

Pollard's Drug Store
Dial 682-2146 Burnsville, N.C.
AND OTHER PHARMACY COMMENTS

HEALTH NEWS

Your Rx Specialists:
Charles Gillespie, Jr., Mike Eudy,
and Ferril McCurry

FROM THE
UPPER PORCH
YANCEY COUNTY
COUNTRY STORE
Hi - 84°
Lo - 44°

Something To Become Incensed Over!

Ten years ago, the National Cancer Institute set up a special program to determine whether viruses cause cancer in man and if so, to develop means of preventing or controlling these cancers. Now, 10 years and \$250 billion later the same two objectives remain.

And why? Federal funding policies require prospective cancer research projects to submit a detailed plan before approval. But how, may we ask, do you "discover" the unknown with a detailed plan? Historically, major medical discoveries spring from the unsuspected!

If we keep mapping out rigid, inflexible investigation routes in order to obtain federal research grants, we'll never find the cause and cure of cancer. Bureaucratic rules and procedures seem to be strangling our struggle to conquer cancer.

Each week we present the above comments for your information. We very much appreciate your readership and would be especially happy to have you express your views regarding the contents of this space.

JUNE IS DAIRY MONTH

SUMMER SALE

QT LOTION

2 Oz. Tube
Reg. \$1.59
\$1.19

LILT PERMANENT

Gentle-Reg-Super
Reg. \$2.29
\$1.59

SOLARCAINE

4 Oz. Aerosol
Reg. \$2.19
\$1.59

LISTERINE

7 Oz. 66
Reg. 89¢

COPPERTONE SUNTAN LOTION

4 Oz. Bottle
Reg. \$1.79
\$1.29

35% Off SECRET

Anti-Perspirant
9 Oz.
Reg. \$1.40
99¢

COPPERTONE SUNTAN OIL

4 Oz. Bottle
Reg. \$1.79
\$1.29

DEEP WOODS OFF!

8 Oz.
Reg. \$2.19
\$1.59

FOR SUMMER EYE STRAIN VISINE

1/2 Oz. Plastic
Reg. \$1.65
99¢

POLLARD'S
Drug Store
Burnsville, N.C. Phone 682-2146

Folk-Ways and Folk-Speech

of SOUTHERN APPALACHIA
with Rogers Whiterer

As I occasionally sift through past installments of Folk-Ways, it is interesting to note patterns in reader response. Sometimes one topic may engage reader interest for several weeks and then abruptly give way to another.

Sometimes what I think will prove an interesting topic will draw little or no response while a minor item will attract dozens of letters.

Recently the tendency has been toward general remembrance of olden times where the writer moves from one topic to another without dwelling at length on any single item. In the following letter, for instance, Mrs. Grace Revis of Route 1, Marion, North Carolina, begins with corn shuck beds and ends with candy-making.

"Dear Sir: Making hominy in the column I have just read brought memories back to mind.

When I was growing up I came up in that time of making hominy and also soap and shuck beds. My Dad would go out and shuck corn to get new shucks and he would empty the bed ticking, and fill the tick full of good fresh shucks and it would lay so good!

My granddaddy was in the Civil War and also fought with the Indians. Oh, he has told me all about scouting the Indians. There was a band caught him and cut his toe nails off and almost scalped him.

I also remember when people mined for mica a lot when I was eight or ten years old. I had a friend whose name was Molly and we would go scraping, as they called it. Me and Molly would take shovels

and hoes and a big pot of water and some spoons. When we would get our sacks full of mica we would take it to the little old grocery store and get sugar and make candy right on the mine dump. Oh, it was fun, but them good old days is gone."

Another reader, Ed McClain of Bluff City, Tennessee, calls attention to the early names of Bluff City, moves on to planting "signs," discusses folk medical practices, and then describes the "dowser" skills of his father.

"Dear Sir: I have been reading Folkways in the Bristol Herald-Courier and I must say I enjoy it a lot.

Talking about towns and places with unusual names, Bluff City first was named Choats Ford, as people used to drive their hogs across the river to the railroad. Then the name was changed to Zollicoffer (I don't know why) and then to Bluff City to this day.

Speaking of signs in doing spring planting, my father and mother did all their planting by the sign. They planted beans and cucumbers on good Friday always and potatoes when the horns on the new moon were pointing up. They said if the horns were pointing down the potatoes would grow too deep in the ground.

My parents lived to be 86 years old and I am 67 years old. I remember when I was just a small boy nine or ten years old, people would bring their children to our home and have them measured for the "tistic." Dad would get a sourwood sprout, stand the child by the door casing, and then make a mark



on the door casing at the top of the child's head. Next he would take a lock of the child's hair, put it in the hole, and then cut a plug off the sourwood sprout and drive it in the hole. By golly, it cured the child.

Dad could also take warts off of anyone by rubbing his fingers over the wart and at the same time quoting something from the Bible. It sure worked, but he never did tell what the scripture was. He said if he told anyone his power over it would be gone.

