

Mental Health Assoc. Holds Panel Discussion

By: Ashton Chapman
 Featured in the June 14 meeting of the Mitchell Yancey Mental Health Association in Spruce Pine Town Hall was a panel discussion of procedures to be followed in handling a case of mental illness.

The panel included Guy Snyder, Mitchell County Clerk of Court; Dale Silvers, Spruce Pine Policeman; James T. McRae, M. D., of Bakersville and Spruce Pine; Mrs. W. P. Honeycutt, R. N., of Rt. 1, Burnsville;

Lowe Thomas of Burnsville, Yancey County Clerk of Court; and the Rev. Paul Ackerman, pastor of St. Lucien's Catholic Church, Spruce Pine. Mrs. Dorothy Thomas, regional librarian of the Avery-Mitrell-Yancey Regional Library, served as moderator.

The discussion was very enlightening, because it showed just what steps should be taken by members of the family of a mentally or emotionally disturbed person who is urgently in

need of help. It developed that in most cases the best procedure is to secure the advice and assistance of the family physician. Often, the family's minister can also be very helpful. The county clerk of court may be contacted; and, in cases where the mentally or emotionally ill person has become violent, involving possible injury to himself or others, it may be necessary to secure the immediate assistance of a policeman or sheriff.

It was strongly stressed that the earlier mental or emotional illness is discovered, or even suspected, and the family physician is promptly consulted, the greater are the prospects that the difficulty can be successfully remedied in a reasonably short time by institutional treatment and the patient returned to normal family life and his customary gainful occupation. This it was stated, is particularly true in the case of adolescents.

The advantages were also pointed out of voluntary commitment to an institution for treating mental illness. When a person recognizes his need for help in overcoming such illness and voluntarily enters an institution where he will receive the proper treatment for his difficulty, it is much more satisfactory for all concerned than in those cases where the disturbed person's difficulties become so acute, or so advanced, that he must of necessity be committed against his will, especially in cases where the person's mental condition is such that he cannot understand the explanation that he is being entered for treatment which will benefit himself, his family and friends.

The next meeting of the Association will be at 8 p. m. Tuesday, July 12, in the Mitchell County Health Center, Bakersville. Allen Childress, president of the Association, cordially invites all interested persons to attend.

The Mitchell-Yancey Mental Health Association, organized more than a year ago, has been successful during its first year in interesting a number of Mitchell and Yancey residents in the problem of mental and emotional illness, which is developing into one of the nation's greatest health pro-

Students Receive Degrees

Tommy Willard Parker, son of Mrs. Frona Parker, Rt. 4, Burnsville N. C. received the Associate of Arts degree at Commencement exercises June 10, Warren Wilson College, Swannanoa, N. C. The eighty-nine graduates were presented for degree to Dr. Arthur M. Bannerman, President, by Dr. Henry W. Jensen, Dean of the College.

Mr. Parker is a graduate of Cane River High School, Class of 1959. During the 1965-66 college year he was president of the Warren Wilson College Senate and at Commencement exercises Mr. Parker spoke for the graduates. The Commencement address was by Dr. Frank P. Graham former president of the University of North Carolina; former United States Senator and presently Mediator with the United Nations.

Miss Patricia Ann Tipton, daughter of Mr. and Mrs. Albert J. Tipton, Rt. 1, Reftief, N. C. received the Associate in Arts degree at Commencement exercises on June 10, Warren Wilson College, Swannanoa, N. C. The eighty-nine graduates were presented for degree to Dr. Arthur M. Bannerman, President, by Dr. Henry W. Jensen, Dean of the College.

Miss Tipton is a graduate of Cane River High School, Class of 1964.

Warren Wilson College is owned and operated by the Board of National Missions, the United Presbyterian Church, U.S.A.

blems. The Association has also made available information about this problem.

Dues are only \$1.00 per year. If you haven't already renewed your membership, or if you would like to join the Association, please mail your membership dues to Mrs. Allen Childress, Treasurer; 860 Oak Ave., Spruce Pine, N. C. 28777.

Contributions are also much needed to help defray costs of postage and promoting public information. Both membership dues and contributions are exempt from federal and state income taxes.

LOCALS

Mr. and Mrs. H. D. Ray, Jr., and sons, Danny and Kevin have returned home after visiting with Mrs. Ray's brothers, Don and J. C. Banks in Utica, Michigan.

They toured Cudjo's Cave in the Cumberland Mountains, the Columbus Zoo in Ohio, Bob-Lo Island in Canada, the Henry Ford Museum in Dearborn, and other places of interest in southern Michigan. They also attended a Tiger-Yankee baseball game while there.

Little Kathy Banks, daughter of the Don Bankses returned with them for a six weeks visit.

Burnsville stores will be closed all day July 4th.

'Horn In The West' Opens June 25

BOONE, N. C. — Dr. I. G. Greer of Chapel Hill, N. C., will officially open the 15th season of "Horn in the West" outdoor drama in a brief pre-show prologue Saturday night, June 25 at 8:15 P. M. E.S.T.

Dr. Greer is president of the non-profit Southern Appalachian Historical Association, sponsoring body for the historical drama.

Directed by Gene A. Wilson of Wisconsin State University at Whitewater, the "Horn" reenacts the birth of America as Daniel Boone leads war-weary regulators to safety in the Blue Ridge.

The drama takes place on three curtainless stages in the 2,400-seat Daniel Boone Amphitheater. At an altitude of 3,333 ft., audience members find the temperature change refreshing.

Six dances, ranging from a minuet to a searing Cherokee fire dance a 16-voice a capella chorus and solid dramatic performances give every theater-goer something to enjoy in the "Horn."

Though staffed with veteran lead actors, recent changes in the Kermit Hunter script have contributed to the "Horn's" new look. Director Wilson is expecting the best season, attendance wise, in the production's history.

SWIMMING CLASSES
Crestview Playground
START TUESDAY, JULY 5
Beginners Through Life Guard
Register At Playground
or Call
Mrs. Bill Banks, Instructor
Burnsville, 682-2563

SCHEDULE OF SERVICES FOR MICAVILLE—ESTATOE
Presbyterian Churches
Rev. John Powers, Pastor
June 19 and 26: Estatoe -
Church Services 9:45. A. M.
Sunday School 11:00 A.M.
Micaville - Sunday School 10:00 A.M.
Church Services 11:00 A.M.
Month of July Micaville
Church Services 9:45 A.M.
Sunday School 11:00 A.M.
Estatoe - Sunday School 10:00 A.M.
Church Services 11:00 A.M.

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SUNDAY, JUNE 26

"SINGING ON THE MOUNTAIN"

Arthur Smith & the Crossroads Quartet
 The Christian Heirs Quartet
 The Spiritualaires Quartet

"WHOSOEVER WILL MAY COME"