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## Wives Of Alcoholics Organize

The series on alcoholism carried in this newspaper since early June is beginning to pay some dividends. Jay Kayson, author of the series, has told this newspaper that enough interest has been generated by the series among wives especially of problem drinkers to warrant organizing Al-Anon Family Groups in the tri-county Mayland area.

Al-Anon, an adjunct of Alcoholics Anonymous, was formally incorporated in 1954, Kayson explained. It is a fellowship that tries to meet and alleviate the problems of family members, particularly, who are affected by living with an alcoholic. The only requirement for membership is that the person has been or is being deeply affected by close contact with an alcoholic.

"Those who seem to be most affected, numerically and emotionally," Kayson pointed out, "are the wives of alcoholic husbands who either do not believe they are alcoholics or, aware that they are, refuse to do anything about it."

"The series has brought to light," Kayson continued, "the heartening fact that many wives of alcoholics in the Mayland area are no longer willing to be dragged through the emotional wringer day by day. They feel that if their alcoholic husbands are going to continue their affair with the bottle or the beer can, then they must take the necessary positive steps to learn how to cope with this heartbreaking family disease."

Kayson said that the Al-Anon Family Groups are set up to accomplish this purpose. Through regular meetings and personal contact, wives (as well as parents, brothers, sisters, teenage children) learn the facts about alcoholism as an illness and about the treatment process. Through continuing association with other Al-Anon members who have the same problems, they are enabled to reduce family tensions and reorient their lives through sharing their personal experiences.

"Regrettably," Kayson emphasized, "most wives of practicing alcoholics feel that there is nothing that they can do about their problem-drinking husbands. The simple truth is that very often they themselves hold the key to arresting this dread family disease. I know of no better way for them to begin than by involvement with Al-Anon."

For further information on how to get in touch with Al-Anon, the wives (and other family members and friends as well) of practicing alcoholics should contact Rod Champion in Mitchell County (688-3711) and Yancey County (682-6117) and Henry Govert in Avery County (733-5889).

## Services Set

Reverend George Patterson will be holding services at High Pastures this weekend. Evening sessions on Friday and Saturday begin at 7:30 and are open to the public.

There will be a seminar for young people from Thursday, August 14 through Sunday, August 17.

Everyone is invited to attend. High Pastures is located behind East Yancey High School, at the head of George's Fork Road.



Vess, Iva Buckner, Ed Hunter Hold Certificate Of Accreditation

## Mountain Heritage 'Fighting Cougars' Begin Practice

The Mountain Heritage High Fighting Cougars began football practice on Saturday, August 2. New head football coach, ERnie Hughes will be working to put the "Claws" back into Yancey County Football. Coach Hughes has the following things to say about the various areas of the new football program:

### PROGRAM BASIS

"Our program at Mountain Heritage will be based on honesty and discipline. Our coaching staff expects the players to be totally honest with us. If they tell us that they want to be winners, we expect them to demonstrate by their actions, that they are willing to pay the price to be a winner. We as coaches will not try to con our team, and in return we expect them to be honest with us. Discipline is another basis of our football program. Our coaching staff realizes the value of discipline and we will teach it to our team."

### OFFENSE

"Our offense will be the 'Fighting Cougar Veer'. It is the most explosive and exciting offense in football today. We will try to present a balanced attack between running and passing. In the college ranks Clemson University and N.C. State run offenses similar to the Fighting Cougar Veer. There is no doubt that our offense will be exciting to watch this fall."

### DEFENSE

"Defense is the heart of any good football team. All championship teams in all sports have sound defenses. We will work hard to have a sound defense that can stop the big play. If we can achieve this, we will have the type defense needed to win in our league."

### WINNING EDGE

"Our football team will need to have a winning edge over our opponents. We hope to have two factors that will give us this winning edge. One of the factors will be a combination of toughness and physical conditioning. Our players will be in excellent physical condition. This will give us an edge over our opponents in the 4th quarter. Toughness is a mental quality, and if our players refuse to get beat, then we'll be very hard to beat. The second phase of our winning edge will be You! We need your support at every game and especially the home games. With your help, we can make our opponents afraid to play in the 'Cougar Den'."

### VALUES OF PLAYING

"The values of playing football in our program could not be listed in such a short time, but I will try to talk about three of the most important values of playing in our program. First of all in our program we want to teach your son perseverance. We want him to bounce back when he fails. Many times in life you will meet defeat, the ones who succeed bounce back. Secondly in our program we will try to teach your son what it takes to win. If we can impress upon him what it takes to win in football, then he will soon realize that he must put this same effort into his life. The final aspect of our program that I would like to mention is 'fun'. We hope that all of our players enjoy playing and enjoy the fellowship of being a team member."

