Yancey Health Dent.

Health Department Clinic Schedule April, 1974 Immunization Clinic 8:30 - 11:30 April 1, Monday 1:00 - 3:00 Nurse Screening April 2, Tuesday Maternal Nurse (Kingham) 12:30 - 3:30 April 3, Wednesday Eye Clinic (App't only) Mental Health (App'tonly)10:00 - 3:00 April 4, Thursday April 8, Monday Immunization Clinic 8:30 - 11:30 April 9, Tuesday Nurse Screening 8:30 - 11:00 1:00 - 3:00 Child Health, Dr. Holt Chest Clinic (Bakersville) April 10, Wed. April 11, Thursday Family Planning, Dr. Webb 8:30 - 12:00 Maternal Nurse (Kingham) 4:30 - 7:00

April 15, Monday 8:30 - 12:00 April 16, Tuesday Nurse Screening Maternal Nurse (Kingham) 12:30 - 3:30 April 19, Friday Eye Clinic (App't only) 8:00 -Mental Health Med. Clin. 10:30 - @ Henry Isabella, P. P. A.

Immunization Clinic 8:30 - 11:30 April 22, Monday Nurse Screening 1:00 - 3:00 8:30 - 3:30 April 23, Tuesday Child Health, Dr. Pope 8:30 - 12:00 April 24, Wed. Orthopedic Clinic in

(Register before 11:00 a.m.) April 25, Thurs. Family Planning, Dr. Webb 8:30 - 12:00 Maternal Nurse (Miss Kingham) 4:30 - 7:00

NEW

COVER GIRL

MOISTURE

MAKE-UP

Reg.

\$2.00

The reason that only 6 out of 100 people are left-handed is that 94 out of 100 persons have a dominant left hemisphere of

COME RUNNIN'

Asst. Shades

Newborn

Daytime

Daytime

Overnight

Femiror

Toddler Daytime

Toddler Overnight 12's

FEMIRON

with Vitamins

NEW

KIMBIES

PRICE SCHEDULE

BELOW

KIMBIES DISPOSABLE

DIAPER PRICES

30's

15's

30's

12's

24's

Reg.

\$1.19

95

92

\$1.75

\$1.75

\$1.09

TO OUR GREAT

School Bid Opened

The Yancey County Board all grading for the building, of Education met inspecial sesfootball field, and other playsion on Thursday, March 21 for ground facilities, and parking the opening of bids for site imlots. It also includes drainage provement on the new high and materials included in drainschool site. After reviewing age for the site and curbing for bids submitted from four differdriveways and parking lots. ent companies, the Board voted to accept the low bid of \$196, by April 15 with this phase of 505.06 submitted by Taylor the work being completed in and Murphy Construction Com-

Note Of Thanks

We would like to express our deep appreciation to our many friends and relatives who extended their sympathy in the loss of our loved one. The visits to the hospital, the food, the lovely flowers and cards. Our special thanks to Rev.C. W. Britt and Max Gortney who spent so many hours at the hospital, to Dr. Joseph Godwin and Calvin Smith who did such fine job at the funeral and to Holcombe Brothers for their kindness and sympathy.

-The Wallace McDowell

SHAMPOO

by

CLAIROL

12 Oz.

40's

88

3 Oz.

Reg.

\$1.29

LIQUID OR

TABLETS

BOTH

\$2.98

EMPIRIN

COMPOUND

TABLETS

Psssssst

BHAMPOO Spray brush go'

Reg. \$1.75

GERITOL

GERITOL .

7 Oz.

Reg.

Oily

Folk-Ways and Folk-Speech

of SOUTHERN APPALACHIA with Rogers Whitener

speech, with a number of read-A record of the reader response to this column will show ers indicating that they keep that in most in tances interest lists of both traditional and current expressions. has centered primarily around Ways rather than Speech. Let-Because of the quantity of

ters in response to a recent

column of sayings, however, in-

dicate a strong interest in folk

extended illness. A native of

Yancey County, she had taught

at Burnsville Elementary School

She was the daughter of

Dorothy Dellinger Hensley and

Surviving in addition to the

mother, is a brother, Claude

Funeral services were held

at 2:30 p.m. Friday in Burns-

ville Presbyterian Church, of

Patrick Hardy and Edith Mor-

in the Hensley Cemetery at

gan officiated and burial was

CARTHA L. DUNCAN

which she was a member. Revs.

Hensley serving with the U.S.

for the past several years.

the late P. B. Hensley.

Merchant Marines.

Low Gap.

the material and because

duplication among writers, I

have listed representative selec-

By Herb Allen

tions rather than attempt to use complete listings.

Mrs. Harry Dunham of Saltville, Virginia, sent at least two dozen proverbs and "coun try sayings, " including the fol-

"You can't tell by the looks

of a frog how far he can jump" "An apple a day keeps the doctor away; an onion a day keeps everybody away." "Every time a sheep bleats

he will lost a mouth full. " "He is sharp enough to stick in the ground and green enough to grow.