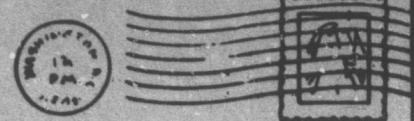
Dad always gathered ginseng and golden seal root for medicine. He kept a ball of pine rosin to cure kidney ailments. He also gathered a large bunch of old boneset which grows in swampy places for tea in the winter time. To boil it too strong would take the hair off a mule. He also kept sassafras to make tea, and it was spanking good too.

My Dad was a water witch or dowser. He could locate underground streams and tell people where to drill a well. People came from miles around to get him to go locate water for them. He used a peach tree fork or a dogwood limb. He could tell how many feet to the water."

I'd like to ask again for information about the old time medical practice of pulling the sick through the forks or branches of trees to heal them. If readers know of this method of healing or have seen pictures of a person being treated in this way, please pass the information along to Folk-Ways.

Please address all letters to: Rogers Whiterer, Folk-Ways and Folk Speech, Box 371, University Station, Boone, N.C. 28608.

Letter To The Editor



Dear Editor:
I wonder if you would print this for me in the Yancey Journal? We read and hear so much that is unpleasant I think it is good to stop and think of the really good things and good people around us.

Recently when the Chamber of Commerce started their drive to raise money for the Town Square Facelift, we needed a drawing of the architect's plans to put in the full page ad you did for us. We called Yancey County's own James [Jim] Presnell [who does such beautiful rock work with native stone] and explained what we needed. His answer was, "I don't know how good a job I can do but I will try." He did the drawings for us and did an excellent professional job. When I asked him how much the Chamber of Commerce owed him his reply was, "Why I'm glad to help any way I can, you don't owe me a thing."

I would like to publicly thank Jim for this contribution to the Town Square Facelift and Chamber of Commerce.

Sincerely,
Grace Banks, Secretary
Yancey County Chamber of Commerce

Dear Editor:
Please print the following letter received by the Chamber of Commerce:

"Dear Mrs. Banks: I have learned about your County's splendid project for the Town Square in Burnsville!

"This is wonderful that you have so many public spirited people in your area!

"I am enclosing a cash contribution.

Sincerely,
E. V. Garren
Dade City, Florida

Dear Editor:

As a fairly frequent visitor to Yancey County who would someday like to build a summer home there, may I congratulate the Chamber of Commerce for beginning the "Facelift" of the Town Square in Burnsville. It is certainly a heritage worth preserving as one of the few old-time "squares" left in the Country.

I will be sending a check to the Chamber to help in this project. Good luck with your plans and keep up the good work.

Lt. James Hardekopf
Pensacola Naval Base
Pensacola, Florida

Dear Editor:
I would like to express my sincere thanks and appreciation to the people of Yancey County for their support in the recent primary elections.

I would also like to express my respect and appreciation to my worthy opponents and their supporters for the manner in which their campaign was conducted and for their support in the coming general election.

I am looking forward to working with and for all the people of Yancey County in the future.

Democratic Candidate for
Sheriff of Yancey County
R. B. Deyton



Trail Bike Regulations Are Needed

(Cont'd from page 1)
stream, and after a lot of tugging, he managed to get it out of the water and running again.

We saw bikers roaring up and down the hillsides, cutting new trails. We saw several bikers cutting "circles" in the sandy bottomland along the creek. Twice, we were nearly hit by bikers who came zooming dangerously up the narrow trail.

NO WILDLIFE IN SIGHT

We saw no deer. In fact, we saw no wildlife at all except a few slow-moving salamanders and a box turtle. Scott, of course, was disillusioned. He couldn't understand why such idiosyncrasy was permitted. Neither can I. Trail bikes silt the streams, frighten wildlife and even destroy young trees and other valuable plants. I could cite an extensive list of damages, but it is enough to understand that trail bikes are not compatible in any way with these public lands.

The bikers claim that they have a right to use these areas the same as hunters, fishermen, hikers, loggers and all the rest. But that holds no water when you consider that trail bikes infringe on the rights of all the other users of such areas—including the wild creatures and plants that live there.

OPPOSITION IS GROWING

The problem is certainly no confined to the area we visited. We have encountered the same and even worse—problems on other public lands across the state. As expected, opposition to trail bikes on public lands is growing. Hunters and fishermen are disturbed, as are hiker and nature lovers. There are stories—some gruesome—about clashes between trail bikers and other users of public lands. No doubt such incidences will increase.

Stronger regulations that prohibit the use of trail bikes on public lands are needed, and those regulations must be enforced. If not, we stand to lose a great deal that is virtually irreplaceable.

It is bad enough to see public lands diminished by any sinister force, but to see them turned over to the motorcycle is truly unthinkable.

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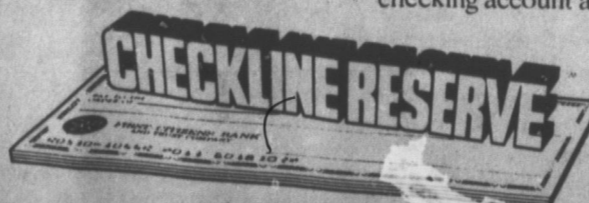
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