

Pollard's Drug Store
 Dial 682-2146 Burnsville, N.C.
 AND OTHER PHARMACY COMMENTS

HEALTH NEWS

Your Rx Specialists:
 Charles Gillespie, Jr., Mike Eudy,
 and Ferril McCurry

Our Best Advice to Sun Worshipers

Everyone loves Mr. Sun. But Mr. Sun doesn't always cotton to his admirers. Not unless common sense precautions to avoid over-exposure are followed. Over-tanning which, when unchecked, can blister, burn, wrinkle, and even lead to skin cancer. Nearly 5200 deaths in 1972 were caused by skin cancer.



Our advice is to use a sun lotion which contains the vitamin PABA in solution with 70 to 95 per cent ethyl alcohol. It's by far and away the best formulation available. Also, we've read that supplemental vitamin C and E, both antioxidants, may reduce the cancer-causing oxidation of skin-surface cholesterol, thus offering added protection from skin cancer.

Finally, be wary of mixing intense sunlight with medication you may be on. Such drugs can increase your sensitivity to sunburn many fold.

Each week we present the above comments for your information. We very much appreciate your readership and would be especially happy to have you express your views regarding the contents of this space.

Letter To The Editor

Dear Editor:
 Food prices at the retail level continue to go higher and higher. Why? Many raw, farm products have decreased in price! Why aren't these lower prices passed on to the consumer? Maybe it's like the gasoline situation: As soon as gasoline got to a high price, then there was plenty of gas available! Why??

We are yet continually plagued with scarcity of many items such as steel and others. Would it not help if scrap iron, old car bodies and frames, old rusty farm machinery, etc. was marketed rather than buried somewhere? If the scrap was sent, eventually, to the foundries and steel mills perhaps it would help--if done nationwide.

Maybe, perhaps most, foreign countries bale all tin cans into heavy blocks and ship the scrap to the mills. Nothing is wasted. If each county of the United States maintained a collection point for clear and colored glass, clean waste paper, and for scrap metals the shortages surely would be less severe.

Big bins, maybe built from saw mill slabs, for these materials to be re-cycled and then all trucked to shipping points ought to make someone or an organization a profit!

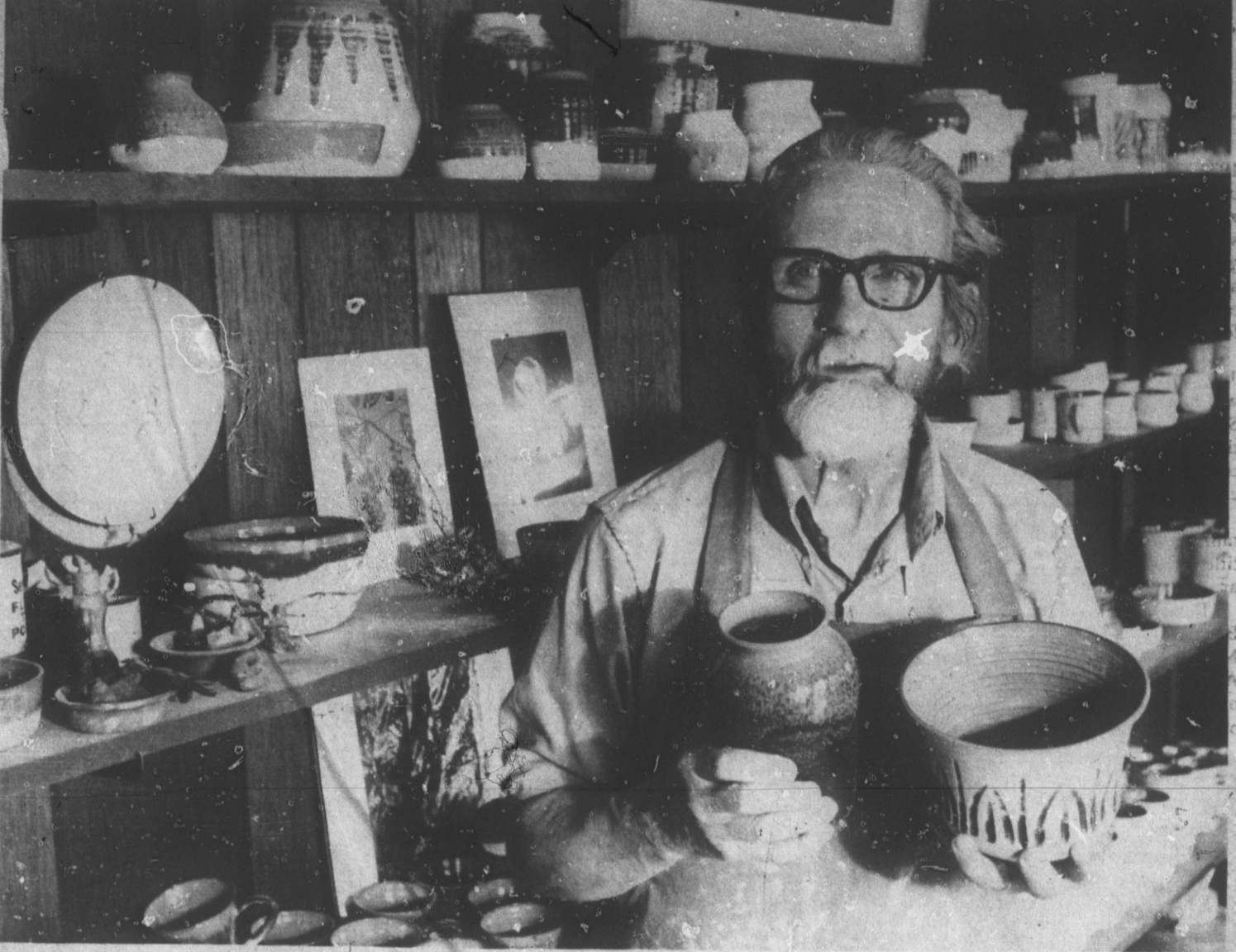
Could this be a Chamber of Commerce project, or for a church group, or a high school class, or for the Scouts? Or even perhaps for an enterprising few individuals with a truck, ambition, and no allergy to work--would it be practical?

