

By Mary M. Deyton Since pants have become such a popular item in ourwardrobe, more and more ladies have been sewing on pants for themselves and their children. The construction of pants is not really difficult, but we often run into difficulty when trying to fit and alter a pants pattern. help you with these problems, we plan to have a "Fitting And Alterations Day" on December 6 here in the Extension Office. Anyone needing help in alteraons on either pants or dresses nay come in any time on that day from 9:00 a. m. until 3:00

Proper care of the "Holiday Bird". . A delectable roast turkey is traditional fare during the holiday season, but a seasonal increase in foodborne illness is also a little known tradition. . . A tradition that can be broken by proper handling of that holiday bird.

THAWING

1. If possible thaw turkeys completely before cooking. If not, allow extra cooking time.

2. Thaw in the refrigerator whenever possible.

3. Never thaw poultry at room temperature. Temperatures between 60 and 120 degrees allow rapid growth of bacteria and production of toxins by some

4. If refrigerator space is not available, the turkey can be thawed by being placed, still in its original wrapper, in a closed double brown paper bag on the kitchen counter. Allow no more than one hour per pound when thawing this way. The closed double paper bag forms a cool air space around the turkey so that its surface is not exposed to the room's temperature. 5. Be sure all utensils used with the raw bird are washed thor oughly with a detergent before being used again.

1. Never stuff the internal cavity of turkeys with dressing until is ready to go into the

2. Cook poultry completely at one time; never partially cook and then finish cooking later. The internal temperature of a turkey when done is 180 to 185 degrees F.

3. Commercially stuffed frozen turkev should always be cooked without thawing.

4. Estimate the proper length of time for cooking so that the turkey will be fully cooked and served immediately after it is

2. Never refrigerate cooked whole turkeys for overnight storage without first reducing their bulk size.

the broth or gravy in different

4. Whenever possible, put large quantities in several small containers rather than one large one to speed cooling.

5. If leftovers won't be used the freezer rather than in the refrigerator.

REHEATING

1. When using stock, boil thoroughly either before or during gravy preparation.

dressing thoroughly before serving. Never just warm it.



From The Yancey Extension Homemakers food news & cues

kin pie or the old fashioned kind baked in the crust one of these should be just what you like. PUMPKIN

CHIFFON PIE Have ready a 9-inch graham cracker or gingersnap crust. Soften 1 envelope unflavored gelatin in 1/4 cup warm water in 2-qt. saucepan. Add 1/2 cup sugar--2 egg yolks, 1 tsp. pumpķin pie spice-dash of salt. Stir until smooth. Stir in 3/4 cup evaporated milk. Cook and stir over low heat until the mixture thickens. Do not boil. Take off heat. Stir in 1 lb.can pumpkin(or 2 cups) and 1 1/2 tsp. grated orange rind. Chill until thick but not firm. Beat 2 egg whites until foamy. Beat in gradually 1/2cup sugar until stiff and glossy. Fold in pumpkin mixture and heap into the crust--sprinkle top with finely

Chill two or three hours before serving. PUMPKIN PIE

chopped pecans if desired.

Pastry for 9 inch pie shell 2 cups mashed cooked pumpkin 3/4 cup firmly packed brown

1/4 tsp. cinnamon 1/2 tsp. mace

1/2 tsp. mutmeg 1/2 tsp. salf

1/4 tsp. ginger

3 tblsp, melted butter

1 tblsp. molasses 2 eggs slightlybeaten

2 cups scalded milk

Combine all ingredients and pour into unbaked shell. Bake at 450 degrees about 20 min. Then reduce to 350 and bake until custard is firm. We think this is one of the

best applesauce cakes we have ever made. It is very moist and soft. Bake either in a sheet pan or in layers. It makes three nice layers and is deli cious put together withseafoam

RAISIN APPLE CAKE 2 1/2 cups sifted flour 1 1/2 tsp. soda

COOKING

STORING LEFTOVERS 1. Never allow cooked turkevs to stay in unheated ovens, such as for ovemight storage.

3. Store turkey, dressing and

w ithin one or two days, put in

2. Heat leftover turkey and



By Mrs. Mary Gillespie

If you prefer a chiffon pump- 1 tsp. cinnamon 1/2 cup chopped nuts 1 tsp. cloves

> 1 tsp. nutmeg 3/4 cup shortening 1 1/4 cup sugar

1/2 cup light molasses 1 cup raisins

- Sift flour with soda, salt and spices. Put 2 tbs. flour mixture over nuts and raisins and stir to coat. Cream shortening -- add sugar gradually; beat until fluffy. Add eggs one at a time. Beat well. Add molasses--beat. Add flour alternately with applesauce. Fold in nuts and raisins. Bake 350

United In Matrimony

Gail Sue Gardener and Paul Fredrick Greene were united in marriage November 13, 1972 at Young's Chapel Free Will Baptist Church at 4:00 p. m.

The bride is the daughter of Mrs. Jim Collins and Mr. Shelby Gardener, Norton, Virginia. The bridegroom is the son of Rev. and Mrs. Fred Jack Greene of Norton, Va., formerly of Burnsville, N.C.

Rev. Greene officiated at the wedding of his son with a double-ring ceremony.

The bride wore a street-length dress of knit with matching dress length vest in green and brown knit. Attending the bride was her mother, dressed in a green

plaid dress and a cape of wool. Mike Rash, Johnson City, Tennessee, was best man.

The couple had dinner at the home of the bridegroom's sister, Mrs. Harley Campbell. After spending the night in Burnsville, Mr. Greene returned to his job with the Norton City Police Department. Mrs. Greene returned to school at the John I. Burton High School where she is a junior. They will reside in

Couple 70 Celebrate Golden Anniversary

of Meadow Road, Burnsville will celebrate their 50th Wedding Amiversary with a recep tion to be given by their children in the Community Building on Robertson Street, Burnsville.

The reception will be held Saturday night, November 25, from 7 to 10 p. m. Mr. and Mrs. Fox, honorees, have seven chillren: S/sgt. Bruce Charles Fox

Mr.and Mrs.Charles O.Fox

Celebrates

Birthbday

Jay Thomas Styles, son of

Mr. and Mrs. Doyle Styles of

Fort Lauderdale, Florida, cele-

brated his first birthday with a

party at his home on Saturday,

November 11. There were

about twenty guests at the par-

ty. Jay is the great grandson

of Mr. and Mrs. J. V. (Casey)

Jones of Burnsville.

Mr. and Mrs. Charles O. Fox of Pope Air Force Base, Mrs. Robert L. Bowes of Roxboro, Mrs. Charles Pate of Romulus, Michigan, Mrs. Estel Higgins of Burnsville, Mrs. Earl Link of Alton, Va., Mrs Rollins Beaver of Bakersville and Miss Bernice Fox of Asheville. They also have 19 grandchildren and five great-grandchildren.

All friends and relatives are invited to attend.

70 Celebrate 3rd Birthday

Little Shelia Diane McCurry, daughter of Mr. and Mrs. Travis McCurry, is celebrating her 3rd birthday on November 23, Thanksgiving Day.

Orain Professional Photography

PHONE 765-2413

SPRUCE PINE, N. C.

Sales And Use Tax Report The local 1% Sales and Use Avery County collected \$16,

Tax Report for October, 1972 411.35. shows the following tax collections by county: Yancey collected \$12,055.05 for that

period; Mitchell collected the

The report is issued monthly by G. A. Jones, Jr., Commis sioner, N.C. Department of Revenue, Raleigh.







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