

**Pollard's Drug Store**  
Dial 682-2146 Burnsville, N.C.  
AND OTHER PHARMACY COMMENTS

# HEALTH NEWS

Your Rx Specialists:  
Charles Gillespie, Jr., Mike Eudy,  
and Ferril McCurry

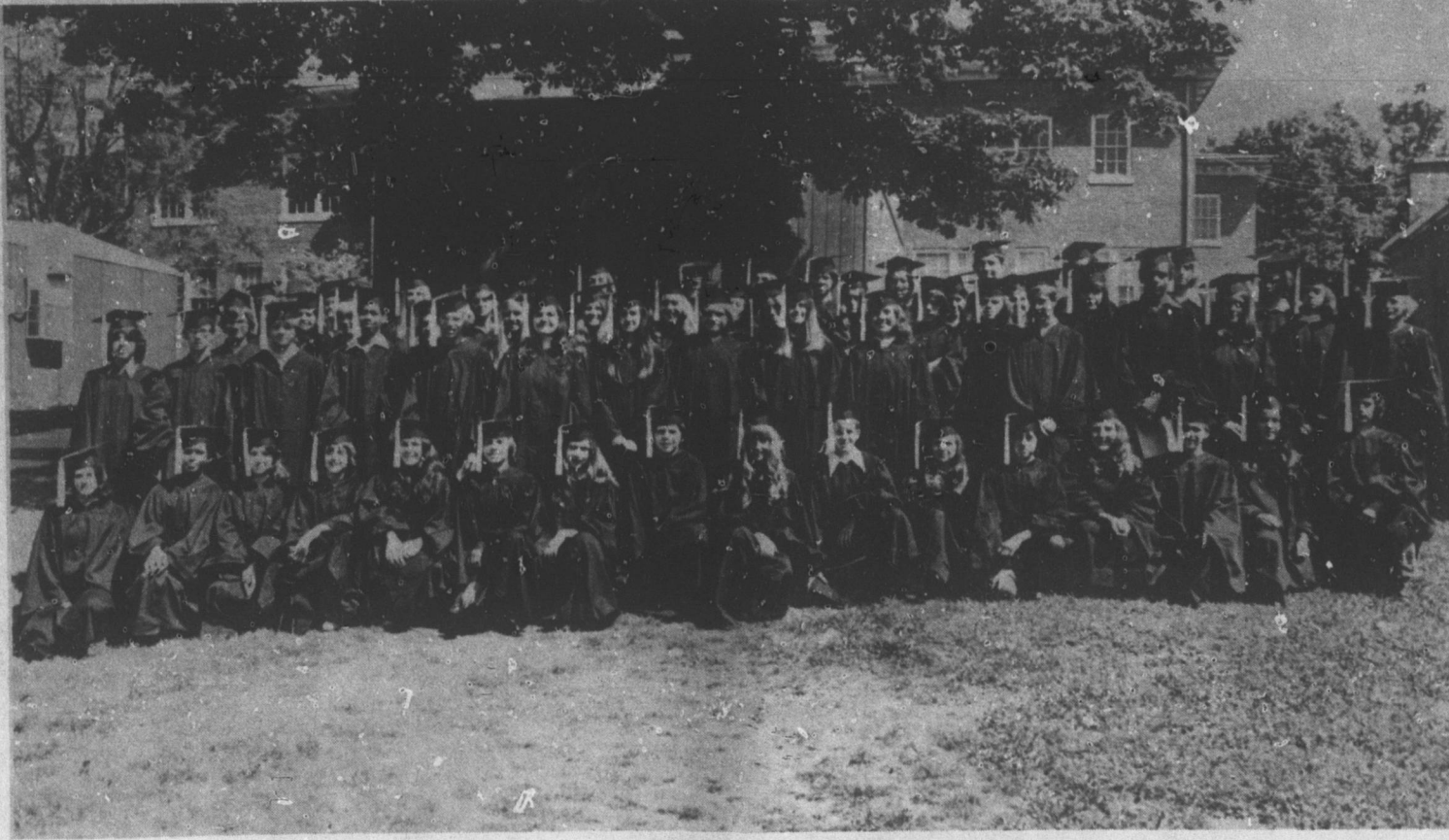
## "I Almost Cut My Hair, Today"

Sometimes we feel that asking customers to read directions on drug labels comes across about like the minister's hippy son who kept informing his father, "I almost cut my hair, today." People often mean well, but surveys point out that nearly 80% either neglect, or refuse to read and follow drug directions. Are you a guilty party?

