I plan to go back soon.

I brush my teeth every morning when I get up and at night

just before I go to bed. I usually get nine hours

sleep each night. I go to bed around 10:30 p. m. and get up around 7:30 a. m.

At the start of the year I must take as much ironing now.

any other I have taken before. It

it.



plowed and the weather became warm enough for the tender plants and seeds to be planted. I used my planting calender and

information that I received from the Extension Service as a guide for planting my seeds and plants. My family and friends enjoyed harvested and I enjoyed sharing them.

Each day my interest grew from planning, planting and observing nails always manicured properly. the growth and yield of the vege-But I did cut out biting my nails table until they were harvested.

My garden serves as a means for earning money, furnishing I have started using lipstick fresh vegetables for the home use. this year. I try to keep it as for sale and giving to others. It annual Forestry Camp at Camp light as possible. I always buy has proven valuable training, and light shades (as girls my age at the same time has provided nature's best foods that furnish valuable materials for building and

regulating the body and maintain-

During the time I spent in the garden, it was an opportunity for me to use the same time in getting morning sunshine, fresh air and exercise for daily health habits.

From my experience in gardening, I have found these objectives will help any 4-H boy or girl achieve the following: to acquire the knowledge and develop the skill essential to the care and management of a well-planned garden; to increase individual and family income by reducing the amount of food purchased; to con-

tribute to better family health by producing sufficient amounts of es-AND WEST. Now I take care to throughout the year; to enjoy the hang each thing up. It doesn't satisfaction from bringing plants into the successful maturity and I like this project better than develop gardening as a hobby; to develop leadership talents and to has helped in many ways. I work toward achieving the board would advise every 4-H'er to take of objectives of character and effective citizenship.

My vegetable garden provided a place for me to work, exercise, a means of raising money from ling corn, beans, beets and otatoes and foods for freezing. anning, and dried foods for win-

Gardening will be a continued piect for me as long as I'm in 4-H Club work.



