

Folk-Ways and Folk-Speech

OF SOUTHERN APPALACHIA

From time to time I receive inquiries from readers concerning the donation of historical documents and artifacts to appropriate institutions for safe-keeping.

Such letters are indicative not only of the rekindled

interest in the past but in the need for classifying and preserving that which is worthy of being saved. Fortunately most community and regional libraries are happy to receive and process such material and to guaran-

tee its safety.

Recently I was party to such a gift to the library at Appalachian State by the family of the late Smith Harmon, one of the earliest graduates of this institution. It consists of valuable tapes and manuscripts containing reminiscences of a mountain boy growing up in Watauga County near the East Tennessee border, making his way through school, and teaching and sawmilling to support his family.

An incident related to the latter occupation is both amusing and revealing of mountain character. Mr. Harmon tells of grading, tallying, and selling a carload of lumber to the L.H. Goodwin Lumber Company and then starting home on a snowy winter night through the Elk River Valley.

The route called for Mr. Harmon to cross the Elk by a canoe operated by a rope. But in the act of crossing, he and the canoe were swamped by the heavy current filled with saw logs from an upstream splash dam. By vigorous swimming, however, he was able to dodge the logs and make his way ashore. Fortunately he was able to stagger to a nearby cabin whose occupants took him in and beeded him down for the night.

"A-laying there and stu-



dying, I remembered when I turned my wet-clothing over to them I had my billfold in my pocket containing over \$1400 in checks and green-back soaking wet as a result of the tumble into the river.

"I began studying about these people, what kind of people they were. At last I decided I would take chances on them and I called the old gentlemen in the room and asked if he and his wife would dry up my money for me.

"He says, 'All right, we'll shape it up in good shape for you if we can.'

"So he took my money and I slept and slept in that good feather bed. Those folks didn't bother me; they let me sleep until I woke up.

"At last when I woke up there were my clothes all dried in fine shape, overcoat, pants, and my shirt. Right by them lay my billbook with the money ironed out as pretty as you've ever seen. The green-backs had all been dried with an iron, just as fine shape as could be!

"I ate a fine breakfast with them and after talking with them for awhile got ready to leave. I offered to pay them, but they wouldn't have a cent.

"Well, when I got ready to go down to the river to cross I was wondering what kind of shape it would be to cross, if I'd have trouble or not. So they sent their two boys with me down there, for they were acquainted with the river.

"When I got to the place, the river was frozen over. The boys played on the ice and I walked across it at the place where the boat sank and left me in the water to swim or do the best I could."

Later, according to Mr. Harmon, he was able to repay the good deed to the mountain family by hiring the two sons to work his sawmill.

Please send folk material to: Folk-Ways and Folk-Speech, Appalachian State University, Box 376, Boone, N.C. 28608.

Welcome For Summer Residents

White Oak Creek Community will welcome back the summer residents on Thursday evening at a pot luck supper at the home of Joyce and Charles Ballew. The time is 7:00 p.m. June 17. This has been an annual occasion for several years.

We urge all friends and residents of White Oak Creek Community to come and enjoy this evening of fellowship.

White Oak Creek Community Club is also active in the development of the Greater South Toe Community. During the last meeting of that group, Mr. Carlyle Bledsoe was the guest speaker. He showed a delightful series of slides on the screen with an explanation of the Extension Office program for service and encouragement to organized communities in Yancey County.

The pictures he showed were of special interest to our own White Oak Creek Club and many local residents were recognized in the activities pictured.

FmHA Loan For Water Systems

[Cont'd from page 1]

In addition, loan funds may be used to obtain plans and pay fees for legal, engineering, and other technical services.

Interested applicants may apply at the Farmers Home Administration office serving Yancey County which is located in the Penland Building in Burnsville. Information may also be obtained from the State Office of Farmers Home Administration, Room 525, 310 New Bern Avenue, Raleigh, N.C. 27601.