If so, take heed! Your physician and yours truly (ye of pharmacist) have a plan. By personally instructing you, first in Doc's office, then at the drug store, we got'cha two ways: coming and going.

So, next time we hand you a prescription with our usual smile and verbal directions, you'll know we're acting both as your friend and as Doc's "silent partner" in getting you to follow orders!

Each week we present the above comments for your information. We very much appreciate your readership and would be especially happy to have you express your views regarding the contents of this space.



Commencement Held At Burnsville School

Commencement Exercises for eighth graders at Burnsville Elementary School were held Monday, June 3, in the school gym. The graduates were presented their diplomas by Mr. Larry Howell,

Principal and a program was presented before an enthusiastic audience of Burnsville Elementary students.

## Mayland Tech Courses

Mrs. Flora Belle Robinson, Director of Student Personnel, has announced that a few vacancies still exist in Business

Administration, Accounting, and Light Construction courses in the summer session at Mayland Technical Institute. Registration for these courses will be held June 3 through June 10, 1974.

All courses offered at Mayland Technical Institute are open to veterans and are approved by the Veterans Administration for an educational assistance allowance.

Persons interested in these educational opportunities may receive more information by calling Zeyland McKinney at 765-4261, Spruce Pine, N.C.



Hi who TEMPERATURE OF THE WEEK FROM THE UPPER PORCH YANCEY COUNTY COUNTRY STORE

Hi 82°  
Low 43°

## Folk-Ways and Folk-Speech

of SOUTHERN APPALACHIA  
with Rogers Whitener

Send your suggestions for column material to Rogers Whitener, Box 376, Boone, N.C. 28607

Readers who used to enjoy the original Charley Weaver "Letter From Mama" segment on the Jack Paar Show several years ago will undoubtedly also appreciate the following material from E. D. Mullins of Wise, Virginia.

In an accompanying note he explains that this is "a letter significant of the type I and any 'mountain boy' might have received while away from home." I have edited the material slightly because of space limitations.

Chooseday Morn.

Dear Son,

I will take my pen in hand to drap you a few lines to let ye no that yore Pap an Mammy haint bin much-well this spring, but hope this letter finds you peart. No sir-e-bob yore Pap an Mammy have bin on the puny lis: fur the greater part uv this spring. Your Pap was purty porely fur several days an come in a 'nats bristle uv takin' new mony fever. Pon my word an honor I believe he would ef I had not biled sasafack and pennyrite tea an sweated hit outen him. I thought shore an sartin I wuz goin' to have to take him to the horspital.

Yore mammy has been bout



The boys have bin diggin' a little seng an' yaller root when the ground is too wet to work but they say hit is gittin' purty scarce. They riv boards to kiver the sheep shed an' hog pen.

One uv our pigs tuck the quinsy an' one uv Willie B. Fuller's cows died with the holler horn. Willie is the one that drinks so much.

Ole Pide tuck the mearn but Pap fed her some poke root an biled some wild cherry bark and made some ooze an cuored her.

The hens air layin' purty good but the price of aigs has gone done to 25c at 'Liges store. They tell me they air 30c in town but I shore don't feel like totin' a basket uv aigs all the way to town. I can't ride 'cause the stirrup on my side saddle is broke an the mules air skittish uv cyars anyway.

Adam has had the wust luck this year. He had a bile on his neck an never did like to git well. In fact hit never 'till the peach tree leaves got big enuf fur me to beat up an' make a poultice an' draw hit out. (Some people call these biles rinsins.) Then he had a bad stone bruise on one heel an' bout the time hit got well, he cut his foot on a piece uv glass. Hit bout bled him to death before I could git hit tied up with a poultice uv turpentine an brown sugar.

Well, as hit is gitten' late, I will close fur this time by sayin', son, larn alye 'an 'cause hit is takin' every dollar yore Pap an Mammy can rake anscrape to pay fur yore edecatun.

ancer soon,  
Yore Mammy"

Please send all folk material to: Rogers Whitener, Folk-Ways and Folk Speech, BOX 376, University Station, Boone, N.C. 28608.

laid up with the 'gripp and rumatiz might nigh all spring. The boys air as well as common.

