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Growing Plants Inside Adds Wintertime Cheer

Add a little cheer to your home this winter by growing flowering or foliage plants. Such is possible even if you don't have a sunny window.

Henry J. Smith, North Carolina State University extension landscape horticulturist, says that it isn't always necessary that the window receive a lot of sunlight. Some plants do very well with no direct sunlight at all. They can get along on reflected light.

Smith suggested that a photographer's light meter be used to check the light intensity near the window where your plants will be located.

An intensity of 50 foot candles for 12 hours a day is sufficient to develop flowers of bulbs, such as tulips, daffodils, Paper White Narcissus, lily of the valley and amaryllis.

To measure the light that falls on the place where the plants can be kept, lay two sheets of white paper flat, one above the other. Hold a light meter six inches above the paper. Be careful not to cast a shadow.

Multiply the meter reading by four and you will have approximately the foot candles of light that will be available to the plants.

Bulbs take less light

than most other flowering plants. Most pot plants need about 500 foot candles each 12 hours and shouldn't be attempted except in a south window, which will receive direct sunlight, or a large east, west or north window, which receives the full reflected light of the sky.

Smith suggested that if you need more light, use a table or floor lamp. Fluorescent tubes are especially good. Some special light fixtures are available with plant holders attached. These are "tuned in" to the necessary foot candles needed by the plants.

In addition to the proper amount of light, the plants that brighten your home this winter should be kept as near the proper temperature as possible.

The ideal temperature for flowering plants is 60 degrees. Even with the current energy conserving effort, this is a little lower than most homes are kept. Fortunately, most plants grown by amateurs are somewhat tolerant of a considerable range in temperature.

One suggestion: If you have a south window, keeping the plants close to the glass will help keep them cooler than if they are located near the center of the room.

LEGAL NOTICES

LEGAL NOTICE
NORTH CAROLINA
YANCEY COUNTY
IN THE GENERAL COURT OF
JUSTICE - SUPERIOR COURT
DIVISION

EXECUTOR'S NOTICE

Having qualified as Executor of the estate of Walter Lee Maney of Yancey County, North Carolina, this is to notify all persons having claims against the estate of said Walter Lee Maney to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 30th day of November, 1973.

Burl Maney, Route 3, Burnsville, N.C. 28714.
Dec. 6, 13, 20, 27, 1973 pd

LEGAL NOTICE
NORTH CAROLINA
YANCEY COUNTY
IN THE GENERAL COURT OF
JUSTICE - SUPERIOR COURT
DIVISION

ADMINISTRATRIX NOTICE

Having qualified as Administratrix of the estate of David Junior Carroll of Yancey County, North Carolina, this is to notify all persons having claims against the estate of said David Junior Carroll to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 29th day of November, 1973.

Pauline Wheeler Carroll,
Route 2, Burnsville, N.C.
28714.
Dec. 6, 13, 20, 27, 1973 pd

LEGAL NOTICE
NORTH CAROLINA
YANCEY COUNTY
IN THE GENERAL COURT OF
JUSTICE - SUPERIOR COURT
DIVISION

EXECUTRIX NOTICE

Having qualified as Executrix of the estate of Haskett Hensley of Yancey County, North Carolina, this is to notify all persons having claims against the estate of said Haskett Hensley to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 10th day of December, 1973.

Avie S. Hensley, Route 3,
Box 53, Burnsville, N.C. 28714.
Dec. 13, 20, 27, Jan. 3 pd

LEGAL NOTICE
NOTICE
I will not be responsible for any debts other than my own.
--Wayne Pate
Dec. 20, 27, Jan. 3, 10 pd

LEGAL NOTICE
NORTH CAROLINA
YANCEY COUNTY
IN THE GENERAL COURT OF
JUSTICE - SUPERIOR COURT
DIVISION

ADMINISTRATOR'S NOTICE

Having qualified as Administrator of the estate of Milt Hensley of Yancey County, North Carolina, this is to notify all persons having claims against the estate of said Milt Hensley to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 23rd day of November, 1973.

