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Grace M. Ayers



People once thought the herb rosemary would help strengthen their memories.

Ayers Runs For Office

Grace M. Ayers (Mrs. Clyde A. Ayers), Register of Deeds of Yancey County, is a candidate for re-election to that office in the Democratic Primary of August 17, 1976. Mrs. Ayers has served as Register of Deeds since 1964. She asks the Democratic Party for continued support with the assurance that all persons will continue to receive the same courteous, efficient service that they have received since she assumed the duties of that office 12 years ago.

THE YANCEY JOURNAL
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"Rivals" were originally "persons dwelling on opposite sides of a river" from the Latin *rivalis*: a river man.



Campaigns For Vaughn

Jean Vaughn campaigned in Burnsville for her husband, Mike, who is running for Congress in the 11th Congressional District. Mike Vaughn, a resident of Asheville, is a graduate of the University of North Carolina-Chapel Hill and the University of North Carolina School of Law. He is engaged in the private practice of law in Asheville. Mike says he is a "Jeffersonian Democrat. My political philosophy is that a government must be aware of and responsive to the needs of its people. Its greatest obligation is the accomplishment of the most good for all of its citizens." Mike and Jean have five children and are members of Central United Methodist Church. They hit the campaign trail in unison with Mike at one end of the Congressional District while Jean campaigns at the other, both asking for support in winning the 11th district congressional seat in the next election.

Republican Meetings Set

There will be a Republican meeting of the Jacks Creek, Brush Creek and Green Mountain Precincts at Republican Headquarters on Friday, August 6, at 7:30 p.m. Crabtree Precinct will meet Monday, August 9.

One Pitch Tournament

Yancey County One-Pitch Softball Tournament is slated for August 10, 1976. Game #1 will be CB-B's vs. Bald Creek at 7:00 p.m. Game #2 will be Bee Log vs. Smokeys at 8:30 p.m. The entire schedule will be listed in next week's edition of the Journal.

Region D Plans

The Region D Council of Governments announces its plans for fiscal year 1977 Manpower Programs provided by Title I of the Comprehensive Employment and Training Act of 1973. The Council of Governments will contract with the N.C. Office of Employment and Training for funds, and sub-contract to local operators for program implementation in each of the Region's seven counties.

Components included in this year's plan are adult work experience, public service employment, youth work experience, class size training, on-the-job training, and individual referral. Sub-Contractors must provide to clients a broad range of counseling, training, employment, and supportive services.

Requests for proposals (RFP's) will be available from Monday, August 2 at the Region D C.O.G. Office. Submissions are due by 2:00 p.m. on Monday, August 16, 1976, with the exception of proposals for Youth Work Experience Programs in Avery, Mitchell, Watauga and Yancey Counties. These will be due by 2:00 p.m. August 9.

All proposals must be sealed and addressed to: Richard C. Miller, Director of Manpower Programs, Region D Council of Governments, Executive Arts Building, Furman Road, Boone, N.C. 28607. The Regional allocation of funds for FY 77 may be obtained by contacting Region D Council of Governments. Individual county program allocations are contained in the RFP instruction. Eligible program operators include units of local governments and private, non-profit corporations. All operators must comply with equal employment opportunity regulations. For additional information contact Richard Miller, Region D Council of Governments. Telephone 704 264-5558.

Senator Robert MORGAN



Report to the People

The Senate has before it a bill, S. 8603, which will subsidize the U.S. Postal Service to the tune of \$500 million for each of two years, and which forbids any more elimination of services, until such time as a study commission decides what to do about our troubled mail system.

Now, this is a bill about which one is bound to have mixed feelings. That subsidy effectively adds in taxes what the Postal Service cannot raise by any more rate increases. But putting a stop to deteriorating service, and naming a commission to study whether we want to continue with a "public corporation" or go back to having a Post Office which is a government agency--both of those are very good ideas.

I do not believe we can avoid the subsidy. The Postal Service is in such a mess financially that the alternative is clearly the closing of more rural post offices, cut-backs in home delivery to five days a week, hefty increases in the cost of stamps, and even slower service.

The problem with the Postal Service, it appears, is salaries. Salaries at the top are high. There are 45 executives who make as much or more than a Senator or Congressman and since the Nixon administration's conversion of the U.S. Post Office to a semi-public corporation, postal workers can bargain collectively. Since 1971, postal workers' salaries have risen about 63 percent, while federal workers' wages have gone up about 40 percent. I don't begrudge anyone a good living, but you can see what this has to do to the Postal Service, which has to use so much labor.

It is hard to agree entirely with the Postal Service's reaction to the problem. The move to close small, rural post offices is penny-wise and pound-foolish. The savings from all the small post offices closed last year won't run the Postal Service but for 13 minutes. And it is probable we could have kept several small North Carolina offices open for the \$178,000 the immediate past Postmaster General spent remodeling his office and conference room.