"In conclusion, I would like to invite any inquiry about our program, and I would like

to invite any boy attending high school in Yancey County to come out for our program. Finally, I would be personally happy to speak to any civic or church group on our football program and what we are trying to do."

## Fastpitch Softball Play Offs

The Fastpitch Softball All-Star Game was played August 9 with an exciting contest between the Burnsville Division All-Stars and All-Stars from the Micaville Division. The game ended with Burnsville defeating Micaville by a score of 8 to 3.

Leading hitters in the game were Leonard Laws, David Hall and Chipper Banks with two hits each. Lonnie Speight and Billy Joe Brown each hit home runs to lead the Burnsville Division in Runs Batted In. Leonard Laws was the winning pitcher.

The "Most Valuable Player" Award was given to Lonnie Speight, Burnsville Division. League Awards for Sportsmanship were given to Bee Log for the Burnsville Division and Henredon for the Micaville Division.

A special "Jimmy Wheeler Memorial Award" was given to Coach Wilson Ray for his dedication and hard work. This award honors the memory of a team member, Jimmy Wheeler, who was killed in an accident early this year, and who also was a dedicated and hard-working player.

State Fastpitch Softball District Playoffs are being played at the Burnsville field each night this week. The games begin at 6:30 p.m.

## \$322,039 H.U.D. Grant

The Town of Burnsville and Yancey County are the recipients of a joint grant from the U.S. Department of Housing and Urban Development for Community Development Projects in the town and county.

The total grant award is \$322,039.00, with the grant funds being divided into the following categories:

Housing Rehabilitation	\$180,239
Waste Disposal	17,000
Community Centers	20,000
Fire Protection	69,800
Administrative	25,000
Contingency	10,000

Projects are not scheduled to begin until H.U.D. has given approval of environmental statements pertaining to all projects which will take at least thirty-five business days after submission of the environmental statements to H.U.D. by Yancey County.

The town and county are presently awaiting further guidelines from H.U.D. regarding administrative and environmental policies and are preparing for actual enactment of the Community Development Projects. Questions should be referred to 682-3971.

## Yancey Schools Reach Major Goal:

# State Grants Accreditation

All Yancey County Schools were granted accreditation status by the State Board of Education in its regular meeting on August 7 in Raleigh. Claude Vess, Chairman of the Yancey County Board of Education, and Ed Hunter, Superintendent attended the meeting to receive the Certificate of Accreditation. Previously, and under a former plan, only Cane River High School, East Yancey High School and South Toe Elementary School were accredited. The plan in effect until about four years ago provided for the accreditation of individual schools once they had reached the standards and requirements set forth by the State Department of Public Instruction. The new plan adopted at that time requires all schools in a county or city unit to work together toward one set of goals. Briefly stated, teachers and school officials are required to take an in-depth look at their schools and to list the strengths and weaknesses of the instructional program, equipment, materials, supplies, community support, curriculum, etc. This is followed by a determination by the same group as to the directions in which they think the schools should go, what they think the schools should be about, and the setting of continuing and specific objectives. Finally, evaluation procedures are determined and an evaluation of the program as it affects the individual student is carried out.

Three years ago a planning team consisting of the school principals, the superintendent and central office staff began work on this plan. During the following fifteen months this team spent numerous hours and days in session with State Department personnel in working out a plan to include the first two steps. After this was done numerous teacher committees began work on specific and continuing objectives and strategies to be used in reaching them as well as evaluative procedures to be used. During the past year and a half every teacher and administrator in the county has been involved in this part of the plan. Hundreds of hours of work were involved before all of the plan was finalized and in written form.

On June 4, 1975, a review panel from the State Department of Public Instruction accepted an invitation from the local superintendent to visit the County and review the work done. A team of five persons sat with a group of thirty local teachers, administrators and Board of Education members in a three-hour meeting as plans were reviewed and evaluated. Following the meeting members of the review panel returned to Raleigh with copies of the plans to be reviewed by the State Superintendent and, subsequently, reviewed and approved by the State Board of Education.

Before August 7 meeting fifteen of the 148 administrative units had been accredited. Craven County and Red Springs City units were also accredited on August 7 making a total of eighteen units.

Board of Education members, Claude Vess and Romie Burns attended the review session on June 4. Following the meeting both men expressed pleasure in the tremendous work that had been done. In reporting to the next meeting of the local board, Chairman Vess stated "We were extremely proud of

the work that has been done, and were very impressed with the way in which so many teachers and administrators have worked together in making plans for school improvements".

