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(Grassy Creek Section)
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Firebird by \$108*...

COOKING FOR PLEASURE

BY BILLIE STEWART

Now I know spring cannot be far away! I saw a whole flock of Robins in our yard, hopping around--it gave me a big lift,

Diet is a dirty word around our house, but I'm really supposed to be on one. I am trying to just cut down on helpings instead of going on one of these crash diets I know I'll never stick to ...

I found a recipe for Cabbage with Cream Cheese that is wonderful and another for Cabbage Supreme. "Try 'em --you'll like 'em"...

-you'll like 'em"...

CABBAGE SUPREME

1 med. cabbage 4 tbsp. butter

4 tbsp. all-purpose flour

1/2 tsp. salt 1/4 tsp. pepper

2 cups milk 1/2 green pepper, chopped

1/2 med.onion, chopped 2/3 cup shredded cheese

1/2 cup mayonnaise 3 tblsp. chili sauce.

Cut cabbage in small wedges and cook in boiling water (salted) until tender.. about 15 minutes. Drain cabbage and place in a 13 x 9 x 2 irch casserole dish.

To prepare white sauce, melt butter in saucepan.Blend in flour, salt, and pepper,

SHINES UP BRIGHT
IN MINUTES
LASTS UP TO
A WEEK
GRIFFIN
WAX SHOE POLISH

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at the "Home Folks"...

your Carolina Ford Dealer.

Cook over low heat, stirring until mixture is smooth and bubbly. Stir in milk and boil for 1 minute, stirring constartly. Spread white sauce over the cabbage in the baking dish. Bake at 375 degrees for 20 minutes.

To prepare topping, mix together the green pepper, onion, cheese, mayonnaise, and chili sauce. Spread over top of casserole and bake at 400 for an additional 20 min. Yield: 8 to 10 servings.

CABBAGE WITH
CREAM CHEESE
3 cups shredded cabbage
1-3 oz package-cream cheese
Dash black pepper
1/4 tsp. celery seed

Cook shredded cabbage in boiling water for about 5 min. or until just barely tender; drain. Blend in softened cream cheese and stir until chaese melts. Add pepper and celery seed. Yield: 4 servings.

SPECIAL COOKTES

1/2 cup butter or marg.

1 1/2 cups graham cracket

1 1/2 cups graham cracker crumbs 1 (7 oz) pkg, flaked coconut

(7 oz) pkg, flaked coconut
 (12 oz) pkg, chocolate chips
 cup chopped Englishwalnuts
 (15 oz) can sweetened condensed milk

Melt butter in 13 x 9 x 2" pan. Sprinkle graham cracker crumbs evenly in bottom of pan. Follow with layers of coconut, chocolate chips, and walnuts. Top with sweetened condensed milk. With the back of a spoon pat the mixture down. Bake at 350 for 25 minutes.



Mrs. Warren Joe Hensley

MITCHELL COUNTY EXTENSION

Homemakers' Corner

By Mrs. Jane Cook
Extension Agent
Get ready for Easter in the
newest spring fashion looks.
No one look, no one length
will be the fashion picture this
year. Individuality will be
the leading word in fashion for
spring.

Basically, the mood for daytime wear will center around three looks: the clas sic, the layered look and the natural. The classic lookwill feature soft tailoring in rounded lapels and curved jacket fronts, suit skirts with controlled flare and the slim narrow skirt. The cardigan suit, the tailored feminine, executive look suit and the sailor suit will be the three most popular styles. Shirtwaist dresses will still be everyone's favorite but will take on a new look with choir boy collar, contrasting dickey and wide cuffs or a French school girl bow. There is a definite trend back to the bias cut dress and princess silhouette. Look for the return of the wrap or clutch coat. Cardigans still remain popular.

The layered look will feature skirts and more skirts. The newest trend is the pleated skirt in varying pleat sizes,

skirts fitted over the hips then flare out. The wrap around skirt will still hold its own. Layered dresses take on the look of separates with makebelieve tank tops, contrasting fabric sleeves, dresses with short matching jackets and the short sleeved T shirt dress worn over a long sleeve bluse. Jacket styles will be the one button blazer, the wide shoulder jacket, the smock, the sailor jacket, the cardigan, the bell hop or mess jacket, the bolero, the sashed smocking jacket and the three-quarter length topper, the most promising style.

