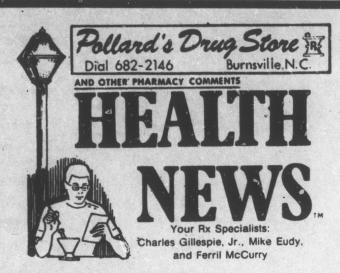
## Yancey Health Dept.

Sept. 19, Thurs., Maternal Nurse Clinic	4:30- 7:00
Sept.20, Fri., Eye Clinic Dr. Rogers	App't Only
Sept.21, Sat., Maternal Nurse Clinic Immunization Clinic	8:00-12:00 8:00-12:00
Sept.23, Mon., Immunization Clinic Nurse Screening Clinic	8:06-11:30 1:00- 3:00
Sept.24, Tues., Child Health Clinic, Dr. Holt	8:30- 3:30
Sept.25, Wed., Orthopedic Clinic [Avery County, Ne Register before 11 a.m.	wland, Please 8:00-11:00
Sept.26, Thurs., Family Planning Clinic, Dr. Webb	8:00-12:00
Sept.28, Sat., Immunization Clinic	8:00-11:30
Sept.30, Mon., Immunization Clinic Nurse Screening Clinic	8:00-11:30 1:00- 3:00





#### Hay Fever Havoc!

The "jig is up" now that ragweed pollination is sifting through the autumn air causing hay fever havoc: Often confused with summer colds, old time "cures" for hay

fever relied upon anything from hypnotism and eating fox's lungs, to the laying on of thirsty leeches! Can you imagine? Later remedies included such "charmers" as nasal surgery, xray therapy, strong tobacco

smoking, the use of arsenic, chloroform, quinine, tartar emetic, ipecac, and even cold baths.

September

Luckily, such "remedies" have been shelved in favor of the new RAST test, a simple blood test that tells doctors which substances you're allergic to. Then, with a little luck, an immunizing shot for your specific allergen can be administered to bring welcomed relief.

Each week we present the above comments for your information. We very much appreciate your readership and would be especially happy to have you express your views regarding the contents of this space.



#### **Telephone Directories Available**

Mayland Technical Institute Library [Learning Resources Center] has begun a file of telephone directories for major cities throughout the United States and for most cities and towns in North Carolina. These telephone directories are for reference use and cannot be checked out of the LRC; however, any citizen in the area is welcome to utilize these directories or any other materials in the library. The library is located in the Mayland Technical Institute building above the News Center on Oak Avenue, Spruce Pine. It is open Monday through Thursday from 8:00 a.m. to 9:00 p.m.; Friday from 8:00 a.m. to 4:00 p.m.; and is closed weekends.

# Letter To The Editor

Dear Editor:

Burnsville are the most glorious areas for Apostolic Work from every point of view. This is the unanimous opinion of the group of Legionaries of Mary who have come to spend three weeks among the inhabitants of this God-given country of North Carolina.

Everywhere the eye rests, God's bounty comes to mind in the magnificent scenery where "He causeth the grass to grow for the cattle and herbs for the service of man: that He may bring forth food who call at their doors.

Some of these have crossed the broad Atlantic Ocean from Ireland [where Father Hoban comes from too]; others have come from Miami and Dakota and New Orleans to participate in this Apostolate of spreading devotion to Mary the Mother of Christ and winning souls for Him through her mediation.

all who have been so kind to them and hope to meet all again in the Kingdom of God's glory when this life is over.

**Legion of Mary** 

Of all the places in this world to come to, Spruce Pine and

out of the Earth." And the people are so religious and linked to God with their courteous, kindly welcome to the Legionaries of Mary

The Legionaries wish to express their very sincere gratitude to

Mrs. Alice Conway

## 2000 "Blonde is an abbreviation of 'peroxide of hydrogen." (Jimmy Lyons)

#### CAP Meeting

Mt. Wilderness Civil Air Patrol will meet every Monday night at 7:30 p.m. at the Mountain Wilderness Office, Pensacola, N.C. Anyone interested in joining this group will be welcome to attend any Monday night meeting. All visitors are welcome.

### Folk-Ways and Folk-Speech of SOUTHERN APPALACHIA

with Rogers Whitener

The snake stories continue. This week friend Edwin Judkins adds to the Folk-Ways collection with a recollection which he calls "Snakes and Stills."

"Snakes and alcohol beverages always seemed to be associated together like ham and eggs.

"First the snakes: Black snakes or racers have been known to travel through the country at a high rate of speed for no particular reason.

"Secondly the beverages: The mountains of Appalachia for many years had not only moonshine stills but small ones licensed by the Government with an official called a guager to assess the taxes on same. I believe he had several stills in his jurisdiction.

"This is a story of a still on Walker's Mountain between Chilhowie and Saltville and located in Horse Shoe Bend, and also a snake story in connection, as told to me by an old man. He said he and a companion were walking across the mountain on a very hot day. They stopped at this still for refreshments and saw a very comical looking old man who said to them, 'Do you fellows know that snakes will run (chase) you in weather like this?' "

"They started on up the mountain and the story teller looked up and coming down the mountainside was a large black snake at about 60 miles an hour. He hollared, 'Look coming there!' His companion started to run, caught the snake between his feet, and there were sounds of swish, swish, as the man tried to entangle the snake and then fell in a dead faint.