"You can't sow wild oats and expect to reap Sweet Wil-

Mr. Lloyd Snead, who sees "Folk-Ways" in the Bristol Herald Courier, adds several

sayings plus a riddle: "Listen to a wood chunk burner in cold weather 'tromp the snow. ""

"A pig with straw in his mouth is a sign of cold weather." "He feathered his bed (or

nest). " "How many sticks of wood do twenty fore sticks and one back stick make?" (21)

Mrs. Oma Williams. of Pound, Virginia, also shares from her sayings collection:

"You can't expect a person to see eye to eye with youwhen you are looking down on him. " "A chip on the shoulder in-

dicates there is wood higher up." "A person who trims him self to suit everybody else will soon whittle himself away."

Friend Edwin Judkins, of Bristol, Virginia, continues to send folk material our way, most recently a series of anecdotes which he entitles "Some Mountain Humor. "

Politics were ever thus. A man living in an older age came in and announced to his wife, 'I have been nominated to run for sheriff and there is one thing about it, nothing can be brought up against me. I am as clean as a hound's tooth. " However, in about 10 days he came in with another announcement: "Well, the opposition has accused me of stealing a horse

and they have proved it too. " An old man had several sons The sons had treated their father rather badly in his old age. The old man became ill and he told his sons, "I am on my death bed, and I want all of you to come in a. I have something important to tell you. " When all had arrived, the old man aid "Your mother was a mighty fine

woman, but we were never mar-

ried, and I just wanted to tell you bastards good bye!" A man visited his sick friend and said, "You are mighty sick but I know you are ready to go This angered the sick man and he said, "am not any more

ready to go than you are!" A country merchant said about his hired boy, "He is slow but sure--slow to learn and sure to forget!"

Uncle Ned was a mighty

coon hunter in his day, but had grown old and so crippled up with rheumatism he had to be confined in a wheel chair. Come fall of the year and the hunting season the neighborhood boys felt so sorry for him they deci ded to take him with them. They rolled him chair and all out in the woods a couple of miles, At that point the dogs treed in a hollow log what the boys thought was a coon, but a big black bear came out. The dogs ran, and the boys ran, forgetting Uncle Ned entirely. After running until out of breath, the boys slowed down, thought of Uncle Ned and began to moan, 'Poor old Uncle Ned; that bear has eaten him up. " They continued on to Uncle Ned's cabin and there was Uncle Ned sitting on his porch, and the boys with their eyes popping asked, "Why, how did you get here?" Uncle Ned

replied, "Oh, I came home

little-used medium - oil

Spray To Control Weeds

If weeds in the lawns are results of poor management, then most of us are guilty. In answer to the much-asked question of what to do about wild onions and other weeds in the lawn, a treatment now of 2, 4-D applied as foliar spray is recommended. The anine form of 2, 4-D should be used to avoid excessive drifting to susceptible plants and a wet ting agent such as the wife's detergent may be added to keep spray from bouncing off garlic leaves.

A similar application for the next two consecutive year. usually will give excellent control. In addition, this spray treatment will also serve to eradicate dandelion, plantain and many of the common

ger to self and desirable plants. Recreation Meeting Set

broadleaf weeds. Naturally,

labels should be read and

closely followed to avoid dan-

Mr. Robert Buckner, North Carolina Department of Natural and Economic Resources, will give a film and talk presentation relating to the subject of public recreation.

The meeting has been scheduled for April 3, 1974, at 7:30 p. m., Wee Theatron, Room 333, Avery County High School, Newland, N.C.

Statewide Recreational Studies are now underway and the opportunity will be given for comments and suggestions at the meeting.

REPORT FROM

U.S. Senator JESSE **

WASHINGTON-The deaths of Senator B. Everett Jordan and my father came within a few weeks of each other. In many ways, they were remarkably similar men, certainly in their ideas about the quality of life, and their enjoyment of it.

Senator Jordan spent a few of his boyhood years in my home town of Monroe, where his father was a minister. I'm not certain about the precise period, but I think it was about the time that my father was beginning his career as a law enforcement officer.

It was in December, as I recall, that Senator Jordan paid his last visit to the Capitol. He attended the Senate Prayer Breakfast, and Senator Jim Allen of Alabama was our discussion leader that morning. His subject was 'Whatever Happened to Sin?"

SIN-Senator Allen raised the question of whether, in these turbulent times, America has not lost its sense of right and wrong. I recall that Senator Jordan commented, during the subsequent discussion period, that he thought the problem was the result of men and women failing to stand up for what they know is right. I was proud of the Senator's comments. He said that

we are too prone to ignore and condone sin because we don't want to rock the boat, and be called a "square." Violence and immorality are allowed to go unchecked because it has become fashionable to charge it off to "poverty," or to some strange social theory. Therefore, we are not only condoning such misconduct, the taxpayers are actually being forced to subsidize it! As a result, nothing is sinful any more.