In any case, surely there is a better way and a better answer than simply burying tons of metals, iron cans, and the like. We are told that our resources cannot tolerate such continued wastes. How little more would it cost to market tin cans, clean waste paper, and scrap iron than it does simply to bury it in the earth? Wouldn't the marketing pay for the collecting and hauling, and realize a profit as well?

With clean waste paper selling for \$20.00 per ton, and scrap iron for one only knows what--it should pay off!

Re-cycling of all such materials plus others, and thousands of peoples buying only what they need rather than wallowing in daily, unnecessary luxury would go far, nationwide, to slowing inflation and help to get prices down to where many people could live and breathe easier!

Sincerely,
 Vernon D. Stenzel
 Rt. 5, Box 191, Burnsville



Hand-Thrown Pottery Exhibit At Crafts Fair

The name McWhirter has become a tradition at the Mt. Mitchell Crafts Fair. For years, Kore and Jim have been at the Fair demonstrating and selling their hand-thrown pottery. Their own special touch; beautiful and often unusual designs have caused their

craft work to receive much recognition. When you come to the Fair, scheduled this year for August 2 and 3, look for their sign on a booth. Then stop and watch the delicate art of pottery making by skilled craftsmen in the field.

HERE'S WHAT'S NEW!

DEEP WOODS OFF!

Reg. \$2.19

\$1.59

LISTERINE

7 Oz. Reg 89¢

66

SOLARCAINE

4 Oz. Aerosol

Reg. \$2.19

\$1.59

COPPERTONE SUNTAN LOTION

4 Oz. Bottle Reg. \$1.79

\$1.29

LILT PERMANENT

Gentle-Reg.-Super

Reg. \$2.29

\$1.59

35% Off SECRET

Anti-Perspirant

9 Oz. Reg. \$1.40

99¢

QT LOTION

2 Oz. Tube

Reg. \$1.59

\$1.19

FOR SUMMER EYE STRAIN VISINE

1/2 Oz. Plastic

Reg. \$1.65

99¢

POLLARD'S

Drug Store

Burnsville Phone 682-2146

CAP Meeting

Mt. Wilderness Civil Air Patrol will meet every Monday night at 7:30 p.m. at the Mountain Wilderness Office, Pensacola, N.C. Anyone interested in joining this group will be welcome to attend any Monday night meeting. All visitors are welcome.

CHURCH OF CHRIST

BURNSVILLE, OLD GREEN MT. RD.

Bible Questions

Phone 675-169 ANYTIME

INVITES YOU TO THEIR SERVICES

Sunday 10-11

RADIO PROGRAMS MON, & WED, 11:45

STATION WPKYK

Send all mail to Rt. 3 Box 90

Weaverville, N.C. 28787

Benefit Recital And Reception Set

Five large towns can offer as much "serious entertainment" as the town of Burnsville will enjoy on the third weekend in July. On Friday evening at 8:00 p.m. in the First Baptist Church, Music in the Mountains will present Mme. Lili Kraus in

her fourth Benefit Recital. Her program for this anticipated event will feature works by Bach, Mozart, and Brahms. In addition, Frank Ell, Music Director of the Festival, and Joel Lipton, one of the Celo Chamber Players, will join Mme. Kraus in a Schubert Trio for clarinet, viola and piano.

Because of the popularity of the Benefit Recital, followed by a reception for Mme. Kraus given by the ladies of Burnsville, it is advisable to buy tickets ahead at the Nu Wray Inn or Yancey County Country Store.