"I would say that the foregoing episode happened over 100 years ago. Another story which belongs in the same category happened 75 years ago and is as follows:

"An old man told me he operated a "Blind Tiger" where you came up, put your money on a window sill, turned your back, and when you turned around there was your bottle. You saw no one. His partner in the project was a Government guager who cooperated by furnishing the confiscated whiskey. (Shades of Washington City).

particular kind of yellow apples were used to make apple brandy."

J. R. McConkey, of Lahaina, Hawaii, picked up the "vanishing hippie" story in one of our recent columns (hometown newspapers never get proper recognition for their true circulation!) and in the following letter gives the Hawaiian version of the legend. Vacationing Mr. McConkey writes from Lake Taldas, British Columbia:

"From this lovely spot 150 miles by water from the nearest telephone, radio, newspaper, or highway, I want to write you

about your 'missing hitchhiker' article in the Kingsport, Tenn. Times-News for July 21. I just received a letter from my sister (Mrs. F.S. LaRue of Kingsport) and she frequently sends me your articles, which I enjoy.

"I live in Hawaii, where I was born, but I lived in East Tennessee (Knoxville and Elizabethtown) for some 13 years. So, from the wilds of Canada, a Hawaiian who has been a Tennessee resident brings you a tale of the Hawaiian volcano goddess Pele (pronounced Pay-

"As far back as I can remember I have heard the story of the old Hawaiian woman dressed in black who would ask for a ride from the side of the road. It used to be horse drawn vehicles, but, of course, it later changed to automobiles. She would ask for



cigarette which she would light and smoke contentedly. When the driver or other occupants of the vehicle turned to ask a question such as 'How far are you going', lo and behold she was gone!

"Everyone was sure she was

Have received several letters recently about witches and witchcraft in the mountains. Something of this in the next edition of Folk-Ways.

Please send all material to Rogers Whitener, Box 376, University Station, Boone, N.C.

## Republicans To Hold Covered Dish Supper

Saturday evening, September 21, at 7 o'clock a covered dish supper will be held at Republican Headquarters in West Burnsville. The headquarters is located in the former D & D Recreation Building next to Mohasco Mill.

Candidates in the general election, November 5, will be present at this event, including Arnold Higgins, Incumbent candidate for Clerk of Superior Court; Kermit Banks, Incumbent candidate for Sheriff; Harry Hayter, candidate for Chairman, Board of County Commissioners; Earl Young, Incumbent candidate for Member of the Board of Commissioners and Woodrow Ballew, candidate for member of the Board. Dean Chrisawn, candidate for the State House of Representatives will also be

Every Republican in Yancey County is urged to attend this supper and bring a dish of food: meat, vegetables, dessert, salad, casserole, or anything edible they want to bring.

### Steer Sales Begin; Cattle Prices Are Down

The first graded Yearling Steer sale of the season was held Tuesday in Asheville. Other sales will take place on September 24 and October 15. There will be a holstein steer sale on October 22. Feeder calf sales will be held October 1 and

## Organ Recital Slated

First Presbyterian Church of Burnsville announces a dedication recital scheduled for September 22 at 4:00 p.m. The new instrument is a two manual Moller pipe organ constructed especially for the Church's unique setting.

Organist for the program will be Dr. Schuyler Robinson, Chairman of the Music Department at Warren Wilson College. Dr. Robinson earned his D. M. A. at the University of Illinois in Organ Performance and Literature and has performed previously in Burnsville with the Music in the Mountains pro-

The recital will offer a variety of selections representative of many musical periods to demonstrate the flexibility and range of the new instrument. The organ is a vital part of the expanding musical program at the Church.

The public is invited to attend. Refreshments will be served following the service.

### THE YANCEY JOURNAL Burnsville, N.C. 28714

Ed Yuziuk-Publisher Carolyn Yuziuk-Editor Patsy Randolph - Manager Published Every Thursday

Twin Cities Publishing Co. 2nd Class Postage Paid At Burnsville, N.C.

Thursday, September 19,1974

Number 38 Subscription Rates By Mail:

In Yancey County One Year ..... \$4:16 Six Months ..... \$3.12

Out of County or State One Year ..... \$6.00 Six Months ...... \$5.00

October 29. In all cases the sales

are on Tuesdays. Cattle are

weighed in and graded the

previous day. "Cattle prices are not so good this year compared to last year", commented County Extension Chairman, W. C. Bledsoe. "Cattle usually bring the top dollar in these graded sales and I think this year will be no exception"

The graded sales are a cooperative effort by the N. C. Extension Service, N. C. Department of Agriculture, The N. C. Cattlemen's Association and the local markets. A series of sales are also available at Canton and Boone. For additional details or information call the Extension office 682-2113.

