



## Health News & Views

### Thoughts to correct a grossly deficient diet

Are the Nutritionalists correct? Is your diet "grossly deficient" in vitamin content? If so, which vitamins and in what doses?

Many people "play it safe" by routinely taking multiple vitamins. Yet, they may need to do more. First, multiple minerals taken along with the multiple vitamins will increase the body's absorption of both. Second, vita-

min E capsules should be taken four hours after your mineral tablet to improve absorption chances of this vitamin. And third, always try to take vitamins and minerals after eating.

Nutritional supplements will put you on the safe side of better health. Ask your pharmacist.

We're not only your drug store, but your friend. Come see us soon.

**Pollard's Drug Store**  
682-2146 Burnsville

## SOLID FOUNDATION



Sure cure for 5 o'clock feet

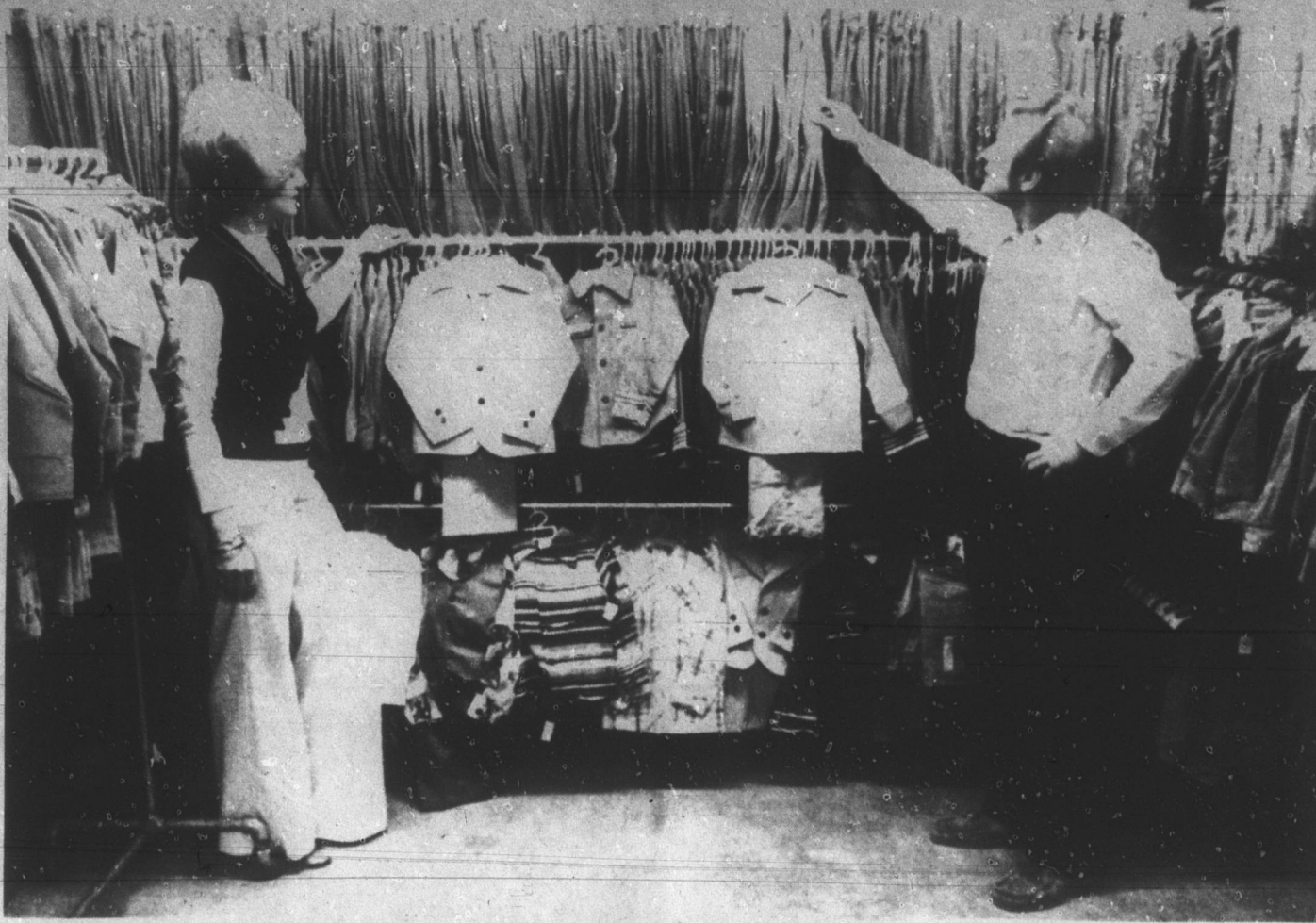
When you work hard on your feet all day, you really appreciate the long lasting comfort of Red Wing work boots. They're fit for the toughest job. Come try on a pair.

