

Dr. Fellerath Speaks At MHA Dinner Meeting

BY CARMELA WOODRUFF
Yancey County MHA
 The treatment of mental illness was traced from Stone Age days to the present time by Dr. John T. Fellerath at the annual dinner meeting of the Yancey County Mental Health Association Friday at Burnsville Presbyterian Church. Dr. Fellerath is Director of the Crisis Intervention and Counseling Service of Blue Ridge Mental Health Center, Asheville.

barbaric and cruel methods used to treat mentally and emotionally disturbed patients whose condition was attributed to demonic possession by evil spirits. For thousands of years, the belief in demonology prevailed. The speaker pointed out that "There were, however, some humane measures even in ancient times", when some

enlightened physicians and religious orders treated afflicted persons with kindness and constructive measures. During the Middle Ages and until some 300 years ago, the belief in witchcraft was prevalent and, the speaker said, "led to one of the most tragic periods of human history, during which innocent people were persecuted"

Modern science and medicine altered the whole attitude of society to the problem of treating the mentally ill. Dr. Fellerath especially cited Dr. Sigmund Freud's contribution to modern psychiatry. He said that through "talk" sessions with a psychiatrist and specific prescribed drugs, a patient can find the path back to good mental health.

For those who must be hospitalized, some institutions sometimes are "open quarters", where kindness and gentleness are the rule. Mr. Walter Anderson, Director of the Adult Day Activities Program (ADAP), described its growing success and requested the referral of additional Yancey clients. Articles made by ADAP

clients were on display and elicited the admiration of all who viewed them. Marjorie Carr, President, reviewed briefly the work of the Association and she announced that election of new officers would be held at a summer session. A good crowd attended the meeting, with Ruby Smith in charge of dinner arrangements.

TOE RIVER CRAFTSMEN
 Photography, Weaving, Pottery, Free-Blown Glass, Jewelry, Crochet, Vegetable Dyeing, Stained Glass, Illuminations, Batik.
 Weekends in May - Fri. & Sat. 10-5
 Sunday 12-5
 7 miles South of Micaville, Hwy. 80S.
 7 miles from Blue Ridge Pkwy, Buck Creek Exit.

SCHOOL LUNCH MENU
MAY 24-28
Monday
 Chicken Pie/Biscuit Topping
 Cranberry Sauce
 Marshmallow Sweet Potatoes
 Green Beans
 Jello w/Fruit
 Milk
Tuesday
 Hot Dog on Bun
 Mustard, Catsup, Mayonnaise
 Cole Slaw
 Baked Beans
 Cookie
 Milk
Wednesday
 Spaghetti w/Meat Sauce, and cheese
 Tossed Salad w/Dressing
 Orange Juice
 Roll
 Peanut Butter Cake w/PB Icing
 Milk
Thursday
 Soup Beans w/chopped onion
 Mustard Greens
 Canned Tomatoes
 Apple Cobbler
 Cornbread, butter
 Milk
Friday
 Barbecue Beef on Bun
 Baked Potato in jacket
 Cole Slaw
 Peanut Butter Cookie
 Milk

To These Farewell!
 EDNA McCURDY SMITH

Mrs. Edna McCurdy Smith of Charlotte and a summer resident of the Rocky Springs Heights section of Burnsville died Thursday afternoon in a Charlotte hospital after an illness of three months. She was the wife of the late Robert L. Smith, a Burnsville native who died in 1970.

Surviving are two daughters, Mrs. Margaret Louise Smith and Mrs. Clarence Funderburk of Charlotte; five grandchildren and 12 great grandchildren. Funeral services were held Saturday at 11 a.m. in the chapel of Holcombe Brothers Funeral Home, Dr. James S. Potter officiated and burial was in the Holcombe Cemetery.

MAE GRIFFITH
 Mrs. Mae Griffith, 71, of Burnsville died Friday morning in a Black Mountain Hospital following a short illness. She was a native of Tennessee and the wife of the late James M. Griffith who died in 1973.

Surviving are one daughter, Miss Deborah Griffith of Asheville; one sister, Mildred Rhea of Johnson City, Tennessee and one brother, Douglas Rhea of Jonesboro, Tenn. Funeral services were held at 2 p.m. Tuesday in the Griffith Chapel A.M.E. Zion Church, Rev. Edward Griffith officiated and burial was in the Horton Cemetery.

BESSIE MARSH HUGHES
 Mrs. Bessie Hughes, 87, of Micaville died Saturday morning in a Spruce Pine hospital following a long illness. She was the widow of B.G. Hughes who died in 1950. Surviving are three sons, John and Clarence Hughes of Micaville and Phillip Hughes of Burnsville; two sisters, Mrs. A.A. Hensley of Burnsville and Mrs. Guy Young of Micaville; four grandchildren and four great grandchildren. Funeral services were held at 2 p.m. Monday in the Micaville Presbyterian Church, Revs. John David Stewart and Bert Styles officiated and burial was in the Holcombe Cemetery in Burnsville.

ingles **PLAY GAMERAMA**
 YOU COULD WIN UP TO \$1000

TEXIZE 1/2 GAL. FLUFF 69¢

VIVA PAPER TOWELS BIG ROLLS 2.99¢

HEINZ 32 OZ. KETCHUP 69¢

FAMILY PACK FRYERS 37¢
 US CHOICE FULL CUT ROUND STEAKS \$1.19 lb.

