### Are We Losing Control Through 'Regionalism'?

(Cont'd from page 1)

ple. Early last month the District Director from Boone saw fit to fire the well-liked nurse who for over a year had worked exclusively in Yancey County building up and conducting the program Home Health Agency. The point we consider most significant to our argument is that not one of the Yancey County board members knew anything about the firing until after it had occurred. Nor had any one of them received any intimation that there were any shortcomings in this nurse's performance.

It is not our purpose here to review the alleged justification for the firing. Here, we will only say that after a thorough inquiry it appears to us, crystal clear, that the firing was a blunder. Further, we feel sure that had Yancey County been running its own health department, the cruel injustice to this nurse would not have been perpetrated.

#### Directive Effectively Muzzles Local Employees

If further evidence is needed to show how local control gets suppressed under regionalism, here is a good example -- also from the Health Department. In a mimeographed

ALL MEN'S

SHOES

REDUCED

Other

directive recently issued to employees from the headquar ters in Boone, we find the following:

"No discussion of internal district problems shall take place with either Board of Health members or County Commissioners without specific approval of the Director. "

This order muzzling employees cannot fail to stifle local control. Under it, not one of the nine health department employees working in Yancey County is permitted to talk directly about department problems to precisely those people who, as board members, should keep best informed about the health department problems affecting our county.

The question now remains: Has Yancey County given up its voice in too many local affairs in return for bright promises of bureaucrats from Raleigh and Washington, who have everything to gain and nothing to lose by insisting that counties be grouped into regions or districts to reap the benefits of what is actually our own tax money to begin with. We believe that decisions for or against joining "regionalism" set-ups should be made with full awareness of how much of our precious freedom to govern ourselves will be lost in the process.

master charge



BUREAU OF CENSUS, WOMEN MAKE A LITTLE MORE THAN
HALF OF THE EARNINGS OF
MEN WITH THE SAME EDUCATIONAL
BACKGROUND.



RECEIVES EQUAL PAY FOR EQUAL WORK . ALL ENLISTEES REGIN AT THE SAME MONTHLY SAME OPPORTUNITIES FOR

#### THE YANCEY JOURNAL Box 667 Burnsville, N.C. 28714

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pleasant.

\*\* VA News Report \*\*

A record \$303.8 million in Veterans Administration insurance dividends will be paid to nearly 3.9 million veterans insured under World Wars I and II government life insurance policies, starting this month.

H. W. Johnson, Director of the Winston-Salem VA Regional Office, said increased dividends result chiefly from higher interest earnings in the National Service Life Insurance (World War II NSLI) and United States Government Life Insur ance (World War I USGLI)funds.

"Veterans expecting checks need not contact VA concerning dividends since they will be paid automatically on anni-

### Happy Haven For Widows

By Mimi Cunningham Although the War Between the States is long over and its veterans dead and buried, the State of North Carolina each year pays a total of \$13,500 in pensions to 15 widows of Confederate soldiers. Each widow receives \$75,00 a month.

And, one of two such remain ing homes in the South. the Confederate Women's Home, located on Fort Bragg Road in Fayetteville, provides housing and care for one of the widows and 31 of the daughters of the men who fought for the Stars and Bars.

With a total of 14 employees serving 32 clients (or guests as they are called), the Confederate Women's Home is one of the smallest components of the Department of Human Resources. It is also one of the most unusual.

For 58 years, it has served as a "happy haven! for needy widows and daughters of Confederate soldiers. An act of the 1913 General Assembly established the institution with an appropriation of \$10,000 for building purposes and \$5,000 a year for maintenance. It first opened November, 1915.

Today the Home operates on a \$144,821 yearly budget. Aproximately one-third of the funds come from the residents! pensions or social security checks which are signed over to the Home as part of admission

requirements. In return, the ladies are provided with food, lodging, plus the services of a full-time registered nurse. Perhaps most important, they know that someone cares about them and will try to make their last years

To qualify for admission. one must be over 65 and "must show herself to be a needy widow or daughter, of a North Carolina Confederate soldier who saw active service. "

versary dates of policies, " Johnson stressed.

