Walt Sheppard does not believe in gun control. Wait Sheppard believes every American has the Walt Shepp right to maintain arms for hunt- Republican.

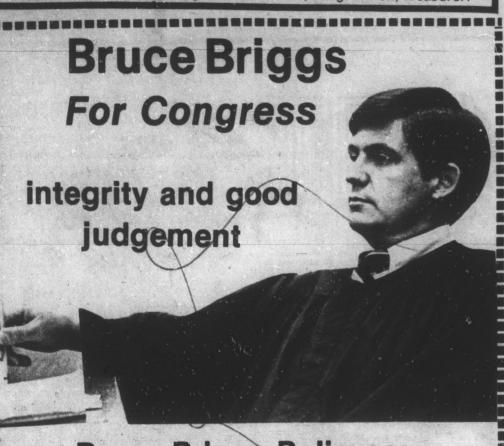
ing and to protect his property. Walt is a conservative. Vote for Walt Sheppard August 17th.

VOTE WALT SHEPPARD FOR CONGRESS—AUGUST 17th

Gun Controls

Against

Paid for by Sheppard for Congress Committee, Vaughan Fox, Treasurer



Bruce Briggs Believes:

- That run-away federal spending must be curbed and sound business practices employed in government.
- * Federal bureaucracy and red tape dien't make America great- the people did.
- * That the American system of free, competitive, private enterprise best serves the interests of consumers, workers, farmers, and businessmen.
- That the preservation of individual liberties is the purpose of our constitutuinal system to government.
- ★ That every individual has the right to achieve the best that is within him as long as he respects the rights of others.

Pd. Pol. Adv.

Hospital Projects On Schedule

Ridge Hospital System, Inc. was conceived by planning consolidation of Hospital Services for the two county area of Mitchell and Yancey Counties. Construction on the addition of the Spruce Pine Hospital began in December 1974 and the new Extended Care Facility in Burnsville began in August of 1975. The last phase of both the facilities

The 50 bed Extended Care Facility in Burnsville will provide services to the patient at a lower cost for those who need a longer period of hospital stay to recuperate before going home, but will net need costly acute care. This modern facility will be

equipped with a complete

Dietary System and cafeteria,

with the advisory services of a

Registered Dietitian who will

and Spruce Pine.

addition will contain 68 additional acute care beds, including a comprehensive

be available to both Burnsville

The final phase of this ECF is an addition for **Emergency Medical Services** with not only an Emergency Room but eight observation beds, and an X-Ray and

Medical Laboratory. The Spruce Pine Hospital

six beds. The last phase of the Spruce Pine addition will be to expand and completely renovate the Dietary Department

and Cafeteria. Other services which will be provided to both the Spruce Pine and Burnsville facilities will be Physical Therapy, Inhalation Therapy,

and Occupational Therapy. The existing hospital in Burnsville will be closed when the Extended Care Facility is completed. The old 50-bed Hospital will be renovated in stages so as not to interrupt on-going operation of the hospital. This renovation will include enlarging the X-Ray Department, Laboratory and Emergency Room facilities.

Both projects are going on schedule and by March 1, 1977 the current construction will be completed. The Emergency Medical Service addition in Burnsville and the Dietary Department in Spruce Pine will be completed in June of 1977.

Comments From Cattail Creek BY MRS. NEVA RENALDO **Cattail Correspondent** Our "Trash and Treasure Sale" proved such a success

we may make it an annual

And the "Cake Walk" was an evening to be remembered. Many old friends met and renewed old acquaintances. Most of us just socialized, and

had fun winning cakes. Todd Tanner recently returned to Miami after spending a month in four countries in Europe. He spent his birthday in Rome and is expected to join his grandmother, Dorothy Fisher, here for the rest of the summer.

Betty Jamison is holding forth at her parents cabin (the Keith Phillips). She has as her guests Pauline Banken who recently returned to this country from Hawaii, Grace Sowers of Kendall, Florida and Gail Hippelhauser of Plantation, Florida.

Harold Melton and his daughter Elizabeth have been visiting with Mary Melton.