**RED WING**

**Dellinger & Silver**  
Micaville, N.C.



An old recipe for removing egg stain from silver spoons suggests you moisten a little common salt and rub briskly on the stain, then wash.



Mr. And Mrs. Claude Schlagenhauf Discuss Styles

## Joel Togs Inc. Opens New Plant In Burnsville

Joel Togs Inc., of Gastonia, North Carolina, is opening a new plant facility in Burnsville on Mitchell Branch above the Health Center. This was announced to the Yancey County Chamber of Commerce Thursday night, November 11, by the Director of manufacturing of Joel Togs, Claude (Skip) Schlagenhauf, a resident of Micaville, said this was the culmination of study and effort to bring this industry to Burnsville for almost a year.

He stated that the people in this area are hard working, dependable people and that there are many skilled persons in need of employment.

Joel Togs, a prime manufacturer of styled boys fashion apparel, has been in business in Gastonia for 15 years. Joel Togs sells under their own label, "Wee Willie", has the Walt Disney Franchise in their field, and also manufac-

tures for Sears, K-Mart, Montgomery Ward, Belks Store and many other retail companies.

Mr. Schlagenhauf's wife, Mary Lou, who heads up Manufacturing Production, will be at the plant getting it started and will be at the plant at different times thereafter to direct and work with the plant personnel as her husband.

Joel Togs will be taking applications starting November 15th at the plant and will start manufacturing operations on November 22nd.

The plant will initially employ 50-55 persons and will increase this to 150-160 as soon as possible.

The plant minimum wage is \$2.50/hour and production earnings for good operators average from \$3.50 and up. The plant hours are 7:30 to 4:00 p.m.

The plant also has an outlet store which will be open

to the public November 15th at 7:30 a.m. to 4:00 p.m. or later depending on traffic in the store.

"You can't beat the

prices!" states Mr. Schlagenhauf. He feels that Joel Togs will be an asset to Burnsville and to the people of Yancey County.



## LOCAL REPORTS

### Turkey Supper

There will be a turkey supper at the Clearmont Elementary School Saturday, November 20, from 5:00 to 7:00 p.m. with carry out orders available. Tickets will be \$2.50 for adults, \$2.00 for children under 12. All proceeds will go to school improvements.



### Mime Show

Rhonda Dry's mime demonstration will be given at the Yancey Library on Thursday, November 18, 7:30 p.m. This will be the beginning of a series of weekly classes. Everyone is invited to attend.



### Fellowship

Mountain Lutheran Fellowship is set for Sunday, November 21, at 6:00 p.m. in the Conference Room, Yancey County Department of Social Services (across from the hospital in the former Banks Drugstore building.) We will study the Book of Acts. Refreshments will be served. Bring a friend in Christ.



### Church Service

John David Stewart will be speaking at Jacks Creek Presbyterian Church at the 11:00 a.m. service on Sunday, November 21. Everyone is invited to attend.



### Board To Meet

The Board of Trustees of Mayland Technical Institute will meet Monday night, November 22, 1976, at 7:30 p.m. at the Mayland Tech church building in Spruce Pine.

## Recognition Night

Recognition of Yancey Citizens for outstanding achievement in business, industry, agriculture, citizenship and youth leadership will take place Tuesday night, November 23, at 6:00 p.m. at a covered dish meal in Mountain Heritage lunch room.

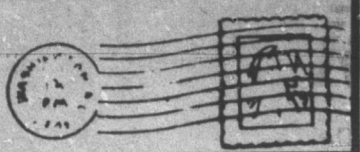
The plaques presented will be sponsored by Burnsville Civic Clubs as part of Farm City Week observance. Mr. D.D. Robinson, District

Extension Chairman, Agricultural Extension Service, will be guest speaker.

Awards of over \$600 will be made to Yancey County Communities and clubs who have participated in the Extension Community Development Program this year. Recognition of outstanding 4-H club project work will be an important part of the night's events.

This is a public function. Bring a covered dish and attend.

## Letter To The Editor



Dear Editor:

By now, everyone knows of the horrible bus accident in our county. We've all expressed emotions of amazement, anger, and concern. We've placed the blame on the driver, the mechanics or the bus. But how many of us have looked in the mirror and placed the blame on our own shoulders where it rightfully belongs. As residents of Yancey County, all of us are aware of the road conditions and the fact that most of the buses on these roads are out of date and have no business carrying the precious cargo they are. How many of us have sat back and commented on the situation at some time and hoped somebody would do something about it? It's time we got up and did something ourselves!

We desperately need new buses in the county. Older buses traveling over these gravel roads day after day simply cannot be depended upon. It only takes one split second for something to go wrong and endanger the lives of a bus load of children.

