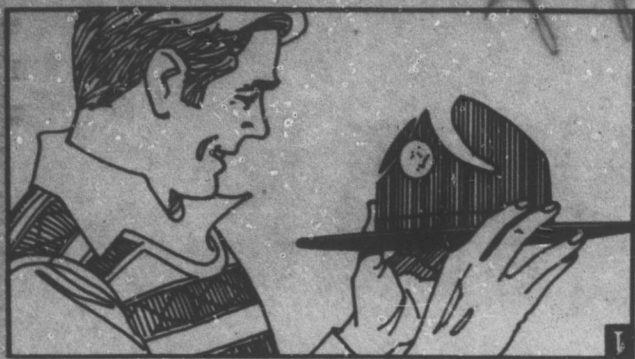


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Appreciation

We wish to thank all our friends and relatives who came by our home on our 50th wedding anniversary. To all those who brought or sent gifts, those who sent beautiful cards and letters and those who took time to call on the telephone, many, many thanks. We love you.

-Mr. and Mrs. Leslie Proffitt

CAP Meeting

Mt. Wilderness Civil Air Patrol will meet every Monday night at 7:30 p.m. at the Mountain Wilderness Office, Pensacola, N.C. Anyone interested in joining this group will be welcome to attend any Monday night meeting. All visitors are welcome.

Folk-Ways and Folk-Speech

of SOUTHERN APPALACHIA with Rogers Whitener

Send your suggestions, for column material to Rogers Whitener, Box 376, Boone, N. C. 28607



As has been noted many times by many people, this has been an unusually mild winter in Appalachia, but it also has been a stubborn one, lingering into late April with occasional touches of frost and snow.

Old-timers continue to threaten amateur gardeners with the possibility of a May "robbin snow" and recall the dogwood and blackberry winters of the Appalachian past. (Note: Do readers know of other winter-into-spring expressions?)

But it is undeniably spring, regardless of the number of cold mornings between now and June 1, and spring tonics and old-time remedies are on the minds of readers. Irene Sears, of the Bristol area, offers several suggestions carried over

from her childhood.

"I will be seventy-nine in December and I lived with my grandparents from the age of two till their death. They lived by the old sayings so, of course, I learned them.

"I took sulphur and molasses every spring, also drank sassafras tea every morning, and went out in the first rain of May to get my head wet so I wouldn't have a cold all the year.

"My grandfather made wine from elderberries and that wine was supposed to cure all ills. He did not sell it but kept it. Also wine from other berries, and people would come from miles around for him to doctor them. Of course, they would carry some home with them."

another reader, Harry B. Carter, of Wise, Virginia, notes two other mountain remedies occasionally recommended in the mountains. His letter follows:

"I read your column in the Bristol Herald-Courier. Would like to contribute the following, heard and seen while growing up.

"Pawm my honor! (I'm surprised these words have missed being printed in your column). Also, I had a brother suffering from an ailment called tisc. Woman came to the home and told my mother to get a black gum stick. They cut the stick to the height of my brother. Instructions were to take the stick and put it in a swampy place where the child had been playing. It was supposed to be a cure for the ailment.

"On another occasion I saw a young woman with a wool sock (dirty) tied around her neck. She said it was a cure for sore throat. Then there was fat meat tied on a stone bruise, usually side bacon."

Other remedies are recalled by Mrs. Willie Maxie, of Camelot, Tennessee. A portion of her letter follows:

"This I have seen tried. If you have a seed wart, get a piece of soft green wood such as green apple or a green sprout from most trees. Cut a piece as long as your finger, and for every wart you cut a notch in the stick and rub it over the wart.

Bury the stick under the back of the house and forget about it, as it will rot and the wart will go away.

"Back when I was a child if you had whooping cough in the spring you kept it till the leaves fell in the fall if you did not know about making a tea from chestnut leaves. Also a tea made from their real strong would kill poison oak itch. I ought to know.

I've had to be washed in it enough when I was small. My aunt raised me—she said she believed I hunted for the stuff to get into."

Mrs. Maxie also verifies Mr. Carter's story of the tisc or asthma remedy.

"I personally know this family with a child that would almost choke to death with asthma. An old woman in the neighborhood told them to find a young sapling that was growing, to stand the child up by it and cut a notch at his height in the tree. As the tree grew, the asthma would leave him. He is a young man now and doesn't look like he was ever sick a day in his life!"

Ralph Tedder, of Wilkesboro, North Carolina, also passes along a method to prevent headaches, along with a number of superstitions, several of which follow:

"Comb your hair on Good Friday. And don't comb it on Friday any other time during the year in order to prevent a headache."

