

WE ARE LOOKING FORWARD TO THE FUTURE GROWTH OF YANCEY COUNTY



NORGETOWN LAUNDRY AND DRYCLEANING BURNSVILLE PLAZA



Kdan Brings Pottery To Fair

Elizabeth Kdan of Asheville, North Carolina, will be displaying her pottery at the Mt. Mitchell Crafts Fair this coming weekend. This will be the first time Miss Kdan has exhibited in Yancey County and looks forward to the experience. She attended The University of North Carolina-Asheville to learn the skill of pottery making.



For And About Homemakers

Yancey Extension Service

Yancey County Extension Homemakers are busy completing crafts items which will be on sale at the Homemakers booth at the Mt. Mitchell Crafts Fair, August 2 and 3. Pantry items will also be available this year. Homemakers will also be demonstrating the making of various crafts throughout the two days. These will include: Basketry, Broom Making, Chair Seat Weaving, Inkle Loom Weaving, Frame Loom Weaving, Pine Cones and Native Materials, Quilted Pillows, and Bead Jewelry. Money made at the booth is used to support projects of the Homemakers Council.

Don't Overload Your Freezer

If you're packing more food in your freezer than it can freeze in a day--you might not be satisfied with the results.

Overloading slows down the rate of freezing--and that could mean loss of quality or even spoilage of frozen foods. So don't overload your freezer, especially right now when it's tempting to freeze a lot of fresh garden produce at one time.

Only put the amount of food in your freezer that will freeze completely within twenty-four hours. This is about two or three pounds of food for each cubic foot of freezer space. Both freezer space and capacity will be written on the back of your freezer or in the owner's

manual.

Another way to figure the most you can freeze in a day is to multiply the total freezer capacity by one-fifteenth. The result is the amount you can safely freeze in a day without overloading.

For fast freezing--and a good frozen produce--place new packages of unfrozen food in the coldest spots in the freezer. If you have a quick-freeze compartment or shelf, use it. If not, put the unfrozen packages as close to the walls as possible. Just leave a little air space between packages--cramming things in too tightly can prevent proper air circulation. This will force your freezer to work overtime.

Also, keep warm food away from frozen packages. Direct contact with the warm packages could cause the frozen product to lose some of its quality.

So don't overload your freezer this summer. You'll have tastier, safer frozen products without overworking your freezer.

Refreeze??? No! Yes!

Is it all right to refreeze food? It depends on what you mean by "all right" and it depends, also, on "what" food you ask about. Under certain circumstances and conditions you can refreeze SOME food and it will be "all right". In your case, it may be you find your frozen food thawed. You immediately ask,

"Should I refreeze it?"

Here is where some "ifs" come in. If your food has ice crystals in it, it is safe to refreeze. It may be even if there are no ice crystals, but that is a maybe! If you can determine whether the food is 40 degrees or colder--has not been any warmer than 40 degrees F. and has not been that too long (not too long would mean approximately the length of time you would keep the food safely in a household refrigerator), then it can probably be safely refrozen.

If the food was clean and then cleanly handled before it was frozen, it will stand more abuse temperature-wise than carelessly handled food will.

Unless you are sure of the circumstances and conditions, and unless the food still has ice in it, there is no fool-proof way to tell whether or not it is safe to refreeze the food. The admonition of "when in doubt throw it out" is wise. Most people agree that as perishable as fish and shellfish are, it is better not to refreeze them.

The simple fact is that if food stays thawed long enough to spoil, you shouldn't refreeze it. If it is clean to begin with and handled right it does not spoil as quickly as otherwise and can stand more temperature abuse.

is it all right, then, to refreeze food? Yes, it's safe "under certain circumstances and conditions," but almost always it lowers the quality.

School Schedule

Schools in Yancey County will begin one day earlier this year than last, but students will be given an extra holiday at the end of the nine-week grading period in October.