We are told by our Yancey County Board of Education that due to increased expenses for the new high school [such as \$60,000 for an electric bill alone], we are unable to buy one new bus at this present time. We are deeply in debt for years and years to come, for the most elaborately designed high school in the state of North Carolina, resulting in a bus route over which students must ride 3-4 1/2 hours a day. It seems that we would have been equally concerned with the transportation of the students, which should have been first and foremost in the planning of such a change in our school system.

The need for adult drivers cannot be emphasized strongly enough. Driving a school bus is the most important job in our school system and yet it's thought of least. The payment can in no way compensate for the responsibility each driver exercises. We need mature responsible drivers that have experience on the roads, and demand respect from students. Is it fair for us to put the responsibility of the lives of a bus load of children on the shoulders of 16 and 17-year-olds? The young man driving the bus that wrecked probably did everything he could to prevent the accident. But yet it happened and it's something he'll live with the rest of his life. Can we even start to imagine the terror that those young people went through when they realized what was happening? Could the accident and the suffering of these children have been prevented if we had acted on this serious situation years ago?

Our children are a gift from God for a few precious years. It's time we put forth all our efforts to protect and insure the safety of these gifts. Can we afford to sacrifice the safety of our children over miles and miles of roads, for a little prestige for a number of people? Is there any way of getting new buses, adult drivers, and better road conditions? Our community seems plenty ready to see.

Won't you help us and other responsible adults in the county in an all out campaign for new buses, adult drivers, and better road conditions. If we work hard together these things will be obtained.

Serving as a spokesperson for  
Bee Log Community,  
Wanda Ramsey

## Farm City Week

## Proclamation

WHEREAS the prosperity and well-being of this community are dependent upon cooperation between the two great elements of our society: farmers and urban people, and

WHEREAS the complexities of their individual problems and the divergence of their activities have led to a widening gulf or misunderstanding, and

WHEREAS this gulf of misunderstanding must be eliminated, and each group must understand the other if our American Way of Life is to endure, and

WHEREAS Farm-City Week provides an unparalleled opportunity for farm and city people to become reacquainted,

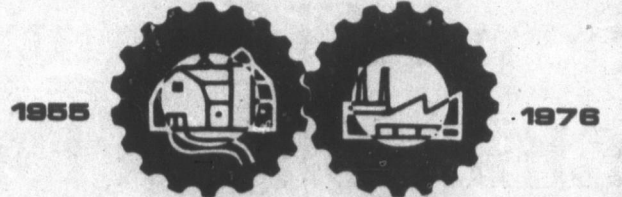
WE, THEREFORE, Oscar Deyton, Chairman of the Board of County Commissioners, and Robert Helmle, Mayor of the Town of Burnsville, do hereby proclaim the period of November 19 through November 25 to be Farm-City Week; and we do further call upon all citizens of this community to participate to the limit of their capability in the joint observance, the civic and social events attendant to a successful Farm-City Week in Yancey County.

Done at the Town of Burnsville, this November 15, 1976.

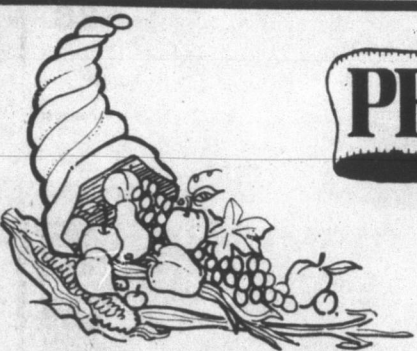
Oscar Deyton, Chairman Yancey County Board of Commissioners,  
Robert K. Helmle, Mayor of Burnsville.

## NATIONAL FARM-CITY WEEK, NOV. 19-25

### FARM AND CITY



PARTNERS IN PROGRESS  
A DECLARATION OF INTERDEPENDENCE



## PRE THANKSGIVING SALE

### Rose Milk Skin Cream



99¢

Reg. \$1.79

### Miss Breck Hair Spray

Regular, Super, Scented & Unscented

Reg. \$1.65 **88¢**

### Novahistine Elixir



Reg \$3.92

**\$2.69**

### Kolantyl Ge

Reg. \$1.99 **\$1.69**

### Afrin Nasal Spray

Reg. \$2.99 **\$1.49**



### Prolamine Capsules

Reg. \$2.98 **\$2.59**

### Desenex Aerosol Powder



Reg. \$2.29

**\$1.69**



## POLLARD'S DRUG STORE

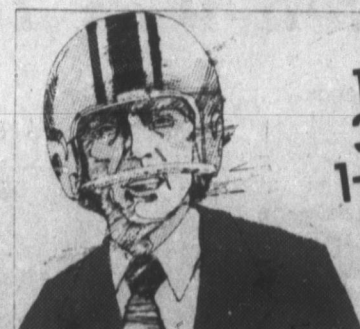
Burnsville

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