Woodrow Hensley, Route 2,
Mars Hill, N.C.
Dec. 13, 20, 27, Jan. 3 pd

LEGAL NOTICE
NORTH CAROLINA
YANCEY COUNTY
IN THE GENERAL COURT OF
JUSTICE - SUPERIOR COURT
DIVISION

EXECUTRIX NOTICE

Having qualified as Executrix of the estate of Haskett Hensley of Yancey County, North Carolina, this is to notify all persons having claims against the estate of said Haskett Hensley to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 10th day of December, 1973.

Avie S. Hensley, Route 3,
Box 53, Burnsville, N.C. 28714.
Dec. 13, 20, 27, Jan. 3 pd

LEGAL NOTICE
NORTH CAROLINA
YANCEY COUNTY
IN THE GENERAL COURT OF
JUSTICE - SUPERIOR COURT
DIVISION

EXECUTRIX NOTICE

Having qualified as Executrix of the estate of Haskett Hensley of Yancey County, North Carolina, this is to notify all persons having claims against the estate of said Haskett Hensley to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 10th day of December, 1973.

Avie S. Hensley, Route 3,
Box 53, Burnsville, N.C. 28714.
Dec. 13, 20, 27, Jan. 3 pd

LEGAL NOTICE
THE GREAT STATE OF
NORTH CAROLINA,
County of Yancey

NOTICE OF SALE

Under and by virtue of the power of sale contained in a certain Purchase Money Deed of Trust executed by Thomas Winn and wife, Kathleen Winn dated 29 March 1972 and recorded in Yancey County Mortgage Deed Book 68, page 179, and default having been made in the payment of the indebtedness thereby secured and said Deed of Trust being by the terms thereof subject to foreclosure, the undersigned Trustee will offer for sale at public auction to the highest bidder for cash at the door of the Courthouse in Burnsville, North Carolina, at 12 o'clock noon on Friday, 28 December 1973 the property conveyed in said Deed of Trust, the same lying and being in Jacks Creek Township, Yancey County, North Carolina, more particularly described as follows:

Lot #4 on a plat recorded in Yancey County Map Book 1, page 148, and reference is hereby made to such public record for a more definite description.

AND BEING the same lands as described in a Deed dated 29 March 1972 from Homeshoe Highlands, Inc. to Thomas Winn and wife, Kathleen Winn, recorded in Yancey County Deed Book 148, page 475.

This sale will be made subject to all outstanding and unpaid taxes and special assessments and the highest bidder at the sale will be required to make a cash deposit in the sum of 10% of the amount of the bid up to and including \$1000.00 and 5% of any excess of \$1000.00.

This 27 November, 1973.
G.D. Bailey, Trustee
Dec. 6, 13, 20, 27, 1973 ch

SKIPPY SAYS



This Cookie Hides A Nutritious Filling

Some of the best cookie bars are those that are made in layers. First a cookie dough is baked. That's the bottom layer. Then comes the filling which varies considerably from apricot jam to coconut, dried fruit or nuts. And last, a topping such as baked meringue or unbaked chocolate coating.

The recipe for the layered cookie bars shown here was developed in the Skippy peanut butter kitchens and can be counted as one of the best of the type. The peanut butter is the filling — a natural for a product whose main purpose in life is to end up as a sandwich filling.

