

Folk-Ways and Folk-Speech

of SOUTHERN APPALACHIA
with Rogers Whitener



Recent responses to Folk-Ways have listed the names of various unnatural creatures who have haunted the Appalachians and brought fear into the hearts of mountain children—Booger Man, Scratch, Old Tash, Rawhead and Bloodybones, to mention a few.

he was looking straight at my brother. 'Have you been a good boy, son?' he asked. 'If you ain't, I've got a old bloody sock I stick mean boys in. Why, I even make special rounds just catching all the mean youngsters and poking them in my old bloody sock. I carry them off and they are never heard from again.'

In the following letter Mrs. London Yelton, of Bakersville, N.C., recalls a real-life Bloodybones who provided his own special brand of terror.

"My brother had been brave enough to watch the de-horning, but now his nerve failed him. The sight of the bloody paw and Nate's bloody hands were too much for him. He almost had a fit right then and there.

"In the January 30 edition of Folk-Ways and Folk-Speech I read Mr. Bateman's letter, and it brought back a lot of memories. We had been told about Old Raw-head and Bloody-bones. But after we heard about the old Cow-doctor and his bloody sock, Old Raw-head and Bloody-bones faded into insignificance.

WAITING FOR US
"Sometimes Maw would have to go somewhere and she would leave our oldest sister in charge of us smaller children. All she had to do to get us to mind her was to threaten utting us in the old cellar beneath our house, which was a terror in itself, all dark and spooky! She told us that Nate Garland was in there with his old bloody sock, just waiting for us. You can imagine how very little trouble she had out of us after that.

THE COW DOCTOR
"The word veterinarian was never used when I was growing up. We had one local cow-doctor and he made his rounds through each community, de-horning and doctoring cattle. I was small the first time I saw him. Paw told us to keep a look-out for him. This was the day he was expected in 'The Flats,' as our community was called then.

"I have a lot more tales if you are interested, among them the tale of a ghost bull that roams the Roan Mountain."

"Our barn set on one side of the road, and our house set on the other side. We children went and set down beside our old log barn on some big rocks and watched for him. I didn't quite understand what de-horning was all about. Paw had said simply that he was going to have our old cow's horns took off.

News Report From Fairview

"Finally we saw the cow-doctor coming up the road on his old white mare. We had been told a lot about Uncle Nate Garland—just the mention of his name was enough to send chills down a person's spine.

Mr. and Mrs. Reid Ballew have returned from Albertville, Ala. where they spent several days visiting their daughter and son-in-law, Mr. and Mrs. Kenneth Burns.

Plan to build a house here this summer.

DEHORNING OUR COW
"They got a rope around the old cow and threw her to the ground. Then the cow-doctor got a wicked looking old saw and began sawing away at her horns. Our old cow rolled her eyes around in her head and let out a pitiful bawl. That and the sight of blood was enough for me. I took off as hard as I could and didn't stop until I was way back of our house where I couldn't see or hear what was going on.

Mr. and Mrs. Curtis Hastings have returned from Miami, Florida where they spent the winter month's. I understand they will be building a house here this summer.

Mrs. Oscar Hughes of Hickory, N.C. has had a serious operation in a hospital there, but new's has been received here that she is improving, she was formally of this community and was the daughter of Mrs. Rosa Ballew and the late Frank Ballew.

Woman's Club Meeting Held

"But my brother stood this ground. He stayed until they got through with the old cow and let her go. But he got a scare that day that lasted until he was a grown man. All anyone had to do was mention Nate Garland's name. Paw and Maw laughed about it later. When Uncle Nat got through with the cow he wiped his hands on a bloody rag. While he was doing this

The regular meeting of the Burnsville Woman's Club was held on Thursday, March 13, at the home of Mrs. Theresa McClellan. Co-hostesses were Mrs. Annie Bennett and Mrs. Winnie Lou Ray.

Mrs. Joseph Fairchild of this community has moved down on Browns Creek near Celu, N.C.

Mrs. W.A.Y. Sargent, president, presided over the business session. Plans were discussed for the upcoming Bicentennial celebration and Mrs. Ernest Briggs reported on the District Fine Arts Festival recently held in Asheville at which two prizes were won by Mrs. Ruth

Muratori and Miss Christine Harris, sponsored by the local club.

Mrs. Phyllis Bailey was program chairman for the evening. She introduced Mr. Earl Van Horn of Altamont who gave facts and figures on the work of the Red Cross and its services to mankind. He also gave examples of how the local clubwomen can become involved in the work of the Red Cross.

A social hour followed. Twenty members and guests were present for the meeting.

Easter: Time Of Tradition And Symbolism Worldwide

BY DONNA McLAIN Extension Homemaker
Through the centuries, Easter has been observed by the people of all Christian countries as the most important and oldest festival of the Christian church. It is the holy day that commemorates the rebirth of resurrection of Jesus Christ.

bread has then baked right in the dough.

The name Easter comes from the old Anglo-Saxon name Eostre or Ostara, the goddess of spring. In old Teutonic mythology, her feast was celebrated for the renewal of life, hence the analogy with Christ's resurrection as symbolic of a future life.

During the last days of Holy Week, women of Central and Eastern European backgrounds always gather the rich ingredients forbidden during Lent, to prepare a myriad of Easter breads and cakes.

In almost every language, except English and German, the name for Easter comes from the root pascha, a derivative of the Hebrew word pesach meaning passover. The roast meat of the dinner represented the sacrificial lamb (Pascal lamb) used in freeing the Israelites from Egypt.

INTERNATIONAL EASTER BREADS
Greece: The Greeks put their dyed eggs on top of their festive loaves of bread. The eggs are dyed on Holy Thursday and then baked in a sweet bread dough on Good Friday. According to tradition, if they do not follow this schedule, the family may run into hard times.

