

Athletic Banquet

Held At

East Yancey

The annual Athletic Banquet for East Yancey High School students and guests was held in the school dining room Friday night. Gene Wyke, owner of the Sports Mart in Asheville was guest speaker.

Philip Thomas, a local attorney and president of the East Yancey Boosters Club, was master of ceremonies. Bob Thomas, a former coach at the school and presently with the State school transportation division, introduced the speaker.

Awards for sportsmanship were presented to Tony Tipton and Linda Sue Grindstaff. These awards were presented by Bill Banks in behalf of Yancey County Chamber of Commerce.

Other awards were presented to Don Anglin, most valuable baseball player; Judy Grindstaff, most valuable girl basketball player; Richard Westall, most valuable boy basketball player; Mark Bennett, most outstanding football lineman; Jerry Clevenger, most outstanding backfield football player; most valuable football player, Daryl Gibbs, which was received by Richard Westall for Mr. and Mrs. Charles Gibbs. Jerry Clevenger presented letters to the various players receiving letters in the different sports.

Ready for Summer Sun



ANS

GET IN THE SWIM of things! Sew this brightly striped beach coat now for happy days ahead. Crisp and uncluttered, our pattern fashion is enhanced by the Talon Invisible Zipper down the front, leaving the stripes unbroken because the zipper is hidden. Application is easy — three steps in three minutes — using the new Talon Invisible Zipper foot. Make your beach coat in mini-length or longer, with or without side slits and hood. Simplicity pattern #7594 includes cute two-piece bathing suit. Available in junior and misses sizes.

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"Your table looks lovely" is one of the highest compliments a new bride can receive. And it's almost always forthcoming when the table in question wears sterling silver flatware. The good looks of solid silver add the note of authority that can transform even inexpensive china, glass and linens into truly lovely and impressive table settings.

GROW YOUR OWN SPONGES



These big gourds yield big sponges when fully grown and treated to a water bath. Many people like their coarseness for rub-downs; others prefer to use them for the car.

Look well at the sponge with which the young lady is cleaning her car, noting especially its unusual shape. Then cast your eye on the fruits of the gourd vine growing up the fence. Those fruits, dried and with rind and seeds removed, furnished the sponge!

The fruits are those of the Luffa (or Loofa) gourd, a quick-growing annual vine which may climb 10 to 15 feet in a growing season.

Its large, showy yellow to white flowers are attractive, the foot to 2-foot-long green fruits abundant, but not particularly noticeable while the large leaves are on the vines. They become conspicuous when frost causes leaves to fall and the size of the harvest may be seen.

Luffa is a Latinized adaptation of the Arabic word for these gourds. The plants are tropical, the dried fibrous interiors of the fruits sold in markets in many countries (and, flattened, in drug stores in this country) for use as wash cloths or sponges. Hence the common names of dishcloth gourd, rag gourd or vegetable sponge.

Would you like to grow yourself a supply of sponges? It's easy. Select a warm, sunny place where soil is rich or can be made so and there is a substantial support for the gourd vines as they grow.

Plant seeds when soil has warmed where you want vines to grow. Keep them growing fast by giving plenty of water and fertilizer.

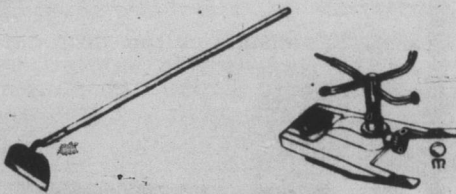
Chief pests troubling gourds are the striped cucumber beetle and the melon aphid. Dust with methoxychlor for the first, with malathion for the second, if they appear.

After the gourd vines have been killed by frost gather the gourds and soak them in water until the rind and pith soften. Then rub two gourds gently together until the rind rubs off. Do the same to dislodge the pith that fills the spaces of the spongy interior. Then wash the fibrous part through several changes of water, and dry. It's now ready to use.

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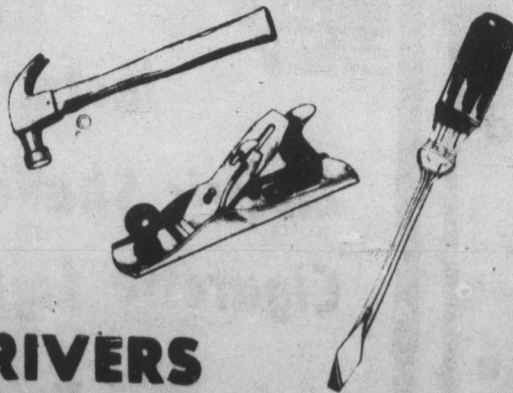


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