## Newsphone Service For Media

Beginning September 13, 1974, timely, up-to-the minute news reports of news occurring within the Department of Transportation and Highway Safety became a reality thanks to a recently installed newsphone service available to all North Carolina news media. Transportation and Highway

Safety Secretary Troy A. Doby,

who first suggested the newsphone idea, said..."the newsphone was installed primarily to get news of an immediate nature to the news media in a more rapid and efficient manner. For instance, if a road is washed out and a detour designated this information can be immediately put on the newsphone for statewide distrbution.." The newsphone service will feature taped interviews with departmental administrators as well as provide a calendar of upcoming meetings and other events of interest to the news media.

The newsphone service is designed to save taxpayer's dollars by reducing the mailing of individual news releases to the state's media each time a news event occurs.

## Search For Plane Called Off

[Cont'd from page 1] Tuesday, September 3, that the plane had not reached its destination. The family became concerned when the Bowersox's didn't return as planned. ...

All airports within range of

the plane's gas supply were checked by the F.A.A. and the search was called. CAP units in South Carolina, North Carolina, Tennessee, Virginia and West Virginia began the search. All available aircraft were in the air when weather permitted, looking for any clue of the wreckage such as downed trees or broken limbs. The foliage in the mountains is so thick at this time of year, it is nearly impossible to see through. According to a CAP spokesman, there is a good chance that the wreckage may not be found until the leaves fall.

Pilots from the Mountain Wilderness Squadron covered some 800 square miles in this area. Some of the mountains were covered with clouds for days, hampering the search.

The search was called off on Friday, September 13, after a thorough search of the areas between the departure point and the destination of the downed airplane. The search will be opened

any time a new lead is received, according to a CAP officer. The Civil Air Patrol wishes

to thank citizens who called in with possible leads. Some spotted objects on the mountains unfamiliar to them. All leads were checked, but proved to be trees blown down, rock slides, or trees beginning color change.

The Mountain Wilderness CAP Squadron meets each Monday at 7:30 p.m. at Mountain Wilderness, Pensacola. Anyone wishing to join is invited to attend or cll 682-3244 or 682-2262 for information.

## Region D Council **Plans**

On July 1, 1974, Region D. Council of Governments was formed merging the Mountain Scenic and Blue Ridge Planning and Development Commission. This agency is headquartered in Boone and will serve Mitchell, Avery, Yancey, Watauga, Ashe, Wilkes, and Alleghany Counties. The Council has been granted provisional status as the Lead Region Organization for

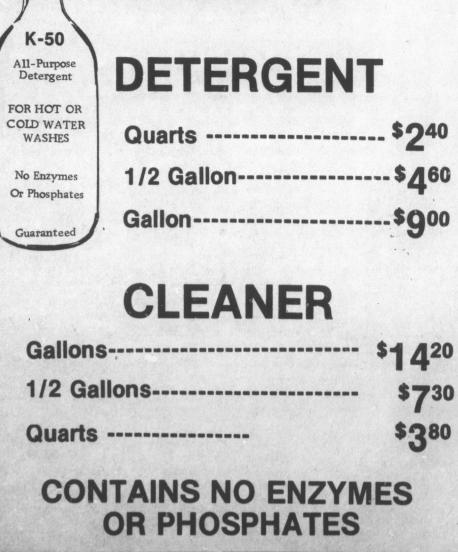
The annual meeting of the Council was held in Boone, N.C. on Monday, August 26, and was attended by O.W. Deyton, Yancey County's member of the Council, as well as representatives from the other counties. At this time the Council adopted a project package of eighteen proposals, set priorities and recommended funding to the Appalachian Regional Commis-

The Region D. Council of Governments has adopted the Human Services Delivery System as was recently proposed by Gov. Holshouser. The Council will serve as the agency responsible for administering programs in Aging, Nutrition, Family Planning, Manpower, and Child Development. The Council received a grant-

of \$19,048 to be used for recreation programs for disadvantaged children throughout the Region. Region D has been awarded

a grant from the State office of **Emergency Medical Services in** the amount of \$12,500 which will be used to plan, coordinate and implement an Emergency Medical Service System in Region D. \$350,000 is available to the State for funding local projects in Emergency Medical Services and the Council is in the process of organizing an advisory council for the Region

Now it's your move... give to the March of Dimes

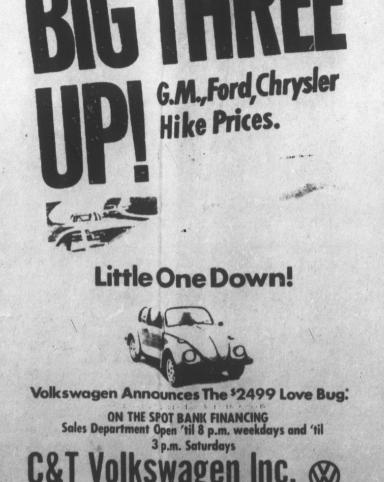


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Bristol Highway at Oakland Ave. 928-5501

\*\*\*\* The Baily Newspaper