STREAKERS-I, for one, don't think there's anything funny about the so-called "streaking" fad. It's something far more serious than youthful frivolity. In my judgment, college authorities ought to take all the naked students into custody and herd them into a football stadium, under guard-and then require them to spend the night, naked, until their mothers come and request their release. It might be useful to hose down the "streakers" with cold water every fifteen or twenty minutes.

Similarly, I read in a North Carolina newspaper recently that one of the far-out radio disc jockeys had played vulgar music, containing the rawest four-letter words, in the background while the President of the United States was making a speech on radio. Listeners protested to the Federal Communications Commission. The FCC's response was that it "doubted seriously" that anything could be done about it.

CONDONE-The point is, hardly anybody is even trying to do anything about any of the things that we know

Thus, America is becoming a part of what we condone. Call me old-fashioned, or a "blue-nose," or whatever, but I believe there is cause for real concern about our nation's future. I was taught that every American had the right and the duty to reach for the stars. I am unable to understand how we can reach for the stars when we're lying face-down in the gutter.

LETTER—Someone sent me a copy of a letter written recently by a young Raleigh school teacher, Mrs. Janice C. Patterson. Mrs. Patterson was writing the parents of the children in her class, advising that she is resigning.

"I am resigning," she said, "because I do not have the freedom to have one minute of silent prayer in our room each morning. I'have felt that I needed to have a minute of quiet prayer each day because I knew that I needed God's help. I asked the children to pray in their silent prayer that God would help me to be loving towards them when I feel unloving. I asked them to pray that God would help them to be more loving to each other . .

"Objections have been made to my use of silent prayer. When I die, I will not face the United States Government; I will face God. Yet I must obey the law, and my conscience leaves me no choice but to resign.

"I love your children," Mrs. Patterson concluded, "and I shall never forget them. Always know that I shall pray every day for your child and for every child that I have taught here. May God richly bless you. Goodbye."

To These Farewell

Work is expected to begin

100 days. Bids for construction

of the buildings are expected to

be called for in June.

Mrs. Lillie King Hughes, 84, of Burnsville Route 1, died in a local hospital Friday evening after a long illness. She was the wife of the late T. Fulton Hughes who died in 1964.

Mrs. Wellington McIntosh of Burnsville Route 1; four grandchildren and three great-grandchildren.

Elk Shoal Church of which she was a member. Rev. Vivian Brown and Rev. Edith Morgan officiated and burial was in the Proffitt-King Cemetery at Elk

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Patsy Randolph - Manager

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Pollard's Drug Store R and Ferril McCurry

Order Your Free Poison Prevention Chart

Poison prevention is everyone's business. With Poison Prevention Week (March 17-23) comes a reminder that we

can make our homes safer for our family and acquaintances by erercising a bit of cautionary common sense.

with a bit of "spring cleaning" - toss out all halfused and unneeded medi cines. Next, we should observe a few housekeeping rules: 1) keep medicines in original contain ers - never store in cups or soft drink bottles; 2) avoid taking medicine in front of children - they like to imitate adults; 3) don't refer to medicines as candy; and 4) always place medicine out of sight and out of reach of youngsters.

cist, I wish to recommend two additional aids for a safer home against poisoning. Post a counterdose chart in a convenient place in your bathroom or pantry. This chart tells you what to do in case of a poisonous ingestion. You can get your free chart while the

Counterdose, P. O. Box 5051, Raleigh, N. C. 27607 And most importantly, you should keep a small bottle of Syrup of Ipecac on hand in the medicine cabinet to induce vomiting when called for as a counterdose remedy. We'll be glad to explain the de-

Make poison prevention a habit in your home.

First, we should start

Finally, as your pharmasupply lasts by writing

tails when you see us next.

Each week we present the above comments for your information. We very much appreciate your readership and would be especially happy to have you express your views regarding the contents of this

The Van Eyck brothers. who lived in the 15th century, were the first artists to use effectively a then

with the dogs. "

POLLARD'S DRUG STORE BURNSVILLE, N.C.

LILLIE KING HUGHES MISS RUTH HENSLEY Miss Ruth Hensley of Route 6, Burnsville died Wednesday afternoon at her home after an

Surviving are one daughter,

Funeral services were held Monday at 2:00 p.m. in the

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Thursday, March 28, 1974 Number 13

Out of County or State Six Months \$5.00

Six Months \$3.12 One Year \$6.00

Miss Cartha L. Duncan, 79, of the Jacks Creek Community died Friday morning in the Yancey County Hospital after a short illness. Survivors are three sisters,

Mrs. Sam Arrowood of Erwin, Tennessee, Mrs. Esther Elliot of Brevard and Mrs. Leroy Silver of Burnsville; two brothers, Will A. Duncan and Roy A. Duncan of Burnsville.

Funeral services were held at 2 p. m. Sunday in the Bor ings Chapel Methodist Church of which she was a member. Revs. Edith Morgan and Fur man J. Rogers officiated and burial was in the Honeycutt