Pants will have the casual daytime look, most often worn with a softly belted jacket or loose topper, cuffed pants with boxy look with tucks at the waistline and the split-leg pant, flaring below the knee. Still popular are the pants narrow at hips that fall straight with slight flare at the ankles.

The natural look is the non-

chalance mood of clothing.

Next week we will cover the
natural look for spring fashion
and discuss spring fabrics,
colors, accessories and evening wear.

ted in marriage at 7:00 p.m. Saturday, February 26, in the Burnsville Presbyterian Church. Elder C. F. Pryor of Columbus, Ohio, uncle of the bride, conducted the candlelight ceremony. The bride's parents are Mr. and Mrs. Craig English of Burnsville. The bridegroom

Miss Lynne English and Mr.

Warren Joe Hensley were uni-

United In Marriage

and Mrs. Craig English of Burnsville. The bridegroom is the son of Mr. and Mrs. Jay Hilliard, also of Burnsville, and the late Warren Hensley.

The bride wore a gown of ivory sata peau and a man-tilla of French lace.

Mrs. Joy Anders of Charleston, South Carolina, was her sister's matron of honor. Junior attendant was Miss Andrea Anders, niece of the bride. Both were attired in coral crepe.

Mr. Bill Harris of Burns - ville was his nephew's best man.

Couple To Wed

Miss Sharon Ann Crisp and Jerry Dean Renfro were married Satruday,

Miss Sharon Ann Crisp and Jerry Dean Renfro were married Saturday, February 26 at the home of the bride's parents. The Rev. Harold McDonald performed the ceremony. A reception followed.

The bride is the daughter of Mr. and Mrs. Joe Crisp of Burnsville. The bridegroom is the son of Mr. and Mrs. Jeff Renfro of Crabtree.

The couple will reside in Burnsville.

A reception followed the

The bride is a graduate of

the Commercial Dept. at UNC,

Greensboro, and is employed

by the Yancey County Board

Blanton's Business College in

Asheville and is employed

by North Carolina State High-

The bridegroom attended

of Education.

way Commission.

Ladies Finish Sewing Class

Thirteen ladies have completed a sewing class held at the Tipton Hill Agricultural Building. Those completing garments were: Virgie Rice, a pant set and dress; Dora Gouge, Mrs. Edith Miller, 3 dresses; Mrs. Amanda Arrowood, a dress; Mrs. Bessie Whitson, a dress; Mrs. Ima Jean Allen, a skirt and a dress; Mrs. Gertie Barnett, three dresses; Mrs. Ina Stevenson, a pantsuit and dress; Mrs. Abbie Renfro, two dresses; Miss Lydia Deyton, a dress; Vina Lewis, two dresses; Bertha Whitson and Evelyn Ray.

These ladies have fitted patterns and experienced many things in sewing. Teaching the class has been Miss Ethel Miller in cooperation with Jane Cook, in charge of clothing in the County Agricultural Extension Service, WAMY Community Action and May land Technical Institute.

Couple Engaged Mr. and Mrs. Bill G. Nor-

man of Route 3, Bakersville, announce the engagement of their daughter, Mary Elizabeth, to David Arthur Wilson, son of Mr. and Mrs. Ed. W. Wilson Jr. of Bakersville.

Miss Norman is a junior at Appalachian State University majoring in Primary Education Mr. Wilson is a senior at North Carolina State University in Raleigh.

A May 28 wedding is planned.



Read The Want Ads



John Preston

Files For Office

John Preston of Watauga County was in Bakersvil's Saturday in connection with his candidacy for the state senate from the 24th District. The District includes Avery, Burke, Caldwell, Mitchell, Wilkes and Watauga counties.

Preston, 48, indicated that his reasons for filing were to give full time representation to six county districts. Predicting that North Carolina's voters will call on the Republi can party for leadership in the fall election, he said, "To meet this challenge we need Republican legislators during these next two years who are prepared to give a full time effort to representation. Preston indicated that as a military medical retiree, he would "work full time for two years to represent the people of our senate district on a day to day

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