Each person applying for credit is given equal consideration without regard to sex, race, color, creed or national origin.



Agri-Vues

BY WM. C. BLEDSGE
EXTENSION CHAIRMAN

JUNE IS DAIRY MONTH

The slogan during this Bicentennial year is "Milk Keeps America Strong". This month 21 Yancey County Dairy farm families along with the estimated 1800 other Dairy Farmers of North Carolina are celebrating the 39th year salute to Dairy Farmers. June is Dairy Month. The milk industry in Yancey County is an important part of agriculture and our local economy. Last year the dairy industry of the county contributed \$1.6 mil-

lion to our local economy.

All producers of wool should take note that the county wool pool will take place Wednesday, June 23. Wool is to be delivered to the south parking lot of the courthouse for transport to Boone. For additional information, please call me at 682-6186.

Don't forget the meeting for Yancey Beef Producers this Thursday night, June 17, 7:30 p.m. at the courthouse. Topics include Calving Prob-

lems, Bull Leasing possibilities, and possible needs for a County Cattleman's Association.

NEW TOBACCO

PEST MATERIAL
This year for the first time a new pest management material called **Orthene**, a wettable powder claimed to be effective against budworms, cutworms, flea beetles, aphids and many other pests is available. Please observe cautions and follow directions on container. This new material is a welcomed development. In recent years any material that would do all these jobs was extremely dangerous to the user.



REPORT FROM U.S. Senator JESSE HELMS

WASHINGTON—Congress is in the midst of its customary election year frenzy of enacting another deluge of unwise and ill-considered political legislation, all of which have fancy and appealing titles, with promises to cure all of the nation's ills in one great burst of activity.

As this report is being written, the Senate is ramming through a new so-called anti-trust bill. I can hear various Senators now: They will go home and tell their constituents that this bill which they supported will help the "consumer"—when, as a matter of fact, the legislation is clearly unconstitutional, and will have the inescapable effect of requiring consumers to pay more for almost everything they buy.

Shortly, the Senate will take up the so-called Humphrey-Hawkins Bill which, among other things, proposes to solve the unemployment problem by adding thousands of people to the federal payroll—and by forcing the federal government to go deeper and deeper in debt.

INFLATION—Somehow, the consumer ought to understand that this kind of legislative activity on the part of Congress has been going on for a long, long time. It began more than 40 years ago, and it has been the primary cause of the inflation that the American people are suffering today.

And, of course, those who favor this sort of activity will be praised to the skies by the "liberal" editors of our major big-city newspapers. And those of us who try to resist this legislation will be condemned by these editors.

The small businessmen of America already are laboring under so many federal controls and regulations that it is difficult for them to stay in business. The irony of it, as many small businessmen have told me, is that if they didn't have to spend so much of their time dealing with costly federal red tape, they could devote more effort to expanding their businesses—and they could afford to hire more people.

FANCY—The trouble with all of this fancy legislation is two-fold. First, it sounds so good, at the time it is being enacted. All sorts of promises are made about how beneficial it will be. Secondly, the people have no way of knowing that the legislation is really socialistic in its concept—until it is too late.

When these proposals become law, swarms of new bureaucrats go on the payroll to administer the new programs. These bureaucrats have never run a business; they have never had to meet a payroll; they have no understanding whatsoever of the free enterprise system.

By the time the consumer realizes that he has been fed another empty political promise, it is too late. Prices at the grocery store—and everywhere else the consumer goes to buy goods and services—will have gone up again. That, of course, is the way inflation works.

All of these legislative proposals, as I say, sound so good at the time they are being debated on the Senate Floor. It's so easy for Senators to spend the taxpayer's money—for more welfare programs, more federal controls, and a more enormous federal bureaucracy which is already bloated.

Thomas Jefferson's warning that the best government is the least government has been reduced to a mere cliché in our time. But it is as true today as it was when Jefferson said it. The more government we have, the more inflation we will have—and the less chance the free enterprise system will have to survive. It is as simple as that.

