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PHARMACY COMMENTS

Your Rx Specialists:
Charles Gillespie, Jr.,
and Ferril McCurry

Aid for Depression A Dial Away

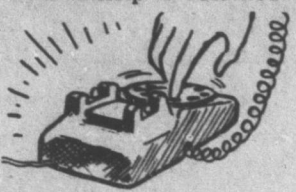
Time may "heal" most "temporary blues" episodes, but for 15 million Americans time tends to compound the blues feelings — unless some form of help is obtained.

In our State the Telephone Listening Ministry and Contact are designed for just this purpose — to "lend an ear" to depressed, troubled individuals, and in the case of the Listening Ministry, to offer emotional help and direction.

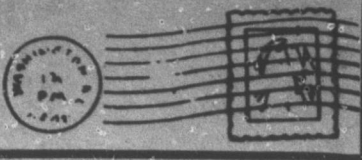
Locally, you can call the County Mental Health Center for information, or call me. I'd be more than happy to give you information about the services of our area's mental health facilities.

We all need emotional support in some form at some time in our lives. Just remember, professional help and advice are just seven digits away. So, dial when in need.

We try to give you the best Prescription Service at the Lowest Possible Price. Always Feel Free to Call Us.



Letter To The Editor



Dear Editor:

The Trustees and Steward Board of Griffith Chapel A.M.E. Zion Church sent a letter to Mr. Bob Ingles, owner of Ingles Supermarkets, on October 31. We would appreciate your publishing this letter so our appreciation to him may be made public.

"Mr. Ingles, Griffith Chapel A.M.E. Zion Church wishes to thank you for the check in the amount of \$163.52 for the grocery tapes turned in by Mrs. W.A.Y. Sargent in the total sum of \$16,352.00, which check will be used on the church building.

"We wanted you to know of the efforts and good will of our community in collecting these tapes and list below just a few of the organizations who have helped with this project:

- The United Methodist Women
- Higgins Memorial Methodist Church
- Burnsville Woman's Club
- Burnsville Garden Club
- Burnsville Homemakers Club

And a host of other friends and business concerns

"We again extend our sincere appreciation to you for the check."

Charles Young, Chairman
Beacher Griffith, Preacher Steward
Selelia Griffith, Secretary

MHA Fills Community Need

[Cont'd from page 1]

MHA Convention held in Raleigh. A plaque and gift were presented to Senator Sam Ervin for his contribution and advancement of services toward mental health in the state for the past fifty years. The delegates were surprised to learn that the Yancey Association exceeded in its projects, programs and activities many more heavily populated counties in the state.

Yancey Mental Health Association recently sponsored a picnic for forty Broughton Hospital patients and ADAP clients at Mountain Wilderness.

Folk-Ways and Folk-Speech

of SOUTHERN APPALACHIA
with Rogers Whittener

One of the time honored folk customs in Southern Appalachia is the practice of water witching. While not confined to these mountains, of course, its percentage of practitioners is high. Some folk experts estimate approximately 30 diviners to every 100 thousand people in the region.

Most readers of this column would probably agree that the estimate is certainly not exaggerated since almost every mountain town and community boasts one or more water witches in its area.

Sometimes these persons are difficult to locate, since they usually are modest individuals who disclaim any personal skill but simply say that the divining gift comes from God. As a result most will seldom accept pay for their witching, looking on the work as a neighborly act which a man should rightfully perform for those who call on him.

One such person is Kyle Hodges, who lives near Deep Gap, North Carolina. He makes no great case about his divining power, how he received it, or how it works: "All I know is that it will work for some people and for some people it won't. I don't know the scientific reason, but it works."

It worked well recently

when Joe Miller, a Boone pharmacist, called on Hodges for help in locating water on a prospective home site in rural Watauga County. According to Miller, "Kyle walked about in a casual manner with his divining rod (a forked stick) held loosely in front of him with the palms of his hands turned upward. All of a sudden the rod began to tremble and then point downwards with such force that the bark began to twist off the two prongs held in Kyle's hands."

"There's your water," Kyle told Miller. He then proceeded to find two additional well sites in the immediate area, still using the divining rod to establish the water vein.

Hodges, unlike some water witches, refuses to estimate the amount of water in one of his finds. He simply determines whether there is an adequate supply for the purpose needed by the strength of the pull on the rod. On the Miller land his estimate of "an ample supply" was accurate; a few days after the "witching," a well-digging crew found a strong water vein at a depth of two hundred feet.

At \$5.00 per foot (the going rate of well-digging in Watauga County) that still comes to a tidy sum. Miller, however, noted that a friend

recently by-passed the witching operation by simply drilling two "dips" on his land. Both turned out to be bone dry though bored to a depth of 400 feet. Finally he called in a water witch who located a strong supply at only 80 feet.

"Based on his experi-



ence," said Miller, "I'd say I'm well ahead of the game, especially since Mr. Hodges refused to take any pay for his services."

If Folk-Ways readers know of water witching practices in their neighborhoods—how the gift was acquired or known, type of rod used, method of holding the rod, procedure for walking the land, means of determining capacity—I'd be pleased to hear about them.