They got the newground cleared an had the log rollin' bout the fust of Aprile. I had my quiltin' that day an we quilted one weddin' ring an one flower garden quilt an got the top set up on 'nother one.

The boys have got the corn planted an have hoeed out the big field but hit don't look much purty, cause hit has bin so cold that hit has turned yaller. The new ground looks purty good.

We had a late frost an all that saved our taters wuz the boys kivered em up the evenin' before.

One of the mules tuck the distemper and Pap had to burn two hornet's nest under his nose before he got hit to break.

We lost three yo's and two lambs. One yo ete ivy and died of pizen. Two yo's and two lambs wuz killed by dogs one chooseday night an we think 'Lige Edards' dog wuz one of the dogs in the killin' cause he wuz seed atter dark that night right fence 'Thaniel Bolden's. Of course he wuz not the only one 'cause' thar wuz a lot uv different size dog tracks thar in the mud 'round the curcas uv one yo that wuz killed at the milk gap.

adam swapped his 'possum dog to a yo an twin lambs.

Old Pide came in frash. Your pap tuck her to 'Lige's jersey bull hopin' to git a heifer calf, cause Pide an Daisy air gittin up in years, but hit wuz a little ole bull-not wuth, the powder an lead hit would take to blow hit's brains out.

## Church Kitchen Shower

A Church Kitchen Shower is to be held at the Estatoa Presbyterian Church on Saturday, June 8 at 7:00 p.m. Friends are having the shower for their kitchen and dining room. Everyone is urged to come. There will be refreshments served by the ladies. Donations of money will be greatly appreciated. You may also contribute yellow Top Value stamps and Green S & H stamps. Send these stamps to Miss Ruby Ballew, Route 5, Burnsville or bring them to the shower.

## NCAE To Hold Meeting

The local unit of Yancey County North Carolina Association of Educators will have a luncheon and business meeting at Cane River High School at 1:00 p.m. on Tuesday, June 11. Officers for the coming year will be elected and announced and other matters pertaining to NCAE activities will be presented.

## Special Song Service

The "Heartwarmers Quartet", an outstanding quartet from Bristol, Tennessee will be at the Covey Rock Free Will Baptist Church, Green Mountain, N.C. Sunday night, June 9, at 7:00 p.m. for a special song service according to pastor Rev. Holt Herrick. Everyone is invited to attend this special service.

## CAP Meeting

Mt. Wilderness Civil Air Patrol will meet every Monday night at 7:30 p.m. at the Mountain Wilderness Office, Pensacola, N.C. Anyone interested in joining this group will be welcome to attend any Monday night meeting. All visitors are welcome.



I Got One!

This 19 inch rainbow trout was caught by Tim Gillespie, seven year old son of Mr. and Mrs. Garry Gillespie of Route 2, Burnsville, N.C. on a recent fishing expedition in Yancey County.

## Learns Communications

Navy Chief Electrician's Mate Wayne S. Silver, son of Mr. and Mrs. Howard D. Silver of Route 2, Burnsville, N.C. completed advanced Interior Communications Electrician School in Great Lakes, Ill.

An interior communications electrician maintains shipboard communications systems, including gyrocompasses, telephones, alarms, guidance systems and automatic engine controls.

# DANCE At Funland

## Family Entertainment Center

Highway 19E Across From Cane River High School

Friday, June 7  
8:30 - 12:00

## Live Band Loafer's Glory

Now Playing At "The Patio" In Asheville

\$1.50 All Ages Welcome  
Adult Supervision

# Super Savings

## COPPERTONE SUNTAN LOTION



4 Oz. Bottle **\$1.29**  
Reg. \$1.79

## LISTERINE



7 Oz. **66**  
Reg. 89¢

## 35¢ Off SECRET



Anti-Perspirant  
9 Oz. Reg. \$1.40  
**99¢**

## SOLARCAINE



4 Oz. Aerosol  
Reg. \$2.19  
**\$1.59**

## LILT PERMANENT



Gentle-Reg.-Super  
Reg. \$2.29  
**\$1.59**

## QT LOTION



2 Oz. Tube  
Reg. \$1.59  
**\$1.19**

## DEEP WOODS OFF!



8 Oz.  
Reg. \$2.19  
**\$1.59**

## FOR SUMMER EYE STRAIN VISINE

1/2 Oz. Plastic **99¢**  
Reg. \$1.65

# POLLARD'S Drug Store

Burnsville, N.C.

Phone 682-2146