The Roger Fricks are in for their annual month in these

The Harold Gronquists

have arrived to spend most of August with Harold's mother.

The Huey Warners of Miami are keeping the home fires burning at Dogwood Cottage while your correspondent wings her way to Seattle, Washington to attend a funeral. I hope to be back before the next issue of the

Richardson's "Out O' Sight" cabin is bustling these days with son Mark, and grandfather Richardson as well as Bob Temper of Miami enjoying the warm hospita-

The Mungers have as their guest this week Martha Sardelit of Miami.

We welcome the Martinez Family who recently purchased the Ward Cabin. Hope you will have many happy years in

Don't forget our train trip and picnic on Thursday, August 5. We still have a few tickets. Call Mary Melton at 682-2946 or Agnes Dolle at 682-6459. It will be a fun day.

Bingo will be at 7:30 on Wednesday night as usual. Do come join us.

Landscaping Creates Beauty

Landscaping at the new Burnsville unit of the Blue Ridge Hospital System is creating another local beauty spot. The gracefully contoured and grassed hillside and the pond with its continually flowing stream will make the use of this facility more pleasant for patients and their visitors. Photo by Brian Westveer

VA Cites High Cost Of GI Term Life Insurance The Veterans Administra-"V" series policy, conversion The face amount of the

tion is launching a renewed effort to advise World War II veterans of the high, and increasing cost of holding GI term life insurance instead of converting it to one of the so-called "permanent" plans.

In announcing a new National Service Life Insurance information booklet, REgional VA Director H.W. Johnson said, "We are greatly concerned that large numbers of World War II veterans have not yet heeded warnings about the heavy premium increases they must pay unless they convert their policies."

For example, Johnson pointed out that a World War II "V" policyholder pays \$12.70 a month at age 50 for a \$10,000 NSLI term insurance policy. At age 60 that monthly premium jumps to \$26 a month and at age 65 it has increased to \$39.70 monthly. At age 70 it would jump to a whopping \$61.80 per month.

A veteran who lived to age 90 would be paying \$554 a month for his \$10,000 term

Johnson explained that GI term insurance policies were designed to be used only for a few years, affording veterans a maximum of protection at minimum cost during the readjustment period after separation from service and while raising a family.

By converting his term insurance to one of the VA's permanent plans, Johnson pointed out, the veteran pays premiums which, while slightly higher initially, will never increase.

The Modified Life-70 plan was cited as an example. It is available to veterans having isting policies prefixed by etters V. H. W. RH. J. JR

In the case of a National

to a \$10,000 Modified Life-70 plan at age 50 would result in a premium of \$17.70 a month throughout the insured's life-

If the same policyholder waited until his 60th birthday to convert, the monthly premium would be \$26.40. At age 65 the converted premium would be \$31.20 per month for

Modified Life policy is reduced by 50 per cent on the insured's 70th birthday but can be maintained at the full amount by applying for a special ordinary life policy prior to that date. An additional premium will be charged but no health examination is required.

Johnson pointed out that the new VA insurance booklet will be available in July at VA offices and from members of the national veterans organi-

"In the meantime, I urge veterans having questions concerning their GI term insurance to contact the nearest VA office, or check with a veterans organization representative," he said.



SCS Offers Free Pond Stocking

Soil Conservationist

The Soil Conservation Service will again offer free stocking of ponds this year for bass, bream, and catfish. In Yancey County fish will be stocked at the rate of 500 bluegill, 50 bass and catfish per surface acre. You should maintain your pond by keeping it well fertilized and control weed growth. The bass are delivered in the fall and the bream in the spring. The fish are delivered as ninnows and will be of suitable size for fishing in two years.

In order for your pond to qualify for stocking it must be at least ¼ acre in size, no charge for fee-fishing will be established and the pond should not currently contain any fish. Stocking will be permitted if existing fish are eradicated.

If your pond meets these qualifications and you would like to stock it you may contact the Soil Conservation Service in room 12 of the county Courthouse or call 682-2466. After an investigation of your pond, if it qualifies they will assist you in ordering your free fish. The deadline for your order is August 31, 1976. Pictured: Fish delivery in Yancey County Courthouse parking lot this