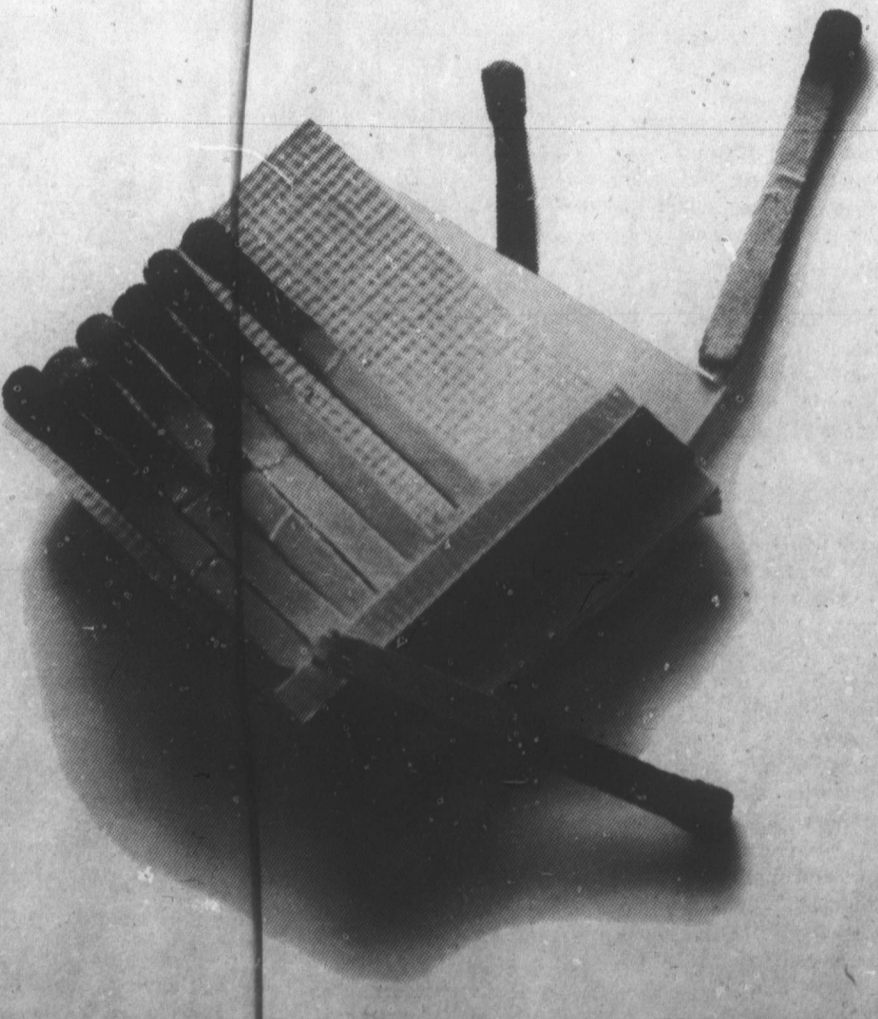
On Saturday evening, the Parkway Playhouse will present **Night Watch**, a mystery which will have audiences on the edge of their seats for different reasons than the previous evening.

Sunday afternoon will again

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THE NORTHWESTERN BANK



Yancey Men In Roster

As one of its projects to commemorate the 100th anniversary of the Civil War, the North Carolina Confederate Centennial Commission initiated, and the Division of Archives and History is continuing, the compilation and publication of a new, comprehensive roster of all North Carolinians who fought in the war. Published under the title of **North Carolina Troops, 1861-1865: A Roster**, this series will, when completed, comprise thirteen volumes, each of which will be approximately 700 pages in length and will contain the names and service records of approximately 10,000 soldiers.

Included in the volume is a roster of Company E, Sixth Regiment N.C. State Troops (Infantry), which was raised in Yancey County and several neighboring counties in May, 1861. This roster contains the names and service records of a number of soldiers who were ancestors of persons now residing in Yancey County, which make it an event of local interest.

The rosters contained in each volume are arranged numerically by regiment or battalion and then alphabetically by company, and each roster is preceded by a unit history. Officers and enlisted men are

Youth Ranch Conference

For one week beginning the week of July 28, the Florida Bible College Youth Ranch Conference for high school youth will be held in Hollywood, Florida.

For several years many young people have gone by bus from this area to attend for one week the Christian rallies for Youth at the Florida Bible College located on the Atlantic Ocean in Hollywood. Here as many as 3,000 young people will come from all parts of America, England and Canada regardless of Church affiliations to learn more about the Lord Jesus Christ and to enjoy the recreational facilities of the College.

Round trip transportation is provided free of charge. For more information and application blanks concerning the Conference, contact Miss Marsha Mayberry in Micaville, 675-4621 or Mrs. Patti Garland at the Mine Creek Grocery, 688-3395.

THE YANCEY JOURNAL
 Box 667
 Burnsville, N.C. 28714

Ed Yuziuk—Publisher
 Carolyn Yuziuk—Editor
 Patsy Randolph—Manager

Published Every Thursday

Twin Cities Publishing Co.
 2nd Class Postage Paid
 At Burnsville, N.C.

Thursday, July 11, 1974
 Number 28

Subscription Rates By Mail:
 In Yancey County

One Year \$4.15
 Six Months \$3.12

Out of County or State

One Year \$6.00
 Six Months \$5.00

CAP Bingo

The Civil Air Patrol has a Bingo Game at Mountain Wilderness every Friday night, 7:00 to 10:00. Everyone is invited.