SEALTEST 8oz. 39¢
ONION DIP 39¢
NABISCO 12oz. 75¢
RITZ CRACKERS 75¢
DOMINO 16oz. BOX LIGHT BROWN SUGAR 47¢
ARMOUR 12oz. 89¢
TREET 89¢
ARMOUR 3oz. 5.100
POTTED MEAT 5.100
ARMOUR 5oz. 3.100
VIENNA'S FRENCH'S 24oz. 49¢
MUSTARD 49¢
STARKIST 6 1/2 oz. 49
TUNA BLUE RIBBON 1lb. QTRS. 4.100
MARGARINE 4.100

BONUS BUYS
FRENCH'S 16oz. 49¢
BARBQ SAUCE 49¢
CARNATION 11oz. 79¢
COFFEEMATE HEINZ 9 3/4 oz. 3.100
RELISH 3.100
30WT. QT. CANS 59¢
PENNZOIL TEXAS PETE 10 1/2 oz. 4.100
HOT DOG CHILI 4.100
MAGIC FIRE CHARCOAL LIGHTER FLUID QT. 49¢
46oz. 49¢
HI-C DRINKS GREEN GIANT 2 1/2 oz. 39¢
MUSHROOMS BAMA APPLE-BASE 59¢
JELLIES 18oz. 59¢

HONEY-KRUST 1 1/2 lb. LOAF 3.100
BREAD 3.100
ARGO 303 5.100
SWEET PEAS 5.100
HUNTS 300 CAN. 4.100
TOMATOES 4.100
GREER 303 4.88¢
APPLE SAUCE 4.88¢
KRAFT 1000 ISLAND DRESSING 16oz. 79¢
KRAFT IMITATION QT. MAYONNAISE 69¢
1 1/2 QTRS. 39¢
PARKAY KRAFT AMERICAN SLICED CHEESE 12oz. 99¢
KRAFT ROMA BLUE CHEESE DRESSING 8oz. 69¢

FRYER BREASTS 89¢
FRYER THIGHS 69¢
FRYER LEGS 79¢
OSCAR MAYER 1lb. BACON \$1.59
OSCAR MAYER 12oz. BOLOGNA 99¢
GORTONS 2lb. PK. FISH STICKS \$1.49
GORTONS BREADED PAN TAIL SHRIMP 8oz. \$1.29
BOSTON BONNIE 1lb. PERCH FILLETS \$1.09
US CHOICE TOP ROUND STEAK \$1.59 lb.
TENDER CUBED STEAK \$1.59 lb.
US CHOICE NEW YORK STRIP STEAK \$2.99 lb.
US CHOICE WHOLE N.Y. STRIP \$2.59 lb.
SMOKED PORK CHOPS \$1.59 lb.
HILLSHIRE FARMS SMOKED SAUSAGE VALLEYDALE 1.29 lb.
SMOKED SAUSAGE VALLEYDALE 89¢ lb.
VALLEYDALE 12oz. SAUSAGE 79¢

64 OZ. RC COLA 79¢

TROPICANA 1/2 GAL. ORANGE JUICE 69¢

SOUTHERN BISCUIT FLOUR 69¢

PACK OF TEN US CHOICE 8oz. EA. NEW YORK STRIP STEAKS \$12.99
SWIFTS 4lb. CAN. HOSTESS HAM \$7.49
MARKET STYLE BACON \$1.09 lb.

FRESH PRODUCE
FANCY IDAHO POTATOES 19¢ lb.
FRESH YELLOW CORN 5.49¢
FANCY YELLOW SQUASH 19¢ lb.
FRESH GREEN BEANS 23¢ lb.
"NEW MEDIUM YELLOW" ONIONS LOOSE 3 lbs. 39¢
"NEW RED BLISS" LOOSE POTATOES 5 lbs. 59¢

1lb. BAG CHASE & SANBORN... COFFEE \$1.18
5lb. DOMINO SUGAR 88¢
3lb. CAN. CRISCO 98¢
JFG. QT. JAR. MAYONNAISE 59¢

FROZEN FOODS
FOX DELUXE 13.5oz. MORTEN 8oz. PIZZAS 59¢
PET RITZ WHIP 10oz. PET RITZ 2CT. PK. TOPPING 49¢
BIRDS EYE 10oz. PIE SHELS 39¢
PEPPERIDGE FARMS LITTLE CAKES 89¢
SEALTEST 6pk. SANDWICHES 59¢
ARCADIA MILK LOW FAT GAL. \$1.29