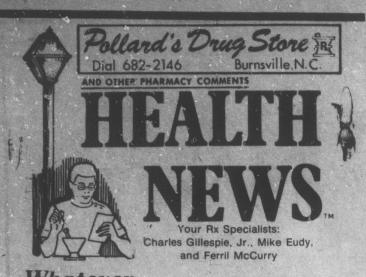
#### PAGE 2 THE YANCEY JOURNAL JUNE 27, 1974



### Whatever Happened to Polio, Tetanus and Diphtheria?

North Carolina ranks among national leaders in its fight to curb epidemic diseases. Not a single case of polio, tetanus, or diphtheria were reported last year. And since 1971,

not a single death has been at-tributed to that once dreaded disease, measles. In fact, fewer cases of measles were reported here than in any other state, period!

That's a lot of praise for our medical officials - doctors included! But we mustn't become complacent. When we lower our guard, epidemics are "just around the corner.'

How about your personal vaccination record? Have you updated it recently with a booster? See your county health department or physician and don't risk the consequences of complacency. Keep NC No. 1, while ensuring your own peace of mind

Each week we present the above comments for your information. We very much appreciate your readership and would be especially happy to have you express your views regarding the contents of this space.

DEEP

WOODS

OFF!

8 Oz.

Reg.

\$2.19

5-1 59

DEEP WOODS

RECORD VALUES

COPPERTONE

SUNTAN LOTION

opertone

O

Suntan Lotion

¢129

4 Oz. Bottle

Reg. \$1.79



The Mountain Wilderness Civil Air Patrel Squadron wants to thank everyone for their support in making the Chicken Barbecue event a success. In spite of bad weather on Sunday, June 16, some 500 people turned out to enjoy the dinner and watch the spot landing contest in which 12 pilots competed for trophies, fighting high winds. Mr. Wade Brown of Taylorsville won 1st place, and 2nd place went to Charlie Bussel of Asheville.

Door Prizes were donated by local merchants: a reclining lounge chair by Maxwell Home Furnishings, won by Mrs. Frank Scott of Pensacola; a twenty dollar gift certificate from Ray Bros. Men's Clothing, won by Mr. Fred Bacon of Burnsville; an AM/FM portable radio from Ben Franklin Store, won by Norma Land of High Point; a mist hair styling set from Western Auto Store, won by Charlotte Phillips of Johnson City; a Pepsi picnic cooler from Pepsi Cola Co., won by Mrs. Harry Hooper of Burnsville.

A special thanks to Mr. Jake Banks, O.W. Deyton and Earl Young for their hard work at the barbecue pit, and to THE YANCEY **JOURNAL** and WKYK Radio.

We of the Civil Air Patrol invite anyone who is interested in joining our Squadron to contact any member, or come to our CAP meeting at Mountain Wilderness, 7:30 p.m. each Monday night. **Mountain Wilderness CAP** 

#### **Food Service Project** (Cont'd from page 1)

Department of Public Instrucment-Child Nucrition Programs' tion. under which the survey was

Objectives of the project are: conducted is now in its second -- To develop standards and and final year as a federallyrequirements for the certificafunded project. The program is tion of school food service functioning under a\_\$144,675 workers in North Carolina. grant from the U.S.D.A., and it -- To develop contents for

is being operated under a educational courses designed to contract from the School Food meet these criteria. Service Division of the State

-- To conduct seminars for training of personnel involved in school food service work and personnel responsible for special food service programs for children.

Miss Davis, the director of the project, said she feels the survey data strongly supports the need for developing and implementing standards for certification for school food service personnel and for developing strong and comprehensive training programs. This,action would not only improve competencies in work performance, but would also bring added status and recognition to those who carry out the school food service program, she asserted.



Several weeks ago Alfred E. McThenia, of Glade Spring, Virginia, offered examples of a type of nonsense response game which many adults, usually males, have played through the years with overly-inquisitive children.

It consists of the adult's inventing highly preposterous definitions and uses for familiar tools, machines, and operations found on a farm, in a workshop or other working area.

Sometimes the adult's original intention might have been to put a stop to questions rather than egg them on, but almost inevitably his ridiculous answers brought more questions until a spirited exchange took place in which both adult and youngster outdid themselves in their verbal ingenuity.

Below, another letter from Mr. McThenia makes minor corrections to his original observations and adds other folk material.