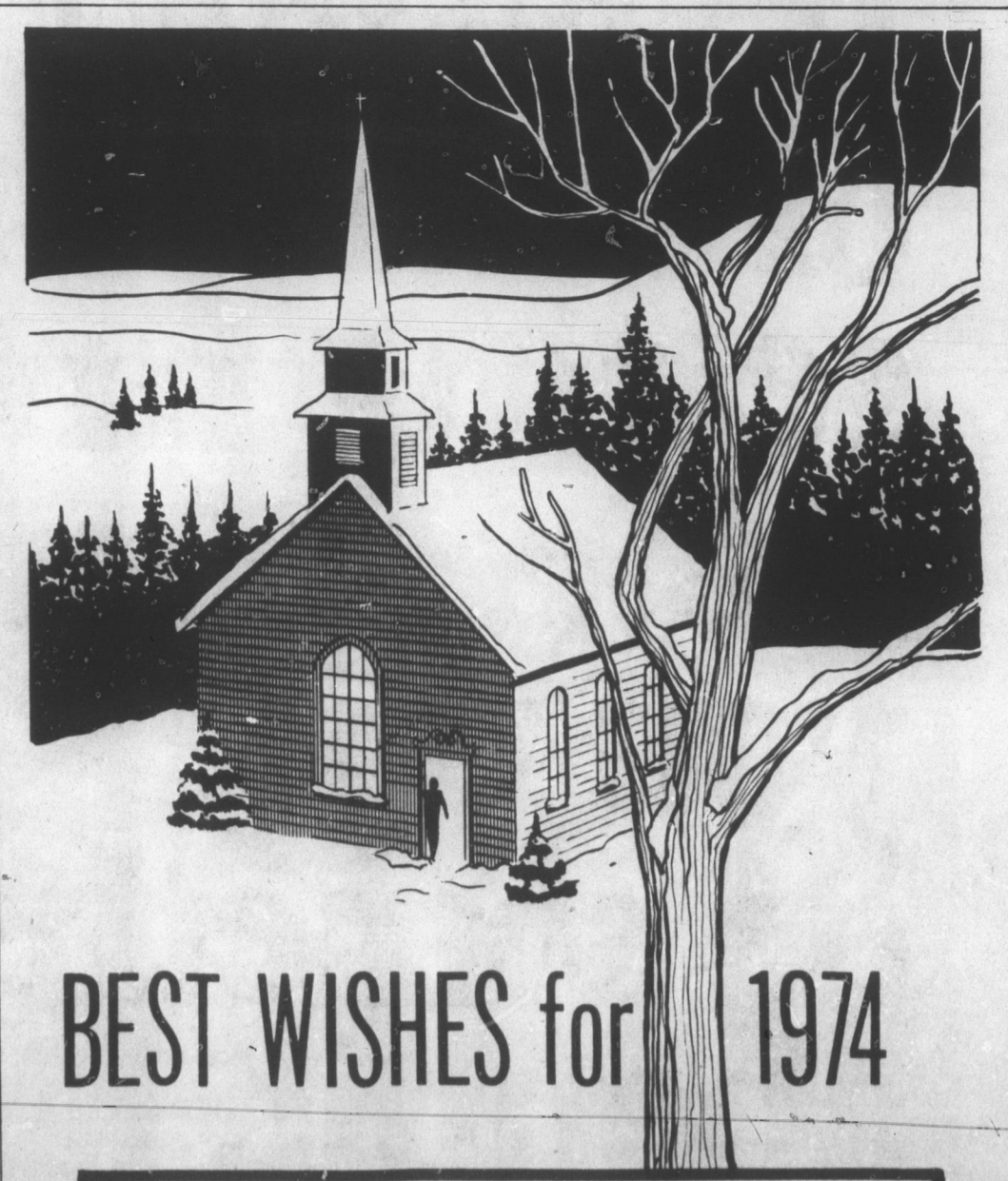
Just as peanut butter makes a nutritious sandwich, it also makes a nutritious cookie, especially contributing protein and niacin, a B vitamin.

Peanut Butter Filled Cookie Bars: Stir ½ cup margarine to soften. Mix in ½ cup firmly packed brown sugar until blended. Stir in 1¼ cups sifted flour. Press evenly into 13 x 9 x 2 inch baking pan. Bake in 350° F. oven 20 minutes. Remove from oven. Immediately spread 1 cup Skippy creamy or chunk style peanut butter over entire surface. Cool. Mix 1 package (6 ounces) chocolate pieces and 3 tablespoons water in small saucepan over low heat. Cook, stirring constantly, until melted. Spread over top of cookies. Chill until chocolate sets. Cut into 48 (about 2 x 1 inch) bars.

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BEST WISHES for 1974

May the New Year Bring A Fair Measure of Health and Happiness to Everyone In The Community.

WKYK

Sacred Heart Catholic Church
Parnell Hill - ½ Block Behind Metcalf Coal
Rev. Fr. Michael Hoban - 765-2224
Sunday Masses.....11:00a.m.
Holy Days.....7:30p.m.
St. Lucien's—Spruce Pine.....Sunday, 9:00a.m.
St. Patricia's—Linville.....Saturday, 6:00p.m.
(Summer Only at Linville)

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