EASTER SYMBOLISM
The symbolic significance of the Pascal lamb naturally made lamb the important main course of the holiday meal in most countries. Even today, in many households throughout the world, a roast of lamb is the traditional meat served on Easter Sunday. In fact, the image of the lamb frequently appears in candy, butter, pastry and cake.

Russia: Russians celebrate Orthodox Easter Sunday with a great feast. One of the most popular breads is Kulick, along with pascha, a rich molded cheese mixture.

If your memories for depression "pore' folks fare" are good, share your menus. Send them, along with other folk material to Rogers Whitener, Box 376, Boone, North Carolina.

Germany: In Germany and Austria, Easter breads are baked in oblong loaves of braided yeast dough and are called Easter Stollen. Since sugar was scarce in the 17th century, honey and dried fruits were the earliest sweeteners used. The recipe for Hutzelbrot, a favorite of southern Germany today, is not as richly laden with fruits, nuts and spices, but is a delicious bread characterized by a filling of pears.

The egg, from time immemorial, has been the symbol of the awakening of life and, therefore, is used to represent the resurrection at Eastertime. In many countries, it is customary to give dyed, hardcooked eggs to children and friends on this holy day in recognition of the rebirth. And many traditional

Italy: One of Easter's best known events, worldwide, is the colorful throngs gathered in St. Peter's Square in Rome to receive the Pope's blessing. Part of the day's celebration are country picnics that include festive breads and pasqua cakes. The Italian Easter bread is imbedded with vari-colored eggs in the dough. Sweet rolls are made in many shapes, some

resembling doves, which are a sign of divine protection.

France: Traditionally, the French do not bake their bread at home but leave the baking to the commercial baker, because he alone has the original wood-fired stone hearth with its evenly reflected heat, and the skill to handle the dough. For very special occasions, the French serve brioche for their leisurely morning meal along with cups of hot chocolate or coffee.

GERMAN HUTZEL BREAD
2 1/4 to 3 1/4 cups unsifted flour
1/2 cup sugar
1/2 tsp. salt
1 pkg. active dry yeast
1/4 cup (1/2 stick) softened margarine



John Gosling

N.C. Symphony Slated

John Gosling, new Artistic Director and Conductor of the North Carolina Symphony, will conduct the Little Symphony in a program of Brahms Boyce, Dvorak, Strass, Delius and Loewe. This exciting concert, sponsored by Music In The Mountains, will begin at 8:15 p.m. on Tuesday, May 13, 1975 in The First Baptist Church, Burnsville.

John Gosling is the Young enthusiastic conductor who was appointed artistic director and Conductor in October, 1972. Coming from Erie, Pa. Philharmonic, Mr. Gosling brings a wealth of talent, knowledge, and accomplishment to the North Carolina Symphony. Mr. Gosling has conducted major orchestras in Europe, Canada, and the United States. He has enjoyed unusual success in building educational programs, as well as building up audiences for his orchestras in Pennsylvania and California.

Burnsville and Spruce Pine residents can enjoy an evening of fine music by attending the North Carolina Symphony concert on Tuesday, May 13. Tickets will be on sale by the Junior and Senior Womens clubs.

Rummage Sale Set

The third and final weekend of the Grassy Creek Volunteer Fire Department Rummage Sale will be Friday and Saturday, March 28 and 29. The fire Department is located on the Marion highway just beyond Woody's Chair shop.

Some of the best merchandise is now coming in. Several local merchants have donated new goods for the sale. If you haven't been to the Fire Department Rummage sale, you've missed a treat. We have used clothing, household items, toys, T.V.'s, radios, hand tools and much, much more. We will be open from 10:00 till 6:00 both days.

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Community Events

The Middle Fork Independent Baptist Church will have their regular fifth Saturday night singing on March 29th at 7:30 P.M. Featured on this program will be the Happy Pilgrims Quartet of Candler, Joybells of Green Mountain, the Silver Chapel Singers of Bakersville, the Covey Rock Youth Choir of Green Mt. and other outstanding groups. All gospel singing groups are invited to attend and take part. This church is located four miles North of Mars Hill on U.S. 19. Ed Ball will be the Master of Ceremonies. The public is cordially invited to attend.

This young couple would like to meet with you each evening at 7:30 to worship our Lord. Everyone welcome. Pastor David S. Russell.

Jehovah's witnesses welcome you to join with them in the Memorial observance of Jesus' death. "Who Is Jehovah," will be the public address by J. Ironside, Representative of watch-tower Society. This event is to be held on Sunday, March 30 at 10 a.m. at the Kingdom Hall, Rt. 2, Burnsville. Everyone is invited.

Coming here from Portland, Maine Rev. and Mrs. Bernie Levesque to conduct revival at the Church Of God Of Prophecy. Located in Burnsville March 30th - April 6th.

The Donkey Ball Game



THE DONKEY BALL GAME, THE WORLDS CRAZIEST SPORTS COMING TO YANCEY COUNTY AT CANE RIVER HIGH SCHOOL ON MARCH 31st. THE DOOR WILL OPEN AT 7:00 p.m. THIS BALL GAME WILL BE PLAYED FROM THE BACKS OF THE DONKEYS IT IS WILDER THAN A RODEO AND FUNNIER THAN A CIRCUS SO COME ON OUT AND SEE THIS GAME AND ENJOY YOURSELF AND THE GAME THAT IS SPONSORED BY THE RADIO PATROL EMERGENCY TEAM.

Tickets Are Available By The Members

Advance Tickets
Adults \$1.50

Gate Tickets
Adults \$2.00

Advance Tickets
Students \$1.00

Gate Tickets
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Burnsville, N.C.