Please send all material to Rogers Whittener, Folk-Ways and Folk-Speech, Box 376, University Station, Boone, North Carolina 28608.

Boy Scout Event At LeesMcRae

Boy Scout Troop 502 will participate at a Court of Honor at Lees McRae College

on Saturday night, November 9. The local Cub Scouts will participate in a Pinewood Derby event Saturday afternoon and all scouts are admitted to the football game free of charge when accompanied by an adult.

The highlight of the evening will be the banquet in the new MacDonald Dining Hall where awards will be given for table decorations from each troop as well as advancement, merit and skill awards to boys who have passed various levels of achievement since the last Court of Honor.

Dinner will be served at a nominal fee of \$1.50 instead

of the usual covered dish meal. Please contact Mrs. Yvonne Edge for reservations if you have not already made them.

Teaching Of Bible Prophecies

Attention please all Bible lovers, especially those who are interested in the Bible prophecies of the last days.

Reverend Howard T. Munsey, director of Cross Beams Missions and pastor of Midway Baptist Church in Morristown, Tennessee will be teaching this week and next at the Prices Creek Union Church on the Book of Revelations and related prophecies throughout the Bible.

Rev. Munsey is an able preacher and teacher and uses charts to make his teaching clearer.

All are invited to come, especially young ministers and students of the Word.

Services begin each evening at 7:30 p.m.

MD Opens Practice In Celso

Dr. Judith McGahey of Celso was recently licensed by the state of North Carolina to practice family medicine, including obstetrics and medical gynecology. She and her husband, Robert, moved to Yancey County this fall after spending the past year traveling around the world.

Mr. McGahey, a native of Alabama, is the Director of the Arthur Morgan School.

Dr. Judith comes from Rock Island, Illinois. She graduated from Stanford University in California in June, 1968, and the Albert Einstein College of Medicine, New York, in December, 1971. She then spent a year and a half of internship and training in Obstetrics and Gynecology at the University of Alabama in Birmingham.

Her office will be open in the Celso Health Center from 12:30 p.m. to 4:00 p.m. on Monday, Tuesday, Wednesday and Friday.

Mt. Wilderness Civil Air Patrol will meet every Monday night at 7:30 p.m. at the Mountain Wilderness Office, Pensacola, N.C. Anyone interested in joining this group will be welcome to attend any Monday night meeting. All visitors are welcome.

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Jaycees Invite New Members

The Yancey County Jaycees met on November 4 at 7:30 in the Community Building. A regular business session was held and the Region D Vice President, Mr. Norman Club from Asheville was guest speaker.

Anyone interested in joining the Jaycees is invited to be at the Burnsville Community Building the first and third Mondays of each month. Mr. Doug Jones, a local member now who was Past President of the Hyde County Jaycees in Eastern North Carolina will be giving a talk on the Jaycees ROC and POAC points at the next meeting.

Things are happening with the Yancey County Jaycees. Contact Mr. Thomas Storie if you have questions on becoming a member.

Inflation Hit Us Too!

The price of paper has gone up three times during 1974 and printing costs have risen to a record high.

Postage has increased considerably for newspapers as well as for the general public.

Because we cannot continue to absorb these higher prices with our present rates, we are forced to raise subscription rates, but we are trying to hold them within reasonable limits. Effective December 1, 1974, local subscriptions will cost 80¢ more, becoming \$5 [including tax] for one year. Out-of-county subscriptions will increase to \$7, which is \$1 more than our previous rate.

LEARNING SKILLS
It is a learning of outdoor skills when Girl Scouts go hiking and camp out...and of equal importance, it is the learning of social skills as Yancey Girl Scouts plan dances for their troops and

BONUS BUYS



\$1.50

Reg. \$1.68

Mennen Trouble

AFTER SHAVE—4 oz.



Gillette

HOT SHAVE SYSTEM

Reg. \$14.95

\$13.46



Reg. \$3.00

Roman Brio Set

\$2.70



Mennen Bracer & Soap

Reg. \$2.56

\$2.30



super max

THE COMPLETE HAIRSTYLING SYSTEM

Gillette Supermax

Reg. \$17.97

\$15.90



Skinny Dip Set

Reg. \$2.68

\$2.41

2 Colognes



2 BATTERIES

HEAVY DUTY POWER

EVEREADY

Reg. 39¢

33¢

Eveready C Battery

2's



Q-tips

COTTON SWABS

170's

Reg. 79¢

71¢

It's More Than Cookies!

Scouting Belongs

BY THERESA COLETTA
Yancey GS Publicity Chmn.

Looking back at my first years in Girl Scouting, it seems as if it were just a couple of years ago that I belonged to Brownie Scouts with my troop leader being Mrs. Donald Burhoe. Those were Monday afternoon meetings held in the basement of the Burnsville Community Building, and oh what fun days they were for me and my Brownie friends!

I stayed with Girl Scouting, "flying up" to the different troops throughout my elementary and high school years. And, needless to say, Girl Scouting has stayed with me longer after my Senior Girl Scout days ended.

MORE THAN COOKIES!