French Broad EMC Gets Award

French Broad Electric Membership Corporation of Marshall has received a Profile Award from Blue Cross and Blue Shield of North Carolina, and Radio Station WWNC for outstanding contributions to the industrial growth and development of North Carolina.

The plaque, signed by Thomas A. Rose, president of Blue Cross and Blue Shield of North Carolina, and by Wilson Wear, president of Multimedia Broadcasting Incorporated, was presented to French Broad Electric Membership Corp. by David Luckadoo, Blue Cross and Blue Shield of North Carolina's representative in the Asheville Service Office, following the company's appearance on the Profile radio program on WWNC Sunday, May 2, 1976.

SCS Mist Blower Missing

Would anyone know the whereabouts of a mist blower that belongs to the Yancey Soil & Water Conservation District. It was loaned out approximately two years ago and has never been returned. If anyone has this or knows where it is, please contact the Soil Conservation Service by calling 682-2466 between 8 a.m. and 4 p.m.



SHOPPING FOR VALUE
Shopping for good value is easier when you know what to look for. An alert consumer may spend 10 to 20 percent less on each weekly shopping bill. Here's some canny advice that may help you get better value for your dollar.

For best value in corn make sure that kernels are plump but not too large and that they cover the cob well.

You get a better value per dozen eggs by buying a larger size in the same grade if the price spread per dozen eggs is less than seven cents.

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Health News & Views

Fathers honored by family's right action

Every third Sunday in June is "fat-hers" day. Put together, this spells Father's Day. So, how is an appreciative family to show its love? My bet is that Dad wants to be, more than anything, healthy and happy.

Health, he can have through practicing the rules of moderation in mental and physical stresses. But happiness? Right living certainly helps, yet my guess is that Dad will find greatest happiness through his family's right action. Action that will make Dad proud to be Your Dad!

A small gift item from our pharmacy might go a long way toward getting Dad in the mood. Happy Father's Day to all fat-hers.

Celebrate our nation's Bicentennial with a moment designating our 200th year... specially for Dad!

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COME CELEBRATE

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There are 237 good reasons for you to join our PayAnyDays celebration. Three remarkable prizes. 10 important advantages the bank's PayAnyDay Simple Interest Auto Loans afford car buyers. Plus 224 convenient First-Citizens offices to serve you from the mountains to the coast. Prizes: 1976 deluxe Winnebago Motor Home. Sleeps eight, a \$16,500 value. 1976 Cadillac, a \$10,200 value. A natural EMBA® Autumn Haze full length lady's mink coat, an \$8,050 value. Register any time through July 16, 1976. You don't have to be a First-Citizens customer to qualify. The only requirement is that you be 18 years of age or older. Come in soon.

First-Citizens. The Can Do Bank.

RULES: Registration cards are available at any First-Citizens office. For your records, keep your registration number. This drawing is open to anyone of legal age who does not have to be a First-Citizens customer to register or to win. Limit: One prize per person. One registration card will be drawn from each office of First-Citizens Bank and the three winners will be drawn from these registration cards. Odds will depend on the total number of entries. Registration for prizes ends July 16, 1976. Notice will be mailed to the winners at the address provided on the registration card as soon after the drawing as is reasonably feasible. Lists of winners' names will be posted in each First-Citizens office and may also be obtained by sending a postage prepaid, self-addressed envelope to: PayAnyDays, First-Citizens Bank & Trust Company, P.O. Box 151, Raleigh, N.C. 27602. This request must be received by the bank on or before midnight, August 2, 1976. Employees - as well as their spouses, children and parents - of First-Citizens Bank & Trust Company and its advertising agency are not eligible to participate. Prizes are not exchangeable for cash. The motor home and car will be purchased "new" by bank, however the bank reserves the right to exhibit these prizes at various offices of the bank during the contest. In so doing, the bank may place mileage on the vehicles not to exceed 4,000 miles each. Contest is void where prohibited by law.