"Dear Mr. Whitener: Please allow me to correct an error in my recent letter, in which the 'smoke -grinder' was mentioned. It should have been reported as "a smoke grinder, a whimmy-diddle to grind smoke with." Then there is that kindred contraption, the 'lay over, to catch meddlers'. My mother told of an

incident, years ago, they had a Damson tree, of grafted nursery stock, that bloomed lightly each year, but the blossom would wither and drop, before the fruit developed. Finally, there came an old mountain man (someday, I'll recall his name) and upon being told of the situation, he used an auger to bore a hole through the tree, just a few inches above the ground; then he whittled a wooden peg (pin)

and drove it completely through

Push the cork into

a full bloom, which developed into a heavy yield and the tree continued to produce a bounteous harvest of Damson Plums, each season thereafter.

She said the 'dowser' or 'water-witch' was possessed of the same talent as Moses, who smote the rock, and water flowed therefrom.

Another of her observations; that no matter how thoroughly scrubbed, nor the kind of soap used, a man's hands would never be clean, there would always be an oily, dirty 'skim' on the water; whereas, the hands of a woman, washed well, would leave no such film on the water. This, she said, was the curse of Pontius Pilate who had the stain of Christ's blood on his hands, and was doomed to sit, throughout eternity, trying to get his hands clean.

The next is not a very delicate subject as it concerns 'Fali Sores' and a rather unusual treatment of them (crude but effective).

When I was about six or seven years old, I was plagued with these open sores on each of my shins, from ankle to knee and nothing seemed to heal them. Finally at a 'churning time' Mother put aside a portion of butter, keeping it fresh and unsalted and each morning, she applied a 'dab' of this butter to the sore and allowed our old hound dog to lick them clean and within a few days, my legs wer healed and I was never again bothered with Fall Sores. Here again, she cited Scripture

· SILLY But Tis True How could you get the water out of a bottle that! was well corked, without pulling the cork out?

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# School Personnel Workshop

Members of the administrative staff of Yancey County Schools attended a three day workshop at Sugar Mountain Resort June 18-20.

The workshop, sponsored by the Northwest Regional Education Center, was attended by approximately 125 school administrators from the northwestern counties of North Carolina

wherein it tells of the dogs

licking the boils that so sorely

allowing a cut or open wound, to

bleed freely, saying that blood

was a perfect cleansing agent

and would wash the wound and

rid it of impurities; this, she

said, was the physical body of

man and by the same principle,

the spiritual body of man might

be washed clean; cleansed of

evil, by the blood of Christ the

with a heap of book learning,

but she had much knowledge

and good old mountain 'horse

sense' the likes of which are not

learned in any of our colleges,

etc. And so, until another

Ernest of Kingsport, Tenn. for a

in an attractive cover.

and Folk Speech, Box 376,

University Station, Boone, N.C.

Advisory

Edgar Hunter, local school

superintendent, has been

named as a member of the

Appalachian State University

Advisory Council. The newly

formed group consists of eleven

educators, including school su-

perintendents, community col-

lege presidents, and repre-

sentatives from the state de-

Council

Named To

My thanks to Mr. Eugene

Mother was not 'burdened'

She explained the benefit of

afflicted Lazarus.

Savior.

time.

28608

Conference leadership included consultants from several out of state school systems as well as representatives from the North Carolina Department of Public Instruction.

Some of the topics that were discussed during the workshop were: Evaluation procedures, Teacher-administrator relationships, public relations, school board-administrator relationship and a career awareness program for elementary grades.

Those attending from Yancey County were Edgar Hunter, Charlie Hensley, Iva Nell Buckner, Cara Cox, Woodrow Anglin, Boyd Deyton, Larry Howell, Wade Holloway and Kenny Sparks.

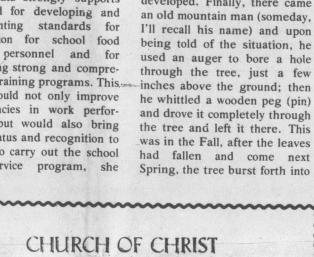
copy of Jes Country Folks, an interesting mini-collection of Smoking folklore compiled by Mr. and Mrs. Ernest in 1970. It contains sayings, superstitions, remedies, charms, signs, and various Despite other bits of folk material bound Please send all material to Dangers Rogers Whitener, Folk-Ways

> Ask nearly anyone who smokes "Is it bad for you?" and you'll probably get the same answer time and time again: "Yes."

And yet ten years after the Surgeon General labeled the cigarette as "Dangerous to your Health," and more than three years after all cigarette advertising was banished from radio and television, approximately 60 million Americans still smoke cigarettes.

Many noted physicians, scientists and government officials will concede both publicly and privately that as long as there are cigarettes, people will smoke them

In recent brochures printed and distributed by the U.S. Department of Health, Education and Welfare, smo-



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