Although this major goal has been reached, the work does not stop here. The plan is a continuous one which requires both frequent review of successes and failures of the school and a change in procedure as needed to strengthen weaknesses and prevent further failures.

## Attorney Donates Land For Cemetery

Approximately one acre of land in Burnsville Township was deeded on June 30, 1975 by Bill Atkins and his wife and daughter for use as a cemetery. The land, actually deeded to Dolphus Parker and Leroy McCracken, Trustees for the Marietta Atkins Cemetery, was given by the Atkins free of charge, subject only to the following restrictions and covenants: No part of said land shall be pastured or cultivated; no structure other than grave markers shall be placed thereon; the Trustees and their successors cannot sell or lease the land; and no person can be denied the right to be buried on this land because of race, creed, color or political affiliation. The deed also specifies that when a vacancy shall

occur in the Trusteeship, the pastor of Griffith Chapel Church will have the right to appoint a successor from the race to which the said Trustee belongs and the pastor of the First Baptist Church of Burnsville shall have the right to appoint a successor for the other Trustee upon his death or resignation.

This parcel of land was donated so that any person, regardless of race, creed or politics, can be buried with dignity and without regard to ability of the family to pay for their burial plot.

## Notice

The Burnsville Veterinary Clinic will be closed Thursday, August 14 through August 17.

## Five Yancey Beauties To Compete In 1975 Miss Mayland Pageant

The curtain is due to rise on the 1975 edition of the Miss Mayland Pageant at 8:00 p.m. on Saturday, August 16. The Pageant will be held at the Parkway Playhouse in Burnsville. The Miss Mayland Pageant is a preliminary to the Miss North Carolina and Miss America Pageants.

Sponsored by the Jaycees from Yancey County, Spruce Pine, and Avery County, the 1975 edition will have Rick Bacon of WKYK in Burnsville as the Master of Ceremony. The North Carolina Apple Queen, Miss Johnson City, and the Little Miss Rhododendron are also scheduled to be present at the Pageant.

The following fourteen girls from Mitchell, Avery, and Yancey Counties are scheduled to compete for the title of Miss Mayland. Four of the fourteen, from Yancey County, are pictured:

Melynda Lou Martin, 17, daughter of Mr. and Mrs. Robert Martin of Crossnore. She is a graduate of Avery County High School and plans to attend college in the future.

Maria Jane Mandala, 17, of Burnsville is the daughter of Mr. and Mrs. Ben Mandala. Maria's hobbies include swimming, writing, and singing.

Terri McMahan, 18, is the daughter of Mr. and Mrs. Vincent McMahan of Burnsville. She is a 1975 graduate of East Yancey High School and plans to attend college.

Martha Beasley, 20, of Banner Elk is a junior at Elon College. She is the daughter of Mr. and Mrs. James C. Beasley.

Sherry Ann Buchanan, 19, is the daughter of Mr. and Mrs. W.A. Buchanan of Spruce Pine. She is a graduate of Harris High School in Spruce Pine.

Sandra Ann Norris, 20, of Burnsville is a junior at Appalachian State University. She is the daughter of Mr. and Mrs. Bill Norris.

Venita Kay Silver, 18, is a graduate of East Yancey High School. She is the daughter of Mr. and Mrs. Claude Silver of Burnsville.

Lori Bruner, 18, of Little Switzerland attends Mars Hill College. She is the daughter of Mr. and Mrs. W.C. Bruner.

Elizabeth Mae Gillette, 19, is a graduate of Brevard High School. She resides in Burnsville with Mr. and Mrs. Floyd Woody.

Mary Kathleen Johnson, 19, is the daughter of Mr. and Mrs. James Johnson of Spruce Pine. She is a student at the University of North Carolina at Chapel Hill.

Cynthia Dianne Honeycutt, 18, plans to attend Berea College. She is the daughter of Mr. and Mrs. Clifford Honeycutt of Burnsville.

Nancy Catherine Thomas, 18, of Spruce Pine is the daughter of Mrs. Edith Thomas. She plans to attend Western Carolina University this fall.

Cindy Renea Kramer, 17, of Linville is the daughter of Mr. and Mrs. Ronald Kramer. She will be a freshman at the University of North Carolina at Greensboro.

Maria Rodriguez, 22, of Newland was the final girl to enter the Pageant.

Tickets for the 1975 Miss Mayland Pageant are on sale at The Yancey Journal, First-Citizens Bank, Northwestern Bank and David's

Ltd. Adult tickets are \$2.00 and children under twelve are \$1.50. Tickets at the door will be \$2.50 for adults and \$1.75 for children under twelve.



Maria Mandala



Elizabeth Gillette



Sandra Norris



Diane Honeycutt