The decision to model the mail service on a business ignored one fact--it would have to resemble a monopoly. And if there are three things typical of monopolies, they are lowered service, high prices, and big labor contracts.

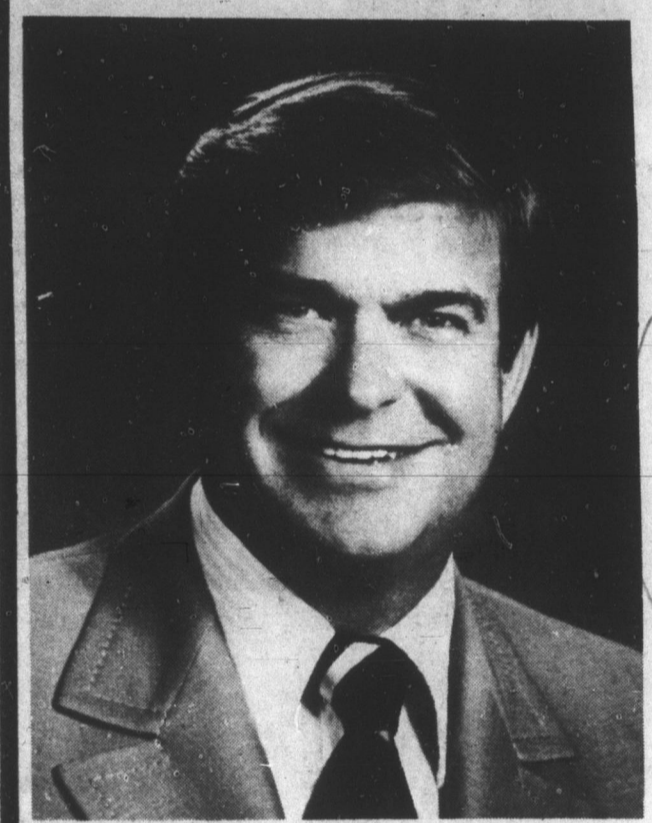
I feel the delivery of mail ought to be a public service. If we continue as we have, that "let's cut back service" mentality which seems to prevail will ruin the system completely.

On that basis, I am supporting the bill.

The subsidy is the price we will have to pay, at least temporarily, for maintaining what service we have left. In the meantime there will be no increase in the price of stamps, no cut-back in delivery, and no more closings of small post offices.

We need to face the financial crisis of the mail system. But at the same time we owe it to the people to stem the decline in postal service.

FAIR DAYS
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R.P. "Bo" Thomas

Democrat for U. S. Congress



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Bo Thomas is a man with a sound educational background from Duke University and with the common sense to match and who understands how our free enterprise system works.

Bo Thomas is a man young enough to have the sustained energy needed to serve in the demanding job as our Congressman.

Bo Thomas is a man who lives his deep religious convictions.

Bo Thomas is the man to elect to Congress!

R.P. "Bo" Thomas

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Send R.P. Bo THOMAS; an experienced businessman-farmer, to Congress!

Health News & Views

When poison ivy comes out to get you!

For some people, just getting "down wind" of poison ivy, oak, or sumac is enough to become inflamed with itchy, scratchy, blistering rashes. The allergen agent common to all three of these poisonous plants is urushiol and once contacted spores practically no one.

If urushiol sap so much as brushes you, wash the exposed area with soapy water, immediately. Clothes, gloves, and garden tools should also be washed. Otherwise, your fate may be two weeks or more of scratching, rubbing, burning, and itching.



For infected cases use a cool, wet compress, paste of baking soda, or one of our calamine lotions. Whew! I'm beginning to itch just writing about it!

Our pharmacy supports health information exchange. We invite your participation.

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CBU Concert Set

Richard and Patti Roberts will present a live concert in the Asheville Civic Center on August 25th, beginning at 7:30 p.m. Willie Murphy, formerly a vocalist with the late Kathryn Kuhlman will be Master of Ceremonies. The concert, sponsored by CBU Christian Fellowship, Inc., Montreat, N.C., is in conjunction with the "Reach Out '76" Conference to be held at Montreat Assembly on August 26, 27, and 28.

Appearing later on the program will be Grammy Award winners as Top Soul Gospel Group of the Year, Andrae Crouch and the Disciples. They will bring their own seasoned blend of rock, jazz, soul, and hymn-like ballads in a pure, simple gospel message--loud and clear.

Tickets for the entire concert are priced at \$6.00 and are available at CBU Christian Fellowship, Inc., in Montreat, N.C. and in Asheville at the Civic Center. For reservation and other information contact CBU Christian Fellowship, Inc., P.O. Box 1001, Montreat, N.C. 28757, or phone (704) 669-2934 no later than August 13.