



Summer Fun At Carolina Hemlock

Large numbers of tourists and local residents have been enjoying the swimming and tubing opportunities offered by Carolina Hemlock. The sparkling South Toe has even been warm! The trail between the swimming

area and the highway 80 bridge has been well worn by tubers who ride the rapids again and again. Photos by Brian Westveer



BOOK CORNER By Mrs. Gladys Coletta

TOUCH NOT THE CAT
By Mary Stewart, 1976.
Pp.423, William Morrow & Co., Inc., Publishers.

Touch Not The Cat by Mary Stewart is a new masterpiece of romantic suspense. The title, when actually completed, becomes more ominous throughout the story, as the reader realizes the implications of the warning on the medieval family crest: "Touch not the cat without a glove."

We are intrigued with the opening sentence of this romantic mystery, which states: "My lover came to me on the last night in April, with a message and a warning that sent me home to him." The stage is set at once for a story of precognition, telepathy, and other wonders. The author makes it all seem so plausible and authentic that we believe both the possible and impossible to be real. Such is the power of her storytelling.

A sweet and endearing facet of Miss Stewart's art is her flashback method employed throughout. Sweet, because it tells of a tender romance of long ago, and endearing because of the warmth and the relevance to

the characters of today. The flashbacks explain both the past and the present, thus serving a double purpose. Not sugary-sweet nor mournfully sad, Touch Not The Cat abounds with a sample of both, as well as a mixture of suspense, authentic background, and human emotion.

★ All Kinds Of Insurance ★

Get Protection Against

- ★ Auto Accident ★
- ★ Hospitalization ★
- ★★ Theft ★★
- ★ Fire ★

We Have All Kinds of Insurance!

Yancey Insurance
Phone 682-2325

CLASSIFIED ADS

July Clearance

The Summer Clearance Sale Continues At The **GINNY-LISA SHOPPE** Banks Family Square.

All Summer Merchandise Reduced
In Some Depts. The Selection Is Still Good.

Open 9:00 am to 6:00 pm

GINNY-LISA SHOPPE

Banks Family Square Shopping Center Phone 682-2447

Folk-Ways and Folk-Speech

One of the distinctive traditional crafts of Appalachia is rug hooking, which involves drawing loops of material through the mesh of a loosely woven cloth to form a design.

Normally the material used is wool, but in recent years a rug technique involving hooking burlap through burlap has been developed.

One of the better known practitioners of this art is Mrs. Elsie Trivette, an Avery County native, who has been hooking rugs since the age of ten.

She understands the why

of burlap-cheapness and availability. Tow sacks represented an available source of material and in her life she has unraveled countless numbers of these bags for their yarn.

She also recalls dyeing the yarn with natural colors obtained from flowers, plants, berries, nuts, and bark and hooking it through a piece of burlap backing, using about five strands per hook. The result: a coarser and more primitive effect than that offered by wool.

Recently Mrs. Trivette was questioned about her reasons for following this

craft. "Well, it was mostly a matter of supporting my family. I had six children and I had to have some means of bringing in a little money."

Little is apparently an apt expression. Mrs. Trivette remembers hooking rugs throughout the long winter months and then selling the finished products (usually two feet by four feet) for fifty cents each. Now, she notes, the same rug would bring thirty dollars. "Turns out I was working for three cents an hour," she said ruefully.

Her designs are those passed down by her mother,



plus those she "makes up" herself. With a felt pen she draws each design on the burlap backing after it has been stretched on a frame, but she remembers the times when she had to rely on a walnut hull or pokeberry for her marking device.

Some of her most commonly used patterns are the block, the diamond, the flower, the rolling stone, the wedding ring, and the cross, the latter inspired by the configurations she noted in her churn dasher.

Several years ago she created a large rug in this design which was purchased and displayed by the Smithsonian Institute.

Today Mrs. Trivette spends little time in rug-making, primarily because it is close work that is extremely taxing on her eyes. From time to time, however, she does demonstrate the technique at crafts fairs and other folk expositions, "along with a little carding and spinning."

In addition she has made sure that the hooking tradition will survive, for she has passed on the skill to each of her daughters. And if that fails she has a young granddaughter already in the learning stage.

Readers are invited to send folk material to Rogers Whitener, Folk-Ways and Folk-Speech, Box 376, Boone, N.C. 28606.



From The Yancey Extension Homemakers

food news & cues

Phone 682-6186 or 682-6187

BY DONNA McLAIN
Extension Homemaker
Are you ready for some new pickle recipes? Here are three to add to your own favorites.

SWEET PICKLE STICKS

Use fresh, firm medium cucumbers. Wash and cut them into sticks. Pour boiling water over them and let stand 4 to 5 hours. Drain and pack solidly into sterilized jars. Make a solution of:
3 1/2 cups vinegar
3 cups sugar
3 tbslp. salt
4 1/2 tsp. celery seed
4 1/2 tsp. turmeric
1/4 tsp. mustard seed
Boil the solution for 5 min. Pour boiling hot over the cucumbers to within 1/2 inch of top of jar. Put on cap, screw band firmly tight. Process in boiling water bath 5 minutes.

Solution fills 6 pint jars. NOTE: if sweeter pickle is desired, double measurement of sugar. (Taken from Kerr Home Canning and Freezing Book).

DILL PICKLES

Fresh Kosher Style
30 to 36 cucumbers (3-4 in. long)
3 cups vinegar
3 cups water
6 tbslp. salt
Fresh or dried dill
Garlic
Mustard Seed
Wash the cucumbers. Make a brine of the vinegar, water and salt. Bring to boil. Place a generous layer of dill, 1/2 to 1 clove of garlic (sliced) and 1/2 tbslp. mustard seed in bottom of each sterilized quart jar. Pack the cucumbers into the jar.

CRISP-SWEET PICKLES

6 lbs. cucumbers

1-11 1/2 gram bottle lime (the kind available at drug stores);
3 pints vinegar
4 pounds sugar
1 tbslp. whole allspice
1 tbslp. whole cloves
3-4 sticks cinnamon
3 1-inch pieces whole ginger
Make a solution of the lime and one gallon of water. Slice the cucumbers into it and let sit for 24 hours. Wash cucumbers next day, changing water every 20 minutes for 4 hours. Combine vinegar, sugar and spices that are tied in a clean, thin, white cloth; heat to boiling. Pour over cucumbers and soak overnight. The following day cook the cucumbers and syrup for one hour. Remove the bag of spices and pour in clean hot jars and seal. Process 10 minutes in boiling water bath.

3rd Annual OLD TIME SIDEWALK SALE ON THE SQUARE



Thurs, Fri, Sat.

SHIRTS by them famous folks at Career Club, Creighton, Jockey, Monticello. They know shirts and we know bargains so we put 'em on sale just for ya'll.

"Great" Savings On Leisure Suits, Suits, & Sports Coats, Slacks, & Shirts.

SPECIAL SALE on Levi's For BACK TO SCHOOL. Once A Year Sale On Levi's. Don't Miss It!

Remember We Have Lady Levi's, Landlubber, & H.I.S. All Summer Tops 1/2 Off for the Ladies.



David's Limited

ON THE TOWN SQUARE OF BURNSVILLE

OLD-TIMEY VALUES