What is so special about Girl Scouting? Most likely, you are remembering the Girl Scouts who ring your doorbell in March selling those Girl Scout Cookies! So you ask, "What's so great about that?" Well, Girl Scouting is more than Girl Scout cookies by a long shot! It is one of the nicest things ever to happen for girls in Yancey County.

GIRL SCOUTS GIVE

Girl Scouting brings together all kinds of girls; there are no social, ethnic, or racial barriers. It gives these girls from many backgrounds the opportunity to learn how to get along with each other regardless of their age differences and individual interest. It is a learning of tolerance early in life. It is a giving of services to one's community as seen in Yancey Girl Scouts when they visit the Sun Valley Rest Home, make clothes and Christmas gifts for the children at the Yancey Child Development Center, and provide recreational outings and tutoring services for children less fortunate than they. But Girl Scouting reaches out beyond Yancey County when Yancey Girl Scouts visit and provide social activities for girls of their own age in one of the cottages at the Western Carolina Center at Morganton. It is the giving of oneself and of one's time when Yancey Girl Scouts take the time to smile and to listen as they visit the patients at the Black Mountain Sanatorium. It is exposure to problems of society as Girl Scouts become socially aware of the needs of others in their own communities as well as in communities beyond Yancey County lines.

LEARNING SKILLS

It is a learning of outdoor skills when Girl Scouts go hiking and camp out...and of equal importance, it is the learning of social skills as Yancey Girl Scouts plan dances for their troops and

luncheons to honor their mothers.

SCOUTING BELONGS

Girl Scouting belongs in Yancey County not because "we think it is a good thing and we do hope it will do some good." Girl Scouting belongs in Yancey County because we have seen it in action and we know that it works! How do

we know that it works? Ask some of "today's female citizens" where they were "yesterday." Most likely, they grew up with Girl Scouting!

Remember that when you contribute to this year's United Fund, you are helping to support Yancey County Girl Scouts.



Girl Scout

News Roundup

BY THERESA COLETTA
GS Publicity Chairman

Brownie Troop #86: For the month of October, the Brownies have been having special visitors at their meetings—the Cadette Girl Scouts. In connection with their Game Badge, the Cadettes have been visiting the Brownies, teaching them numerous and different games, and taking them on hikes and marshmallow roasts.

Junior Troop #88: The Junior Scouts have taken to the woods for the month of October with hiking and other outdoor activities. Just recently, they hiked to Water Tank Hill and had a cookout at the home of Mrs. Albert Williams.

To become more proficient in the skill of knot tying, the Juniors invited Tim Thompson to join them at their meetings for several sessions of demonstrations.

Junior Cadettes (for 6th Grade Girl Scouts): These Scouts are working on the Sign of the Arrow and the Sign of the Star Badges. Some of their plans include an all day hike for Saturday, November 2, and a Christmas project of making gifts for the children at the Yancey County Child Development Center.

Cadette Troop #65: Cadettes in the 9th Grade Patrol are planning a special service for all new Cadette Scouts—the Investiture Service. This service is scheduled for November 6th.

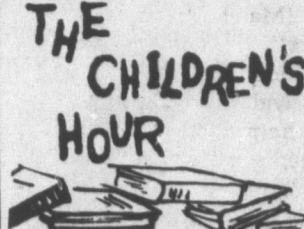
As a troop, the Cadettes are completing their work on the Child Care and Game Badges. Too, plans are in the making for their annual Christmas Dance with money-making projects for this dance including a skating party open to the public on November 7, raking leaves, washing windows and baby-sitting assignments.

Senior Troop #66: In connection with their numerous service activities, on

October 28th the Senior Scouts visited the Black Mountain Sanatorium and gave apples and books as they visited with the patients there.

For the month of November the Seniors plan to work closely with the Social Services Department by decorating and serving the Thanksgiving Dinner given by this department to the senior citizens of Yancey County.

THE CHILDREN'S HOUR



Tilly Witch, written and illustrated by Don Freeman, was read by Theresa Coletta to 42 "little people" this past Monday and Tuesday at the Children's Hour programs held in the Yancey County Public Library. Following this story, the children were shown the film, "The Naughty Owllet." The Children's Hour concluded with the song, "I'm a little Jack-O-Lantern."

Those children attending the Childrens Hour programs were Pam Biggs, Pam Fain, Chris Fain, Paul Edwards, Barry Edwards, Sam Robertson, Angela Hudgins, Jamie Bryant, Sherry Yelton, Melissa Yelton, Wanda Fox, Jeffrey Buchanan, Shelby Parker, Randy Ray, Christie Hughes, Sonya Shade, Royce Chrisawn, Wanda Moss, Jeff Sheehan, Ricky and Randy Allen, David Land, Eric Williamson, David Harrison, Shawn Duncan, Beth Ann and Diane Upton, Timothy Laws, Norma Elkins, Greg Moore, Kenny Lane, Freddie Bean, Jamey Proffitt, Christy Boone and Traci Buckner, Scotty Cooper, Bo Dover, Brandy-Kaye Hemphill, Joel Hughes, Heather McIntosh, Stephanie Shortinghouse, and Cary Turman.