The school schedule just announced is as follows: Teachers will report for a week of conferences and planning on August 12. Students will register at the schools between 8:30 and 11:00 a.m. on Monday, August 19. There will be no lunch served at the school. School buses will make regular runs on this date. The 180 day school term will begin on Tuesday, August 20.

"Parents Day" is scheduled in October, as in the past when parents will be asked to visit the school to discuss their child's progress. A second parents day

is planned in the spring at the end of the third nine-week grading period.

There will be two holidays at Thanksgiving and Christmas vacation will be observed from December 23 through New Years Day.

Sr. Citizens Sunday Set

Cane River Baptist Church is holding Senior Citizens Sunday on August 4 at 11:00 a.m. Rev. Wesley Sprinkle will be the guest speaker. Rev. Sprinkle is 92 years old. He started preaching in 1918 and has through the years, pastored 34 churches in North Carolina. Everyone is welcome to attend.

Tribute To Mae Young

She lived for others--so that they might live more abundantly. The fallen, the afflicted, the underprivileged, and the retarded were the constant concern of "Miss May", but her greatest love was for the elderly and the youth. The elderly tugged at her heartstrings with their memories and reminiscences, while she recognized the potential for good in all youth to influence the lives of others. Firmly believing that the old were entitled to dream dreams and the young to see visions,



"Miss May" became part of a vision herself--in a better and everlasting world.

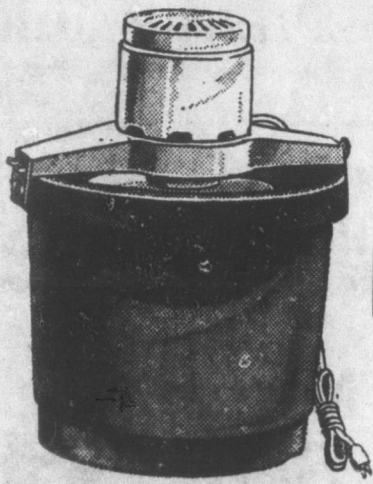


FHA Makes Housing Loans

The Farmers Home Administration makes loans in rural areas to finance homes, building sites and essential farm service buildings. The above dwelling is located in Yancey County. The borrower furnished his dwelling plans and specifications for the construction of the dwelling. It has three bedrooms, living room, dining area with kitchen. Other structure consists of a carport and full basement. The interior of the home was tailored to suit the borrower. All homes are not alike.

The current interest rates may vary from 1% to 9% depending upon the family's adjusted income. Loans may be paid off as rapidly as possible by making more than the normal monthly payment. Currently the Farmers Home Administration has funds to finance dwellings.

ANNIVERSARY SALE



Electric Ice Cream Maker \$11.88

Makes 4 qt.

For Fast Pain Relief Bayer Aspirin Tablets

43¢

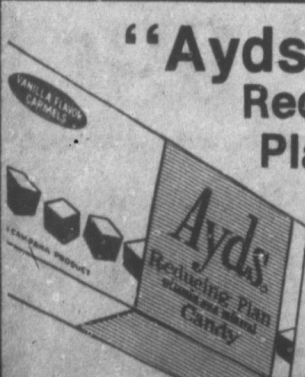


Bottle of 50 Tablets

Assorted Children's Lunch Boxes \$4.19



"Ayds" Reducing Plan Candy \$2.57



1 1/2 lb. Box

Nice 'N Easy Hair Coloring \$1.47



Choice of many shades

Banks Drug Store

Banks Family Square Shopping Center



Arsenic And Old Lace

July 31-August 3

My Fair Lady

August 7-August 10

Tickets 2⁰⁰ and 3⁰⁰

Show Starts 8:30



Hand-Embroidered Shoulder Bags

Hand embroidered shoulder bags are made by Dody Guntow of Lakeland, Florida. Dody will be among the craftsmen at the Fair in Burnsville this weekend. She is exhibiting for the first time in Yancey County.