"Keep a horseshoe in the fire and it will keep the hawks away."

"If you see one buzzard and you don't see two, you will see someone you are not expecting."

"If a buzzard flips its wing more than three times before it gets out of your sight, you will see your sweetheart before night."

Merely in passing, several readers have made mention of their hometowns and how those names happened to be chosen. If your hometown has an unusual name and you know the story behind it, I would be pleased to hear it. Write to: Rogers Whitener, Folk-Ways and Folk-Speech, University Station, Boone, N.C. 28608.

Mohasco Management Changes

(Cont'd from page 1) son of Herbert L. Shuttleworth, first president and co-founder with three brothers of the Shuttleworth Brothers Co. The latter company and Alexander Smith, Inc., the carpet firm which dates back to 1845, were the principal nuclei around which today's Mohasco Corporation has been built.

Herbert L. Shuttleworth, 2nd, has been with the organization since 1937 when he joined Mohawk. He was elected a vice president and a director in 1940, advanced to executive vice president in 1948 and president in 1952. Three years later he led the Mohawk merger with Alexander Smith to form Mohasco Industries, Inc., and continued as president of the merged companies.

Mr. Shuttleworth is a director of the Bankers Trust Company of Albany, N.A., a member of the Region I advisory board of Manufacturers Hanover Trust Company, a governor of the American Mart Corp. and a former chairman of the American Carpet Institute. A graduate of Dartmouth College (1935) and Massachusetts Institute of Technology (1937), he served six years as a member of the board of overseers of Dartmouth's Amos Tuck School of Business Administration.

Mohasco makes and distributes nationally and overseas broad lines of interior furnishings for homes, businesses and institutions and is also in the furniture rental business.

Modification of the name to Mohasco Corporation, as approved by stockholders at the annual meeting, the company said, "reflects Mohasco's diversification into non-manufacturing activities in the interior furnishings field. It will also underscore, through uniform corporation identification, that Mohasco's reputation extends to all its products and services."



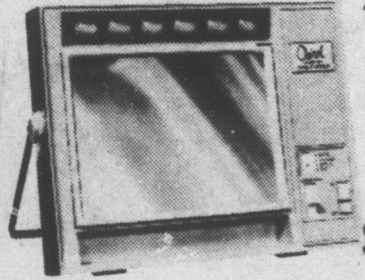
The Boy Who Didn't Believe In Spring, written by Lucille Clifton with pictures by Brinton Turkle, was read to 28 "little people" this past Monday at the 10 a.m. and 3 p.m. CHILDRENS HOUR in the Yancey County Public Library. Following this story the children saw the film A Picture For Harold's Room, adapted from the book written and illustrated for children by Croquette Johnson. The CHILDRENS HOUR concluded with a Mother's Day craft project.

Those children attending the programs were Joel Hughes, Robbie Boyer, Kevin McGalliard, Timmy Woody, Cary Turman, Tracy Chandler, Alison Floyd, Heather McIntosh, Brandy Kaye Hemphill, Stephanie Laws, Renee Cooper, Michael and Kenny Lane, Ricky and Randy Allen, Teresa Bowlin, Sonya Shade, Kayla Burnette, Royce Chrisawn, Freddie Bean, Darrell Mitchell, Greg Moore, Jeff Shehan, Randy Ray, Paul Allen, Ben Hollifield, Christie Hughes, Norma Elkins.

Mom's favorite Gifts are Here!

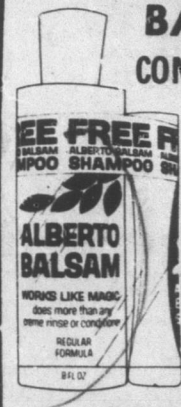
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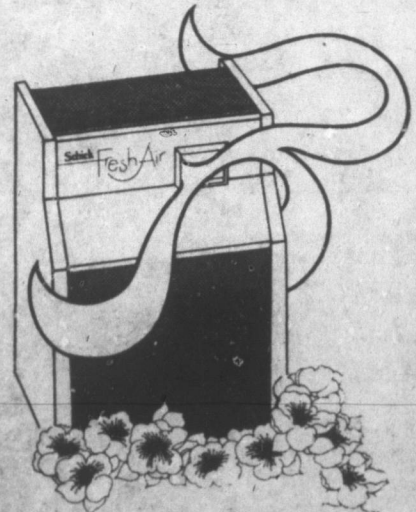
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MAX HATTER FLOATING HOOD HAIRDRYER



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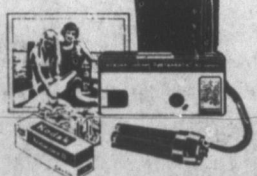
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