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## Yancey Extension Service For And About Homemakers

By Mary M. Deyton  
Home Ec. Extension Agent  
A new luxurious velvet is available for Fall 1972. It is **Quiana Velvet** which is durable, uncrushable, spot proof, soft and handwashable. The fabric is in ready-to wear and over the counter.

Designed for women's, men's and children's wear, the fabric will be available in black, burgandy, green, blue, purple, and red with other shades scheduled for later production. This luxurious but practical fabric will have greater end uses than previous velvets which were limited in use because of their fragile character. Quiana velvet will be suitable for women's blazers, slacks, shorts,

shirts, bathing suits; for men's coats, casual slacks, sports jackets and evening wear.

**Ultrasuede** looks like the real McCoy--but its imitation suede. Ultrasuede has some advantages over real suede. It's machine washable, tumbler-driable, easy care fabric. It won't shrink, stretch, fray, pill, water spot, or stiffen, and it is color fast. Ultrasuede is made of 60% polyurethane.

### NEW PRODUCTS

**Ravel Gard** is a liquid nylon that keeps fabrics from raveling by filling the spaces between the fibers. It comes in an aerosol can. The firm claims that Ravel Gard dries almost instantly, is invisible, and does not change the hand of the fabric.

**Let Press** is a new wrinkle remover spray. It removes wrinkles by temporarily softening the finish of the fabric.

**Self-Threading Needle** for those women who have trouble threading needles. The needle features double eyes; one can be threaded conventionally--the other is a notch-like eye that threads automatically. The needles have ball points, good to use on knits.

### HOMEMAKERS ASK...

How do I advise people to get mildew out of clothing?

Mildew is a fungus that grows under warm, moist conditions, usually in the absence of light. It grows within a fabric similar to the way Spanish

moss grows in a tree. Mildew will weaken fabrics so immediate removal is most important. Mildew is insoluble. It cannot be removed entirely from fabrics but the color of the mildew can usually be. The best treatment on washable fabrics is to wash fabric thoroughly. Dry in sun. Then treat the stain with an oxidizing bleach. On silk, wool and on nylon, use sodium perborate and hydrogen peroxide. On linen, rayon and synthetic fibers, use sodium hypochlorite bleaches. When using bleaches, always test for the effect on an unexposed seam.

On nonwashable articles, send to drycleaner while stain is fresh.



## From The Yancey Extension Homemakers food news & cues

By Mrs. Mary Gillespie

We are indebted to Mae Davis for this Casserole. It is all vegetable and very good. Those of us who have eaten with Mary know she is an excellent cook and a very original one-- she isn't afraid to try all kinds of blending of flavors and really comes up with excellent results. She also seems to have a knack at "weeding" favorite recipes from others. This recipe, she says came from a very old colored lady who had cooked for many years at a favorite, farmhouse type restaurant in Georgia.

### SOUTHERN

#### VEGETABLE CASSEROLE

2 cans English peas (or same amount frozen)  
2 cups chopped celery--put in baking dish--slice over this one stick margarine.

Pour over 2 cans of chicken soup. Sprinkle with bread crumbs and then sprinkle over lightly with grated nutmeg.

Bake in 350 degree oven for an hour. Sprinkle top well with evaporated milk and brown.

We are still thinking of ways to use eggs during the month of September. We might consider the versatile omelet. It makes a good breakfast, lunch or Sunday supper. It can also serve as a dessert.

The U.S. Dept. of Agriculture says eggs are plentiful, now is the time for serving omelets. Plain omelets are prepared exactly like scrambled eggs, but are not scrambled during cooking. All ingredients are combined in a bowl, mixed until light yellow in color and then poured into a frying pan containing melted butter. Cooking always is over low heat. Plain omelets are also referred to as flat or French omelets. These omelets are tenderly compact in texture, moist and have a delicately browned bottom side. They may be served "as is", topped with cheese or filled.

Fluffy omelets require two bowls for the mixing stage. The egg whites are beaten until stiff but not dry in the first bowl. The yolks and a seasoning are whipped to a light yellow in the second bowl and then folded into the egg whites. The mixture is poured into a frying pan or baking dish containing melted butter and cooked or baked until lightly browned and the top surface "springs back" when lightly touched. Fluffy omelets--often called "puffy" omelets--are frequently served as a dessert.

Some of the liquids which may be used in the omelet preparation include whole milk, cream, half and half, evaporated milk, nonfat dry milk, water, mushroom liquid, tomato juice, and other fruit juices.

Interesting flavor notes are imparted to omelets by the addition of liquids and spices, herbs and finely chopped vegetables. The addition of any condiment, spice or vegetable

## Top-of-the-Line '73 Monte Carlo



The all-new Monte Carlo, the flagship of the Chevrolet fleet, is among the most changed of all seven Chevrolet car lines in 1973. Featuring beautifully sculptured side and rear-quarter metal, new grille, and an optional Landau or opera-type vinyl roof, the Monte Carlo is a styling classic. Many months of advanced chassis and suspension engineering work have given the Monte Carlo handling and roadability said to equal or surpass that of Europe's most expensive personal touring cars. Introduction date for all 1973 Chevrolets will be Thursday, September 21.

## Receive Masters Degrees

Mr. and Mrs. Theron Woodruff Dillard, Jr. received their Master of Arts degrees from Furman University in Greenville, South Carolina recently.

Mr. Dillard is assistant Football Coach at Furman and Mrs. Dillard is Coordinator of Title I Math project for fourth and fifth graders in Greenville Co. Mrs. Dillard is the granddaughter of Mr. O.K. Masters of Burnsville.

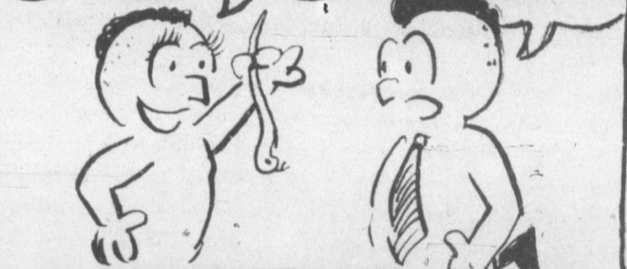
## GERONIMO James Presnell

HEY, G-MO!! LOOKIT MY PET SNAKE----



HIS NAME IS 'ANNIE CONDER'..

HIS NAME IS ANNIE??



IF IT'S A BOY SNAKE, HOW DID IT GET A NAME LIKE ANNIE??



PROMISE YOU WON'T TELL-----

SURE----



BZZZ BZZZ WHISPER HE'S A LITTLE BIT WEIRD...



I DON'T CARE THOUGH--I THINK HES CUTE----

HEY-- WHERE YA GOING??



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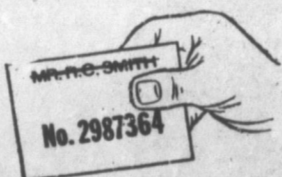
Beltone Service Center

Place: Mt. Mitchell Motel Burnsville, N.C.

Date: Thursday, SEPTEMBER 21st.

Time: 9:00 A.M. - 11:00 A.M.

**Beltone HEARING SERVICE**  
#7 BILTMORE AVENUE  
ASHEVILLE, N. C. 28801

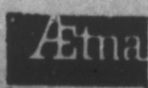


### NAME OR NUMBER?

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