Dividend payments will contime throughout 1974 (on policy anniversary dates) on "Participating" NSLI policies with "V"-prefixed policy numbers, and USGLI policies with "K" in front of numbers.

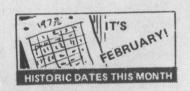
Some 3.75 million veterans with NSLI policies will receive a total of \$282,3 million, averaging \$75 per policy. About 138,000 USGLI policyholders will be getting \$21.5 million in dividends, averaging \$156 per policy.

Johnson said that dividends for 915,000 veterans holding NSLI will be applied to pur chase of additional coverage. These veterans previously elected to buy paid-up insurance with their dividends.

Last year VA declared \$297 million in insurance divi dends, also a record, which were paid to approximately 3.8 million veterans. NSLI policyholders received an average dividend of \$72, compared to \$142 for USGLI policyholders.

Johnson explained that dividends vary from a few dollars to several hundred dollars, depending on plan of policy, amount of policy, age of the insured and age of policy.

Nearly 4, 2 million veterans are carrying \$27.3 billion worth of NSLI, while 161, 300 veterans are insured for \$685.4 million under USGLI.



Someone's birthday or anniversary this month? How about flowers from the florists with the "extra touch?" FTD florists have a special Forget-Me-Not Bouquet for those special days. And this month has been special for many reasons over the years-

FEB. 4. On this date in 1861, delegates from six seceding southern states formed the Confederacy.

FEB. 9. In 1718, the first French colonists arrived in

FEB. 10. In 1763, France ceded Canada to England as the Treaty of Paris was signed. ending the French and Indian

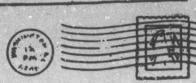
FEB. 14. Arizona was admitted to the Union as the 48th State on this date in FEB. 18. In 1861, Jeffer-

son Davis was sworn in as President of the Confederacy at Montgomery, Alabama. FEB. 24. Impeachment

proceedings against President Andrew Johnson were begun in Congress on this date in FEB. 25. In 1913 on this

date, the 16th Amendment to the United States Constitution went into effect, giving Congress the authority to levy income taxes.

# Letter To



So, at last, Yancey County is beginning to experience "the gasoline crunch". In my opinion, there would be 30% more gasoline for those who truly need it if some of the senior citizens, including the writer, would permittheir vehicles to set 5 days out of each week. (Unless hauling wood from the forest, the writer does this consistently).

There are families who are running 2 or 3 cars needlessly every day of the week. Many students probably are driving who could ride the buses, and even walk to keep in condition for athletics. People who live in town could walk 3/4 up to 1 mile and probably accomplish what diets and health fads do not do.

The electrical, energy crisis could be alleviated a bit, if some of the Yancey County citizenry would not fire up an automatic washer 4 or 5 days out of each week-- once weekly should be enough if one can manage at all.

Trapping and poisoning rats and mice would help ease

the flour and wheat shortage more than one might think. It is the duty of ministers of their congregations to at least encourage car pooling for church attendance. Teachers of public schools might form a car pool or two, also.

Serious gardening to fight the unreasonable prices of food where there's been none before, would also help. Many people are burning wood for heat and for cooking. It can be done in many instances without any suffering or

Many prices on consumer items today are away out of line, and where legitimate protest is justified consumers should protest. Perhaps the truck lines have a justifiable complaint, Maybe American citizens, 200 million, could live less expensively and less cramped if exports in wheat, oil, and cotton were decreased.

You may "hate me" for saying these things and writing this letter, but the "sad sack" truth of it is that 200 millions of us are so thoughtlessly wasteful and so pampered in unnecessary luxury that we cannot even try to econo mize, save, and eliminate waste of all commodities. As many do realize it is probably past time and away past due for millions of us to change our wasteful, materialistic ways of living.

If you have any better ideas, I'd like to see them in print, including those of the Journal Editor, President of the Chamber of Commerce, Chairman of County Commissioners, and Superintendent of Schools.

Yours Sincerely and Respectfully, Vernon D. Stenzel, South Toe Township

## Yancey Health Dept.

FEBRUARY SCHEDULE

Feb. 4, Monday Immunization Clinic Feb. 5, Tuesday Nurse Screening Clinic 8: 30 - 12:00

Maternal Nurse Clinic 12:30 - 3:30 Feb. 6, Wednesday Eye Clinic (App't only) 8:30 - 11:00 Mental Health Clinic (App't only)

Feb. 7, Thursday Feb. 11, Monday

Feb. 12, Tuesday Child Health, Dr. Pope 8:30 - 3:30 Family Planning Clinic, 8:30 - 12:00 Feb. 14, Thursday

Dr. Webb Maternal Nurse Clinic, 4:30 - 7:00

Miss Kingham Immunization Clinic 8:30 - 11:30

8:30 - 11:30

1:00 - 3:00

Feb. 18, Monday Feb. 19, Tuesday Nurse Screening 8:30 - 11:30 Maternal Nurse.

Immunization Clinic

Nurse Screening

Miss Kingham 12:30 - 3:30 Feb. 25, Monday Immunization Clinic 8:30 - 11:30 Nurse Screening 1:00 - 3:00 Child Health, Dr. Pope 8:30 - 3:30 Feb. 26, Tuesday

Feb. 27, Wednesday Orthopedic Clinic, Feb. 28, Thursday

Dr. Galloway 8:30 - 10:00 Family Planning Clinic, 8: 30 - 12:00 Dr. Webb

Maternal Nurse. 4:30 - 7:00 Miss Kingham

Pollard's Drug Store R and Ferril McCurry

### If Vitamins Could Talk

If vitamins could talk, here's how a short speech by vitamin C might go: "Hi! I'm a C-vitamin. People have been interested in me ever since they discovered I could prevent scurvy. Today, they're still in-

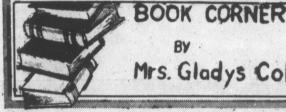
terested because they're wondering if I can prevent colds, too. One thing for sure, I am rarely very effective unless my users believe in me. You wouldn't be, either!

"To be effective, my users (found in sweet potatoes, have to determine, first, how Niver, and fresh vegetables to much of me they need. This work at my best. varies from 250 mg to 5000 "Try me in the time-retrients, notably vitamin A, tions."



mg per day. The average is lease form, and see if I don't perhaps 1000 mg. Then, I help prevent the catching of must team up with other nu- and the severity of cold infec-

\*The above comments appear each week to air thoughts, opinions, and information we believe to be important to our friends and customers - your comments are welcomed



# Mrs. Gladys Coletta

The Sleeping Partner, by Winston Graham. 1956. Dou bleday and Co., Inc., N.Y.

Love is blind (so they say), but just how blind can a husband be when his wife practically flaunts her infidelities in his face? So blind (or stupid) that he actually encourages her in it--all in the name of good faith, of course. Such is the story (or mystery) of the chill ing suspense novel, The Sleeping Partner, by Winston Graham.

Starting from scratch, Michael Granville, successful young scientist, seeks to unravel the mystery of his missing wife,

Lynn. True, she had left him, bag and baggage, with only a Dear John note for a clue. Unwittingly, another minor clue sparks his search: she had taken his toothpaste, which he knew she utterly despised. Her signature at the bank did not look exactly right, either. One

thing leads to another until he finally discovers the double life that Lynn had been leading, which finally had led to her

During Michael's search for Lynn, an unexpected love story develops from another quarter. It has complications also, but of a different nature. So different that the reader wonders if this is for real. How good is good if a man goes all the way to save the life and repu tation of a man who has won his own wife's love?

Without preaching or moralizing (much), the story abruptly comes to an end. It sounds plausible (we suppose) when Mich ael decides "to thine own self be true, and it must follow as the night the day, thou canst not then be false to any man." So, off he rides into the wild blue yonder-in this case, Africa, So ends the story.

Six Months ..... \$5.00 POLLARD,S DRUG STORE PHONE 682-2146 BURNSVILLE, N.C. on Rexall SUPER PLE when you buy the 288-tablet size! when you buy the 144-tablet size! when you buy the 72-tablet size! **SAVE \$8.99 SAVE \$2.78** SAVE \$5.15 with combo package You can depend on each tablet for 11 essential vitamins and 8 important minerals! It's America's largest selling multi-vitamin multi-mineral product! And here's another bargain for you...